



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)

DepEd
RECORDS SECTION
RELEASED
BY: [Signature] No. 004 **TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES**

DATE: JAN 09 2026 TIME: 2:30

January 9, 2026

MEMORANDUM

To: Melanie R. Ibardaloza, Nurse II- SDO-SGOD
Irys A. Ubalde, Nurse II-Palta NHS
Rachel A. Marzo, Teacher II-Caramoran School of Fisheries
Orlando Alejandro, Teacher III-Mayngaway NHS
Salvador Flores, Head teacher III-Cagraray ES
All Others Concerned

1. Please be informed that the venue for the Regional Re-Echo Training on the Universal Prevention Curriculum for Substance Use (UPC) Curriculum 4: Family-Based Prevention Interventions from January 12 to 16, 2026 will be held at **Modesta Resort Sitio Calian, Barangay Bagsangahan, Irosin, Sorsogon.**
2. It is reiterated that all participants are expected to arrive and register from 12:00 noon or before the opening program at 3:00 PM. The first meal to be served is PM snack on January 12, while the last is PM snack on January 16, 2026.
3. Likewise, there's a correction in the name of participant "Irys Albaniel," and it is hereby corrected to "Irys A. Ubalde".
4. Attached is the program of activities for your reference.
5. For information, guidance and compliance of all concerned.

By authority of the OIC-Schools Division Superintendent

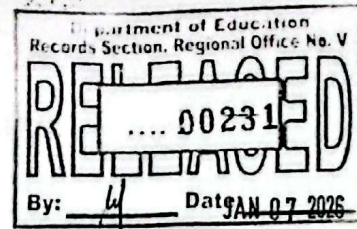
[Signature]
EVA S. TOLENTINO
Administrative Officer V
Officer-In-Charge



San Roque, Virac, Catanduanes
052-8114063
catanduanes@deped.gov.ph
www.depedrocatanduanes.com / www.catanduanes.deped.gov.ph



Republic of the Philippines
Department of Education
REGION V - BICOL



7 January 2026

REGIONAL MEMORANDUM
No. 0027 s. 2026

ADDENDUM/CORRIGENDUM TO REGIONAL MEMORANDUM NO. 1692, S. 2025
REGIONAL RE-ECHO TRAINING ON THE UNIVERSAL PREVENTION CURRICULUM
FOR SUBSTANCE USE (UPC) FOR THE CURRICULUM 4: FAMILY-BASED
PREVENTION INTERVENTIONS

To : Schools Division Superintendents
SGOD Chiefs
NDEP Division Focal Persons
All Others Concerned

1. Please be informed that the **Regional Re-Echo Training on the Universal Prevention Curriculum for Substance Use (UPC) for the Curriculum 4: Family-Based Prevention Interventions** will be held from January 12 to 16, 2026 in Modesta Resort Sitio Calian, Barangay Bagsangan, Irosin, Sorsogon.
2. It is reiterated that all participants are expected to arrive and register from 12:00 noon to just before the opening program at 3:00 PM on January 12, 2026. The first meal to be served is a PM snack on January 12, while the last is PM snack on January 16.
3. Enclosed is the Program of Activities for reference.
4. For information, guidance, and appropriate actions.


GILBERT T. SADSAD
Regional Director

ESSD/hns-dokish-jbbj
1/7/26



Address: Regional Center Site, Rawis, Legazpi City, 4500
Telephone Nos.: 0969 516 9555
Email Address: region5@deped.gov.ph
Website: <https://region5.deped.gov.ph/>



SDO - CANDUANES
SGOD OFFICE
RECEIVED

Date: 1/7/26
Time: 4:01

RECEIVED
BY: SPY SANU
Date: 1-8-26 Time: 9:40 am

PROGRAM OF ACTIVITIES

REGIONAL RE-ECHO TRAINING ON THE UNIVERSAL PREVENTION CURRICULUM FOR SUBSTANCE USE (UPC) FOR THE CURRICULUM 4: FAMILY-BASED PREVENTION INTERVENTIONS

January 12-16, 2026

Modesta Resort Sitio Calian, Barangay Bagsangan, Irosin, Sorsogon

Day/Time	Activities/Topics Covered
DAY 1 January 12, 2026	
12:01 pm-3:00 pm	Arrival and Registration
3:01 pm-5:00 pm	Opening Program Socialization
DAY 2 January 13, 2026	
8:01 am-8:30 am	Module 0
8:31 am-9:00 am	Ceremonial welcome
9:01 am-9:15 am	Trainer welcome, housekeeping, and ground rules
9:16 am-10:15 am	Partner exercise: Introductions
10:16 am-10:30 am	Break
10:31 am-10:45 am	Presentation: Training materials
10:46 am-11:00 am	Why this training?
11:01 am-11:15 am	Large-group exercise: Training expectations
11:16 am-12:00 nn	Small-group exercise: Roles and definitions of families
12:01 pm-1:00 pm	Lunch
1:01 pm-1:15 pm	Introduction to Module 2
1:16 pm-1:40 pm	Presentation and discussion: Defining a family
1:41 pm-1:55 pm	Family structures
1:56 pm-2:30 pm	Small-group exercise: Family structures
2:31 pm-2:45 pm	Family structures (continued)
2:46 pm-3:05 pm	Presentation: Functions of families
3:06 pm-3:20 pm	Break
3:21 pm-3:55 pm	Small-group exercise: Family functions
3:56 pm-4:25 pm	Presentation: The family and socialization
4:26 pm-4:40pm	Presentation: Family socialization across cultures
4:41 pm-5:20pm	Small-group exercise: Socializing youth in different cultures
5:21 pm-5:25 pm	Wrap-up
DAY 3 January 14, 2026	
8:01 am-8:20 am	Presentation: Macro-level influences on families
8:21 am-8:55 am	Small-group exercise: Macro-level influences on the family
8:56 am-9:00 am	Presentation: Summary

9:01 am-9:15 am	Module 2 Evaluation and Wrap-Up	
9:16 am-9:30 am	Introduction to Module 3	
9:31 am-9:45 am	Presentation: Types of family-based interventions and rationale for use	
9:46 am-10:05 am	Large-group exercise: Why a family intervention?	
10:06 am-10:15 am	Presentation: Types of family-based interventions and rationale for use (continued)	
10:16 am-10:30 am	Break	
10:31 am-11:00 am	Presentation: Evidence for family-based interventions	
11:01 am-11:45 am	Large-group exercise: Exploring evidence-based registries demonstration and scavenger hunt	
11:46 am-11:55 am	Presentation: Evidence for family-based interventions (continued)	
11:56 am-12:05 pm	Presentation: What components and types of family-based programs work best?	
12:06 pm-1:05 pm	Lunch	
1:06 pm-1:55 pm	Small-group exercise: Needed family programs	
1:56 pm-2:10 pm	Presentation: General principles of family-based programs	
2:11 pm-3:00 pm	Small-group exercise: Didactic vs. interactive activity	
3:01 pm-3:15 pm	Break	
3:16 pm-3:30 pm	Presentation: General content of family-based programs	
3:31 pm-4:20 pm	Small-group exercise: Principles	
4:21 pm-4:30 pm	Presentation: General content of family-based programs (continued) and summary	
4:31 pm-4:45 pm	Module 3 evaluation	
4:46 pm-4:50 pm	Introduction to Module 4	
4:51 pm-4:55 pm	Presentation: Best family-based programs	
4:56 pm-5:25 pm	Presentation and discussion: Best family-based programs: Strengthening Families 10-14	
5:26 pm-5:30 pm	Wrap-up	
Day 4 January 15, 2026		
8:01 am-8:35 am	Presentation and discussion: Best family-based programs: Triple P - Positive Parent Program	
8:36 am-9:20 am	Small-group exercise: Training staff to do family interventions	
9:21 am-9:50 am	Presentation and discussion: Best family-based programs: The Incredible Years	
9:51 am-10:10 am	Presentation: Best family-based programs: Nurse-Family Partnership	
10:11 am-10:25 am	Break	
10:26 am-10:55 am	Presentation: Best family-based programs: Multi-systemic Therapy	
10:56 am-11:55 am	Small-group exercise: Program costs	

Q

11:56 am-12:00 nn	Closing Summary
12:01 pm-12:15 pm	Module 4 evaluation
12:16 pm-1:15 pm	Lunch
1:16 pm-1:30 pm	Introduction to Module 5
1:31 pm-1:50 pm	Presentation and discussion: Successful implementation of family-based interventions
1:51 pm-2:00 pm	Presentation: Phases of implementation
2:01 pm-2:45 pm	Small-group exercise: Exploration and planning phases
2:46 pm-2:55 pm	Presentation: Phases of implementation (continued)
2:56 pm-3:10 pm	Break
3:11 pm-3:55 pm	Small-group exercise: Adoption decision preparation phase
3:56 pm-4:05 pm	Presentation: Phases of implementation (continued)
4:06 pm-4:20 pm	Presentation and discussion: Engaging families: Recruitment and retention
4:21 pm-5:05 pm	Small-group exercise: Recruiting families
5:06 pm-5:10 pm	Presentation and discussion: Engaging families: Recruitment and retention (continued)
5:11 pm-5:25 pm	Presentation: Adapting interventions
5:26 pm-5:30 pm	Wrap-up
Day 5 January 16, 2026	
8:01 am-8:10 am	Presentation and discussion: Cultural adaptations
8:11 am-8:35 am	Large-group discussion: Defining culture
8:36 am-8:55 am	Presentation and discussion: Cultural adaptations (continued)
8:56 am-9:35 am	Small-group exercise: Justifying a cultural adaptation
9:36 am-9:50 am	Presentation and discussion: Cultural adaptations (continued)
9:51 am-10:10 am	Individual exercise: Who would be your cultural expert?
10:11 am-10:25 am	Break
10:26 am-10:35 am	Presentation: International programs and summary
10:36 am-10:50 am	Module 5 evaluation
10:51 am-11:00 am	Introduction to Module 6
11:01 am-11:20 am	Presentation and discussion: Monitoring or process evaluation
11:21 am-11:35 am	Presentation: Outcome evaluation
11:36 am-12:10 pm	Individual exercise: Selecting measures
12:11 am-1:10 pm	Lunch
1:11 pm-1:25 pm	Presentation: Outcome evaluation (continued) and

Q

	summary	
1:26 pm-1:40 pm	Module 6 evaluation	
1:41 pm-1:55 pm	Introduction to Module 7 and review of exercise	
1:56 pm-2:40 pm	Small-group exercise: Development of a plan to organize a family-based intervention plan for your community to integrate learning from this introductory curriculum	
2:41 pm-3:10 pm	Large-group discussion: Review of plans, approaches to overcoming barriers, and general Q & A session	
3:11 pm-3:40 pm	Overall training evaluation	
3:41 pm-4:10 pm	Program completion ceremony and socializing	

.....nothing follows.....

Q