

Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
REHIYON V (BIKOL)

**TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES**

May 23, 2025

DIVISION MEMORANDUM  
No. 467s. 2025


**CONDUCT OF SCHOOL HEALTH AND NUTRITION ACTIVITIES  
AND SERVICES IN THE BEGINNING OF SCHOOL YEAR  
(BOSY) 2025 - 2026**

To: OIC-Asst. Schools Division Superintendent  
Chief Education Supervisors  
Public Schools District Supervisors/In-Charge of the Districts  
Public School Heads  
All Others Concerned

1. In reference to DepEd Order No. 12, s. 2025 titled "*Multi-Year Implementing Guidelines of the School Calendar and Activities*", this Office informs all schools in the conduct of school health and nutrition activities and services (*mandatory health assessment for learners and mental health interventions*) in the beginning of school year (BOSY) 2025 – 2026.

2. The mandatory health assessment for learners which includes a general physical examination, as well as evaluations of all systems, vision and hearing screening, oral health examination, immunization status, and review of medical and family history is scheduled during Brigada Eskwela period (*from June 9 to 13, 2025*) and up to three weeks after the start of classes (*from June 16 to July 4, 2025*), to be conducted by the designated health personnel of the school in coordination with class advisers.

3. Training via MS Teams on the standardized assessment procedures will be conducted on the dates and times scheduled below. Participants are expected to pre-register through this link: <https://rebrand.ly/jplu332>.

ZONE	Date
Zone 1-Virac, San Andres	May 26, 20205 @ 9:00 am-12 noon
Zone 2-Bato, San Miguel, Baras, Gigmoto	May 26, 20205 @ 2:00-5:00 pm
Zone 3-Viga, Panganiban, Bagamanoc	May 27, 20205 @ 9:00 am-12 noon
Zone 4- Caramoran, Pandan	May 27, 20205 @ 2:00-5:00 pm
MS Teams Link and QR Code:	
	
<a href="https://rebrand.ly/HealthOrientation">https://rebrand.ly/HealthOrientation</a>	



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4. Due to the limited number of Division health personnel and the substantial number of learners requiring assessment, the voluntary participation of nurse-teachers in conducting these assessments will be highly appreciated.
5. In case of any missed assessments during this period, schools may also perform catch-up activities during OKsaDepEd (*a designated Health Week in July*).
6. Mental health remediation interventions, to be conducted in the first five school days of the learners being present in school, must be devoted to discussion/facilitation by their respective classroom advisers on different modules, particularly on mental health. The health forms and Psychosocial Support Activity Pack for Teachers can be accessed through the following link or QR Code:  

**[https://rebrand.ly/HealthForms\\_Resources](https://rebrand.ly/HealthForms_Resources)**
7. Schools are advised to submit the Activity Completion Report (*see Enclosure 1*) in the conduct of mental health remediation interventions on or before June 30, 2025 (Monday) in soft copy through the email: **[ahdel.idanan@deped.gov.ph](mailto:ahdel.idanan@deped.gov.ph)**.
8. For information, guidance and strict compliance of all concerned.

By Authority of the OIC-Schools Division Superintendent:

**FLOREN P. CLAVO**  
Senior Education Program Specialist  
Officer-In-Charge