



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)
TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES

May 26, 2026

DIVISION MEMORANDUM

No. 61b s. 2026

CONDUCT OF PSYCHOSOCIAL SUPPORT (PSS) ACTIVITIES ON THE OPENING OF CLASSES FOR SY 2026-2027

To: OIC Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Schools District Supervisors
Elementary and Secondary School Heads
All Others Concerned

1. In line with the commitment of Department of Education to promote and protect the mental health and psychosocial well-being of learners, all public elementary and secondary schools in the Schools Division Office of Catanduanes are hereby directed to conduct Psychosocial Support (PSS) Activities during the first week of the opening of classes/opening block for SY 2026-2027.
2. The conduct of these activities aims to:
 - a. Support the emotional, social, and mental well-being of learners during their transition to the new school year;
 - b. Create a safe, inclusive, and learner-friendly school environment;
 - c. Help learners manage stress, anxiety, and other psychosocial concerns related to school adjustment; and
 - d. Strengthened peer support, resilience, and positive coping mechanism among learners.
3. Schools are encouraged to conduct age-appropriate and culturally responsive psychosocial support activities using the **Psychosocial Support Activity Pack (All Levels): A Teacher's Guide**, which can be found in this link (<https://tinyurl.com/2w9a962v>) for reference.
4. School Heads shall ensure the full implementation and documentation of the said activities using the prescribed template (Enclosure 1). Moreover, schools were advised to submit an After Activity Report through this google link (<https://tinyurl.com/Report-PsychosocialSupport>), on or before June 30, 2026 (Tuesday).
5. For information, guidance and compliance of all concerned.

By the Authority of the OIC-SDS:

EVA S. TOLENTINO
Administrative Officer
Officer-In-Charge



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Enclosure 1 to Division Memorandum No. 610, s. 2026

Name of Schools: _____
 District: _____
 Name of the School Head: _____
 Cellphone Number: _____

I. Psychosocial Support Service (PSS) Activities Implemented Per Key Stage

Grade Level	Total Enrollment		Title of the Activity	Activity Description	Total No. of Learners Taught/Catered		Assigned Teachers
	Male	Female			Male	Female	
Kinder							
Grade 1							
Grade 2							
Grade 3							
Grade 4							
Grade 5							
Grade 6							
SnEd							
Grade 7							
Grade 8							
Grade 9							
Grade 10							
Grade 11							
Grade 12							
ALS							
TOTAL							

II. Documentation (picture with caption)

Prepared by:

 School Head



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