



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)
TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES

May 15, 2025

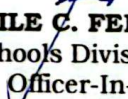
DIVISION MEMORANDUM

No. 441, s. 2025

**WELLNESS IN ACTION: A DAY OF PHYSICAL AND MENTAL HEALTH
FOR THE PERSONNEL OF SDO CATANDUANES**

To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisors
SGOD and CID Personnel
OSDS Unit Heads
School-Based Personnel
All Others Concerned

1. In reference to Regional Memorandum No. 0604, s. 2025 and Memorandum OM-OUHROD-2025-1169 both titled "2025 NATIONAL DAY FOR EDUCATION SUPPORT PERSONNEL", this Office announces this year's celebration for the DepEd Catanduanes personnel dubbed as **Wellness in Action: A Day of Physical and Mental Health on May 16, 2025, at Amenia Beach Resort from 9 o'clock in the morning to 5 o'clock in the afternoon.**
2. The activity is a group growth session that includes mindfulness and relaxation exercises that is aimed at empowering each personnel to prioritize physical and mental health and cope with the stresses of daily office life.
3. Participants are all Permanent and Contract of Service Personnel of the Schools Division Office (SDO) and Administrative Officers reporting temporarily in the SDO.
4. To ensure that all employees will benefit from the activity which is designed in accordance with Republic Act No. 12178, also known as the "National Education Support Personnel Day Act", all previously approved leaves, except for Forced leave, are hereby recalled. **Transactions in the SDO for May 16, 2025 are also rescheduled to May 19, 2025.** The service van of the SDO will be made available to employees without personal means of transportation from 8 o'clock to 8:30 in the morning.
5. Expenses related to the activity shall be charged to the Division MOOE subject to relevant Budgeting, Accounting and Auditing rules and regulations.
6. Concerns on the activity may be raised to Ms. Eva S. Tolentino, Administrative Officer V.
7. For information, guidance and compliance.


CECILE C. FERRO CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent



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