

## Culminating Activity for Grade 5: Pinggang Pinoy Cookbook

Each group shall prepare their Pinggang Pinoy Cook Book and Nutrient Charts for presentation to a wider audience. Instruct each group to make sure that their recipes are organized in their clearbooks according to food groups. They should also re-write their Go, Grow and Glow charts on a fresh sheet of manila paper or a sturdier sheet of cartolina.

Each group should then come up with a 15-minute presentation integrating all that they've learned throughout the program. Their presentation should inform the audience of the benefits of regularly eating a Pinggang Pinoy® and how this addresses malnutrition. They may use their Nutrient Charts as visual aids for this presentation. Their presentation will also include describing the recipes and meals they custom-designed to address common malnutrition symptoms. Students can bring actual food samples and come up with an appealing way to present their custom-designed meals to their audience.

