

CURRICULUM IMPLEMENTATION AND LEARNING MANAGEMENT MATRIX

K to 12 (SHS Core Subjects)



Department of Education
Curriculum and Instruction Strand

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-SHS Core Subjects

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KINDERGARTEN



Grade Level: Kindergarten

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	<ul style="list-style-type: none">• Nakikilala ang sariliA. pangalan at apelyidoB. kasarianC. gulang/kapanganakanD. 1.4 gusto/di-gusto• Use the proper expression in introducing oneself e.g., I am/My name is _____				
Week 2/ 1 st Q	<ul style="list-style-type: none">• Nasasabi ang mga sariling pangangailangan nang walang pag-aalinlangan• Nakasusunod sa mga itinakdang tuntunin at gawain (routines) sa paaralan at silid-aralan				
Week 3/ 1 st Q	<ul style="list-style-type: none">• Sort and classify objects according to one attribute/property (shape, color, size, function/use)• Trace, copy, and write different strokes: scribbling (free hand), straight lines, slanting lines, combination of straight and slanting lines, curves, combination of straight and curved and zigzag				
Week 4/ 1 st Q	<ul style="list-style-type: none">• Naisakikilos ang sariling kakayahan sa iba't ibang paraan, hal. pag-awit, pagsayaw, at iba pa• Identify the letter, number, or word that is different in a group				
Week 5/ 1 st Q	<ul style="list-style-type: none">• Nakikilala ang mga pangunahing emosyon (tuwa, takot, galit, at lungkot)• Tell which two letters, numbers, or words in a group are the same				
Week 6/ 1 st Q	<ul style="list-style-type: none">• Recognize symmetry (own body, basic shapes)• Identify one's basic body parts				
Week 7/ 1 st Q	<ul style="list-style-type: none">• Tell the function of each basic body part• Demonstrate movements using different body parts				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8/ 1 st Q	<ul style="list-style-type: none">Name the five senses and their corresponding body parts				
Week 9/ 1 st Q	<ul style="list-style-type: none">Identify one's basic needs and ways to care for one's body				
Week 10/ 1 st Q	<ul style="list-style-type: none">Practice ways to care for one's body				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 2 nd Q	<ul style="list-style-type: none">Natutukoy na may pamilya ang bawat isa				
Week 2/ 2 nd Q	<ul style="list-style-type: none">Natutukoy kung sino-sino ang bumubuo ng pamilya				
Week 3/ 2 nd Q	<ul style="list-style-type: none">Nailalarawan kung paano nagkakaiba at nagkakatulad ang bawat pamilya				
Week 4/ 2 nd Q	<ul style="list-style-type: none">Naipakikita ang pagmamahal sa mga kasapi ng pamilya at sa nakatatanda sa pamamagitan ng: 4.1 pagsunod nang maayos sa mga utos/kahilingan 4.2 pagmamano/paghalik 4.3 paggamit ng magagalang na pagbati/pananalita 4.4 pagsasabi ng mga salitang may pagmamahal (I love you Papa/Mama) 4.5 pagsasabi ng "Hindi ko po sinasadya ", "Salamat po", "Walang anuman", kung kinakailangan 4.6 pakikinig sa mungkahi ng mga magulang at iba pang kaanak 4.7 pagpapakita ang interes sa iniisip at ginagawa ng mga nakatatanda at iba pang miyembro ng pamilyaIdentify the letters of the alphabet (mother tongue, orthography)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5/ 2nd Q	<ul style="list-style-type: none">Name the places and the things found in the classroom, school and communityTell that the quantity of a set of objects does not change even though the arrangement has changed (i.e., the child should be able to tell that one set of counters placed in one-to-one correspondence and then rearranged still has the same quantity)				
Week 6/ 2nd Q	<ul style="list-style-type: none">Give the names of family members, school personnel, and community helpers, and the roles they play/ jobs they do/things they useTalk about family members, pets, toys, foods, or members of the community using various appropriate descriptive words				
Week 7/ 2nd Q	<ul style="list-style-type: none">Use polite greetings and courteous expressions in appropriate situations<ul style="list-style-type: none">1.1 Good Morning/Afternoon1.2 Thank You/You're Welcome1.3 Excuse Me/I'm Sorry 1.4 Please..../May I.....				
Week 8/ 2nd Q	<ul style="list-style-type: none">Talk about likes/dislikes (foods, pets, toys, games, friends, places)Talk about family members, pets, toys, foods, or members of the community using various appropriate descriptive words				
Week 9/ 2nd Q	<ul style="list-style-type: none">Tell and describe the different kinds of weather (sunny, rainy, cloudy, stormy, windy)Observe and record the weather daily (as part of the opening routine)				
Week 10/ 2nd Q	<ul style="list-style-type: none">Identify what we wear and use for each kind of weatherObserve safety practices in different kinds of weatherTrace, copy, and write the letters of the alphabet: straight lines (A,E,F,H,I L,T), combination of straight and slanting lines (K, M,N, V, W, X, Y, Z), combination of straight and curved lines (B, C, D,				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	G, J, O, P, Q, R, S, U), rounded strokes with loops <ul style="list-style-type: none">Write one's given name				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 3 rd Q	<ul style="list-style-type: none">Tell the names of the days in a week, months in a yearNakikilala ang mga taong nakatutulong sa komunidad hal. guro, bombero, pulis, at iba pa				
Week 2/ 3 rd Q	<ul style="list-style-type: none">Natutukoy ang iba't ibang lugar sa komunidad				
Week 3/ 3 rd Q	<ul style="list-style-type: none">Naikukuwento ang mga naging karanasan bilang kasapi ng komunidad				
Week 4/ 3 rd Q	<ul style="list-style-type: none">Nabibigyang-pansin ang linya, kulay, hugis at tekstura ng magagandang bagay na: a. makikita sa kapaligiran tulad ng sanga ng puno, dibuho sa ugat, dahon, kahoy; bulaklak, halaman, bundok, ulap, bato, kabibe, at iba pa b. gawa ng tao tulad ng mga sariling gamit, laruan, bote, sasakyan, gusali				
Week 5/ 3 rd Q	<ul style="list-style-type: none">Identify sequence of events (before, after, first, next, last)Arrange objects one after another in a series/sequence according to a given attribute (size, length) and describe their relationship (big/bigger/biggest or long/longer/longest)				
Week 6/ 3 rd Q	<ul style="list-style-type: none">Rote count up to 20				
Week 7/ 3 rd Q	<ul style="list-style-type: none">Count objects with one-to-one correspondence up to quantities of 10				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8/ 3 rd Q	<ul style="list-style-type: none">Tell that the quantity of a set of objects does not change even though the arrangement has changed (i.e., the child should be able to tell that one set of counters placed in one-to-one correspondence and then rearranged still has the same quantity)				
Week 9/ 3 rd Q	<ul style="list-style-type: none">Nakikilala ang kahalagahan ng mga tuntunin: pag-iwas sa paglalagay ng maliit na bagay sa bibig, ilong, at tainga, hindi paglalaro ng posporo, maingat na paggamit ng matutulis/matatalim na bagay tulad ng kutsilyo, tinidor, gunting, maingat na pag-akyat at pagbaba sa hagdanan, pagtingin sa kaliwa't kanan bago tumawid sa daan, pananatiling kasama ng nakatatanda kung nasa sa matataong lugar				
Week 10/ 3 rd Q	<ul style="list-style-type: none">Nakikilala ang kahalagahan ng pansariling kaligtasan: nagpapaalam kung lalabas, sumasama lamang sa mga kilalang tao/kalaro, nagsasabi ng "HUWAG" o "HINDI" kung hinipo ang maselang bahagi ng katawan				

Week of the Quarter/ Grading Period	Most Essential Learning competencies Kindergarten Fourth Quarter	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 4 th Q	<ul style="list-style-type: none">Name common animalsObserve, describe, and examine common animals using their sensesIdentify the needs of animalsIdentify ways to care for animalsIdentify and describe how animals can be useful				
Week 2/ 4 th Q	<ul style="list-style-type: none">Name common plantsObserve, describe, and examine common plants using their senses				



Week of the Quarter/ Grading Period	Most Essential Learning competencies Kindergarten Fourth Quarter	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<ul style="list-style-type: none">Group plants according to certain characteristics, e.g., parts, kind, habitatIdentify needs of plants and ways to care for plantsIdentify and describe how plants can be useful				
Week 3/ 4th Q	<ul style="list-style-type: none">Classify objects according to observable properties like size, color, shape, texture, and weight)				
Week 4/ 4th Q	<ul style="list-style-type: none">Identify simple ways of taking care of the environment				
Week 5/ 4th Q	<ul style="list-style-type: none">Explore simple cause-and-effect relationships in familiar events and situations				
Week 6/ 4th Q	<ul style="list-style-type: none">Recognize and name the hour and minute hands in a clockTell time by the hour				
Week 7/ 4th Q	<ul style="list-style-type: none">Identify the number that comes before, after, or in betweenArrange three numbers from least to greatest/ greatest to least				
Week 8/ 4th Q	<ul style="list-style-type: none">Recognize the words “put together,” “add to,” and “in all” that indicate the act of adding whole numbersRecognize the words “take away,” “less,” and “are left” that indicate the act of subtracting whole numbers				
Week 9/ 4th Q	<ul style="list-style-type: none">Add quantities up to 10 using concrete objectsSubtract quantities up to 10 using concrete objects				
Week 10/ 4th Q	<ul style="list-style-type: none">Write addition and subtraction number sentences using concrete representations				



ARALING PANLIPUNAN



Grade Level: Grade 1

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Nasasabi ang batayang impormasyon tungkol sa sarili: pangalan, magulang, kaarawan, edad, tirahan, paaralan, iba pang pagkakakilanlan at mga katangian bilang Pilipino				
Week 2/ 1 st Q	Nailalarawan ang pansariling pangangailan: pagkain, kasuotan at iba pa at mithiin para sa Pilipinas				
Week 3/ 1 st Q	Natutukoy ang mga mahahalagang pangyayari sa buhay simula isilang hanggang sa kasalukuyang edad gamit ang mga larawan				
Week 4/ 1 st Q	Nakikilala ang timeline at ang gamit nito sa pag-aaral ng mahahalagang pangyayari sa buhay hanggang sa kanyang kasalukuyang edad				
Week 5/ 1 st Q	Naipakikita sa pamamagitan ng timeline at iba pang pamamaraan ang mga pagbabago sa buhay at mga personal na gamit mula noong sanggol hanggang sa kasalukuyang edad				
Week 6/ 1 st Q	* Nakapaghihinuha ng konsepto ng pagpapatuloy at pagbabago sa pamamagitan ng pagsasaayos ng mgalarawan ayon sa pagkakasunod-sunod				
Week 7/ 1 st Q	Naihahambing ang sariling kwento o karanasan sa buhay sa kwento at karanasan ng mga kamag- aral				
Week 8/ 1 st Q	Naipagmamalaki ang sariling pangarap o ninanais sa pamamagitan ng mga malikhaing pamamamaraan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 2 nd Q	*Naipaliliwanag ang konsepto ng pamilya batay sa bumubuo nito (ie. two-parent family, single-parent family, extended family)				



	*Nailalarawan ang sariling pamilya batay sa: (a) komposisyon (b) kaugalian at paniniwala (c) pinagmulan at (d) tungkulin at karapatan ng bawat kasapi				
	Nasasabi ang kahalagahan ng bawat kasapi ng pamilya				
	Nailalarawan ang mga mahahalagang pangyayari sa buhay ng pamilya sa pamamagitan ng timeline/family tree				
Week 5 / 2 nd Q	*Napahahalagahan ang kwento ng sariling pamilya.				
Week 6 / 2 nd Q	Nakagagawa ng wastong pagkilos sa pagtugon sa mga alituntunin ng pamilya				
Week 8 / 2 nd Q	Nakabubuo ng konklusyon tungkol sa mabuting pakikipag-ugnayan ng sariling pamilya sa iba pang pamilya sa lipunang Pilipino.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	Nasasabi ang mga batayang impormasyon tungkol sa sariling paaralan: pangalan nito (at bakit ipinangalan ang paaralan sa taong ito), lokasyon, mga bahagi nito, taon ng pagkakatatag at ilang taon na ito, at mga pangalan ng gusali o silid (at bakit ipinangalan sa mga taong ito)				
Week 2 / 3 rd Q	Nasasabi ang epekto ng pisikal na kapaligiran sa sariling pag-aaral (e.g. mahirap mag-aaral kapag maingay, etc)				
	Nailalarawan ang mga tungkuling ginagampanan ng mga taong bumubuo sa paaralan (e.g. punong guro, guro, mag-aaral, doktor at nars, dyanitor, etc				
Week 3 / 3 rd Q	Naipaliliwanag ang kahalagahan ng paaralan sa sariling buhay at sa pamayanan o komunidad.				
Week 5 / 3 rd Q	Nabibigyang-katwiran ang pagtupad sa mga alituntunin ng paaralan				
Week 8 / 3 rd Q	*Nakalalahok sa mga gawain at pagkilos na nagpapamalas ng pagpapahalaga sa sariling paaralan (eg. Brigada Eskwela)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 4 th Q	*Naipaliliwanag ang konsepto ng distansya at direksyon at ang gamit nito sa pagtukoy ng lokasyon				
	Nakagagawa ng payak na mapa ng loob at labas ng tahanan				
Week 3 / 4 th Q	*Natutukoy ang mga bagay at istruktura na makikita sa nadadaan mula sa tahanan patungo sa paaralan				
	Naiuugnay ang konsepto ng lugar, lokasyon at distansya sa pang-araw-araw na buhay sa pamamagitan ng iba't ibang uri ng transportasyon mula sa tahanan patungo sa paaralan				
Week 4 / 4 th Q	*Naipaliliwanag ang kahalagahan ng mga istruktura mula sa tahanan patungo sa paaralan				
	Nakagagawa ng payak na mapa mula sa tahanan patungo sa paaralan				
Week 8 / 4 th Q	Nakapagbigay halimbawa ng mga gawi at ugali na makatutulong at nakasama sa sariling kapaligiran: tahanan at paaralan				
Week 9 / 4 th Q	*Naisasagawa ang iba't ibang pamamaraan ng pangangalaga ng kapaligirang ginagalawan <ul style="list-style-type: none"> • sa tahanan • sa paaralan • sa komunidad 				

Grade Level: Grade 2

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	*Naipaliliwanag ang konsepto ng komunidad				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2/ 1 st Q	*Nailalarawan ang sariling komunidad batay sa pangalan nito, lokasyon, mga namumuno, populasyon, wika, kaugalian, paniniwala, atbp.				
Week 3/ 1 st Q	Naipaliliwanag ang kahalagahan ng 'komunidad'				
Week 4/ 1 st Q	* Natutukoy ang mga bumuboo sa komunidad : a. mga taong naninirahan b: mga institusyon c. at iba pang istrukturang panlipunan				
Week 5/ 1 st Q	Naiuugnay ang tungkulin at gawain ng mga bumubuo ng komunidad sa sarili at sariling pamilya				
Week 6/ 1 st Q	Nakaguguhit ng payak na mapa ng komunidad mula sa sariling tahahan o paaralan, na nagpapakita ng mga mahahalagang lugar at istruktura, anyong lupa at tubig, atbp.				
Week 7/ 1 st Q	Nailalarawan ang panahon at kalamidad na nararanasan sa sariling komunidad:				
Week 8/ 1 st Q	*Naisasagawa ang mga wastong gawain/ pagkilos sa tahanan at paaralan sa panahon ng kalamidad				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 2 nd Q	*Nakapagsasalaysay ng pinagmulan ng sariling komunidad batay sa pagtatanong at pakikinig sa mga kuwento ng mga nakatatanda sa komunidad				
Week 2- 3 / 2 nd Q	* Nailalahad ang mga pagbabago sa sariling komunidad a.heograpiya (katangiang pisikal) b. politika (pamahalaan) c. ekonomiya (hanapbuhay/kabuhayan) d. sosyo-kultural				
Week 4 / 2 nd Q	*Naiuugnay ang mga sagisag (hal. natatanging istruktura) na matatagpuan sa komunidad sa kasaysayan nito.				
Week 5-	Naihahambing ang katangian ng sariling komunidad sa iba pang				



6 / 2 nd Q	komunidad tulad ng likas na yaman, produkto at hanap-buhay, kaugalian at mga pagdiriwang, atbp				
Week 7 / 2 nd Q	*Nakapagbibigay ng mga inisyatibo at proyekto ng komunidad na nagsusulong ng natatanging pagkakakilanlan o identidad ng komunidad				
Week 8 / 2 nd Q	Nakakalahok sa mga proyekto o mungkahi na nagpapaunlad o nagsusulong ng natatanging pagkakakilanlan o identidad ng komunidad				
Week 9 / 2 nd Q	*Nabibigyang halaga ang pagkakakilalanlang kultural ng komunidad				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	* Natatalakay ang mga pakinabang na naibibigay ng kapaligiran sa komunidad				
Week 2 / 3 rd Q	* Nailalarawan ang kalagayan at suliraning pangkapaligiran ng komunidad.				
Week 3-4 / 3 rd Q	Naipaliliwanag ang pananagutan ng bawat isa sa pangangalaga sa likas na yaman at pagpapanatili ng kalinisan ng sariling komunidad				
Week 3-4 / 3 rd Q	*Naipaliliwanag ang pansariling tungkulin sa pangangalaga ng kapaligiran.				
Week 5 / 3 rd Q	*Natatalakay ang konsepto ng pamamahala at pamahalaan				
Week 6 / 3 rd Q	*Naipaliliwanag ang mga tungkulin ng pamahalaan sa komunidad				
	* Naiisa-isa ang mga katangian ng mabuting pinuno				
Week 7 / 3 rd Q	*Natutukoy ang mga namumuno at mga mamamayang nag-aaambag sa kaunlaran ng komunidad				
Week 9 / 3 rd Q	*Nakalalahok sa mga proyekto o mungkahi na nagpapaunlad sa kapakanan ng komunidad				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 4 th Q	* Naipaliliwanag na ang bawat kasapi ng komunidad ay may karapatan				
Week 2- 3 / 4 th Q	Naipaliliwanag na ang mga karapatang tinatamasa ay may katumbas na tungkulin bilang kasapi ng komunidad				
Week 3- 4 / 4 th Q	*Natatalakay ang mga paglilingkod/ serbisyo ng mga kasapi ng komunidad				
Week 5- 6 / 4 th Q	*Napahahalagahan ang pagtutulungan at pagkakaisa ng mga kasapi ng komunidad.				

Grade Level: Grade 3

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Naipaliliwanag ang kahulugan ng mga simbolo na ginagamit sa mapa sa tulong ng panuntunan (ei. katubigan, kabundukan, etc)				
Week 3/ 1 st Q	*Nasusuri ang kinalalagyan ng mga lalawigan ng sariling rehiyon batay sa mga nakapaligid dito gamit ang pangunahing direksiyon (primary direction)				
Week 4/ 1 st Q	* Nasusuri ang katangian ng populasyon ng iba't ibang pamayanan sa sariling lalawigan batay sa: a) edad; b) kasarian; c) etnisidad; at 4) relihiyon				
Week 5/ 1 st Q	*Nasusuri ang iba't ibang lalawigan sa rehiyon ayon sa mga katangiang pisikal at pagkakakilanlang heograpikal nito gamit ang mapang topograpiya ng rehiyon				
Week 6/	Natutukoy ang pagkakaugnay-ugnay ng mga anyong tubig at lupa sa mga				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q	lalawigan ng sariling rehiyon				
	Nakagagawa ng payak na mapa na nagpapakita ng mahahalagang anyong lupa at anyong tubig ng sariling lalawigan at mga karatig na lalawigan nito				
Week 7/ 1 st Q	Natutukoy ang mga lugar na sensitibo sa panganib batay sa lokasyon at topographiya nito				
Week 8/ 1 st Q	*Naipaliliwanag ang wastong pangangasiwa ng mga pangunahing likas na yaman ng sariling lalawigan at rehiyon				
Week 9/1 st Q	Nakabubuo ng interpretasyon ng kapaligiran ng sariling lalawigan at karatig na mga lalawigan ng rehiyon gamit ang mapa				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1- 2 / 2 nd Q	*Nasusuri ang kasaysayan ng kinabibilangang rehiyon				
Week 3 / 2 nd Q	Natatalakay ang mga pagbabago at nagpapatuloy sa sariling lalawigan at kinabibilangang rehiyon				
Week 4 / 2 nd Q	*Naiuugnay sa kasalukuyang pamumuhay ng mga tao ang kwento ng mga makasaysayang pook o pangyayaring nagpapakilala sa sariling lalawigan at ibang panglalawigan ng kinabibilangang rehiyon				
Week 5 / 2 nd Q	Natatalakay ang kahulugan ng ilang simbolo at sagisag ng sariling lalawigan at rehiyon				
Week 6 / 2 nd Q	Naihamambing ang ilang simbolo at sagisag na nagpapakilala ng iba't ibang lalawigan sa sariling rehiyon				
Week 7 / 2 nd Q	Natatalakay ang kahulugan ng “official hymn” at iba pang sining na nagpapakilala ng sariling lalawigan at rehiyon				



Week 8-9 / 2 nd Q	*Napahahalagahan ang mga naiambag ng mga kinikilalang bayani at mga kilalang mamamayan ng sariling lalawigan at rehiyon				
Week 10 / 2 nd Q	*Nabibigyang-halaga ang katangi-tanging lalawigan (batay sa sariling pananaw) sa kinabibilangang rehiyon				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	*Nailalarawan ang kultura ng mga lalawigan sa kinabibilangang rehiyon				
	*Naipaliliwanag ang kaugnayan ng heograpiya sa pagbuo at paghubog ng uri ng pamumuhay ng mga lalawigan at rehiyon				
Week 2-3 / 3 rd Q	Nailalarawan ang pagkakakilanlang kultural ng kinabibilangang rehiyon				
Week 4 / 3 rd Q	Naipaliliwanag ang kahalagahan ng mga makasaysayan lugar at ang mga saksi nito sa pagkakakilanlang kultura ng sariling lalawigan at rehiyon				
Week 5 / 3 rd Q	Naihahambing ang pagkakatulad at pagkakaiba ng mga kaugalian, paniniwala at tradisyon sa sariling lalawigan sa karatig lalawigan sa kinabibilangang rehiyon at sa ibang lalawigan at rehiyon				
Week 6 / 3 rd Q					
	Napahahalagahan ang iba't ibang pangkat ng tao sa lalawigan at rehiyon				
Week 8 / 3 rd Q	*Naipamamalas ang pagpapahalaga sa pagkakatulad at pagkakaiba-iba ng mga kultura gamit ang sining na nagpapakilala sa lalawigan at rehiyon (<i>e.g. tula, awit, sayaw, pinta, atbp.</i>)				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 4 th Q	Naipaliliwanag ang kaugnayan ng kapaligiran sa uri ng pamumuhay ng mamamayan sa lalawigan ng kinabibilangang rehiyon at sa mga lalawigan ng ibang rehiyon				



	Naipapaliwanag ang iba't ibang pakinabang pang ekonomiko ng mga likas yaman ng lalawigan at kinabibilangang rehiyon				
Week 2 / 4 th Q	Natatalakay ang pinanggalingan ng produkto ng kinabibilagang lalawigan				
Week 3 / 4 th Q	Naiuugnay ang pakikipagkalakalan sa pagtugon ng mga pangangailangan ng sariling lalawigan at mga karatig na lalawigan sa rehiyon at ng bansa.				
Week 4 / 4 th Q	Natutukoy ang inprastruktura (mga daanan, palengke) ng mga lalawigan at naipaliliwanag ang kahalagahan nito sa kabuhayan				
Week 7 / 4 th Q	Naipapaliwang ang kahalagahan ng gampanin ng pamahalaan sa paglilingkod sa bawat lalawigan sa kinabibilangang rehiyon				
Week 9 / 4 th Q	Nakalahok sa mga gawaing nakatutulong sa pagkakaisa, kaayusan at kaunlaran ng sariling lalawigan at kinabibilangang rehiyon				

Grade Level: Grade 4

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Natatalakay ang konsepto ng bansa				
Week 3/ 1 st Q	Natutukoy ang relatibong lokasyon (relative location) ng Pilipinas batay sa mga nakapaligid dito gamit ang pangunahin at pangalawang direksyon <i>*Natutukoy ang mga hangganan at lawak ng teritoryo ng Pilipinas gamit ang mapa</i>				
Week 4/ 1 st Q	<i>*Nasusuri ang ugnayan ng lokasyon Pilipinas sa heograpiya nito</i>				
Week 5/ 1 st Q	<i>*Nailalarawan ang pagkakakilanlang heograpikal ng Pilipinas: (a) Heograpiyang Pisikal (klima, panahon, at anyong lupa at anyong tubig)</i>				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<i>(b) Heograpiyang Pantao (populasyon, agrikultura, at industriya)</i>				
Week 9-10 / 1 st Q	*Nakapagmumungkahi ng mga paraan upang mabawasan ang epekto ng kalamidad				
Week 10 / 1 st Q	Nakapagbibigay ng konklusyon tungkol sa kahalagahan ng mga katangiang pisikal sa pag- unlad ng bansa				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 2 nd Q	Naipaliliwanag ang iba't ibang pakinabang pang ekonomiko ng mga likas na yaman ng bansa				
Week 2-4 / 2 nd Q	*Nasusuri ang kahalagahan ng pangangasiwa at pangangalaga ng mga likas na yaman ng bansa				
Week 4 / 2 nd Q	*Natatalakay ang mga hamon at pagtugon sa mga gawaing pangkabuhayan ng bansa.				
Week 5 / 2 nd Q	*Nakalalahok sa mga gawaing nagsusulong ng likas kayang pag-unlad (sustainable development) ng mga likas yaman ng bansa				
Week 8 / 2 nd Q	* Naipaliliwanag ang kahalagahan at kaunayan ng mga sagisag at pagkakakilanlang Pilipino				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 /	*Natatalakay ang kahulugan at kahalagahan ng pamahalaan				



3 rd Q					
Week 1-2 / 3 rd Q	Nasusuri ang balangkas o istruktura ng pamahalaan ng Pilipinas				
Week 6-7 / 3 rd Q	Nasusuri ang mga gampanin ng pamahalaan upang matugunan ang pangangailangan ng bawat mamamayan				
Week 7 / 3 rd Q	<i>*Nasusuri ang mga programa ng pamahalaan tungkol sa:</i> (a) pangkalusugan (b) pang-edukasyon (c) pangkapayapaan (d) pang-ekonomiya (e) pang-impraestruktura				
Week 9 / 3 rd Q	<i>*Napahalagahan (nabibigyang-halaga) ang bahaging ginagampanan ng pamahalaan</i>				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 4 th Q	<i>*Natatalakay ang konsepto at prinsipyo ng pagkamamamayan</i>				
Week 3 / 4 th Q	Natatalakay ang konsepto ng karapatan at tungkulin				
Week 4-5 / 4 th Q	<i>*Naipaliliwanag ang mga gawaing lumilinanag sa kagalingan pansibiko</i>				
Week 6 / 4 th Q	<i>*Napahalagahan ang kagalingang pansibiko</i>				
Week 7 / 4 th Q	<i>*Nasusuri ang bahaging ginagampanan ng mga mamamayan sa pagtataguyod ng kaunlaran ng bansa</i>				



Grade Level: Grade 5

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	*Naipaliliwanag ang kaugnayan ng lokasyon sa paghubog ng kasaysayan				
Week 2/ 1 st Q	*Naipaliliwanag ang pinagmulan ng Pilipinas batay sa a. Teorya (Plate Tectonic Theory) b. Mito c. Relihiyon				
Week 3/ 1 st Q	*Natatalakay ang pinagmulan ng unang pangkat ng tao sa Pilipinas a. Teorya (Austronesyano) b. Mito (Luzon, Visayas, Mindanao) c. Relihiyon				
Week 4/ 1 st Q	*Nasusuri ang paraan ng pamumuhay ng mga sinaunang Pilipino sa panahong Pre-kolonyal.				
Week 5/ 1 st Q	*Nasusuri ang pang-ekonomikong pamumuhay ng mga Pilipino sa panahong pre-kolonyal a. panloob at panlabas na kalakalan b. uri ng kabuhasan (pagsasaka, pangangisda, panghihiram/pangungutang, pangangaso, slash and burn, pangangayaw, pagpapanday, paghahabi atbp)				
Week 6 / 1 st Q	* Nasusuri ang sosyo-kultural at politikal na pamumuhay ng mga Pilipino a.sosyo-kultural (e.g. pagsamba (animismo, anitismo, at iba pang ritwal, pagbabatok/pagbabatik , paglilibing (mummification primary/ secondary burial practices), paggawa ng bangka e. pagpapalamuti (kasuotan, alahas, tattoo, pusad/ halop) f. pagdaraos ng pagdiriwang b.politikal (e.g. namumuno, pagbabatas at paglilitis)				
Week 7/ 1 st Q	*Natatalakay ang paglaganap at katuruan ng Islam sa Pilipinas.				
Week 9 / 1 st Q	*Napahahalagahan ang kontribusyon ng sinaunang kabihasnang Asyano sa pagkabuo ng lipunang at pagkakakilanlang Piliipino				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-3 2 nd Q	*Naipapaliwanag ang mga dahilan ng kolonyalismong Espanyol				
Week 4-6/ 2 nd Q	*Nasusuri ang mga paraan ng pagsasailalim ng katutubong populasyon sa kapangyarihan ng Espanya a. Pwersang militar/ divide and rule b. Kristiyanisasyon				
Week 7-10	* Nasusuri ang epekto ng mga patakarang kolonyal na ipinatupad ng Espanya sa bansa A. Patakarang pang-ekonomiya (Halimbawa: Pagbubuwis, Sistemang Bandala, Kalakalang Galyon, Monopolyo sa Tabako, Royal Company, Sapilitang Paggawa at iba pa) B. Patakarang pampolitika (Pamahalaang kolonyal)				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	*Naipaliliwanag ang mga paraan ng pagtugon ng mga Pilipino sa kolonyalismong Espanyol (Hal. Pag-aalsa, pagtanggap sa kapangyarihang kolonyal/ kooperasyon)				
Week 2 / 3 rd Q	*Napahahalagahan ang pagtatanggol ng mga Pilipino laban sa kolonyalismong Espanyol				
Week 3 / 3 rd Q	*Natatalakay ang impluwensya ng mga Espanyol sa kultura ng mga Pilipino				
Week 8 / 3 rd Q	*Nasusuri ang kaugnayan ng pakikipaglaban ng mga Pilipino sa pagusbong ng nasyonalismong Pilipino				



Week 9 / 3 rd Q	*Napahahalagahan ang mga katutubong Pilipinong lumaban upang mapanatili ang kanilang kasarinlan				
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Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2 / 4 th Q	*Naipaliliwanag ang mga salik na nagbigay daan sa pag-usbong ng nasyonalismong Pilipino				
Week 6 / 4 th Q	*Naipaliliwanag ang pananaw at paniniwala ng mga Sultanato (Katutubong Muslim) sa pagpapanatili ng kanilang kalayaan				
Week 7 / 4 th Q	Natataya ang partisipasyon ng iba't-ibang rehiyon at sektor (katutubo at kababaihan) sa pakikibaka ng bayan				
Week 8 / 4 th Q	* Napahahalagahan ang partisipasyon ng iba't ibang rehiyon at sektor sa pagsulong ng kamalayang pambansa				

Grade Level: Grade 6

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	*Nasusuri ang epekto ng kaisipang liberal sa pag-usbong ng damdaming nasyonalismo.				
Week 3/ 1 st Q	*Naipaliliwanag ang layunin at resulta ng pagkakatatag ng Kilusang Propaganda at Katipunan sa paglinang ng nasyonalismong Pilipino				
Week 4/ 1 st Q	*Nasusuri ang mga dahilan at pangyayaring naganap sa Panahon ng Himagsikang Pilipino				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<ul style="list-style-type: none"> Sigaw sa Pugad-Lawin Tejeros Convention Kasunduan sa Biak-na-Bato 				
Week 5/ 1 st Q	Natatalakay ang partisipasyon ng mga kababaihan sa rebolusyong Pilipino				
Week 6/ 1 st Q	*Napahahalagahan ang deklarasyon ng kasarinlan ng Pilipinas at ang pagkakatatag ng Unang Republika				
Week 7/ 1 st Q	*Nasusuri ang pakikibaka ng mga Pilipino sa panahon ng Digmaang Pilipino-Amerikano <ul style="list-style-type: none"> Unang Putok sa panulukan ng Silencio at Sociego, Sta.Mesa Labanan sa Tirad Pass Balangiga Massacre 				
Week 8/ 1 st Q	Nabibigyang halaga ang mga kontribusyon ng mga natatanging Pilipinong nakipaglaban para sa kalayaan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 2 nd Q	*Nasusuri ang uri ng pamahalaan at patakarang ipinatupad sa panahon ng mga Amerikano				



Week 3/ 2 nd Q	*Naipaliliwanag ang mga pagsusumikap ng mga Pilipino tungo sa pagtatatag ng nagsasariling pamahalaan				
Week 4/ 2 nd Q	*Nasusuri ang pamahalaang Komonwelt *Naipapaliwag ang resulta ng pananakop ng mga Amerikano				
Week 5/ 2 nd Q	Natatalakay ang mga layunin at mahahalagang pangyayari sa pananakop ng mga Hapones Hal: <ul style="list-style-type: none">○ Pagsiklab ng digmaan○ Labanan sa Bataan○ Death March○ Labanan sa Corregidor				
Week 6/ 2 nd Q	*Nasusuri ang mga patakaran at resulta ng pananakop ng mga Hapones				
Week 7/ 2 nd Q	*Naipaliliwanag ang paraan ng pakikipaglaban ng mga Pilipino para sa kalayaan laban sa Hapon				
Week 8/ 2 nd Q	*Napahahalagahan ang iba't ibang paraan ng pagmamahal sa bayan ipinamalas ng mga Pilipino sa panahon ng digmaan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-3/ 3 rd Q	*Nasusuri ang mga pangunahing suliranin at hamong kinaharap ng mga Pilipino mula 1946 hanggang 1972				
Week 4/8 3 rd Q	*Natatalakay ang mga programang ipinatupad ng iba't ibang administrasyon sa pagtugon sa mga suliranin at hamong kinaharap ng mga Pilipino mula 1946 hanggang 1972				



Week 9/10 3 rd Q	*Napahahalagahan ang pagtatanggol ng mga Pilipino sa pambansang interes				
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Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 4 th Q	*Nasusuri ang mga suliranin at hamon sa ilalim ng Batas Militar				
Week 2/3 4 th Q	*Natatalakay ang mga pagkilos at pagtugon ng mga Pilipino nagbigay-daan sa pagwawakas ng Batas Militar <ul style="list-style-type: none">• People Power 1				
	*Napahahalagahan ang pagtatanggol at pagpapanatili sa karapatang pantao at demokratikong pamamahala				
Week 4 4 th Q	*Nasusuri ang mga pangunahing suliranin at hamong kinaharap ng mga Pilipino mula 1986 hanggang sa kasalukuyan				
Week 5 4 th Q	*Natatalakay ang mga programang ipinatupad ng iba't ibang administrasyon sa pagtugon sa mga suliranin at hamong kinaharap ng mga Pilipino mula 1986 hanggang kasalukuyan				
Week 6/7 4 th Q	Nasusuri ang mga kontemporaryong isyu ng lipunan tungo sa pagtugon sa mga hamon ng malaya at maunlad na bansa <ul style="list-style-type: none">• Pampulitika (Hal., usaping pangteritoryo sa West Philippine Sea, korupsiyon, atbp)• Pangkabuhayan (Hal., open trade, globalisasyon, atbp)• Panlipunan (Hal., OFW, gender, drug at child abuse, atbp)• Pangkapaligiran (climate change, atbp)				
Week 8/	*Natatalakay ang mga gampaning ng pamahalaan at mamamayan sa				



4 th Q	pagkamit ng kaunlaran ng bansa				
Week 9/ 4 th Q	*Napahalagahan ang aktibong pakikilahok ng mamamayan sa mga programa ng pamahalaan tungo sa pag-unlad ng bansa				

Grade Level: Grade 7
Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/3 1 st Q	Naipapaliwanag ang konsepto ng Asya tungo sa paghahating – heograpiko: Silangang Asya, Timog-Silangang Asya, Timog-Asya, Kanlurang Asya, Hilagang Asya at Hilaga/ Gitnang Asya				
	Napapahalagahan ang ugnayan ng tao at kapaligiran sa paghubog ng kabihasnang Asyano				
Week 4/5 1 st Q	Nailalarawan ang mga yamang likas ng Asya				
Week 6/ 1 st Q	*Nasusuri ang yamang likas at ang mga implikasyon ng kapaligirang pisikal sa pamumuhay ng mga Asyano noon at ngayon				
Week 7/ 1 st Q	Naipapahayag ang kahalagahan ng pangangalaga sa timbang na kalagayang ekolohiko ng rehiyon				
Week 8/10 1 st Q	*Nasusuri ang komposisyon ng populasyon at kahalagahan ng yamang-tao sa Asya sa pagpapaunlad ng kabuhayan at lipunan sa kasalukuyang panahon				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/	Natatalakay ang konsepto ng kabihasnan at mga katangian nito				



2 nd Q					
Week 2/5 2 nd Q	Napaghahambing ang mga sinaunang kabihasnan sa Asya (Sumer, Indus, Tsina)				
Week 6 2 nd Q	*Natataya ang impluwensiya ng mga kaisipang Asyano sa kalagayang panlipunan at kultura sa Asya				
Week 7/ 2 nd Q	*Napapahalagahan ang mga kaisipang Asyano na nagbigay-daan sa paghubog ng sinaunang kabihasnang sa Asya at sa pagbuo ng pagkakilanlang Asyano				
Week 8/ 2 nd Q	*Nasusuri ang kalagayan at bahaging ginampanan ng kababaihan mula sa sinaunang kabihasnan at ikalabing-anim na siglo				
Week 9	Napapahalagahan ang mga kontribusyon ng mga sinaunang lipunan at komunidad sa Asya				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 3 rd Q	*Nasusuri ang mga dahilan, paraan at epekto ng kolonyalismo at imperyalismo ng mga Kanluranin sa unang yugto (ika-16 at ika-17 siglo) pagdating nila sa Timog at Kanlurang Asya				
Week 3/4 3 rd Q	*Nasusuri ang mga salik, pangyayaring at kahalagahan ng nasyonalismo sa pagbuo ng mga bansa sa Timog at Kanlurang Asya				
Week 5/ 3 rd Q	*Natatalakay ang karanasan at implikasyon ng ang digmaang pandaidig sa kasaysayan ng mga bansang Asyano				
Week 6/ 3 rd Q	*Nasusuri ang kaugnayan ng iba't ibang ideolohiya sa pag-usbong ng nasyonalismo at kilusang nasyonalista				
	*Nasusuri ang karanasan at bahaging ginampanan ng mga kababaihan tungo sa pagkakapantay-pantay, pagkakataong pang-ekonomiya at				



	karapatang pampolitika				
Week 7/ 3 rd Q	*Napahahalagahan ang bahaging ginampanan ng nasyonalismo sa pagbibigay wakas sa imperyalismo sa Timog at Kanlurang Asya				
Week 8/ 3 rd Q	Natataya ang bahaging ginampanan ng relihiyon sa iba't ibang aspekto ng pamumuhay				
Week 9/ 3 rd Q	*Nasusuri ang mga anyo, tugon at epekto sa neo-kolonyalismo sa Timog at Kanlurang Asya				
Week 10/ 3 rd Q	Napapahalagahan ang mga kontribusyon ng Timog at Kanlurang Asya sa kulturang Asyano				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 4th Q	*Nasusuri ang mga dahilan, paraan at epekto ng kolonyalismo at imperyalismo ng mga Kanluranin sa unang yugto (ika-16 at ika-17 siglo) pagdating nila sa Silangan at Timog-Silangang Asya				
Week 3/4 4th Q	*Nasusuri ang mga salik, pangyayaring at kahalagahan ng nasyonalismo sa pagbuo ng mga bansa sa Silangan at Timog-Silangang Asya				
Week 5/ 4th Q	*Natatalakay ang karanasan at implikasyon ng ang digmaang pandaidig sa kasaysayan ng mga bansang Asyano				
Week 6/ 4th Q	*Nasusuri ang kaugnayan ng iba't ibang ideolohiya sa pag-usbong ng nasyonalismo at kilusang nasyonalista				
	*Nasusuri ang karanasan at bahaging ginampanan ng mga kababaihan tungo sa pagkakapantay-pantay, pagkakataong pang-ekonomiya at karapatang pampolitika				
Week 7/ 4th Q	*Napahahalagahan ang bahaging ginampanan ng nasyonalismo sa pagbibigay wakas sa imperyalismo sa Silangan at Timog-Silangang Asya				
Week 8/ 4th Q	Natataya ang bahaging ginampanan ng relihiyon sa iba't ibang aspekto ng pamumuhay				



Week 9/ 4 th Q	*Nasusuri ang mga anyo, tugon at epekto sa neo-kolonyalismo sa Silangan at Timog-Silangang Asya				
Week 10/ 4 th Q	Napapahalagahan ang mga kontribusyon ng Silangan at Timog-Silangang Asya sa kulturang Asyano				

Grade: Grade 8
Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/ 1 st Q	Nasusuri ang katangiang pisikal ng daigdig				
Week 3/ 1 st Q	Napahahalagahan ang natatanging kultura ng mga rehiyon, bansa at mamamayan sa daigdig (lahi, pangkat- etnolingguwistiko, at relihiyon sa daigdig)				
Week 4-5/ 1 st Q	Nasusuri ang yugto ng pag-unlad ng kultura sa panahong prehistoriko				
Week 6-7/ 1 st Q	Naiuugnay ang heograpiya sa pagbuo at pag-unlad ng mga sinaunang kabihasnan sa daigdig				
Week 7/ 1 st Q	<i>*Nasusuri ang mga sinaunang kabihasnan ng Egypt, Mesopotamia, India at China batay sa politika, ekonomiya, kultura, relihiyon, paniniwala at lipunan</i>				
Week 8-9/ 1 st Q	Napahahalagahan ang mga kontribusyon ng mga sinaunang kabihasnan sa daigdig				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 2 nd Q	Nasusuri ang kabihasnang Minoan, Mycenean at kabihasnang klasiko ng Greece				
Week 3/ 2 nd Q	Naipapaliwanag ang kontribusyon ng kabihasnang Romano				
Week 4-5/ 2 nd Q	<i>*Nasusuri ang pag-usbong at pag-unlad ng mga klasikong kabihasnan sa:</i> <ul style="list-style-type: none">• Africa – Songhai, Mali, atbp.• America – Aztec, Maya, Olmec, Inca, atbp.• Mga Pulo sa Pacific – Nazca				
Week 6/ 2 nd Q	Naipapahayag ang pagpapahalaga sa mga kontribusyon ng kabihasnang klasiko sa pag-unlad ng pandaigdigang kamalayan				
	<i>*Nasusuri ang mga pagbabagong naganap sa Europa sa Gitnang Panahon</i> <ul style="list-style-type: none">• Politika (Pyudalismo, Holy Roman Empire)• Ekonomiya (Manoryalismo)• Sosyo-kultural (Paglakas ng Simbahang Katoliko, Krusada)				
Week 10/ 2 nd Q	Natataya ang impuwensya ng mga kaisipang lumaganap sa Gitnang Panahon				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/ 3 rd Q	<i>*Nasusuri ang mahahalagang pagbabagong politikal, ekonomiko at sosyo-kultural sa panahon Renaissance</i>				



Week 3-4/ 3 rd Q	<i>*Nasusuri ang dahilan, pangyayari at epekto ng unang Yugto ng Kolonyalismo</i>				
Week 5/6 3 rd Q	<i>*Nasusuri ang dahilan, kaganapan at epekto ng Rebolusyong Siyentipiko, Enlightenment at Industriyal</i>				
Week 7/8 3 rd Q	<i>*Naipapaliwanag ang kaugnayan ng Rebolusyong Pangkaisipan sa Rebolusyong Amerikano at Pranses.</i>				
Week 9 3 rd Q	<i>*Nasusuri ang dahilan, pangyayari at epekto ng Ikalawang Yugto ng Kolonyalismo (Imperyalismo)</i>				
Week 10/ 3 rd Q	Naipapahayag ang pagpapahalaga sa pag-usbong ng Nasyonalismo sa Europa at iba't ibang bahagi ng daigdig.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-3/ 4 th Q	Nasusuri ang mga dahilan, mahahalagang pangyayaring naganap at bunga ng Unang Digmaang Pandaigdig				
Week 4-6/ 4 th Q	Nasusuri ang mga dahilan, mahahalagang pangyayaring naganap at bunga ng Ikalawang Digmaang Pandaigdig.				
Week 7/ 4 th Q	Natataya ang pagsisikap ng mga bansa na makamit ang kapayapaang pandaigdig at kaunlaran.				
Week 8/ 4 th Q	Nasusuri ang mga ideolohiyang politikal at ekonomiko sa hamon ng estabilisadong institusyon ng lipunan.				
Week 9/ 4 th Q	Natataya ang epekto ng mga ideolohiya, ng <i>Cold War</i> at ng Neo-kolonyalismo sa iba't ibang bahagi ng daigdig.				
Week 10/	*Napapahalagahan ang bahaging ginampanan ng mga pandaigdigang organisasyon sa pagsusulong ng pandaigdigang kapayapaan, pagkakaisa,				



4 th Q	pagtutulungan, at kaunlaran.				
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Grade Level: Grade 9

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 1 st Q	Nailalapat ang kahulugan ng ekonomiks sa pang-araw- araw na pamumuhay bilang isang mag-aaral, at kasapi ng pamilya at lipunan				
	Natataya ang kahalagahan ng ekonomiks sa pang-araw- araw na pamumuhay ng bawat pamilya at ng lipunan				
Week 3/4 1 st Q	*Nasusuri ang iba't-ibang sistemang pang-ekonomiya				
Week 5/6 1 st Q	*Natatalakay ang mga salik ng produksyon at ang implikasyon nito sa pang- araw- araw na pamumuhay				
Week 7/8 1 st Q	Nasusuri ang mga salik na nakaaapekto sa pagkonsumo.				
Week 9/10 1 st Q	Naipagtatanggol ang mga karapatan at nagagampanan ang mga tungkulin bilang isang mamimili				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2	*Natatalakay ang konsepto at salik na nakaaapekto sa demand sa pang araw-araw na pamumuhay				



2 nd Q					
Week 3/4 2 nd Q	*Natatalakay ang konsepto at salik na nakaaapekto sa suplay sa pang araw-araw na pamumuhay				
Week 5/ 2 nd Q	*Naipapaliwanag ang interaksyon ng demand at suplay sa kalagayan ng presyo at ng pamilihan				
Week 6/7 2 nd Q	*Nasusuri ang kahulugan at iba't ibang istraktura ng pamilihan				
Week 8/ 2 nd Q	*Napahahalagahan ang bahaging ginagampanan ng pamahalaan sa regulasyon ng mga gawaing pangkabuhayan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 3 rd Q	*Naipaliliwanag ang bahaging ginagampanan ng mga bumubuo sa paikot na daloy ng ekonomiya				
Week 3/ 3 rd Q	*Nasusuri ang pamamaraan at kahalagahan ng pagsukat ng pambansang kita				
Week 4-5/ 3 rd Q	*Natatalakay ang konsepto, dahilan, epekto at pagtugon sa implasyon				
Week 6/7 3 rd Q	*Nasusuri ang layunin at pamamaraan ng patakarang piskal				
Week 8/9 3 rd Q	*Nasusuri ang layunin at pamamaraan ng patakarang pananalapi				
Week 10 3 rd Q	*Napahahalagahan ang pag-iimpok at pamumuhunan bilang isang salik ng ekonomiya				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/ 4 th Q					
	Nasisiyasat ang mga palatandaan ng pambansang kaunlaran				
	Natutukoy ang iba't ibang gampanin ng mamamayang Pilipino upang makatulong sa pambansang kaunlaran				
Week 3-6/ 4 th Q	*Nasusuri ang bahaging ginagampanan ng agrikultura, pangangisda, at paggugubat sa ekonomiya				
	Nasusuri ang mga dahilan at epekto ng suliranin ng sektor ng agrikultura, pangangisda, at paggugubat				
	Nabibigyang-halaga ang mga patakarang pang- ekonomiya nakatutulong sa sektor ng agrikultura (industriya ng agrikultura, pangangisda, at paggugubat)				
	Nabibigyang-halaga ang mga gampanin ng sektor ng industriya at mga patakarang pang- ekonomiyang nakatutulong dito				
Week 7/ 4 th Q					
	Nabibigyang-halaga ang mga gampanin ng sektor ng paglilingkod at mga patakarang pang- ekonomiyang nakatutulong dito				
Week 8/9 4 th Q	Nabibigyang-halaga ang mga gampanin ng impormal na sektor at mga patakarang pang- ekonomiyang nakatutulong dito				
Week 10	Nasusuri ang pang-ekonomikong ugnayan at patakarang panlabas na nakakatulong sa Pilipinas				



Grade Level: Grade 10

Subject: Araling Panlipunan

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 1 st Q	*Nasusuri ang kahalagahan ng pag-aaral ng Kontemporaryong Isyu				
Week 3/4 1 st Q	*Natatalakay ang kalagayan, suliranin at pagtugon sa isyung pangkapaligiran ng Pilipinas				
Week 5/6 1 st Q	Natutukoy ang mga paghahandang nararapat gawin sa harap ng panganib na dulot ng mga suliraning pangkapaligiran				
Week 7 /8 1 st Q	*Nasusuri ang kahalagahan ng kahandaan, disiplina at kooperasyon sa pagtugon ng mga hamong pangkapaligiran				
Week 9 1 st Q	* Naisasagawa ang mga angkop na hakbang ng CBDRRM Plan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/3 2 nd Q	*Nasusuri ang dahilan, dimensyon at epekto ng ng globalisasyon				
Week 4/6 2 nd Q	*Naipaliliwanag ang kalagayan, suliranin at pagtugon sa isyu ng paggawa sa bansa				



Week 7/9 2 nd Q	*Nasusuri ang dahilan at epekto ng migrasyon dulot ng globalisasyon				
Week 10/ 2 nd Q	*Naipahahayag ang saloobin tungkol sa epekto ng globalisasyon				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 3 rd Q	*Natatalakay ang mga uri ng kasarian (gender) at sex at gender roles sa iba't ibang bahagi ng daigdig				
Week 4/ 3 rd Q	*Nasusuri ang diskriminasyon at diskriminasyon sa kababaihan, kalalakihan at LGBT (Lesbian , Gay , Bi – sexual , Transgender)				
Week 7-8/ 3 rd Q	*Napahahalagahan ang tugon ng pamahalaan at mamamayan Pilipinas sa mga isyu ng karahasan at diskriminasyon				
Week 9/ 3 rd Q	Nakagagawa ng hakbang na nagsusulong ng pagtanggap at paggalang sa kasarian na nagtataguyod ng pagkakapantay-pantay ng tao bilang kasapi ng pamayanan				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/2 4 th Q	*Naipaliliwanag ang kahalagahan ng aktibong pagmamamayan				



Week 4/ 4 th Q	*Nasusuri ang kahalagahan ng pagsusulong at pangangalaga sa karapatang pantao sa pagtugon sa mga isyu at hamong panlipunan				
Week 6- 7/ 4 th Q	*Natatalakay ang mga epekto ng aktibong pakikilahok ng mamamayan sa mga gawaing pansibiko sa kabuhayan, politika, at lipunan				
Week 9/ 4 th Q	*Napahahalagahan ang papel ng mamamayan sa pagkakaron ng isang mabuting pamahalaan				



EDUKASYON SA PAGPAPAKATAO



Grade Level: Grade 1

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. Nakikilala ang sariling: 1.1. gusto 1.2. interes 1.3. potensyal 1.4. kahinaan 1.5. damdamin / emosyon				
Week 2/ 1 st Q	2. Naisasakilos ang sariling kakayahan sa iba't ibang pamamaraan 2.1 pag-awit 2.2 pagsayaw 2.3 pakikipagtalastasan at iba pa				
Week 3/ 1 st Q	3. Nakapaglalarawan ng iba't ibang gawain na maaaring makasama o makabuti sa kalusugan 3.1 nakikilala ang iba't ibang gawain/paraan na maaaring makasama o makabuti sa kalusugan nasasabi na nakatutulong sa paglinang ng sariling kakayahan ang wastong pangangalaga sa sarili				
Week 4/ 1 st Q	Nakakikila ng mga gawaing nagpapakita ng pagkakabuklod ng pamilya tulad ng 4.1.pagsasama-sama sa pagkain 4.2.pagdarasal 4.3.pamamasyal 4.4. pagkukuwentuhan ng masasayang pangyayari				
Week 5/ 1 st Q	5.Nakatutukoy ng mga kilos at gawain na nagpapakita ng pagmamahal at pagmamalasakit sa mga kasapi ng pamilya Hal.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1. pag-aalala sa mga kasambahay 2. pag-aalaga sa nakababatang kapatid at kapamilyang maysakit				
Week 1/ 2 nd Q	Nakapagpapakita ng pagmamahal at paggalang sa mga magulang				
Week 2/ 2 nd Q	Nakapagpapakita ng pagmamahal at paggalang sa mga magulang				
	6. Nakapagpapakita ng pagmamahal sa pamilya at kapwa sa lahat ng pagkakataon lalo na sa oras ng pangangailangan				
Week 3/ 1 st Q	7. Nakapagpapakita ng pagmamahal sa pamilya at kapwa sa lahat ng pagkakataon lalo na sa oras ng pangangailangan				
Week 4/ 2 nd Q	8. Nakapagpapakita ng paggalang sa pamilya at sa kapwa sa pamamagitan ng: a. pagmamano/paghalik sa nakatatanda b. bilang pagbati c. pakikinig habang may nagsasalita d. pagsagot ng “po” at “opo” e. paggamit ng salitang “pakiusap” at “salamat”				
Week 5/ 2 nd Q	9. Nakapagsasabi ng totoo sa magulang/ nakatatanda at iba pang kasapi ng mag-anak sa lahat ng pagkakataon upang maging maayos ang samahan 9.1.kung saan papunta/ nanggaling 9.2.kung kumuha ng hindi kanya 9.3. mga pangyayari sa paaralan na nagbunga ng hindi pagkakaintindihan 9.4. kung gumamit ng computer sa paglalaro imbis na sa pag-aaral				
Week 1 / 3 rd Q	10. Nakapagpapakita ng iba’t ibang paraan ng pagiging masunurin at magalang tulad ng: 10.1.pagsagot kaagad kapag tinatawag ng kasapi ng pamilya				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	10.2.pagsunod nang maluwag sa dibdib kapag inuutusan 10.3.pagsunod sa tuntuning itinakda ng: ☐ tahanan ☐ paaralan				
Week 2 / 3 rd Q	11. Nakapagpapakita ng pagpapahalaga sa mga karapatang tinatamasa Hal. Pagkain ng masusustansyang pagkain Nakapag-aaral				
Week 3 / 3 rd Q	12. Nakasusunod sa utos ng magulang at nakatatanda. Nakapagpapakita ng mga paraan upang makamtam at mapanatili ang kaayusan at kapayapaan sa tahanan at paaralan tulad ng: 12.1.pagiging masaya para sa tagumpay ng ibang kasapi ng pamilya at ng kamag-aral 12.2.pagpaparaya 12.3.pagpapakumbaba				
Week 4 / 3 rd Q	13. Nakatutulong sa pagpapanatili ng kalinisan at kaayusan sa loob ng tahanan at paaralan para sa mabuting kalusugan Hal. Pagtulong sa paglilinis ng tahanan Pagtulong sa paglilinis ng paaralan Pag-iwas sa pagkakalat				
Week 5 / 3 rd Q	14. Nakagagamit ng mga bagay na patapon ngunit maaari pang pakinabangan				
Week 1 / 4 th Q	15. Nakasusunod sa utos ng magulang at nakatatanda				
Week 2 / 4 th Q	16. Nakapagpapakita ng paggalang sa paniniwala ng kapwa				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 3 / 4 th Q	17. Nakasusunod sa mga gawaing panrelihiyon				

Grade Level: Grade 2

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. Naisakikilos ang sariling kakayahan sa iba't ibang pamamaraan: 1.1. pag-awit 1.2. pagguhit 1.3. pagsayaw 1.4. pakikipagtalastasan 1.5. at iba pa				
Week 2/ 1 st Q	2. Napahahalagahan ang saya o tuwang dulot ng pagbabahagi ng anumang kakayahan o talent				
Week 3/ 1 st Q	3. Nakapagpapakita ng kakayahang labanan ang takot kapag may nangbubully				
Week 4/ 1 st Q	4. Naisakikilos ang mga paraan ng pagpapanatili ng kalinisan, kalusugan at pag-iingat ng katawan				
	5. Nakapagpapakita ng pagsunod sa mga tuntunin at pamantayang itinakda sa loob ng tahanan				
Week 5/ 1 st Q	5.1. paggising at pagkain sa tamang oras				
	5.2. pagtapos ng mga gawaing bahay				
	5.3. paggamit ng mga kagamitan				
	5.4. at iba pa				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 2 nd Q	6. Nakapagpapakita ng pagkamagiliwin at pagkapalakaibigan na may pagtitiwala sa mga sumusunod: 6.1. kapitbahay 6.2. kamag-anak 6.3. kamag-aral 6.4. panauhin/ bisita 6.5. bagong kakilala 6.6. taga-ibang lugar				
Week 2/ 2 nd Q	7. Nakapagbabahagi ng sarili sa kalagayan ng kapwa tulad ng: 7.1. antas ng kabuhatan 7.2. pinagmulan 7.3. pagkakaroon ng kapansanan				
Week 3/ 2 nd Q	8. Nakagagamit ng magalang na pananalita sa kapwa bata at nakatatanda				
	9. Nakapagpapakita ng iba't ibang magalang na pagkilos sa kaklase o kapwa bata				
Week 4/ 2 nd Q	10. Nakapagbabahagi ng gamit, talento, kakayahan o anumang bagay sa kapwa				
	11. Nakapaglalahad na ang paggawa ng mabuti sa kapwa ay pagmamahal sa sarili.				
	12. Nakatutukoy ng mga kilos at gawaing nagpapakita ng pagmamalasakit sa mga kasapi ng paaralan at pamayanan				
Week 5/ 2 nd Q	13. Nakapagpapakita ng pagmamalasakit sa kasapi ng paaralan at pamayanan sa iba't ibang paraan				
Week 1/ 3 rd Q	14. Nakapagpapakita ng paraan ng pagpapasalamat sa anumang karapatang tinatamasa Hal. pag-aaral nang mabuti pagtitipid sa anumang kagamitan				
Week 2/	15. Nakatutukoy ng mga karapatang maaaring ibigay ng pamilya o mga				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
3 rd Q	kaanak				
	16. Nakapagpapahayag ng kabutihang dulot ng karapatang tinatamasa				
Week 3/ 3 rd Q	17. Nakapagbabahagi ng pasasalamat sa tinatamang karapatan sa pamamagitan ng kuwento				
	18. Nakagagamit nang masinop ng anumang bagay tulad ng tubig, pagkain, enerhiya at iba pa				
Week 4/ 3 rd Q	19. Nakikibahagi sa anumang programa ng paaralan at pamayanan na makatutulong sa pagpapanatili ng kalinisan at kaayusan sa pamayanan at bansa				
Week 5/ 3 rd Q	20. Nakatutukoy ng iba't ibang paraan upang mapanatili ang kalinisan at kaayusan sa pamayanan hal. - pagsunod sa mga babalang pantrapiko - wastong pagtatapon ng basura - pagtanim ng mga halaman sa paligid				
Week 6/ 3 rd Q	21. Nakapagpapakita ng pagmamahal sa kaayusan at kapayapaan				
Week 1/ 4 th Q	22. Nakapagpapakita ng ibat-ibang paraan ng pagpapasalamat sa mga biyayang tinanggap, tinatanggap at tatanggapin mula sa Diyos				
Week 2/ 4 th Q	23. Nakapagpapakita ng pasasalamat sa mga kakayahan/ talinong bigay ng Panginoon sa pamamagitan ng: 23.1. paggamit ng talino at kakayahan 23.2. pagbabahagi ng taglay na talino at kakayahan sa iba 23.3. pagtulong sa kapwa 23.4. pagpapaunlad ng talino at kakayahang bigay ng Panginoon				



Grade Level: Grade 3

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Nakatutukoy ng natatanging kakayahan Hal. talentong ibinigay ng Diyos				
	Nakapagpapakita ng mga natatanging kakayahan nang may pagtitiwala sa sarili				
Week 2/ 1 st Q	Napahahalagahan ang kakayahan sa paggawa				
	Nakatutukoy ng mga damdamin na nagpapamalas ng katatagan ng kalooban				
	Nakagagawa ng mga wastong kilos at gawi sa pangangalaga ng sariling kalusugan at kaligtasan.				
Week 3/ 1 st Q	Nakasusunod sa mga pamantayan/tuntunin ng mag-anak				
Week 1/2 nd Q	Nakapagpapadama ng malasakit sa kapwa na may karamdaman sa pamamagitan ng mga simpleng gawain 1.1.pagtulong at pag-aalaga 1.2.pagdalaw, pag-aliw at pagdadala ng pagkain o anumang bagay na kailangan				
Week 2/2 nd Q	Nakapagpapakita ng malasakit sa may mga kapansanan sa pamamagitan ng: 2.1.pagbibigay ng simpleng tulong sa kanilang pangangailangan 2.2.pagbibigay ng pagkakataon upang sumali at lumahok sa mga palaro o larangan ng isport at iba pang programang pampaaralan 2.3 pagbibigay ng pagkakataon upang sumali at lumahok sa mga palaro at iba pang paligsahan sa pamayanan				



Week 3/2 nd Q	Naisasaalang-alang ang katayuan/ kalagayan/ pangkat etnikong kinabibilangan ng kapwa bata sa pamamagitan ng: pagbabahagi ng pagkain, laruan, damit, gamit at iba pa				
Week 4/2 nd Q	Nakapagpapakita nang may kasiyahan sa pakikiisa sa mga gawaing pambata Hal. paglalaro programa sa paaralan (paligsahan, pagdiriwang at iba pa)				
Week 1/3 rd Q	Nakapagpapakita ng mga kaugaliang Pilipino tulad ng: pagmamano paggamit ng "po" at "opo" pagsunod sa tamang tagubilin ng mga nakatatanda				
Week 2/3 rd Q	Nakapagpapahayag na isang tanda ng mabuting pag-uugali ng Pilipino ang pagsunod sa tuntunin ng pamayanan				
	Nakapagpapanatili ng malinis at ligtas na pamayanan sa pamamagitan ng: paglilinis at pakikiisa sa gawaing pantahanan at pangkapaligiran wastong pagtatapon ng basura palagiang pakikilahok sa proyekto ng pamayanan na may kinalaman sa kapaligiran				
Week 3/3 rd Q	Nakasusunod sa mga tuntuning may kinalaman sa kaligtasan tulad ng mga babala at batas trapiko pagsakay/pagbaba sa takdang lugar				
Week 4/3 rd Q	Nakapagpapanatili ng ligtas na pamayanan sa pamamagitan ng pagiging handa sa sakuna o kalamidad				
Week 1/4 th Q	Nakapagpapakita ng pananalig sa Diyos				
Week 2/4 th Q	Nakapagpapakita ng paggalang sa paniniwala ng iba tungkol sa Diyos				



Grade Level: Grade 4

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/1 st Q	Nakapagsasabi ng katotohanan anuman ang maging bunga nito				
Week 2/ 1 st Q	2. Nakapagsusuri ng katotohanan bago gumawa ng anumang hakbangin batay sa mga nakalap na impormasyon 2.1. balitang napakinggan 2.2. patalastas na nabasa/narinig 2.3. napanood na programang pantelebisyon 2.4 pagsangguni sa taong kinauukulan				
Week 3/ 1 st Q	3. Nakapagninilay ng katotohanan BATAY sa mga NAKALAP NA IMPORMASYON: 3.1. balitang napakinggan 3.2. patalastas na nabasa/narinig 3.3. napanood na programang pantelebisyon 3.4. nababasa sa internet at mga social networking sites				
Week 4/ 1 st Q	4. Nakapagsasagawa nang may mapanuring pag-iisip ng tamang pamamaraan/ pamantayan sa pagtuklas ng katotohanan				
Week 1/ 2 nd Q	5. Nakapagpapakita ng pagkamahinahon sa damdamin at kilos ng kapwa tulad ng: 5.1. pagtanggap ng sariling pagkakamali at pagtutuwid nang bukal sa loob 5.2. pagtanggap ng puna ng kapwa nang maluwag sa kalooban 5.3. pagpili ng mga salitang di-nakakasakit ng damdamin sa pagbibiro				
	6. Nakapagbabahagi ng sariling karanasan o makabuluhang pangyayaring nagpapakita ng pang-unawa sa kalagayan/pangangailangan ng kapwa.				



Week 2/ 2 nd Q	7. Naisasabuhay ang pagiging bukas-palad sa 7.1. mga nangangailangan 7.2. panahon ng kalamidad				
Week 3/ 2 nd Q	8. Nakapagpapakita ng paggalang sa iba sa mga sumusunod na sitwasyon: 8.1. oras ng pamamahinga 8.2. kapag may nag-aaral 8.3. kapag mayroong maysakit 8.4. pakikinig kapag may nagsasalita/ nagpapaLiwanag 8.5. paggamit ng pasilidad ng paaralan nang may pag-aalala sa kapakanan ng kapwa 8.5.1. palikuran 8.5.2. silid-aklatan 8.5.3. palaruan 8.6. pagpapanatili ng tahimik, malinis at kaaya-ayang kapaligiran bilang paraan ng pakikipagkapwa-tao				
Week 1/ 3 rd Q	9. Nakapagpapakita ng kawilihan sa pakikinig o pagbabasa ng mga pamanang kulturang materyal (hal. kuwentong bayan, alamat, mga epiko) at di-materyal (hal. mga magagandang kaugalian, pagpapahalaga sa nakatatanda at iba pa)				
Week 2/ 3 rd Q	10. Naipagmamalaki/napahahalagahan ang nasuring kultura ng iba't ibang pangkat etniko tulad ng kuwentong-bayan, katutubong sayaw, awit, laro at iba pa				
	11. Nakasusunod sa mga batas/panuntunang pinaiiral tungkol sa pangangalaga ng kapaligiran kahit walang nakakakita				
Week 3/ 3 rd Q	12. Nakatutulong sa pagpapanatili ng kalinisan at kaayusan ng kapaligiran saanman sa pamamagitan ng: 12.1. segregasyon o pagtapon ng mga basurang nabubulok at di-nabubulok sa tamang lagayan 12.2. pag-iwas sa pagsunog ng anumang bagay 12.3. pagsasagawa ng muling paggamit ng mga patapong bagay (Recycling)				



Week 1/ 4 th Q	13. Napahahalagahan ang lahat ng mga likha: may buhay at mga materyal na bagay 13.1. Sarili at kapwa-tao: 13.1.1. pag-iwas sa pagkakaroon ng sakit 13.1.2. paggalang sa kapwa-tao				
Week 2 / 4 th Q	13.2. Hayop: 13.2.1. pagkalinga sa mga hayop na ligaw at endangered				
	13.3. Halaman : pangangalaga sa mga halaman gaya ng : 13.3.1. pag-aayos ng mga nabuwal na halaman 13.3.2. paglalagay ng mga lupa sa paso 13.3.3. pagbubungkal ng tanim na halaman sa paligid				
Week 3/ 4 th Q	13.4. Mga Materyal na Kagamitan: 13.4.1. pangangalaga sa mga materyal na kagamitang likas o gawa ng tao				

Grade Level: Grade 5

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. Napahahalagahan ang katotohanan sa pamamagitan ng pagsusuri sa mga: 1.1. balitang napakinggan 1.2. patalastas na nabasa/narinig 1.3. napanood na programang pantelebisyon 1.4. nabasa sa internet				



Week 2/ 1 st Q	2. Nakasusuri ng mabuti at di-mabuting maidudulot sa sarili at miyembro ng pamilya ng anumang babasahin, napapakinggan at napapanood 2.1. dyaryo 2.2. magasin 2.3. radyo 2.4. telebisyon 2.5. pelikula 2.6. Internet				
Week 3/ 1 st Q	3. Nakapagpapakita ng kawilihan at positibong saloobin sa pag-aaral 3.1. pakikinig 3.2. pakikilahok sa pangkatang gawain 3.3. pakikipagtalakayan 3.4. pagtatanong 3.5. paggawa ng proyekto (gamit ang anumang technology tools) 3.6. paggawa ng takdang-aralin 3.7. pagtuturo sa iba				
Week 4/ 1 st Q	4. Nakapagpapakita ng matapat na paggawa sa mga proyektong pampaaralan				
	5. Nakapagpapatunay na mahalaga ang pagkakaisa sa pagtatapos ng gawain				
Week 5 / 1 st Q	6. Nakapagpapahayag nang may katapatan ng sariling opinyon/ideya at saloobin tungkol sa mga sitwasyong may kinalaman sa sarili at pamilyang kinabibilangan. Hal. Suliranin sa paaralan at pamayanan				
	7. Nakapagpapahayag ng katotohanan kahit masakit sa kalooban gaya ng: 7.1. pagkuha ng pag-aari ng iba 7.2. pangongopya sa oras ng pagsusulit 7.3. pagsisinungaling sa sinumang miyembro ng pamilya, at iba pa				
Week 1/ 2 nd Q	1. Nakapagsisimula ng pamumuno para makapagbigay ng kayang tulong para sa nangangailangan 1.1. biktima ng kalamidad 1.2. pagbibigay ng babala/impormasyon kung may bagyo, baha, sunog, lindol, at iba pa				
Week 2/ 2 nd Q	Nakapagbibigay-alam sa kinauukulan tungkol sa kaguluhan, at iba pa (pagmamalasakit sa kapwa na sinasaktan / kinukutya / binubully				



	Nakapagpapakita ng paggalang sa mga dayuhan sa pamamagitan ng: 3.1. mabuting pagtanggap/pagtrato sa mga katutubo at mga dayuhan 3.2. paggalang sa natatanging kaugalian/paniniwala ng mga katutubo at dayuhang kakaiba sa kinagisnan				
Week 3/ 2 nd Q	Nakabubuo at nakapagpapahayag nang may paggalang sa anumang ideya/opinion				
	Nakapagpapaubaya ng pansariling kapakanan para sa kabutihan ng kapwa				
Week 4/ 2 nd Q	Nakapagsasaalang-alang ng karapatan ng iba				
	Nakikilahok sa mga patimpalak o paligsahan na ang layunin ay pakikipagkaibigan				
Week 5/ 2 nd Q	Nagagampanan nang buong husay ang anumang tungkulin sa programa o proyekto gamit ang anumang teknolohiya sa paaralan				
Week 1/ 3 rd Q	Nakapagpapakita ng mga kanais-nais na kaugaliang Pilipino 1.1. nakikisama sa kapwa Pilipino 1.2. tumutulong/lumalahok sa bayanihan at palusong 1.3. magiliw na pagtanggap ng mga panauhin				
Week 2/ 3 rd Q	Nakapagpapamalas ng pagkamalikhain sa pagbuo ng mga sayaw, awit at sining gamit ang anumang multimedia o teknolohiya				
	Napananatili ang pagkamabuting mamamayang Pilipino sa pamamagitan ng pakikilahok				
Week 3/ 3 rd Q	Nakasusunod ng may masusi at matalinong pagpapasiya para sa kaligtasan. Hal: 4.1. paalala para sa mga panoorin at babasahin 4.2. pagsunod sa mga alituntunin tungkol sa pag-iingat sa sunog at paalaala kung may kalamidad				
Week 4/ 3 rd Q	Nakapagpapakita ng magagandang halimbawa ng pagiging responsableng tagapangalaga ng kapaligiran 5.1. pagiging mapanagutan 5.2. pagmamalasakit sa kapaligiran sa pamamagitan ng pakikiisa sa mga programang pangkapaligiran				
	Napatutunayan na di-nakukuha sa kasakiman ang pangangailangan 6.1. pagiging vigilant sa mga illegal na gawaing nakasisira sa kapaligiran				



Week 5/ 3 rd Q	Nakikiisa nang may kasiyahan sa mga programa ng pamahalaan na may kaugnayan sa pagpapanatili ng kapayapaan 7.1. paggalang sa karapatang pantao 7.2. paggalang sa opinyon ng iba 7.3. paggalang sa ideya ng iba				
Week 6/ 3 rd Q	Nakalalahok sa pangangampanya sa pagpapatupad ng mga batas para sa kabutihan ng lahat 8.1. pangkalinisan 8.2. pangkaligtasan 8.3. pangkalusugan 8.4. pangkapayapaan 8.5. pangkalikasan				
Week 7/ 3 rd Q	Nakagagawa ng isang proyekto gamit ang iba't ibang multimedia at technology tools sa pagpapatupad ng mga batas sa kalinisan, kaligtasan, kalusugan at kapayapaan				
	Nakikiisa nang buong tapat sa mga gawaing nakatutulong sa bansa at daigdig				
Week 1/ 4 th Q	1. Nakapagpapakita nang tunay na pagmamahal sa kapwa tulad ng: 1.1. pagsasaalang-alang sa kapakanan ng kapwa at sa kinabibilangang pamayanan 1.2. pakikiisa sa pagdarasal para sa kabutihan ng lahat 1.3. pagkalinga at pagtulong sa kapwa				
Week 2/ 4 th Q	2. Nakapagpapakita ng iba't ibang paraan ng pasasalamat sa Diyos				

Grade Level: Grade 6

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
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Week 1 /1 st Q	1. Pagsusuri nang mabuti sa mga bagay na may kinalaman sa sarili at pangyayari				
Week 2/ 1 st Q	2. Pagsang-ayon sa pasya ng nakararami kung nakabubuti ito				
	3. Paggamit ng impormasyon				
Week 1/ 2 nd Q	4. Naipakikita ang kahalagahan ng pagiging responsable sa kapwa: 4.1 pangako o pinagkasunduan; 4.2 pagpapanatili ng mabuting pakikipagkaibigan; 4.3 pagiging matapat				
Week 2/ 2 nd Q	5. Nakapagpapakita ng paggalang sa ideya o suhestyon ng kapwa				
Week 1 /3 rd Q	6. Napahahalagahan ang magaling at matagumpay na mga Pilipino sa pamamagitan ng: 6.1 pagmomodelo ng kanilang pagtatagumpay; 6.2 kuwento ng kanilang pagsasakripisyo at pagbibigay ng sarili para sa bayan; 6.3 pagtulad sa mga mabubuting katangian na naging susi sa pagtatagumpay ng mga Pilipino				
Week 2 /3 rd Q	7. Nakagagamit nang may pagpapahalaga at pananagutan sa kabuhayan at pinagkukunang-yaman				
Week 3 /3 rd Q	8. Nakapagpapakita ng tapat na pagsunod sa mga batas pambansa at pandaigdigang tungkol sa pangangalaga sa kapaligiran				
Week 4 /3 rd Q	9. Naipagmamalaki ang anumang natapos na gawain na nakasusunod sa pamantayan at kalidad				
Week 5 /3 rd Q	10. Naipakikita ang pagiging malikhain sa paggawa ng anumang proyekto na makatutulong at magsisilbing inspirasyon tungo sa pagsulong at pag-unlad ng bansa				



Week 6 /3 rd Q	11. Naisasakilos ang pagtupad sa mga batas pambansa at pandaigdigan: 11.1 pagtupad sa mga batas para sa kaligtasan sa daan; pangkalusugan; pangkapaligiran; pag-abuso sa paggamit ng ipinagbabawal na gamot; 11.2 lumalahok sa mga kampanya at programa para sa pagpapatupad ng batas tulad ng pagbabawal sa paninigarilyo, pananakit sa hayop, at iba pa; 11.3 tumutulong sa makakayanang paraan ng pagpapanatili ng kapayapaan				
Week 1-2 /4 th Q	12. Napatutunayan na nagpapaunlad ng pagkatao ang ispiritwalidad. Hal. pagpapaLiwanag na ispiritwalidad ang pagkakaroon ng mabuting pagkatao anuman ang paniniwala; pagkakaroon ng positibong pananaw, pag-asa, at pagmamahal sa kapwa at Diyos				

Grade Level: Grade 7

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Natutukoy ang mga pagbabago sa kanyang sarili mula sa gulang na 8 o 9 hanggang sa kasalukuyan sa aspetong: a. Pagtatamo ng bago at ganap na pakikipag-ugnayan (more mature relations) sa mga kasing edad (Pakikipagkaibigan) b. Pagtanggap ng papel o gampanin sa lipunan c. Pagtanggap sa mga pagbabago sa katawan at paglalapat ng tamang pamamahala sa mga ito				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	d. Pagnanais at pagtatamo ng mapanagutang asal sa pakikipagkapwa/ sa lipunan				
	e. Pagkakaroon ng kakayahang makagawa ng maingat na pagpapasya				
	f. Pagkilala ng tungkulin sa bawat gampanin bilang nagdadalaga / nagbibinata				
	Natatanggap ang mga pagbabagong nagaganap sa sarili na may pagtataya sa mga kilos tungo sa maayos na pagtupad ng kanyang mga tungkulin bilang nagdadalaga / nagbibinata				
Week 2/ 1 st Q	NaipaliLiwanag na ang paglinang ng mga angkop na inaasahang kakayahan at kilos (developmental tasks) sa panahon ng pagdadalaga / pagbibinata ay nakatutulong sa: a. pagkakaroon ng tiwala sa sarili, at b. paghahanda sa limang inaasahang kakayahan at kilos na nasa mataas na antas (phase) ng pagdadalaga/pagbibinata (middle and late adolescence): (paghahanda sa paghahanapbuhay, paghahanda sa pag-aasawa / pagpapamilya, at pagkakaroon ng mga pagpapahalagang gabay sa mabuting asal), at pagiging mabuti at mapanagutang tao c. pag-unawa ng kabataan sa kanyang mga tungkulin sa sarili, bilang anak, kapatid, mag-aaral, mamamayan, mananampalataya, kosyumer ng media at bilang tagapangalaga ng kalikasan ay isang paraan upang maging mapanagutan bilang paghahanda sa susunod				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	na yugto ng buhay				
	Naisasagawa ang mga angkop na hakbang sa paglinang ng limang inaasahang kakayahan at kilos (developmental tasks) maging ang mga gawaing angkop sa maayos na pagtupad ng kanyang mga tungkulin sa bawat gampanin bilang nagdadalaga/nagbibinata				
Week 3/ 1 st Q	Natutukoy ang kanyang mga talento at kakayahan				
	Natutukoy ang mga aspekto ng sarili kung saan kulang siya ng tiwala sa sarili at nakikilala ang mga paraan kung paano lalampasan ang mga ito				
Week 4/ 1 st Q	Napatutunayan na ang pagtuklas at pagpapaunlad ng mga angking talento at kakayahan ay mahalaga sapagkat ang mga ito ay mga kaloob na kung pauunlarin ay makahuhubog ng sarili tungo sa pagkakaroon ng tiwala sa sarili, paglampas sa mga kahinaan, pagtupad ng mga tungkulin, at paglilingkod sa pamayanan				
	Naisasagawa ang mga gawaing angkop sa pagpapaunlad ng sariling mga talento at kakayahan				
Week 5/ 1 st Q	Natutukoy ang kaugnayan ng pagpapaunlad ng mga hilig sa pagpili ng kursong akademiko o teknikal-bokasyonal, negosyo o hanapbuhay				
	Nakasusuri ng mga sariling hilig ayon sa larangan at tuon ng mga ito				
Week 6 / 1 st Q	NaipaliLiwanag na ang pagpapaunlad ng mga hilig ay makatutulong sa pagtupad ng mga tungkulin, paghahanda tungo sa pagpili ng propesyon, kursong akademiko o teknikal-bokasyonal, negosyo o hanapbuhay, pagtulong sa kapwa at paglilingkod sa pamayanan				
	Naisasagawa ang mga gawaing angkop sa pagpapaunlad ng kanyang mga hilig				
Week 1 / 2 nd Q	Natutukoy ang mga katangian, gamit at tunguhin ng isip at kilos-loob				
	Nasusuri ang isang pasyang ginawa batay sa gamit at tunguhin ng isip at kilos-loob				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2 / 2 nd Q	NaipaliLiwanag na ang isip at kilos-loob ang nagpapabukod-tangi sa tao, kaya ang kanyang mga pagpapasiya ay dapat patungo sa katotohanan at kabutihan				
	Naisasagawa ang pagbuo ng angkop na pagpapasiya tungo sa katotohanan at kabutihan gamit ang isip at kilos-loob				
Week 3/ 2 nd Q	Nakikilala na natatangi sa tao ang Likas na Batas Moral dahil ang pagtungo sa kabutihan ay may kamalayan at kalayaan. Ang unang prinsipyo nito ay likas sa tao na dapat gawin ang mabuti at iwasan ang masama.				
	Nailalapat ang wastong paraan upang baguhin ang mga pasya at kilos na taliwas sa unang prinsipyo ng Likas na Batas Moral				
Week 4 / 2 nd Q	Nahihinuha na nalalaman agad ng tao ang mabuti at masama sa kongkretong sitwasyon batay sa sinasabi ng konsiyensiya. Ito ang Likas na Batas Moral na itinanim ng Diyos sa isip at puso ng tao.				
	Nakabubuo ng tamang pangangatwiran batay sa Likas na Batas Moral upang magkaroon ng angkop na pagpapasiya at kilos araw-araw				
Week 5 / 2 nd Q	Nakikilala ang mga indikasyon / palatandaan ng pagkakaroon o kawalan ng kalayaan				
	Nasusuri kung nakikita sa mga gawi ng kabataan ang kalayaan				
Week6/ 2 nd Q	Nahihinuha na likas sa tao ang malayang pagpili sa mabuti o sa masama; ngunit ang kalayaan ay may kakambal na pananagutan para sa kabutihan				
	Naisasagawa ang pagbuo ng mga hakbang upang baguhin o paunlarin ang kaniyang paggamit ng kalayaan				
Week 7 / 2 nd Q	Nakikilala na may dignidad ang bawat tao anoman ang kanyang kalagayang panlipunan, kulay, lahi, edukasyon, relihiyon at iba pa				
	Nakabubuo ng mga paraan upang mahalín ang sarili at kapwa na may pagpapahalaga sa dignidad ng tao				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8 / 2 nd Q	Napatutunayan na ang <ul style="list-style-type: none"> a. paggalang sa dignidad ng tao ay ang nagsisilbing daan upang mahalin ang kapwa tulad ng pagmamahal sa sarili at b. ang paggalang sa dignidad ng tao ay nagmumula sa pagiging pantay at magkapareho nilang tao 				
	Naisasagawa ang mga konkretong paraan upang ipakita ang paggalang at pagmamalasakit sa mga taong kapus-palad o higit na nangangailangan kaysa sa kanila				
Week 1 / 3 rd Q	Nakikilala ang pagkakaiba at pagkakaugnay ng birtud at pagpapahalaga				
	Natutukoy <ul style="list-style-type: none"> a. ang mga birtud at pagpapahalaga na isasabuhay at b. ang mga tiyak na kilos na ilalapat sa pagsasabuhay ng mga ito 				
Week 2 / 3 rd Q	Napatutunayan na ang paulit-ulit na pagsasabuhay ng mga mabuting gawi batay sa mga moral na pagpapahalaga ay patungo sa paghubog ng mga birtud (acquired virtues)				
	Naisasagawa ang pagsasabuhay ng mga pagpapahalaga at birtud na magpapaunlad ng kanyang buhay bilang nagdadalaga/ nagbibinata				
Week 3 / 3 rd Q	Natutukoy ang iba't ibang antas ng pagpapahalaga at ang mga halimbawa ng mga ito				
	Nakagagawa ng hagdan ng sariling pagpapahalaga batay sa Hirarkiya ng mga Pagpapahalaga ni Max Scheler				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4/ 3 rd Q	Napatutunayang ang piniling uri ng pagpapahalaga batay sa hirarkiya ng mga pagpapahalaga ay gabay sa makatotohanang pag-unlad ng ating pagkatao				
	Naisasagawa ang paglalapat ng mga tiyak na hakbang upang mapataas ang antas ng kaniyang mga pagpapahalaga				
Week 1 /4 th Q	Nakikilala na ang mga pangarap ang batayan ng mga pagpupunyagi tungo sa makabuluhan at maligayang buhay, sa mga aspetong: a. personal na salik na kailangang paunlarin kaugnay ng pagpapalano ng kursong akademiko o teknikal-bokasyonal, negosyo o hanapbuhay b. pagkilala sa mga (a) mga kahalagahan ng pag-aaral bilang paghahanda sa pagnenegosyo at paghahanapbuhay at ang (b) mga hakbang sa paggawa ng Career Plan				
	Nakapagtatakda ng malinaw at makatotohanang mithiin upang magkaroon ng tamang direksyon sa buhay at matupad ang mga pangarap, maging ang pagsaalang-alang sa mga: a. sariling kalakasan at kahinaan at pagbalangkas ng mga hakbang upang magamit ang mga kalakasan sa ikabubuti at malagpasan ang mga kahinaan b. pagtanggap ng kawalan o kakulangan sa mga personal na salik na kailangan sa pinaplanong kursong akademiko o teknikal-bokasyonal, negosyo o hanapbuhay				
Week 2 / 4 th Q	Naipaliliwanag na mahalaga ang a. pagtatakda ng malinaw at makatotohanang mithiin ay nagsisilbing				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<p>gabay sa tamang pagpapasiya upang magkaroon ng tamang direksyon sa buhay at matupad ang mga pangarap</p> <p>b. pagtutugma ng mga personal na salik at mga kailanganin (requirements) sa pinaplanong kursong akademiko o teknikal-bokasyonal, sining o isports, negosyo o hanapbuhay upang magkaroon ng makabuluhang negosyo o hanapbuhay, maging produktibo at makibahagi sa pag-unlad ng ekonomiya ng bansa</p> <p>c. pag-aaral ay naglilinig ng mga kasanayan, pagpapahalaga, talento at mga kakayahang makatutulong, sa pagtatagumpay sa pinaplanong buhay, negosyo o hanapbuhay</p>				
	Naisasagawa ang paglalapat ng pansariling plano sa pagtupad ng mga minimithing kursong akademiko o teknikal-bokasyonal, negosyo o hanapbuhay batay sa pamantayan sa pagbuo ng Career Plan gamit ang Goal Setting at Action Planning Chart				
Week 3 / 4 th Q	Naipaliwanag ang kahalagahan ng makabuluhang pagpapasiya sa uri ng buhay				
	Nasusuri ang ginawang Personal na Pahayag ng Misyong sa Buhay kung ito ay may pagsasaalang-alang sa tama at matuwid na pagpapasiya				
Week 4/4 th Q	Nahihinuha na ang pagbuo ng Personal na Pahayag ng Misyong sa Buhay ay gabay sa tamang pagpapasiya upang magkaroon ng tamang direksyon sa buhay at matupad ang mga pangarap				
	Naisasagawa ang pagbuo ng Personal na Pahayag ng Misyong sa Buhay batay sa mga hakbang sa mabuting pagpapasiya				



Grade Level: Grade 8

Subject: Edukasyon sa Pagpapakatao

Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / Quarter 1	Natutukoy ang mga gawain o karanasan sa sariling pamilya na kapupulutan ng aral o may positibong impluwensya sa sarili				
	Nasusuri ang pag-iral ng pagmamahalan, pagtutulungan at pananampalataya sa isang pamilyang nakasama, na obserbahan o napanood				
Week 2/ Quarter 1	Napatutunayan kung bakit ang pamilya ay natural na institusyon ng pagmamahalan at pagtutulungan na nakatutulong sa pagpapaunlad ng sarili tungo sa makabuluhang pakikipagkapwa				
	Naisasagawa ang mga angkop na kilos tungo sa pagpapatatag ng pagmamahalan at pagtutulungan sa sariling pamilya				
Week 3 / Quarter 1	Nakikilala ang mga gawi o karanasan sa sariling pamilya na nagpapakita ng pagbibigay ng edukasyon, paggabay sa pagpapasya at paghubog ng pananampalataya				
	Nasusuri ang mga banta sa pamilyang Pilipino sa pagbibigay ng edukasyon, paggabay sa pagpapasya at paghubog ng pananampalataya				
Week 4 / Quarter 1	NaipaliLiwanag na: Bukod sa paglalang, may pananagutan ang mga magulang na bigyan ng maayos na edukasyon ang kanilang mga anak, gabayan sa pagpapasya at hubugin sa pananampalataya. Ang karapatan at tungkulin ng mga magulang				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	na magbigay ng edukasyon ang bukod-tangi at pinakamahalagang gampanin ng mga magulang.				
	Naisasagawa ang mga angkop na kilos tungo sa pagpapaunlad ng mga gawi sa pag-aaral at pagsasabuhay ng pananampalataya sa pamilya				
Week 5 / Quarter 1	Natutukoy ang mga gawain o karanasan sa sariling pamilya o pamilyang nakasama, naobserbahan o napanood na nagpapatunay ng pagkakaroon o kawalan ng bukas na komunikasyon				
	Nabibigyang-puna ang uri ng komunikasyon na umiiral sa isang pamilyang nakasama, naobserbahan o napanood				
Week 6 / Quarter 1	Nahihinuha na: Ang bukas na komunikasyon sa pagitan ng mga magulang at mga anak ay nagbibigay-daan sa mabuting ugnayan ng pamilya sa kapwa. Ang pag-unawa at pagiging sensitibo sa pasalita, di-pasalita at virtual na uri ng komunikasyon ay nakapagpapaunlad ng pakikipagkapwa. Ang pag-unawa sa limang antas ng komunikasyon ay makatutulong sa angkop at maayos na pakikipag-ugnayan sa kapwa.				
	Naisasagawa ang mga angkop na kilos tungo sa pagkakaroon at pagpapaunlad ng komunikasyon sa pamilya				
Week 7 / Quarter 1	4.1. Natutukoy ang mga gawain o karanasan sa sariling pamilya na nagpapakita ng pagtulong sa kapitbahay o				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	pamayanan (papel na panlipunan) at pagbabantay sa mga batas at institusyong panlipunan (papel na pampulitikal)				
	4.2. Nasusuri ang isang halimbawa ng pamilyang ginagampanan ang panlipunan at pampulitikal na papel nito				
Week 8 / Quarter 1	4.3. Nahihinuha na may pananagutan ang pamilya sa pagbuo ng mapagmahal na pamayanan sa pamamagitan ng pagtulong sa kapitbahay o pamayanan (papel na panlipunan) at pagbabantay sa mga batas at institusyong panlipunan (papel na pampolitikal)				
	4.4. Naisasagawa ang isang gawaing angkop sa panlipunan at pampulitikal na papel ng pamilya				
Week 1 / Quarter 2	Natutukoy ang mga taong itinuturing niyang kapwa				
	Nasusuri ang mga impluwensya ng kanyang kapwa sa kanya sa aspektong intelektwal, panlipunan, pangkabuhayan, at pulitikal				
Week 2 / Quarter 2	Nahihinuha na: Ang tao ay likas na panlipunang nilalang, kaya't nakikipag-ugnayan siya sa kanyang kapwa upang malinang siya sa aspetong intelektwal, panlipunan, pangkabuhayan, at politikal. Ang birtud ng katarungan (justice) at pagmamahal (charity) ay kailangan sa pagpapatatag ng pakikipagkapwa Ang pagiging ganap niyang tao ay matatamo sa paglilingkod sa kapwa - ang tunay na				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	indikasyon ng pagmamahal.				
	Naisasagawa ang isang gawaing tutugon sa pangangailangan ng mga mag-aaral o kabataan sa paaralan o pamayanan sa aspetong intelektwal, panlipunan, pangkabuhayan, o pulitikal				
Week 3 / Quarter 2	Natutukoy ang mga taong itinuturing niyang kaibigan at ang mga natutuhan niya mula sa mga ito				
	Nasusuri ang kanyang mga pakikipagkaibigan batay sa tatlong uri ng pakikipagkaibigan ayon kay Aristotle				
Week 4 / Quarter 2	Nahihinuha na: Ang pakikipagkaibigan ay nakatutulong sa paghubog ng matatag na pagkakakilanlan at pakikisalamuha sa lipunan. Maraming kabutihang naidudulot ang pagpapanatili ng mabuting pakikipagkaibigan: ang pagpapaunlad ng pagkatao at pakikipagkapwa at pagtatamo ng mapayapang lipunan/pamayanan. Ang pagpapatawad ay palatandaan ng pakikipagkaibigang batay sa kabutihan at pagmamahal. Nakatutulong ito sa pagtamo ng integrasyong pansarili at pagpapaunlad ng pakikipagkapwa.				
	Naisasagawa ang mga angkop na kilos upang mapaunlad ang pakikipagkaibigan (hal.: pagpapatawad)				
Week 5/ Quarter 2	Natutukoy ang magiging epekto sa kilos at pagpapasiya ng wasto at hindi wastong pamamahala ng pangunahing emosyon.				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Nasusuri kung paano naiimpluwensyahan ng isang emosyon ang pagpapasiya sa isang sitwasyon na may krisis, suliranin o pagkalito				
Week 6 / Quarter 2	Napangangatwiran na: Ang pamamahala ng emosyon sa pamamagitan ng pagtataglay ng mga birtud ay nakatutulong sa pagpapaunlad ng sarili at pakikipagkapwa. Ang katatagan (fortitude) at kahinahunan (prudence) ay nakatutulong upang harapin ang matinding pagkamuhi, matinding kalungkutan, takot at galit.				
	Naisasagawa ang mga angkop na kilos upang mapamahalaan nang wasto ang emosyon				
Week 7 / Quarter 2	Natutukoy ang kahalagahan ng pagiging mapanagutang lider at tagasunod				
	Nasusuri ang katangian ng mapanagutang lider at tagasunod na nakasama, naobserbahan o napanood				
Week 8 / Quarter 2	Nahihinuha na ang pagganap ng tao sa kanyang gampanin bilang lider at tagasunod ay nakatutulong sa pagpapaunlad ng sarili tungo sa mapanagutang pakikipag-ugnayan sa kapwa at makabuluhang buhay sa lipunan				
	Naisasagawa ang mga angkop na kilos upang mapaanlad ang kakayahang maging mapanagutang lider at tagasunod				
Week 1 / Quarter 3	Natutukoy ang mga biyayang natatanggap mula sa kabutihang-loob ng kapwa at mga paraan ng				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	pagpapakita ng pasasalamat				
	Nasusuri ang mga halimbawa o sitwasyon na nagpapakita ng pasasalamat o kawalan nito				
Week 2 / Quarter 3	Napatutunayan na ang pagiginig mapagpasalamat ay ang pagkilala na ang maraming bagay na napapasaiyo at malaking bahagi ng iyong pagkatao ay nagmula sa kapwa, na sa kahuli-hulihan ay biyaya ng Diyos. Ang paggawa ng kabutihan sa kapwa ay ginagawa nang buong-puso. Kabaligtaran ito ng Entitlement Mentality, isang paniniwala o pag-iisip na anomang inaasam mo ay karapatan mo na dapat bigyan ng dagliang pansin. Hindi naglalayong bayaran o palitan ang kabutihan ng kapwa kundi gawin sa iba ang kabutihang ginawa sa iyo.				
	Naisasagawa ang mga angkop na kilos at pasasalamat sa kapwa				
Week 3/ Quarter 3	Nakikilala ang: mga paraan ng pagpapakita ng paggalang na ginagabayan ng katarungan at pagmamahal bunga ng hindi pagpapamalas ng pagsunod at paggalang sa magulang, nakatatanda at may awtoridad				
	Nasusuri ang mga umiiral na paglabag sa paggalang sa magulang, nakatatanda at may awtoridad				
Week 4 / Quarter 3	Nahihinuha na dapat gawin ang pagsunod at paggalang sa mga magulang, nakatatanda at may awtoridad dahil sa pagmamahal, sa malalim na pananagutan at sa pagkilala sa kanilang awtoridad na hubugin, bantayan at paunlarin ang mga				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	pagpapahalaga ng kabataan				
	Naisasagawa ang mga angkop na kilos ng pagsunod at paggalang sa mga magulang, nakatatanda at may awtoridad at nakaiimpluwensiya sa kapwa kabataan na maipamalas ang mga ito				
Week 1 / Quarter 4	11.1Nakikilala ang kahalagahan ng katapatan, mga paraan ng pagpapakita ng katapatan, at bunga ng hindi pagpapamalas ng katapatan				
	Nasusuri ang mga umiiral na paglabag ng mga kabataan sa katapatan				
Week 2 / Quarter 4	NaipaliLiwanag na: Ang pagiging tapat sa salita at gawa ay pagpapatunay ng pagkakaroon ng komitment sa katotohanan at ng mabuti/ matatag na konsensya. May layunin itong maibigay sa kapwa ang nararapat para sa kanya, gabay ang diwa ng pagmamahal.				
	Naisasagawa ang mga mga angkop na kilos sa pagsasabuhay ng katapatan sa salita at gawa				
Week 3 / Quarter 4	Natutukoy ang tamang pagpaqpakahulugan sa sekswalidad				
	Nasusuri ang ilang napapanahong isyu ayon sa tamang pananaw sa sekswalidad				
Week 4/ Quarter 4	Nahihinuha na: Ang pagkakaroon ng tamang pananaw sa sekswalidad ay mahalaga para sa paghahanda				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	sa susunod na yugto ng buhay ng isang nagdadalaga at nagbibinata at sa pagtupad niya sa kanyang bokasyon na magmahal				
	Naisasagawa ang tamang kilos tungo sa paghahanda sa susunod na yugto ng buhay bilang nagdadalaga at nagbibinata at sa pagtupad niya ng kanyang bokasyon na magmahal				
Week 5 / Quarter 4	Nakikilala ang mga uri, sanhi at epekto ng mga umiiral na karahasan sa paaralan				
	13.2Nasusuri ang mga aspekto ng pagmamahal sa sarili at kapwa na kailangan upang maiwasan at matugunan ang karahasan sa paaralan				
Week 6 / Quarter 4	<p>NaipaliLiwanag na:</p> <p>Ang pag-iwas sa anomang uri ng karahasan sa paaralan (tulad ng pagsali sa fraternity at gang at pambubulas) at ang aktibong pakikisangkot upang masupil ito ay patunay ng pagmamahal sa sarili at kapwa at paggalang sa buhay. Ang pagmamahal na ito sa kapwa ay may kaakibat na katarungan – ang pagbibigay sa kapwa ng nararapat sa kanya (ang kanyang dignidad bilang tao.)</p> <p>May tungkulin ang tao kaugnay sa buhay- ang ingatan ang kanyang sarili at umiwas sa kamatayan o sitwasyong maglalagay sa kanya sa panganib.</p> <p>Kung minamahal niya ang kanyang kapwa tulad ng sarili, iingatan din niya ang buhay nito.</p>				



Week No. / Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Naisasagawa ang mga angkop na kilos upang maiwasan at masupil ang mga karahasan sa kanyang paaralan				

Grade Level: Grade 9

Subject: Edukasyon sa Pagpapakatao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	Natutukoy ang mga elemento ng kabutihang panlahat				
	Nakapagsusuri ng mga halimbawa ng pagsasaalang-alang sa kabutihang panlahat sa pamilya, paaralan, pamayanan o lipunan				
Week 2/ 1 st Q	Napangangatwiran na ang pagsisikap ng bawat tao na makamit at mapanatili ang kabutihang panlahat sa pamamagitan ng pagsasabuhay ng moral na pagpapahalaga ay mga puwersang magpapatatag sa lipunan				
	Naisasagawa ang isang proyekto na makatutulong sa isang pamayanan o sektor sa pangangailangang pangkabuhayan, pangkultural, at pangkapayapaan.				
Week 3/ 1 st Q	Naipaliliwanag ang: a. dahilan kung bakit may lipunang pulitikal b. Prinsipyo ng Subsidiarity c. Prinsipyo ng Pagkakaisa				
	Natataya ang pag-iral o kawalan sa pamilya, paaralan, baranggay, pamayanan, o lipunan/bansa ng: a. Prinsipyo ng Subsidiarity b. Prinsipyo ng Pagkakaisa				

Week 4/ 1 st Q	<p>Napatutunayan na:</p> <p>a. May mga pangangailangan ang tao na hindi niya makakamtan bilang indibidwal na makakamit niya lamang sa pamahalaan o organisadong pangkat tulad ng mga pangangailangang pangkabuhayan, pangkultural, at pangkapayapaan.</p> <p>b. Kung umiiral ang Prinsipyo ng Subsidiarity, mapananatili ang pagkukusa, kalayaan at pananagutan ng pamayanan o pangkat na nasa mababang antas at maisasaalang-alang ang dignidad ng bawat kasapi ng pamayanan.</p> <p>c. Kailangan ang pakikibahagi ng bawat tao sa mga pagsisikap na mapabuti ang uri ng pamumuhay sa lipunan/bansa, lalo na sa pag-angat ng kahirapan, dahil nakasalalay ang kaniyang pag-unlad sa pag-unlad ng lipunan (Prinsipyo ng Pagkakaisa).</p>				
	Nakapagtataya o nakapaghuusga kung umiiral ang Prinsipyo ng Subsidiarity at Pagkakaisa ay umiiral o nilalabag sa pamilya, paaralan, pamayanan (baranggay), at lipunan/bansa				
Week 5/ 1 st Q	Nakikilala ang mga katangian ng mabuting ekonomiya				
	Nakapagsusuri ng maidudulot ng magandang ekonomiya				
Week 6/ 1 st Q	<p>Napatutunayan na:</p> <p>a. Ang mabuting ekonomiya ay iyong napauunlad ang lahat – walang taong sobrang mayaman at maraming mahirap.</p> <p>b. Ang ekonomiya ay hindi para lamang sa sariling pag-unlad kundi sa pag-unlad ng lahat.</p>				
	Nakatataya ng lipunang ekonomiya sa isang baranggay/pamayanan, at lipunan/bansa gamit ang dokumentaryo o photo/video journal (hal.YouScoop)				
Week 7/ 1 st Q	Natutukoy ang mga halimbawa ng lipunang sibil at ang kani-kaniyang papel na ginagampanan ng mga ito upang makamit ang kabutihang panlahat				
	Nasusuri ang mga adhikaing nagbubunsod sa mga lipunang sibil upang kumilos tungo sa kabutihang panlahat				



Week 8/ 1 st Q	Nahihinuha na : a. Ang layunin ng Lipunang Sibil, ang likas-kayang pag-unlad, ay isang ulirang lipunan na pinagkakaisa ang mga panlipunang pagpapahalaga tulad ng katarungang panlipunan, pang-ekonomiyang pag-unlad (economic viability), pakikilahok ng mamamayan, pangangalaga ng kapaligiran, kapayapaan, pagkakapantay ng kababaihan at kalalakihan (gender equality) at ispiritwalidad. b. Ang layunin ng media ay ang pagpapalutang ng katotohanang kailangan ng mga mamamayan sa pagpapasya. c. Sa tulong ng simbahan, nabibigyan ng mas mataas na antas ng katuturan ang mga materyal na pangangailangan na tinatamasa natin sa tulong ng estado at sariling pagkukusa.				
	a. Natataya ang adbokasiya ng iba't ibang lipunang sibil batay sa kontribusyon ng mga ito sa katarungang panlipunan, pang-ekonomiyang pag-unlad (economic viability), pakikilahok ng mamamayan, pangangalaga ng kapaligiran, kapayapaan, pagkakapantay ng kababaihan at kalalakihan (gender equality) at ispiritwalidad (mga pagpapahalagang kailangan sa isang lipunang <i>sustainable</i>) b. Nakapagsasagawa ng mga pananaliksik sa pamayanan upang matukoy kung may lipunang sibil na kumikilos dito, matukoy ang adbokasiya ng lipunang sibil sa pamayanan, at matasa ang antas ng pagganap nito sa pamayanan				
Week 1/ 2 nd Q	Natutukoy ang mga karapatan at tungkulin ng tao				
	Nasusuri ang mga paglabag sa karapatang pantao na umiiral sa pamilya, paaralan, baranggay/pamayanan, o lipunan/bansa				
Week 2/ 2 nd Q	Napatutunayan na ang karapatan ay magkakaroon ng tunay na kabuluhan kung gagampanan ng tao ang kanyang tungkulin na kilalanin at unawain, gamit ang kanyang katwiran, ang pagkakapantay-pantay ng dignidad ng lahat ng tao				
	Naisasagawa ang mga angkop na kilos upang ituwid ang mga nagawa o naobserbahang paglabag sa mga karapatang-pantao sa pamilya, paaralan, baranggay/pamayanan, o lipunan/bansa				



Week 3/ 2 nd Q	Natutukoy ang mga batas na nakaayon sa Likas na Batas Moral				
	Nasusuri ang mga batas na umiiral at panukala tungkol sa mga kabataan batay sa pagsunod ng mga ito sa Likas na Batas Moral				
Week 4/ 2 nd Q	Nahihinuha na ang pagsunod sa batas na nakabatay sa Likas na Batas Moral (Natural Law), gumagaratiya sa pagtugon sa pangangailangan ng tao at umaayon sa dignidad ng tao at sa kung ano ang hinihingi ng tamang katwiran, ay mahalaga upang makamit ang kabutihang panlahat				
	Naipahahayag ang pagsang-ayon o pagtutol sa isang umiiral na batas batay sa pagtugon nito sa kabutihang panlahat				
Week 5/ 2 nd Q	Naipaliliwanag ang kahalagahan ng paggawa bilang tagapagtaguyod ng dignidad ng tao at paglilingkod				
	Nakapagsusuri kung ang paggawang nasasaksihan sa pamilya, paaralan o baranggay/pamayanan ay nagtataguyod ng dignidad ng tao at paglilingkod				
Week 6/ 2 nd Q	Napatutunayan na sa pamamagitan ng paggawa, nakapagpapamalas ang tao ng mga pagpapahalaga na makatutulong upang patuloy na maiangat, bunga ng kanyang paglilingkod, ang antas kultural at moral ng lipunan at makamit niya ang kaganapan ng kanyang pagkatao				
	Nakabubuo ng sintesis tungkol sa kabutihang naidudulot ng paggawa gamit ang panayam sa mga manggagawang kumakatawan sa taong nangangailangan (marginalized) na nasa iba't ibang kurso o trabahong teknikal-bokasyonal				
Week 7/ 2 nd Q	Naiuugnay ang kahalagahan ng pakikilahok at bolunterismo sa pag-unlad ng mamamayan at lipunan				
	Nakapagsusuri ng kwentong buhay ng mga taong inilaan ang malaking bahagi ng kanilang buhay para sa pagboboluntaryo Hal. Efren Peñaflorida, greenpeace volunteers atbp.				



Week 8/ 2 nd Q	Napatutunayan na: a. Ang pakikilahok at bolunterismo ng bawat mamamayan sa mga gawaing pampamayanan, panlipunan/ pambansa, batay sa kanyang talento, kakayahan, at papel sa lipunan, ay makatutulong sa pagkamit ng kabutihang panlahat b. Bilang obligasyong likas sa dignidad ng tao, ang pakikilahok ay nakakamit sa pagtulong o paggawa sa mga aspekto kung saan mayroon siyang personal na pananagutan				
	Nakalalahok sa isang proyekto o gawain sa baranggay o mga sektor na may partikular na pangangailangan, Hal. mga batang may kapansanan o mga matatandang walang kumakalinga				
Week 1/ 3 rd Q	Nakikilala ang mga palatandaan ng katarungang panlipunan				
	Nakapagsusuri ng mga paglabag sa katarungang panlipunan ng mga tagapamahala at mamamayan				
Week 2/ 3 rd Q	Napatutunayan na may pananagutan ang bawat mamamayan na ibigay sa kapwa ang nararapat sa kanya				
	Natutugunan ang pangangailangan ng kapwa o pamayanan sa mga angkop na pagkakataon				
Week 3/ 3 rd Q	Natutukoy ang mga indikasyon na may kalidad o kagalingan sa paggawa ng isang gawain o produkto kaakibat ang wastong paggamit ng oras para rito				
	Nakabubuo ng mga hakbang upang magkaroon ng kalidad o kagalingan sa paggawa ng isang gawain o produkto kasama na ang pamamahala sa oras na ginugol dito				
Week 4/ 3 rd Q	Naipaliliwanag na kailangan ang kagalingan sa paggawa at paglilingkod na may wastong pamamahala sa oras upang maiangat ang sarili, mapaunlad ang ekonomiya ng bansa at mapasalamatan ang Diyos sa mga talentong Kanyang kaloob				
	Nakapagtatapos ng isang gawain o produkto na mayroong kalidad o kagalingan sa paggawa at wastong pamamahala sa oras				
Week 5/ 3 rd Q	Natutukoy ang mga indikasyon ng taong masipag, nagpupunyagi sa paggawa, nagtitipid at pinamamahalaan ang naimpok				
	Nakagagawa ng journal ng mga gawaing natapos nang pinaghandaan, ayon sa pamantayan at may motibasyon sa paggawa				



Week 6/ 3 rd Q	Napatutunayan na: a. Ang kasipagan na nakatuon sa disiplinado at produktibong gawain na naaayon sa itinakdang mithiin ay kailangan upang umunlad ang sariling pagkatao, kapwa, lipunan at bansa b. Ang mga hiras, pagod at pagdurusa ay nadadaig ng pagpupunyagi tungo sa pagtupad ng itinakdang mithiin				
	Nakagagawa ng Chart ng pagsunod sa hakbang upang matupad ang itinakdang gawain nang may kasipagan at pagpupunyagi				
Week 1/ 4 th Q	Nakikilala ang mga pagbabago sa kanyang talento, kakayahan at hilig (mula Baitang 7) at naiuugnay ang mga ito sa pipiliing kursong akademiko, teknikal-bokasyonal, sining at palakasan o negosyo				
	Napagninilayan ang mga mahahalagang hakbang na ginawa upang mapaunlad ang kanyang talento at kakayahan ayon sa kanyang hilig, mithiin, lokal at global na <i>demand</i>				
Week 2/ 4 th Q	Napatutunayan na ang pagiging tugma ng mga personal na salik sa mga pangangailangan (requirements) sa napiling kursong akademiko, teknikal-bokasyonal, sining at isports o negosyo ay daan upang magkaroon ng makabuluhang hanapbuhay o negosyo at matiyak ang pagiging produktibo at pakikibahagi sa pagpapaunlad ng ekonomiya ng bansa				
	Natutukoy ang kanyang mga paghahandang gagawin upang makamit ang piniling kursong akademiko, teknikal-bokasyonal, sining at palakasan o negosyo (hal., pagkuha ng impormasyon at pag-unawa sa mga tracks sa Senior High School)				
Week 3/ 4 th Q	Nakapagpapaliwanag ng kahalagahan ng Personal na Pahayag ng Misyon sa Buhay				
	Natutukoy ang mga hakbang sa pagbuo ng Personal na Pahayag ng Misyon sa Buhay				
Week 4/ 4 th Q	Nahihinuha na ang kanyang Personal na Pahayag ng Misyon sa Buhay ay dapat na nagsasalamin ng kanyang pagiging natatanging nilalang na nagpapasya at kumikilos nang mapanagutan tungo sa kabutihang panlahat				
	Nakapagbubuo ng Personal na Pahayag ng Misyon sa Buhay				



Grade Level: Grade 10

Subject: Edukasyon sa Pagpapakatao

Week ng Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
First Week, First Quarter	1.1 Natutukoy ang mataas na gamit at tunguhin ng isip at kilos-loob				
	1.2 Nakikilala ang kanyang mga kahinaan sa pagpapasya at nakagagawa ng mga kongkretong hakbang upang malagpasan ang mga ito				
Second Week, First Quarter	1.3 Napatutunayan na ang isip at kilos-loob ay ginagamit para lamang sa paghahanap ng katotohanan at sa paglilingkod/pagmamahal				
	1.4 Nakagagawa ng mga angkop na kilos upang maipakita ang kakayahang mahanap ang katotohanan at maglingkod at magmahal				
Third Week, First Quarter	2.1 Natutukoy ang mga prinsipyo ng Likas na Batas Moral				
	2.2 Nakapagsusuri ng mga pasiyang ginagawa sa araw-araw batay sa paghusga ng konsiyensiya				
Fourth Week, First Quarter	2.3 Napatutunayan na ang konsiyensiyang nahubog batay sa Likas na Batas Moral ay nagsisilbing gabay sa tamang pagpapasiya at pagkilos				



	2.4 Nakagagawa ng angkop na kilos upang itama ang mga maling pasyang ginawa				
Fifth Week, First Quarter	3.1 Naipaliliwanag ang tunay na kahulugan ng kalayaan				
	3.2 Natutukoy ang mga pasya at kilos na tumutugon sa tunay na gamit ng kalayaan				
Sixth Week, First Quarter	3.3 Napatutunayan na ang tunay na kalayaan ay ang kakayahang tumugon sa tawag ng pagmamahal at paglilingkod				
	3.4 Nakagagawa ng angkop na kilos upang maisabuhay ang paggamit ng tunay na kalayaan: tumugon sa tawag ng pagmamahal at paglilingkod				
Seventh Week, First Quarter	4.1 Nakapagpapaliwanag ng kahulugan ng dignidad ng tao				
	4.2 Nakapagsusuri kung bakit ang kahirapan ay paglabag sa dignidad ng mga mahihirap at indigenous groups				
Eight Week, First Quarter	4.3 Naipatutunayan na nakabatay ang dignidad ng tao sa kanyang pagkabukod-tangi (hindi siya nauulit sa kasaysayan) at sa pagkakawangis niya sa Diyos (may isip at kalooban)				
	4.4 Nakagagawa ng mga angkop na kilos upang maipakita sa kapwang itinuturing na mababa ang sarili na siya ay bukod-tangi dahil sa kanyang taglay na dignidad bilang tao				



Week ng Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
First Week, Second Quarter	5.1 Naipaliliwanag na may pagkukusa sa makataong kilos kung nagmumula ito sa kalooban na malayang isinagawa sa pamamantnubay ng isip/kaalaman				
	5.2 Natutukoy ang mga kilos na dapat panagutan				
Second Week, Second Quarter	5.3 Napatutunayan na gamit ang katwiran, sinadya (deliberate) at niloob ng tao ang makataong kilos; kaya pananagutan niya ang kawastuhan o kamalian nito				
	5.4 Nakapagsusuri ng sariling kilos na dapat panagutan at nakagagawa ng paraan upang maging mapanagutan sa pagkilos				
Third Week, Second Quarter	6.1 Naipaliliwanag ang bawat salik na nakaaapekto sa pananagutan ng tao sa kahihinatnan ng kaniyang kilos at pasya				



	6.2 Nakapagsusuri ng isang sitwasyong nakaaapekto sa pagkukusa sa kilos dahil sa kamangmangan, masidhing damdamin, takot, karahasan, gawi				
Fourth Week, Second Quarter	6.3 Napatutunayan na nakaaapekto ang kamangmangan, masidhing damdamin, takot, karahasan at ugali sa pananagutan ng tao sa kalalabasan ng kanyang mga pasya at kilos dahil maaaring mawala ang pagkukusa sa kilos				
	6.4 Nakapagsusuri ng sarili batay sa mga salik na nakaaapekto sa pananagutan ng tao sa kahihinatnan ng kilos at pasiya at nakagagawa ng mga hakbang upang mahubog ang kanyang kakayahan sa pagpapasiya				
Fifth Week, Second Quarter	7.1 Naipaliliwanag ang bawat yugto ng makataong kilos				
	7.2 Natutukoy ang mga kilos at pasiyang nagawa na umaayon sa bawat yugto ng makataong kilos				
Sixth Week, Second Quarter	7.3 Naipaliliwanag na ang bawat yugto ng makataong kilos ay kakikitaan ng kahalagahan ng <i>deliberasyon</i> ng isip at kilos-loob sa paggawa ng moral na pasya at kilos				
Seventh Week, Second Quarter	7.4 Nakapagsusuri ng sariling kilos at pasya batay sa mga yugto ng makataong kilos at nakagagawa ng plano upang maitama ang kilos o pasya				
Eight Week, Second Quarter	8.1 NaipaliLiwang ng mag-aaral ang layunin, paraan at mga sirkumstansya ng makataong kilos				
	8.2 Nakapagsusuri ng kabutihan o kasamaan ng sariling pasya o kilos sa isang sitwasyon batay sa layunin, paraan at sirkumstansya nito				



Ninth Week, Second Quarter	8.3 Napatutunayan na ang layunin, paraan at sirkumstansya ay nagtatakda ng pagkamabuti o pagkamasama ng kilos ng tao				
Tenth Week, Second Quarter	8.4 Nakapagtataya ng kabutihan o kasamaan ng pasiya o kilos sa isang sitwasyong may dilemma batay sa layunin, paraan at sirkumstansya nito				

Week ng Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
First Week, Third Quarter	9.1 Nakapagpapaliwanag ng kahalagahan ng pagmamahal ng Diyos				
	9.2 Natutukoy ang mga pagkakataong nakatulong ang pagmamahal sa Diyos sa kongretong pangyayari sa buhay				
Second Week, Third Quarter	9.3 Napangangatwiran na: Ang pagmamahal sa Diyos ay pagmamahal sa kapwa				
	9.4 Nakagagawa ng angkop na kilos upang mapaunlad ang pagmamahal sa Diyos				
Fifth Week, Third Quarter	10.1 Natutukoy ang mga paglabag sa paggalang sa buhay				
	10.2 Nasusuri ang mga paglabag sa paggalang sa buhay				



Sixth Week, Third Quarter	10.3 Napangangatwiran na: a. Mahalaga ang buhay dahil kung wala ang buhay, hindi mapahalagahan ang mas mataas na pagpapahalaga kaysa buhay; di makakamit ang higit na mahalaga kaysa buhay b. Ang pagbuo ng posisyon tungkol sa mga isyu sa buhay bilang kaloob ng Diyos ay kailangan upang mapatibay ang ating pagkilala sa Kaniyang kadakilaan at kapangyarihan at kahalagahan ng tao bilang nilalang ng Diyos.				
Seventh Week, Third Quarter	10.4 Nakabubuo ng mapaninindigang posisyon sa isang isyu tungkol sa paglabag sa paggalang sa buhay ayon sa moral na batayan				
Eight Week, Third Quarter	11.1 Nakapagpapaliwanag ng kahalagahan ng pagmamahal sa bayan (Patriyotismo)				
	11.2 Natutukoy ang mga paglabag sa pagmamahal sa bayan (Patriyotismo) na umiiral sa lipunan				
Ninth Week, Third Quarter	11.3 Napangangatwiran na: Nakaugat ang pagkakakilanlan ng tao sa pagmamahal sa bayan. c. (“Hindi ka global citizen kung hindi ka mamamayan.”)				
	11.4 Nakagagawa ng angkop na kilos upang maipamalas ang pagmamahal sa bayan (Patriyotismo)				



Week ng Quarter	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
First Week, Fourth Quarter	12.1 Natutukoy ang mga isyu tungkol sa paggamit ng kapangyarihan at pangangalaga sa kalikasan				
	12.2 Nasusuri ang mga isyu tungkol sa paggamit ng kapangyarihan at pangangalaga sa kalikasan				
Second Week, Fourth Quarter	12.3 Napangangatwiran na: a. Maisusulong ang kaunlaran at kabutihang panlahat kung ang lahat ng tao ay may paninindigan sa tamang paggamit ng kapangyarihan at pangangalaga sa kalikasan. b. Lahat tayo ay mamamayan ng iisang mundo, dahil nabubuhay tayo sa iisang kalikasan (Mother Nature) c. Inutusan tayo ng Diyos na alagaan ang kalikasan (stewards) at hindi maging tagapagdomina para sa susunod na henerasyon. b. Binubuhay tayo ng kalikasan.				
Fifth Week, Fourth Quarter	12.4 Nakabubuo ng mapaninindigang posisyon sa isang isyu tungkol sa paggamit ng kapangyarihan at pangangalaga sa kalikasan ayon sa moral na batayan				
Sixth Week, Fourth Quarter	13.1 Natutukoy ang mga isyung kaugnay sa kawalan ng paggalang sa dignidad at sekswalidad				
	13.2 Nasusuri ang mga isyung kaugnay sa kawalan ng paggalang sa dignidad at sekswalidad				



Seventh Week, Fourth Quarter	13.3 Napangangatwiran na: Makatutulong sa pagkakaroon ng posisyon tungkol sa kahalagahan ng paggalang sa pagkatao ng tao at sa tunay na layunin nito ang kaalaman sa mga isyung may kinalaman sa kawalan ng paggalang sa dignidad at sekswalidad ng tao.				
	13.4 Nakagagawa ng malinaw na posisyon tungkol sa isang isyu sa kawalan ng paggalang sa dignidad at sekswalidad				
Eight Week, Fourth Quarter	14.1 Natutukoy ang mga isyung kaugnay sa kawalan ng paggalang sa katotohanan				
	14.2 Nasusuri ang mga isyung may kinalaman sa kawalan ng paggalang sa katotohanan				
Ninth Week, Fourth Quarter	14.3 Napatutunayang ang pagiging mulat sa mga isyu tungkol sa kawalan ng paggalang sa katotohanan ay daan upang isulong at isabuhay ang pagiging mapanagutan at tapat na nilalang				
	14.4 Nakabubuo ng mga hakbang upang maisabuhay ang paggalang sa katotohanan				



ENGLISH



Grade Level: Grade 1

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Recognize rhyming words in nursery rhymes, poems, songs heard				
	Recognize sentences (telling and asking) and non-sentences				
	Use words that are related to self, family, school, and community				
	Listen to short stories/poems <ol style="list-style-type: none"> 1. note important details pertaining to <ol style="list-style-type: none"> a. character b. setting c. events 2. Give the correct sequence of three events 3. Infer the character feelings and traits 4. Identify cause and effect/or effect of events 5. Identify the speaker in the story or poem 6. Predict possible ending of a story read 7. Relate story events to one's experience 8. Discuss, illustrate, dramatize specific events 9. Identify the problem and solution 10. Retell a story listened to 11. Ask simple questions about the text listened to 				
	Use/Respond appropriately to polite expressions: greetings, leave takings, expressing gratitude and apology, asking permission, offering help				
	Talk about oneself, one's family and one's personal experiences				
Q4	Recognize common action words in stories listened to				
	Recognize describing words for people, objects, things and places (color, shape, size, height, weight, length, distance, etc.)				
	Sort and Classify familiar words into basic categories (colors, shapes,				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	foods, etc)				
	Give the meaning of words using clues (TPR, pictures, body movements, etc.)				
	Follow one-to-two step directions				
	Give one-to-two step directions				

Grade Level: Grade 2

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Recognize the common terms in English relating to part of book (e.g. cover, title page, etc.) book orientation				
	Read the alphabets of English				
	Recognize common or proper nouns in simple sentences				
	Recognize the use of a/an + noun				
	Classify/Categorize sounds heard (animals, mechanical, objects, musical instruments, environment, speech)				
	Identify the English equivalent of words in the Mother Tongue or in Filipino				
	Activate prior knowledge based on new knowledge formed				
Q2	Give the beginning letter of the name of each picture				
	Recognize common action words in retelling, conversation, etc.				
	Identify and discuss the elements of a story (theme, setting, characters, and events)				
Q3	Generate ideas through prewriting activities				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Writing some words, a phrase, or a sentence about an illustration or a character				
	Discuss the illustrations on the cover and predict what the story may be about				
	Identify title, author and book illustrator and tell what they do				
	Spell words with short e, a, i, o and u sound in CVC pattern				
	Use common action words in retelling, conversations, etc.				
	Identify the basic sequence of events and make relevant predictions about stories				
	Use clues to answer questions, clarify understanding and justify predictions before, during and after reading (titles, pictures, etc)				
	Create or expand word clines				
	Recognize that some words may have the same (synonyms) or opposite (antonyms) meaning				
	Recognize the difference between “made-up” and “real” in texts listened to				
	Identify important details in expository text listened				
	Retell and/or reenact events from a story				
	Talk about texts identifying major points and key themes				
	Participate in choral speaking and echo reading of short poems, rhymes and stories with repeated patterns and refrains in English				
	Listen and respond to texts to clarify meanings heard while drawing on personal experiences				
	Read words with short e, a, i, o , and u sound in CVC pattern				
	Match the picture with its sight word				
Q4	Spell 2-syllable words with short e, a, i, o, and u sound in CVC pattern				
	Use personal pronouns(e.g. I, you, he, she, it, we, they) in dialogues				
	Use demonstrative pronouns (this/that, these/ those)				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Use the most frequently occurring preposition (e.g. on, over, under, to, from, above, etc.)				
	Differentiate words with different medial vowels (eg: cap-cop-cup; fan-fin-fun)				
	Read phrases, short sentences and short stories consisting of words with short e, a, i, o, and u then answer the Who, What and Where questions about them				
	Write the names of pictures with the short a, e, i, o, and u words				

Grade Level: Grade 3

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Write sentences describing one's drawing about the stories/poems listened to				
	Write a short descriptive paragraph about the character or the setting in the story listened to				
	Write a short paragraph providing another ending for a story listened to				
	Write a diary				
	Identify an exclamatory sentence				
	Identify an imperative sentence				
	Use different kinds of sentences in a dialogue (e.g. declarative, interrogative, exclamatory, imperative)				
	Use common and proper nouns in a sentence				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Use plural form of regular nouns by adding /s/ or /es/ (e.g., dog, dogs; wish, wishes)				
	Use plural form of frequently occurring irregular nouns (e.g. children, feet, teeth)				
	Review reading and writing short e, a, i, o, and u words in CVC pattern				
	Read phrases, sentences and short stories consisting of 2-syllable words and the questions about them				
	Initiate conversations with peers in a variety of school settings				
	Synthesize and Restate information shared by others				
Q2	Use the be-verbs (am, is, are was, were) correctly in sentences				
	Use simple verbs (past, present, future) in sentences				
	Read words with initial and final consonant blends				
	Read phrases, sentences and short stories consisting of words with initial and final consonant blends				
	Read words, phrases, sentences and short stories consisting of words with consonant digraph ch and sh and other words previously studied				
	Spell one- to- two syllable words with initial and final consonant blends (e.g. pl, tr) and consonant digraphs (ch and sh)				
Q3	Identify commonly used possessive pronouns and use them in a sentence				
	Identify several effects based on a given cause				
	Make inferences and draw conclusions based on texts (pictures, title and content words)				
	Distinguish fact from opinion				
	Use different sources of information in reading				
	Recognize some words represented by common abbreviations (e.g. Mr. Ave., Oct.)				
	Homonyms (e.g. flower/flour)				
	Homographs (e.g., read-read)				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Hyponyms – type of (e.g. guava - type of fruit)				
	Identify possible solutions to problems				
	Identify the elements of an informational/factual text hear				
	Read words with long a, i, o , u sound (ending in e)				
	Read phrases, sentences, stories and poems consisting of long a, i, o, and u words				
	Read phrases, sentences, stories and poems consisting of long a, i, o, and u words				
	Ask and respond to questions about informational texts listened to (environment, health, how-to's, etc.)				
	Compare and contrast information heard				
	Read word with affixes				
Q4	Write a simple story				
	Use the degrees of adjectives in making comparisons (positive, comparative, superlative)				
	Recognize adverbs of manner				
	Interpret simple maps of unfamiliar places, signs and symbols				
	Interpret simple graphs, tables, and pictographs				
	Read word with affixes				
	Restate facts from informational texts (climate change, children's rights, traffic safety, etc.) listened to				
	Read words containing vowel digraphs - ai, ay, ea, ee, oo, oa				
	Read phrases, sentences and stories with vowel digraphs - ai, ay, ea, ee, oo, oa				
	Read words with vowel diphthongs: oy (boy), oi (boil), ou (out) ow (bow)				
	Read phrases, sentences and short stories consisting vowel diphthongs: oy, oi, ou, ow				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Recognize and read some irregularly spelled words (e.g. such as enough, through, beautiful)				
	Present information in varied artistic ways (e.g. role playing, show and tell, radio play/podcast/broadcast/reporting/poster presentations)				

Grade Level: Grade 4

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Recognize the parts of a simple paragraph				
Q1	Get the meaning of words using a dictionary, thesaurus, and/or online resources.				
Q1	Note significant details of various text types.				
Q1	Identify various text types according to structure, purpose and language features: problem and solution, description, procedural/sequence				
Q1	Identify meanings of unfamiliar words through structural analysis (words and affixes: prefixes and suffixes)				
Q1	Identify different meanings of content specific words (denotation and connotation)				
Q1	Get the meaning of words through word association (analogy) and classification.				
Q2	Use context clues to find meaning of unfamiliar words: definition, exemplification				
Q2	Use clear and coherent sentences employing appropriate grammatical				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	structures: Kinds of Nouns – Mass Nouns and Count Nouns, Possessive Nouns, collective nouns				
Q2	Use personal pronouns in sentences				
Q2	Use adjectives (degrees of comparison, order) in sentences				
Q2	Use simple present tense of verbs in sentences				
Q2	Use correct time expressions to tell an action in the present				
Q2	Use the past form of regular and irregular verbs				
Q3	Use adverbs (adverbs of manner, place and time) in sentences				
Q3	Write directions using signal words				
Q3	Distinguish between general and specific statements				
Q3	Identify the main idea, key sentences, and supporting details from text listened to				
Q3	Use appropriate graphic organizers in text read				
Q3	Infer the speaker's tone, mood and purpose				
Q3	Analyze a story in terms of its elements				
Q4	Write a short story (fiction/nonfiction) with its complete elements				
Q4	Write a reaction about the story read				
Q4	Distinguish fact from opinion in a narrative.				
Q4	Identify features of Journalistic Writing				
Q4	Distinguish among types of Journalistic Writing (news report, opinion article, feature article, and sports news article)				
Q4	Write a news report using the given facts				
Q4	Write/compose an editorial				



Grade Level: Grade 5

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Fill-out forms accurately (school forms, deposit and withdrawal slips, etc.)				
Q1	Infer the meaning of unfamiliar words (compound, affixed, blended, clipped) based on given context clues (synonyms, antonyms, word parts) and other strategies				
Q1	Use compound and complex sentences to show cause and effect and problem-solution relationship of ideas.				
Q1	Compose clear and coherent sentences using appropriate grammatical structures: subject-verb agreement; kinds of adjectives; subordinate and coordinate conjunctions; and adverbs of intensity and frequency.				
Q2	Compose clear and coherent sentences using appropriate grammatical structures: aspects of verbs, modals and conjunction				
Q2	Identify point-of-view.				
Q2	Determine images/ideas that are explicitly used to influence viewers: Stereotypes, Point of view, Propagandas.				
Q2	Distinguish among various types of viewing materials				
Q3	Distinguish text-types according to purpose and features: classification, explanation, enumeration and time order.				
Q3	Summarize various text types based on elements.				
Q3	Make a stand				
Q3	Provide evidence to support opinion/fact.				
Q4	Analyze how visual and multimedia elements contribute to the meaning of a text				
Q4	Write paragraphs showing: cause and effect, comparison and contrast and problem-solution relationships.				
Q4	Write a feature article.				



Grade Level: Grade 6

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Identify real or make-believe, fact or non-fact images.				
Q1	Identify the values suggested in the visual media.				
Q1	Make connections between information viewed and personal experiences.				
Q2	Distinguish various types of informational/factual text.				
Q2	Detect biases and propaganda devices used by speakers.				
Q2	Analyze the elements used in print, non-print, and digital materials.				
Q3	Present a coherent, comprehensive report on differing viewpoints on an issue.				
Q3	Evaluate narratives based on how the author developed the elements.				
Q4	Compose clear and coherent sentences using appropriate grammatical structures (verb tenses, conjunctions, adverbs).				
Q4	Compose a persuasive essay on self-selected topic.				

Grade Level: Grade 7

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Supply other words or expressions that complete an analogy				
Q1	Identify the genre of a material viewed (such as movie clip, trailer, news flash, internet-based program, documentary, video, etc.)				
Q1	Use the passive and active voice meaningfully in varied contexts				

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Use the past and past perfect tenses correctly in varied contexts				
Q1	Use direct and reported speech appropriately in varied contexts				
Q1	Use phrases, clauses, and sentences appropriately and meaningfully				
Q1	Use the appropriate reading style (scanning, skimming, speed reading, intensive reading etc.) for one's purpose				
Q2	Use listening strategies based on purpose, familiarity with the topic and levels of difficulty of short texts listened to				
Q2	Use an electronic search engine to locate specific resources				
Q2	Gather current information from newspapers and other print and non-print media				
Q2	Extract information from a text using a summary, precis, and paraphrase				
Q2	Compare content of materials viewed to other sources of information (print and radio)				
Q2	Analyze relationships presented in analogies				
Q2	Transcode information from linear to non-linear texts and vice-versa				
Q3	Use correct and appropriate multi-media resources when orally giving information, instructions, making explanations and narrating events in personal or factual recounts				
Q3	Use the appropriate oral language, stance and behavior when giving information, instructions, making explanations, and narrating events in factual and personal recounts				
Q3	Explain how a selection may be influenced by culture, history, environment, or other factors				
Q3	Express one's beliefs/convictions based on a material viewed				
Q3	Cite evidence to support a general statement				
Q3	React to what is asserted or expressed in a text				
Q3	Raise sensible, challenging thought provoking questions in public forums/panel discussions, etc.				
Q4	Distinguish features of academic writing				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4	Employ a variety of strategies for effective interpersonal communication (interview, dialog, conversation)				
Q4	Determine the worth of ideas mentioned in the text listened to				
Q4	Determine the truthfulness and accuracy of the material viewed				
Q4	Discover the conflicts presented in literary selections and the need to resolve those conflicts in non-violent ways				
Q4	Discover literature as a tool to assert one's unique identity and to better understand other people				
Q4	Discover through Philippine literature the need to work cooperatively and responsibly in today's global village				
Q4	Compose an informative essay				

Grade Level: Grade 8

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Determine the meaning of words and expressions that reflect the local culture by noting context clues				
Q1	Use conventions in citing sources				
Q1	Use modals appropriately				
Q1	Use emphasis markers for persuasive purposes				
Q1	Note implicit signals used by the writer to indicate coherence				
Q2	Explain visual-verbal relationships illustrated in tables, graphs, and information maps found in expository texts				
Q2	Share ideas using opinion-marking signals				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Compare and contrast the presentation of the same topic in different viewing genres				
Q2	Compare and contrast one's beliefs/convictions with those presented in a material viewed				
Q2	Discern positive and negative messages conveyed in a material viewed				
Q3	Examine biases (for or against) made by the author				
Q3	Analyze intention of words or expressions used in propaganda techniques				
Q3	Determine various social, moral, and economic issues discussed in the text listened to				
Q3	Analyze literature as a mirror to a shared heritage of people with diverse backgrounds				
Q3	Use appropriate cohesive devices in various types of speech				
Q3	Use parallel structures				
Q4	Use appropriate grammatical signals or expressions suitable to each pattern of idea development: <ul style="list-style-type: none"> ● general to particular ● claim and counterclaim ● problem-solution ● cause-effect ● and others 				
Q4	Expand the content of an outline using notes from primary and secondary sources				
Q4	Synthesize essential information found in various sources				
Q4	Compose effective paragraphs				
Q4	Develop paragraphs that illustrate each text type (narrative in literature, expository, explanatory, factual and personal recount, persuasive)				
Q4	Deliver a self-composed speech using all the needed speech conventions				



Grade Level: Grade 9

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Express permission, obligation, and prohibition using modals				
Q1	Use conditionals in expressing arguments				
Q1	Determine the vocabulary or jargons expected of a communicative style				
Q1	Employ the appropriate communicative styles for various situations (intimate, casual, conversational, consultative, frozen)				
Q2	Relate text content to particular social issues, concerns, or dispositions in real life				
Q2	Analyze literature as a means of understanding unchanging values in the VUCA (volatile, uncertain, complex, ambiguous) world				
Q3	Differentiate biases from prejudices				
Q3	Determine the relevance and the truthfulness of the ideas presented in the material viewed				
Q3	Judge the validity of the evidence listened to				
Q4	Judge the relevance and worth of ideas, soundness of author's reasoning, and the effectiveness of the presentation				
Q4	React to lay value judgment on critical issues that demand sound analysis and call for prompt actions				



Grade Level: Grade 10

Subject: English

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Use information from news reports, speeches, informative talks, panel discussions, etc. in everyday life				
Q1	Determine the effect of textual aids like advance organizers, titles, non-linear illustrations, etc. on the understanding of a text				
Q1	Appraise the unity of plot, setting and characterization in a material viewed to achieve the writer's purpose				
Q1	Compare and contrast the contents of the materials viewed with outside sources of information in terms of accessibility and effectiveness				
Q1	Employ analytical listening in problem solving				
Q1	Evaluate text content, elements, features, and properties using a set of criteria				
Q1	Evaluate listening texts in terms of accuracy, validity, adequacy, and relevance				
Q2	Observe the language of research, campaigns, and advocacies				
Q2	Identify parts and features of argumentative essays				
Q2	Formulate a statement of opinion or assertion				
Q2	Formulate claims of fact, policy, and value				
Q2	Employ the techniques in public speaking in a sample public speaking situation				
Q2	Use appropriate multimedia resources that accompany language				
Q2	Make and deliver impromptu and extemporaneous speeches with ease and confidence				
Q2	Deliver special speeches like toast and roast speeches, tributes, welcome and closing remarks, speeches to introduce guest speakers/resource persons etc. effectively in varied speech situations				
Q2	Deliver self-composed Campaign Speeches on Advocacies, Social Issues				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and Concerns				
Q3	Compose an argumentative essay				
Q3	Use a variety of informative, persuasive, and argumentative writing techniques				
Q3	Compose an independent critique of a chosen selection				
Q3	Critique a literary selection based on the following approaches: <ul style="list-style-type: none">- structuralist/formalist- moralist- Marxist- feminist- historical- reader-response				
Q4	Distinguish technical terms used in research				
Q4	Give technical and operational definitions				
Q4	Give expanded definitions of words				
Q4	Observe correct grammar in making definitions				
Q4	Compose a research report on a relevant social issue				



FILIPINO



Grade Level: Grade 1

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Nasasagot ang mga tanong tungkol sa napakinggang pabula; tugma/tula; tekstong pang-impormasyon; kaugnay na impormasyon				
	Nakapagtatanong tungkol sa isang larawan; kuwento; napakinggang balita;				
	Nagagamit ang magalang na pananalita sa angkop na sitwasyon pagpapakilala ng sarili; pagpapahayag ng sariling karanasan; pagbati				
	Nasasabi ang mensaheng nais ipabatid ng nabasang pananda patalastas babala o paalala				
	Nakasusulat ng malalaki at maliliit na letra na may tamang layo sa isa't isa ang mga letra				
	Nabibigkas nang wasto ang tunog ng bawat letra ng alpabetong Filipino				
	Natutukoy ang kahulugan ng salita batay sa kumpas, galaw, ekspresyon ng mukha; ugnayang salita-larawan; kasalungat;				
	Naiuulat nang pasalita ang mga naobserbahang pangyayari sa paaralan; silid-aralan; napanood sa telebisyon;				
	Nagagamit nang wasto ang pangngalan sa pagbibigay ng pangalan ng tao, lugar, hayop, bagay at pangyayari				
	Nabibilang ang salita sa isang pangungusap				
	Nakasusunod sa napakinggang panuto na may 1-2 hakbang.				
	Napagyayaman ang talasalitaan sa pamamagitan ng pagbubuo ng mga salita gamit ang mga pantig; pagbubuo ng mga salita /paghahanap ng mga salita sa isang salita;				



Q3	Nagagamit ang naunang kaalaman o karanasan sa pag-unawa ng napakinggang alamat/teksto				
	Nabibilang ang pantig sa isang salita				
	Napagsusunod-sunod ang mga pangyayari sa napakinggang kuwento sa tulong ng mga larawan at pamatnubay na tanong				
	Natutukoy ang kailanan ng pangngalan				
	Nakikilala ang mga tunog na bumubuo sa pantig ng mga salita				
	Nababaybay nang wasto ang mga salitang natutuhan sa aralin; salitang may tatlo o apat na pantig				
	Nabibigay ang susunod na mangyayari sa napakinggang kuwento				
	Nakapagsasalaysay ng orihinal na kuwento na kaugnay ng napakinggang kuwento				
	Nagagamit ang mga salitang pamalit sa ngalan ng tao (ako, ikaw, siya, tayo, kayo, sila)				
	Naisusulat nang may wastong baybay at bantas ang mga salitang ididikta ng guro				
	Naibibigay ang paksa ng talata at tula				
	Natutukoy ang salita/pangungusap sa isang talata				
Q4	Nailalarawan ang damdamin ng isang tauhan sa kuwentong napakinggan				
	Naipapahayag ang sariling ideya/damdamin o reaksiyon tungkol sa kuwento/ tekstong pang-impormasyon/tula				
	Natutukoy ang kasarian ng pangngalan				
	Naiuugnay ang sariling karanasan sa napakinggang kuwento				
	Napapalitan at nadadagdagan ang mga tunog upang makabuo ng bagong salita				
	Natutukoy ang ugnayan ng teksto at larawan				
	Nababasa ang mga salita at babala na madalas makita sa paligid				
	Nasasabi ang sariling ideya tungkol sa tekstong napakinggan				
	Nakapaglalarawan ng mga bagay, tao, hayop, pangyayari, at lugar **				



	Natutukoy ang mga salitang magkakatugma				
	Natutukoy ang simula ng pangungusap/talata/kuwento				
	Naisusulat nang may wastong baybay at bantas ang salita/pangungusap na ididikta ng guro **				
Q4	Nagagamit ang mga salitang kilos sa pag-uusap tungkol sa iba't ibang gawain sa tahanan, paaralan, at pamayanan				
	Natutukoy ang kahulugan ng salita batay sa kasingkahulugan				
	Nakapagbibigay ng sariling hinuha				
	Nasasabi ang paraan, panahon at lugar ng pagsasagawa ng kilos o gawain sa tahanan, paaralan at pamayanan				
	Nagagamit ang mga natutuhang salita sa pagbuo ng mga simpleng pangungusap.				
	Nakasusulat nang may wastong baybay, bantas, gamit ng malaki at maliit na letra upang maipaha yag ang ideya, damdamin o reaksiyon sa isang paksa o isyu salita pangungusap **				
	Natutukoy ang mahahalagang detalye kaugnay ng paksang napakinggan				
	Natutukoy ang gamit ng maliit at malaking letra				
	Nagagamit nang wasto ang mga pang-ukol				
	Natutukoy ang gamit ng iba't ibang bantas				
	Nakapagbibigay ng maikling panuto				
	Nakabubuo nang wasto at payak na pangungusap na may tamang ugnayan ng simuno at panag-uri sa pakikipag-usap				
	Naibibigay ang paksa ng napakinggang tekstong pang-impormasyon paliwanag				



Grade Level: Grade 2

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Nagagamit ang naunang kaalaman o karanasan sa pag-unawa ng napakinggang teksto				
	Nagagamit ang magalang na pananalita sa angkop na sitwasyon (pagbati, paghingi ng pahintulot, pagtatanong ng lokasyon ng lugar; pakikipag-usap sa matatanda; pagtanggap ng paumanhin; (pagtanggap ng tawag sa telepono; pagbibigay ng reaksiyon o komento;				
	Nasasabi ang mensahe, paksa o tema na nais ipabatid sa patalastas; kuwentong kathang – isip ; tunay na pangyayari/ pabula;				
	Nakagagawa ng pataas-pababang guhit				
	Nakasasagot sa mga tanong tungkol sa nabasa/napakinggang kuwento batay sa tunay na pangyayari ;pabula;tekstong pang-impormasyon; tugma; tula;				
	Nakapagpapalit at nakapagdaragdag ng mga tunog upang makabuo ng bagong salita **				
	Nakasusunod sa nakasulat na panutong may 1-4 na hakbang(pagtuturo ng lokasyon;)				
	Napagyayaman ang talasalitaan sa pamamagitan ng paghanap ng maikling salitang mataagpuan sa loob ng isang mahabang salita; bagong salita mula sa saliang-ugat				
Q2	Nagagamit ang personal na karanasan sa paghinuha ng mangyayari sa nabasa/napakinggang teksto o kuwento				
	Nabibigkas nang wasto ang tunog ng patinig, katinig, kambal-katinig, diptonggo at kluster				
	Nakasusulat sa kabit-kabit na paraan na may tamang laki at layo sa isa't isa ang mga salita				
	Naibibigay ang susunod na mangyayari sa kuwento batay sa tunay na pangyayari/pabula/tula/tugma				



	Nailalarawan ang mga elemento (tauhan, tagpuan, banghay) at bahagi at ng kuwento (panimula kasukdulan katapusan/kalakasan)				
	Naipapahayag ang sariling ideya/damdamin o reaksiyon tungkol sa napakinggan/nabasang kuwento; alamat; tugma, tula, tekstong pang-impormasyon				
	Nababasa ang mga salita sa unang kita				
	Naisasalaysay muli ang binasang teksto nang may tamang pagkakasunod-sunod sa tulong ng mga larawan; pamatnubay na tanong; story grammar; *Nakasusulat ng parirala, pangungusap, talata, liham nang may wastong baybay, bantas at gamit ng malaki at maliit na letra				
Q3	Nagagamit ang mga salitang pamalit sa ngalan ng tao (ako, ikaw, siya, tayo, kayo, sila)				
	Napag-uugnay ang sanhi at bunga ng mga pangyayari sa binasang talata; teksto				
	Nailalarawan ang mga tauhan sa napakinggang testo batay sa kilos, sinabi o pahayag				
	Naipahahayag ang sariling ideya/damdamin o reaksiyon tungkol sa napakinggang kuwento batay sa tunay na pangyayari/pabula				
	Naiuugnay sa sariling karanasan ang nabasang teksto **				
	Naiuulat nang pasalita ang mga nasaksihang pangyayari sa paaralan, sa pamayanan, narinig sa radyo, napanood sa telebisyon **				
	Nababaybay nang wasto ang mga salita tatlo o apat na pantig batayang talasalitaang pampaningin natutunang salita mula sa mga aralin				
	Nakapagbibigay ng mga salitang magkakatugma				
	Nakapaglalarawan ng mga bagay, tao, pangyayari, at lugar				
Q4	Napapantig ang mga mas mahahabang salita				
	Nababasa ang mga salitang madalas na makita sa paligid at batayang talasalitaan				
	Nagagamit ang mga salitang kilos sa pag-uusap tungkol sa iba't ibang gawain sa tahanan, paaralan, at pamayanan				
	Nabibigyang kahulugan ang mga salita sa pamamagitan ng pagbibigay ng kasingkahulugan at kasalungat; sitwasyong pinaggamitan ng salita (context clues); pagbibigay ng halimbawa; paggamit ng pormal na				



	depinisyon ng salita				
	Nasasabi ang paraan, panahon at lugar ng pagsasagawa ng kilos o gawain sa tahanan, paaralan at pamayanan				
	Nakapagbibigay ng angkop na pamagat sa binasang teksto, talata, kuwento				
	Nagagamit nang wasto ang mga pang-ukol ni/nina kay/kina ayon sa para sa ukol sa				
	Naisusulat nang wasto ang mga idiniktang mga salita				
	Nakabubuo nang wasto at payak na pangungusap na may tamang ugnayan ng simuno at panag-uri sa pakikipagusap				
	Naibibigay ang mga sumusuportang kaisipan sa pangunahing kaisipan ng tekstong binasa				

Grade Level: Grade 3

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Nagagamit ang pangngalan sa pagsasalaysay tungkol sa mga tao, lugar at bagay sa paligid				
	Naiuugnay ang binasa sa sariling karanasan				
	Nagagamit ang naunang kaalaman o karanasan sa pag-unawa ng napakinggang teksto				
	Nasasagot ang mga tanong tungkol sa kuwento; usapan; teksto/balita/tula/				
	Nababasa ang mga salitang may tatlong pantig pataas; klaster;salitang iisa ang baybay ngunit magkaiba ang bigkas; salitang hiram;				
	Nakakagamit ng mga pahiwatig upang malaman ang kahulugan ng mga salita, paggamit ng mga palatandaang nagbibigay ng				



	kahulugahan (context clues); kasingkahulugan at kasalungat; depinisyon ng salita;				
	Nakasusunod sa nakasulat na panuto; may 2-4 hakbang				
	Napagsusunod-sunod ang mga pangyayari				
	Nababaybay nang wasto ang mga salitang natutunan sa aralin, salita di-kilala batay sa bigkas, tatlo o apat na pantig, batayang talasalitaan, mga salitang hiram; salitang dinaglat				
	Nagagamit sa usapan ang mga salitang pamalit sa ngalan ng tao (ako, ikaw, siya, kami, tayo, kayo at sila,)				
	Nailalarawan ang mga elemento ng kuwento (tauhan, tagpuan, banghay)				
	Naisasalaysay muli ang teksto nang may tamang pagkakasunod-sunod ng mga pangyayari sa tulong ng pamatnubay na tanong at balangkas				
	Nagagamit ang malaki at maliit na letra at mga bantas sa pagsulat ng mga salitang natutunan sa aralin, salitang dinaglat, salitang hiram, parirala, pangungusap, at talata.				
	Nagagamit ang panghalip bilang pamalit sa pangngalan may panandang ang (ito/iyon/iyon/nito/niyan/ noon/niyon)				
Q2	Nakapagbibigay ng wakas ng binasang kuwento				
	Naiuulat ang mga naobserbahang pangyayari sa pamayanan				
	Nagbabago ang dating kaalaman base sa mga natuklasang kaalaman sa binasang teksto				
	Nakabubuo ng isang kuwentong katumbas ng napakinggang kuwento				
	Napayayaman ang talasalitaan sa pama magitan ng paggamit ng magkasing kahulugan at magka salungat na mga salita; pagbubuo ng mga bagong salita mula sa salitang-ugat; paghanap ng maiikling salita sa loob ng isang mahabang salita;				
	Nagagamit ang magalang na pananalita sa angkop na sitwasyon (pagpa paliwanag)				
	Natutukoy ang mga salitang magkakatuig				
	Nakakagamit ng pahiwatig upang malaman ang kahulugan ng mga				



	salita tulad ng paggamit ng mga palatandaang nagbibigay ng kahulugan (katuturan o kahulugan ng salita, sitwasyong pinaggamitan ng salita, pormal na depinisyon ng salita,				
	Naikokompara ang mga kuwento sa pamamagitan ng pagtatala ng pagkakatulad at pagkakaiba				
	Nakasusulat ng talata nang may wastong baybay, bantas at gamit ng malaki at maliit na letra upang maipahayag ang ideya, damdamin o reaksiyon sa isang paksa o isyu				
	Nakabubuo ng mga tanong matapos mapakinggan ang isang teksto				
	Nagagamit ang angkop na pagtatanong tungkol sa mga tao, bagay, lugar at pangyayari ano, sino, saan, ilan, kailan, ano- ano, sino-sino				
	Nababaybay nang wasto ang mga salitang natutunan sa aralin/ batayang talasalitaang pampaningin				
	Nakapagla larawan ng mga tao, hayop, bagay at lugar sa pamayanan				
Q3	Natutukoy ang kahulugan ng mga tambalang salita na nananatili ang kahulugan				
	Nasasabi ang sariling ideya tungkol sa tekstong napakinggan				
	Naipahahayag ang sariling opinyon o reaksiyon sa isang napakinggang isyu				
	Nasasabi ang paksa o tema ng teksto; kuwento o sanaysay				
	Nagagamit ang tamang salitang kilos/ pandiwa sa pagsasalaysay ng mga personal na karanasan				
	Napapalitan at nadadagdagan ang mga tunog upang makabuo ng bagong salita				
	Naibibigay ang mga sumusuportang kaisipan sa pangunahing kaisipan ng tekstong binasa				
	Nasisipi nang wasto at maayos ang mga liham				
	Naibibigay ang sariling hinuha bago, habang at pagkatapos mapakinggang teksto				
	Nagagamit ang tamang salitang kilos/ pandiwa sa pagsasalaysay ng mga personal na karanasan				
	Nakapagbibigay ng angkop na pamagat sa binasang teksto				



	Nagagamit nang wasto ang mga pang-abay na naglalarawan ng isang kilos o gawi				
	Napag-uugnay ang sanhi at bunga ng mga pangyayari sa binasang teksto				
	Nagagamit nang wasto ang pang-ukol (laban sa, ayon sa, para sa, ukol sa, tungkol sa)				
Q4	Napagsasama ang mga katinig, patinig upang makabuo ng salitang klaster (Hal. blusa, gripo, plato)				
	Nasisipi nang wasto at maayos ang mga talata				
	Naiuugnay ang binasa sa sariling karanasan				
	Nakasusulat ng isang talata				
	Naiuugnay ang binasa sa sariling karanasan				
	Nakasusulat ng isang talata				
	Nagagamit ang mga salitang kilos sa pag-uusap tungkol sa iba't ibang gawain sa tahanan, paaralan, at pamayanan				
	Nababasa ang mga salitang hiram/natutuhan sa aralin				
	Natutukoy ang kahulugan ng mga tambalang salita na nananatili ang kahulugan				
	Nabibigay ng mungkahing solusyon sa suliraning nabasa sa isang teskto o napanood				
	Natutukoy ang mahahalagang detalye kaugnay ng paksang narinig				
	Napagsasama ang mga katinig at patinig upang makabuo ng salitang may diptonggo				
	Naibibigay ang buod o lagom ng tesktong binasa				
	Naibibigay ang paksa ng kuwento o sanaysay na napakinggan				



Grade Level: Grade 4

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Nagagamit nang wasto ang mga pangngalan sa pagsasalita tungkol sa <ul style="list-style-type: none">- sarili- ibang tao sa Paligid				
	Nabibigyang kahulugan ang salita sa pamamagitan ng pormal na depinisyon				
	Natutukoy ang mga elemento ng kuwento <ul style="list-style-type: none">- tagpuan- tauhanbanghay				
	Nakasusulat ng talata tungkol sa sarili				
	Naisasalaysay muli ang napakinggang teksto gamit: ang mga larawan;				
	Naikukuwentong muli ang napakinggang kuwento na wasto ang pagkakasunod-sunod at gumagamit ng signal words: una, pangalawa				
	*Nagagamit nang wasto ang iba't ibang kayarian ng pangngalan sa pagsasalita tungkol sa mga <ul style="list-style-type: none">- hayop- lugar sa paligid				
	Nasasagot ang mga tanong sa tekstong pamapanitikan- kuwento, tekstong pang impormasyon-balita; mahahalagang detalye ng napakinggang teksto o SMS (Short Messaging Text; bakit at paano; editorial; argumento; teksto ng awit; pahayagan; isyung ipinahahayag sa isang editorial cartoon editorial cartoon; pagpupulong (pormal at di-pormal); tungkol sa minutes ng pagpupulong (pormal at di -pormal); patalastas; iskrip ng radio broadcasting; debate; at napakinggang script ng teleradyo				
	Nakasusulat ng natatanging kuwento tungkol sa natatanging tao sa				



	pamayanan; tugma o maikling tula;				
	*Nagagamit nang wasto ang mga pangngalang pantangi at pambalana sa pagsasalita tungkol sa sarili, sa mga tao ,sa mga hayop at pangyayari sa paligid				
	Nababasa ang maikling tula nang may tamang bilis, diin, ekspresyon at intonasyon				
	Naipahahayag ang sariling opinyon o reaskyon sa isang napakinggang isyu o usapan; napanood				
	Nakasusulat ng balita na may huwaran/ padron/ balangkas nang may wastong pagkakasunod-sunod ng mga pangyayari				
	Nasusunod ang napakinggang panuto o hakbang ng isang gawain				
	*Nagagamit nang wasto ang kasarian ng pangngalan sa pagsasalita tungkol - sa sarili sa mga tao,sa mga hayop sa paligid - sa lugar, bagay at pangyayari sa paligid				
	Naibibigay ang kahalagahan ng media (hal. pang-impormasyon, pang-aliw, panghikayat)				
	Nagagamit ang iba't ibang uri ng panghalip (panao) sa usapan at pagsasabi tungkol sa sariling karanasan				
	Nagagamit ang iba't ibang uri ng panghalip (pananong) - isahan--maramihan sa usapan at pagsasabi tungkol sa sariling karanasan				
	Nakasusulat nang wastong text (SMS)				
	Nagagamit ang iba't ibang uri ng panghalip (panaklaw)-tiyakan-Isahan/Kalahatan-di-tiyakan sa usapan at pagsasabi tungkol sa sariling karanasan				
	Nakagamit ng pahiwatig upang malaman ang kahulugan ng mga salita tulad ng paggamit ng palatandaang nagbibigay ng kahulugan kasingkahulugan (1.4)-kasalungat (1.5)-paglalarawan (1.13) ; tulad ng paggamit ng palatandaang nagbibigay ng - kahulugan -sitwasyong pinaggamitan ; kahulugan katuturan o kahulugan ng salita				
	Nagagamit ang iba't ibang uri ng panghalip (pamatlig)-Patulad- pahimaton Paukol—Paari- panlunan- paturol sa usapan at pagsasabi tungkol sa sariling karanasan				



	Natutukoy ang bahagi ng binasang kuwento- simula-kasukdulan-katapusan				
	Nakasusulat ng liham pangkaibigan bilang tugon sa imga nakalap sa kuwentong binasa				
	Naisasalaysay muli ang nabasang teksto gamit ang mga pangungusap				
	Nakasusulat ng talaan ng mga salitang katutubo at ang mga kahulugan nito Halimbawa- ibon – langgam				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Nagagamit nang wasto ang pang-uri (lantay) sa paglalarawan ng tao, lugar, bagay at pangyayari -sa sarili-ibang tao-katulong sa pamayanan				
	Naisusulat nang wasto ang baybay ng -salitang natutuhan sa aralin - at salitang hiram-kaugnay ng ibang asignatura				
	Nakapagbibigay ng hinuha sa kalalabasan ng mga pangyayari sa napakinggang teskto				
	Nagagamit nang wasto ang pang-uri paghahambing sa paglalarawan ng tao, lugar, bagay at pangyayari, sa sarili,ibang tao katulong sa pamayanan				
	Naibibigay ang kahulugan ng mga salitang pamilyar at di-pamilyar pamamagitan ng pag-uugnay sa sariling karanasan				
	Nahuhulaan ang maaaring mangyari sa teksto gamit ang dating karanasan/ kaalaman				
	Naibibigay ang paksa ng napakinggang teksto				
	Nagagamit nang wasto ang pang-uri (lantay,paghahambing,-pasukdol)--sa paglalarawan ng tao, lugar, bagay at pangyayari - sa sarili ibang tao-katulong sa pamayanan				
	Nagagamit ang uri ng pandiwa ayon sa panahunan sa pagsasalaysay ng nasaksihang pangyayari				



Nasasabi ang sanhi at bunga ayon sa nabasang pahayag; (naibibigay) ng mga pangyayari sa napakinggang teksto; sa napakinggang ulat;				
Nakasusulat ng -timeline tungkol sa mga pangyayari sa binasang teksto; buod/lagom ng binasang teksto;				
Naisasalaysay nang may tamang pagkakasunod-sunod ang nakalap na impormasyon mula sa napanood				
Nailalarawan ang elemento ng kuwento-tagpuan- tauhan- banghay- pangyayari				
Nailalarawan ang tauhan batay sa ikinilos, ginawi , sinabi at naging damdamin				
Nagagamit ang aspekto (panahunan) ng pandiwa n sa pagsasalaysay ng nasaksihang pangyayari				
Natutukoy ang kahulugan ng salita batay sa ugnayang salita-larawan				
Nakasusulat ng talatang naglalarawan				
Nailalarawan ang tauhan batay sa ikinilos o ginawi o sinabi at damdamin				
Nagagamit ang pangaano ng pandiwa-pawatas- pautos, pagsasalaysay ng napakinggang usapan				
Nakasusunod sa nakasulat na panuto				
Nakasusulat ng panuto gamit ang dayagram				
Nasasabi ang paksa ng napanood na maikling pelikula				
Naibibigay ang sariling wakas ng napakinggang teksto ; tekstong pang-impormasyon; talambuhay				
Nagagamit ang pangaano - paturol pasakali ng pandiwa sa pagsasalaysay ng -sariling karanasan				
Nakasusulat ng sariling talambuhay; liham na humihingi ng pahintulot na magamit ang silid-aklatan; simpleng resipi; ng isang editoryal; patalastas; ng script para sa teleradyo ;				
Nasusuri ang damdamin ng mga tauhan sa napanood				
Napagsusunod-sunod ang mga detalye/ pangyayari sa tekstong				



	napakinggan sa pamamagitan ng tanong (pangungusap); ang mga pangyayari sa napakinggang radio broadcasting ;				
	Nagagamit nang wasto ang pang-abay sa paglalarawan ng kilos				
	Natutukoy ang mga sumusuportang detalye sa mahalagang kaisipan sa nabasang teksto				
	Nagagamit nang wasto ang pang-abay at pandiwa sa pangungusap				
	Nagagamit nang wasto ang pang-abay at pang-uri sa pangungusap				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Nakapagbibigay ng hakbang ng isang gawain				
	Nagagamit ang pang-abay sa paglalarawan ng kilos				
	Nailalarawan ang tauhan batay sa ikinilos, ginawi, sinabi at naging damdamin				
	Naisasalaysay ang mahahalagang detalye sa napakinggang editorial				
	Nagagamit sa pagpapahayag ang magagalang na salita sa hindi pagsang-ayon pakikipag-argumento o pakikipagdebate				
	Nagagamit ang pariralang pang-abay at pandiwa, pariralang pang-abay at pang-uri sa paglalarawan				
	Natutukoy ang kaibahan ng pang-abay at pang-uri				
	Nakapagbibigay ng reaksiyon sa napakinggang paliwanag; sa isyu mula sa napakinggang ulat				
	Nakasusulat ng paliwanag; usapan ; puna tungkol sa isang isyu; opinyon tungkol sa isang isyu; ng mga				



	isyu/argumento para sa isang debate;				
	Nagagamit nang wasto ang pang-angkop na - ng - g - na sa pangungusap				
	Nasusuri kung opinyon o katotohanan ang isang pahayag				
	Nakasusulat ng argumento				
	Nakapagbibigay ng angkop na pamagat sa napakinggang teksto				
	Naiiuugnay ang sariling karanasan sa napakinggang teksto				
	Nagagamit nang wasto ang pang-angkop (ng, g, na) sa pakikipag talastasan				
	Nabibigyan ng angkop na pamagat ang talatang binasa				
	Naisasalaysay muli ang napakinggang teksto gamit ang sariling salita				
	Nagagamit nang wasto at angkop ang pangatnig - o, ni, maging, man - kung, kapag, pag, atbp. - ngunit, subalit atbp. - dahil sa, sa- pagkat, atbp. - sa wakas atbp. - kung gayon atbp. - daw, raw atbp. kung sino, kung ano, siya rin atbp.				
	Naipakikita ang pag-unawa sa pinanood sa pamamagitan ng pagbibigay ng ibang pagwawakas ayon sa sariling				



	saloobin o paniniwala				
	Nagagamit nang wasto at angkop ang simuno at panaguri sa pangungusap				
	Nakasusulat ng talata na may sanhi at bunga				
	Napagsusunod-sunod ang mga pangyayari sa tekstong napakinggan sa pamamagitan ng paggamit ng una, pangalawa, sumunod at panghuli				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4	Nakapagbibigay ng panuto na may tatlo hanggang apat na hakbang gamit ang pangunahin at pangalawang direksyon				
	Nagagamit ang iba't ibang mga uri ng pangungusap sa pagsasalaysay ng sariling karanasan				
	Nakasusulat ng isang balangkas mula sa mga nakalap na impormasyon mula sa binasa				
	Naibibigay ang paksa ng napakinggang teksto				
	Nagagamit ang iba't ibang uri ng pangungusap sa pakikipag-usap; pakikipag-debate tungkol sa isang isyu				
	Naibibigay ang kahulugan ng salita sa pamamagitan ng pormal na depinisyon ng salita				
	Nagagamit sa panayam ang iba't ibang uri ng pangungusap				
	Nasusuri kung opinyon o katotohanan ang pahayag				
	Nagagamit ang magagalang na pananalita sa iba't ibang sitwasyon; Pagbibigay ng puna sa editorial cartoon				
	Nagagamit sa pakikipag talastasan ang mga uri ng				



	pangungusap				
	Naibibigay ang bagong natuklasang kaalaman mula sa binasang teksto				
	Nakaguguhit ng sariling editorial cartoon				
	Nagagamit sa pagpapakilala ng produkto ang uri ng pangungusap				
	Naipahahayag ang sariling opinyon o reaskyon batay sa napakinggang pagpupulong (pormal at di-pormal)				
	Nagagamit ang mga uri ng pangungusap sa pormal na pagpupulong				
	Nakasusulat ng minutes ng pagpupulong				
	Naibabahagi ang obserbasyon sa iskrip ng radio broadcasting				
	Nagagamit ang iba't ibang uri ng pangungusap sa pagsasagawa ng radio broadcast				
	Nakasusulat ng script para sa radio broadcasting				
	Nakapagha haming ng iba't ibang patalastas na napanood				
	Naibabahagi ang obserbasyon sa mga taong kabahagi ng debate				
	Nagagamit ang mga uri ng pangungusap sa pakikipagdebate tungkol sa isang isyu				
	Naibibigay ang buod o lagom ng debateng binasa				
	Nakapaghahaming ng iba't ibang debateng napanood				
	Naibabahagi ang obserbasyon sa napakinggang script ng teleradyo				
	Nagagamit ang mga uri ng pangungusap sa pagsasabi ng pananaw				
	Naibibigay ang buod o lagom ng tekstong script ng teleradyo				

**Grade Level: Grade 5****Subject: Filipino**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Naiuugnay ang sariling karanasan sa napakinggang teksto				
	Nagagamit nang wasto ang mga pangngalan at panghalip sa pagtalakay tungkol sa sarili, sa mga tao, hayop, lugar, bagay at pangyayari sa paligid, sa usapan at paglalahad tungkol sa sariling karanasan				
	Nasasagot ang mga tanong sa binasa/ napakinggan/ napanood: kuwento; tekstong pang-impormasyon; anekdota, sawikain, talaarawan, sa binasang journal;				
	Nakasusulat ng isang maikling balita, maikling tula, talatang nagsasalaysay, liham pangkaibigan, talambuhay, sulating pormal, isang pagsasalaysay, nang may wastong baybay, bantas ang ng idiniktang talata, sulating di-pormal (email), ng liham na nagbibigay ng mungkahi				
	Naipahahayag ang sariling opinyon o reaskyon sa isang napakinggang balita, isyu o usapan				
	Napagsunod-sunod/ Naisasalaysay muli ang mga pangyayari sa pamamagitan ng pangungusap: sa kuwento sa tulong ng nakalarawang balangkas/ ng pamatnubay na tanong; sa napanood na maikling pelikula; tekstong napakinggan, pangyayaring naobserbahan sa paligid; kuwento				
	Naibibigay ang paksa ng napakinggang kuwento/usapan				
	Naibibigay ang kahulugan ng salitang pamilyar at di-pamilyar na mga				



	salita sa pamamagitan ng tono o damdamin; pamamagitan ng paglalarawan; kayarian nito; ng mga salitang iisa ang baybay ngunit magkaiba ang diin, tambalang salita				
Q2	Nababaybay nang wasto ang salitang natutuhan sa aralin/ hiram				
	Naibabahagi ang isang pangyayaring nasaksihan o naobserbahan				
	Nailalarawan ang tagpuan at tauhan ng napanood na pelikula, teksto				
	Nabibigkas nang may wastong tono, diin, antala at damdamin ang napakinggang tula				
	Naibibigay ang paksa/layunin ng napakinggang kuwento/usapan/talata, ng pinanood na dokumentaryo,				
	Naibibigay/ Nakapagtatatala ang mahahalagang pangyayari sa nabasang talaarawan /talambuhay/ sa napanood na dokumentaryo				
	Nagagamit ang magagaling na pananalita sa pagsasabi ng hinaing o reklamo, sa pagsasabi ng ideya sa isang isyu, sa pagtangg				
	Nakapagbibigay ng angkop na pamagat sa isang talata, tekstong napakinggan				
	Naipapahayag ang sariling opinyon o reaskyon sa isang napakinggang balita, isyu o usapan,				
	Naibibigay ang bagong natuklasang kaalaman mula sa binasang teksto; datos na hinihingi ng isang form				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Nagagamit ang pang-abay sa paglalarawan ng kilos				
	Nakasusulat ng simpleng patalastas; simpleng islogan; ng isang editorial; iskrip para sa radio broadcasting at teleradyo ; iba't ibang bahagi ng pahayagan;				
	Napagsusunod-sunod ang mga pangyayari sa tekstong napakinggan (kronolohikal na pagsusunod-sunod)				
	Nakabubuo ng mga tanong matapos mapakinggan ang isang salaysay				
	Nakapag-uulat tungkol sa napanood				
	Nababaybay nang wasto ang salitang hiram /natutuhan sa aralin				
	Nagagamit ang pang-abay at pang-uri sa paglalarawan				
	Nasusuri ang mga tauhan/tagpuan sa napanood na maikling pelikula				
	Naibabahagi ang isang pangyayaring nasaksihan				
	Nakagagawa ng isang timeline batay sa nabasang kasaysayan				
	Naisasalaysay muli ang napakinggang teksto				
	Nasusuri kung ang pahayag ay opinyon o katotohanan				
	Nagagamit nang wasto ang pang-angkop sa pakikipagtalastasan				
	Nababaybay nang wasto ang salitang hiram/natutuhan sa aralin				
	Nagbibigay ang mga salitang magkakasalungat/magkakasingkahulugan				
	Nakapagbibigay ng angkop na pamagat sa tekstong napakinggan				
	Nasasabi kung ano ang simuno at panag-uri sa pangungusap				
Q4	Nakakagawa ng dayagram ng ugnayang sanhi at bunga mula sa tekstong napakinggan				
	Nagagamit ang iba't ibang uri ng pangungusap sa pagsasalaysay				



	ng napakinggang balita				
	Nagagamit ang iba't ibang uri ng pangungusap sa pakikipag-debate tungkol sa isang isyu				
	Natutukoy ang paniniwala ng may-akda ng teksto sa isang isyu				
	Nagagamit ang iba't ibang uri ng pangungusap sa pakikipanayam/ pag-iinterview				
	Nagagamit ang iba't ibang uri ng pangungusap sa pagkilatis ng isang produkto				
	Nakapagbibigay ng maaaring solusyon sa isang naobserbahang suliranin				
	Napaghahambing ang iba't ibang dokumentaryo				
	Nagagamit ang iba't ibang uri ng pangungusap sa pagsali sa isang usapan (chat)				
	Nasusuri ang estilong ginamit ng gumawa ng maikling pelikula**** (higher grades)				
	Nakapagbibigay ng lagom o buod ng tekstong napakinggan				
	Nagagamit ang iba't ibang uri ng pangungusap sa paggawa ng patalastas				
	Naibibigay ang mahahalagang pangyayari				
	Nagagamit ang mga bagong natutuhang salita sa paggawa ng sariling komposisyon				
	Nakapagtatanong tungkol sa impormasyong inilahad sa isang dayagram, tsart, mapa				
	Nakagagawa ng portfolio ng mga drawing at sulatin				



Grade Level: Grade 6
Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Nasasagot ang mga tanong, bakit at paano tungkol sa napakinggang/nabasang: pabula; kuwento; tekstong pang-impormasyon (procedure), usapan, talaarawan; anekdota; ulat				
	Nagagamit nang wasto ang mga pangngalan sa pakikipag-usap sa iba't ibang sitwasyon: 1. kongreto at di kongreto 2. bagong salitang natutuhan				
	Nabibigyang kahulugan sa pamamagitan ng gamit sa pangungusap ang salitang napakinggan: hiram/ pamilyar at di kilalang salita, pahayag ng tauhan, sawikain, tambalang salita, matalinghagang salita, pananalita ng tauhan sa napakinggang usapan, idyoma, kilos ng mga tauhan sa napakinggang kuwento,				
	Napagsunod-sunod o naisasalaysay muli /kronolohikal ang mga pangyayari sa napakinggan/nabasang kuwento sa tulong ng nakalarawang balangkas/ pamamagitan ng pamatnubay na tanong gamit ang sariling salita: 1. tekstong pang-impormasyon 2. kasaysayan				
	Nakapagbibigay ng hinuha sa kalalabasan ng mga pangyayari sa kuwentong/alamat napakinggan/nabasa; bago, habang at matapos ang pagbasa				
	Nagagamit ang magagalang na pananalita sa iba't ibang sitwasyon:				



	1. sa pagpapahayag ng saloobin/damdamin, 2. pagbabahagi ng obserbasyon sa paligid 3. pagpapahayag ng ideya 4. pagsali sa isang usapan 5. pagbibigay ng reaksiyon				
	Nagagamit nang wasto ang mga panghalip na panao, paari, pananong, pamatlig, pamaklaw sa pakikipag-usap sa iba't ibang sitwasyon				
	Nasusuri ang mga kaisipan/tema/layunin/tauhan/tagpuan at pagpapahalagang nakapaloob sa napanood na maikling pelikula				
	Nakapagbibigay ng sarili at maaring solusyon sa isang suliraning naobserbahan sa paligid				
	Nakapagbibigay ng angkop na pamagat sa binasang/napakinggang talata				
Q2	Naibabahagi ang isang pangyayaring nasaksihan				
	Nagagamit ang dating kaalaman sa pagbibigay ng wakas ng napakinggang teksto				
	Nababago ang dating kaalaman batay sa natuklasan sa teksto Naibibigay ang maaaring mangyari sa teksto gamit ang dating karanasan/kaalaman				
	Nagagamit nang wasto ang kayarian, kailanan ng pang-uri sa paglalarawan sa iba't ibang sitwasyon				
	Nailalarawan ang tauhan batay sa damdamin nito at tagpuan sa binasang kuwento				
	Nasasabi ang paksa/mahahalagang pangyayari sa binasang/napakinggang				



	sanaysay, teksto				
	Nagagamit nang wasto ang aspekto/ pokus ng pandiwa sa pakikipag-usap sa ibat ibang sitwasyon, pokus ng pandiwa (aktor, layon, ganapan, tagatanggap), (gamit, sanhi, direksiyon)				
	Nagagamit ang uri ng pang-abay (panlunan, pamaraan, pamanahon) sa pakikipag-usap sa ibat ibang sitwasyon (gamit, sanhi, direksiyon); (pang-agam, panang-ayon, pananggi); ang pariralang pang-abay sa paglalarawan ng paraan, panahon, lugar ng kilos at damdamin				
	Napag-uugnay ang sanhi at bunga ng mga pangyayari				
	Nagagamit ang iba't ibang salita bilang pang-uri at pang-abay sa pagpapahayag ng sariling ideya				
Q3	Nakapagbibigay ng lagom o buod ng tekstong napakinggan				
	Naiisa-isa ang mga argumento sa binasang teksto				
	Naibibigay ang impormasyong hinihingi ng nakalarawang balangkas				
	Nagagamit nang wasto ang pang-angkop at pangatnig				
	Nakabubuo ng mga bagong salita gamit ang panlapi at salitang-ugat				
	Nasusuri kung ang pahayag ay opinyon o katotohanan				
	Nakapag-uulat tungkol sa pinanood				
	Nagagamit sa usapan at iba't ibang sitwasyon ang mga uri ng pangungusap				
	Nagagamit sa usapan ang uri ng pangungusap ayon sa gamit				
	Naiuugnay ang binasa sa sariling karanasan				
Q4	Nakagagawa ng patalastas at usapan gamit ang iba't ibang bahagi ng pananalita				
	Napapangkat ang mga salitang magkakaugnay				
	Naipahahayag ang sariling opinyon o reaskyon sa isang napakinggang balita isyu o usapan				
	Nasusuri ang pagkakaiba ng kathang isip at di-kathang isip teksto (fiction at non-fiction)				
	Napaghahambing-hambing ang iba't ibang uri ng pelikula				



	Nakagagawa ng dayagram ng ugnayang sanhi at bunga ng mga pangyayari / problema-solusyon				
	Nakapagtatanong tungkol sa impormasyong inilahad sa dayagram, tsart, mapa at graph				
	Naipapahayag ang sariling opinyon o reaksiyon sa isang napakinggang balita isyu o usapan				
	Nakasusulat ng: idiniktang talata; kuwento, liham pangkaibigan, sulating di pormal at pormal, tula, ulat, bahagi ng balitang pang-isport, liham sa editor, iskrip para sa teleradyo, sanaysay na naglalarawan				

Grade Level: Grade 7

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Nahihinuha ang kaugalian at kalagayang panlipunan ng lugar na pinagmulan ng kuwentong bayan batay sa mga pangyayari at usapan ng mga tauhan				
	Nagagamit nang wasto ang mga pahayag sa pagbibigay ng mga patunay				
	Nahihinuha ang kalalabasan ng mga pangyayari batay sa akdang napakinggan				
	Naipaliliwanag ang sanhi at bunga ng mga pangyayari				
	Nasusuri ang isang <i>dokyu-film</i> batay sa <i>ibinigay na mga pamantayan</i>				
	Naisasalaysay nang maayos at wasto ang buod, pagkakasunod-sunod ng mga pangyayari sa kwento, mito/alamat/ kuwentong-bayan				
	Nagagamit nang wasto ang mga retorikal na pang-ugnay na ginamit sa akda (<i>kung, kapag, sakali, at iba pa</i>), sa paglalahad (una, ikalawa, halimbawa, at iba pa; isang araw, samantala, at iba pa), sa pagbuo ng editorial na nanghihikeyat (totoo/tunay, talaga, pero/ subalit, at iba pa)				



	Nasusuri ang pagkamakatotohanan ng mga pangyayari batay sa sariling karanasan				
	*Nagagamit ang mga pangungusap na walang tiyak na paksa sa pagbuo ng patalastas				
	Naiisa-isa ang mga hakbang na ginawa sa pananaliksik mula sa napakinggang mga pahayag				
	Nasusuri ang ginamit na datos sa pananaliksik sa isang proyektong panturismo (halimbawa: pagsusuri sa isang <i>promo coupon</i> o <i>brochure</i>)				
	Naipaliliwanag ang mga salitang ginamit sa paggawa ng proyektong panturismo (halimbawa ang paggamit ng acronym sa promosyon)				
	Naibabahagi ang isang halimbawa ng napanood na <i>video clip</i> mula sa youtube o ibang <i>website</i> na maaaring magamit				
	Nagagamit nang wasto at angkop ang wikang Filipino sa pagsasagawa ng isang makatotohanan at mapanghikayat na proyektong panturismo				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Naipaliliwanag ang mahahalagang detalye, mensahe at kaisipang nais iparating ng napakinggang bulong, awiting-bayan, alamat, bahagi ng akda, teksto tungkol sa epiko sa Kabisayaan				
	Nabubuo ang sariling paghahatol o pagmamatuwid sa ideyang nakapaloob sa akda na sumasalamain sa tradisyon ng mga taga Bisaya				
	Nasusuri ang antas ng wika batay sa pormalidad na ginamit sa pagsulat ng awiting-bayan (balbal, kolokyal, lalawiganin, pormal)				
	Nahihinuha ang kaligirang pangkasaysayan ng binasang alamat ng Kabisayaan				
	Naibibigay ang kahulugan, sariling interpretasyon sa mga salitang paulit-ulit na ginamit sa akda, mga salitang iba-iba ang digri o antas ng kahulugan (pagkiklino), mga di-pamilyar na salita mula sa akda, at mga salitang nagpapahayag ng damdamin				



	Nagagamit nang maayos ang mga pahayag sa paghahambing (<i>higit/mas, di-gaano, di-gasino, at iba pa</i>)				
	Naisusulat ang isang editoryal na nanghihikayat kaugnay ng paksa				
	Naisusulat ang isang tekstong naglalahad tungkol sa pagpapahalaga ng mga taga-Bisaya sa kinagisnang kultura				
	Nasusuri ang kulturang nakapaloob sa awiting-bayan				
	Nagagamit ang mga kumbensyon sa pagsulat ng awitin (sukat, tugma, tayutay, talinghaga, at iba pa)				

Q3	Naipaliliwanag ang kahalagahan ng paggamit ng suprasegmental (tono, diin, antala),				
	Naihahambing ang mga katangian ng tula/awiting panudyo, tugmang de gulong at palaisipan				
	Naipaliliwanag ang kahulugan ng salita sa pamamagitan ng pagpapangkat, batay sa konteksto ng pangungusap, denotasyon at konotasyon, batay sa kasing kahulugan at kasalungat nito				
	Naisusulat ang sariling tula/awiting panudyo, tugmang de gulong at palaisipan batay sa itinakdang mga pamantayan				
	Nasusuri ang mga katangian at elemento ng mito,alamat, kuwentong-bayan, maikling kuwento mula sa Mindanao, Kabisayaan at Luzon batay sa paksa, mga tauhan, tagpuan, kaisipan at mga aspetong pangkultura (halimbawa: heograpiya, uri ng pamumuhay, at iba pa)				
	Nagagamit nang wasto ang angkop na mga pahayag sa panimula, gitna at wakas ng isang akda				
	Naibubuod ang tekstong binasa sa tulong ng pangunahin at mga pantulong na kaisipan				
	Nasusuri ang mga elemento at sosyo-historikal na konteksto ng napanood na dulang pantelebisyon				
	Nagagamit ang wastong mga panandang anaporik at kataporik ng pangngalan				
	Nasusuri ang mga salitang ginamit sa pagsulat ng balita ayon sa napakinggang halimbawa				

	Natutukoy ang datos na kailangan sa paglikha ng sariling ulat-balita batay sa materyal na binasa				
Q4	Nailalahad ang sariling pananaw tungkol sa mga motibo ng may-akda sa bisa ng binasang bahagi ng akda				
	Naibibigay ang kahulugan at mga katangian ng “korido”				
	Naibabahagi ang sariling ideya tungkol sa kahalagahan ng pag-aaral ng Ibong Adarna				
	Naisusulat nang sistematiko ang mga nasaliksik na impormasyon kaugnay ng kaligirang pangkasaysayan ng Ibong adarna				
	Nagmumungkahi ng mga angkop na solusyon sa mga suliraning narinig mula sa akda				
	Nasusuri ang mga pangyayari sa akda na nagpapakita ng mga suliraning panlipunan na dapat mabigyang solusyon				
	Nailalahad ang sariling saloobin at damdamin sa napanood na bahagi ng telenobela o serye na may pagkakatulad sa akdang tinalakay				
	Naiuugnay sa sariling karanasan ang mga karanasang nabanggit sa binasa				
	Nasusuri ang damdaming namamayani sa mga tauhan sa pinanood na dulang pantelebisyon/pampelikula				
	Nagagamit ang dating kaalaman at karanasan sa pag-unawa at pagpapakahulugan sa mga kaisipan sa akda				
	Nagagamit ang angkop na mga salita at simbolo sa pagsulat ng iskrip				
	Nasusuri ang mga katangian at papel na ginampanan ng pangunahing tauhan at mga pantulong na tauhan				
	Nagagamit ang mga salita at pangungusap nang may kaisahan at pagkakaugnay-ugnay sa mabubuong iskrip				



Grade Level: Grade 8

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Napaliliwanag ang mahahalagang kaisipan at sagot sa mga karunungan-bayang napakinggan				
	Naiuugnay ang mahahalagang kaisipang nakapaloob sa mga karunungan-bayan sa mga pangyayari sa tunay na buhay sa kasalukuyan				
	Nabibigyang-kahulugan ang mga talinghaga, eupimistiko o masining na pahayag ginamit sa tula, balagtas, alamat/maikling kuwento, epiko ayon sa: -kasingkahulugan at kasalungat na kahulugan				
	Naisusulat ang sariling bugtong, salawikain, sawikain o kasabihan na angkop sa kasalukuyang kalagayan				
	Nagagamit ang paghahambing sa pagbuo ng alinman sa bugtong, salawikain, sawikain o kasabihan (eupemistikong pahayag)				
	Nasusuri ang pagkakabuo ng alamat batay sa mga elemento nito				
	Nakikinig nang may pag-unawa upang: - mailahad ang layunin ng napakinggan - maipaliwanag ang pagkakaugnay-ugnay ng mga pangyayari				
	Napauunlad ang kakayahang umunawa sa binasa sa pamamagitan ng: -paghihinuha batay sa mga ideya o pangyayari sa akda -dating kaalaman kaugnay sa binasa				
	Nauuri ang mga pangyayaring may sanhi at bunga mula sa napanood na video clip ng isang balita				
	Nagagamit ang iba't ibang teknik sa pagpapalawak ng paksa:				



-paghahawig o pagtutulad -pagbibigay depinisyon -pagsusuri				
Naisusulat ang talatang: -binubuo ng magkakaugnay at maayos na mga pangungusap - nagpapa-hayag ng sariling palagay o kaisipan -nagpapakita ng simula, gitna, wakas				
Nagagamit ang mga hudyat ng sanhi at bunga ng mga pangyayari (dahil,sapagkat,kaya,bunga nito, iba pa)				
Naibabahagi ang sariling opinyon o pananaw batay sa napakinggang pag-uulat				
Naipaliliwanag ang mga hakbang sa paggawa ng pananaliksik ayon sa binasang datos				
*Nabibigyang- kahulugan ang mga salitang di maunawaan kaugnay ng mga paraan sa pangangalap ng datos sa pananaliksik.				
Nagagamit sa pagsulat ng resulta ng pananaliksik ang awtentikong datos na nagpapakita ng pagpapahalaga sa katutubong kulturang Pilipino				
Nagagamit nang maayos ang mga pahayag sa pag-aayos ng datos (una, isa pa, iba pa)				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Napipili ang mga pangunahin at pantulong na kaisipang nakasaad sa binasa				
	Nabubuo ang mga makabuluhang tanong batay sa napakinggang palitan ng katuwiran.				
	Naibibigay ang opinyon at katuwiran tungkol sa paksa ng				



	balagtas				
	Nakapaglalalahad sa paraang pasulat ng pagsang-ayon at pagsalungat sa isang argumento				
	Nagagamit ang mga hudyat ng pagsang-ayon at pagsalungat sa paghahayag ng opinyon				
	Naipahahayag ang pangangatuwiran sa napiling alternatibong solusyon o proposisyon sa suliraning inilahad sa tekstong binasa				
	Naibibigay ang denotatibo at konotatibong kahulugan, kasingkahulugan at kasalungat na kahulugan ng malalalim na salitang ginamit sa akda				
	Nasusuri nang pasulat ang papel na ginagampanan ng sarsuwela sa pagpapataas ng kamalayan ng mga Pilipino sa kultura ng iba't ibang rehiyon sa bansa				
	Naiuugnay ang tema ng napanood na programang pantelebisyon sa akdang tinalakay				
	Naipaliliwanag nang maayos ang pansariling kaisipan, pananaw, opinyon at saloobin kaugnay ng akdang tinalakay				
	Nagagamit ang iba't ibang paraan ng pagpapahayag (pag-iisa-isa, paghahambing, at iba pa) sa pagsulat ng sanaysay				
	Naiuugnay ang mga kaisipan sa akda sa mga kaganapan sa sarili, lipunan, at daigdig				
	Nabibigyang kahulugan ang mga simbolo at pahiwatig na ginamit sa akda				
	*Nakasusulat ng wakas ng maikling kuwento				
	Nabibigyang interpretasyon ang tulang napakinggan				
	Naihahambing ang anyo at mga elemento ng tulang binasa sa iba pang anyo ng tula				
	Naisusulat ang isang orihinal na tulang may masining na antas ng wika at may apat o higit pang saknong sa alinmang anyong tinalakay, gamit ang paksang pag-ibig sa kapwa, bayan o kalikasan				



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Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Naihahambing ang tekstong binasa sa iba pang teksto batay sa: - paksa - layon - tono - pananaw - paraan ng pagkakasulat - pagbuo ng salita - pagbuo ng talata - pagbuo ng pangungusap				
	Nabibigyang-kahulugan ang mga <i>lingo/termino</i> na ginagamit sa mundo ng <i>multimedia</i>				
	Naiuulat nang maayos at mabisa ang nalikom na datos sa pananaliksik				
	Nagagamit ang iba't ibang estratehiya sa pangangalap ng mga ideya sa pagsulat ng balita, komentaryo, at iba pa				
	Nagagamit sa iba't ibang sitwasyon ang mga salitang ginagamit sa impormal na komunikasyon (balbal, kolokyal, banyaga)				
	Napag-iiba ang katotohanan (<i>facts</i>) sa hinuha (<i>inferences</i>), opinyon at personal na interpretasyon ng kausap				
	Naiisa-isa ang mga positibo at negatibong pahayag Nabibigyang -kahulugan ang mga salitang ginagamit sa				



	radio broadcasting Naiuugnay ang balitang napanood sa balitang napakinggan				
	Naisusulat nang wasto ang isang dokumentaryong panradyo				
	Nagagamit ang mga angkop na ekspresyon sa paghahayag ng konsepto ng pananaw (ayon, batay, sang-ayon sa, sa akala, iba pa)				
	Nahihinuha ang paksa, layon at tono ng akdang nabasa				
	Natutukoy ang mga tamang salita sa pagbuo ng isang <i>puzzle</i> na may kaugnayan sa paksa				
	Nasusuri ang isang programang napanood sa telebisyon ayon sa itinakdang mga pamantayan				
	Naipahahayag sa lohikal na paraan ang mga pananaw at katuwiran				
	Nagagamit nang wasto ang mga ekspresyong hudyat ng kaugnayang lohikal (dahilan-bunga, paraan-resulta)				
	Nailalahad ang sariling bayas o pagkiling tungkol sa interes at pananaw ng nagsasalita				
	Nasusuri ang napanood na pelikula batay sa: Paksa/tema -layon -gamit ng mga salita -mga tauhan				
	Nabibigyang kahulugan ang mga salitang ginagamit sa mundo ng pelikula				
	Naihahayag ang sariling pananaw tungkol sa mahahalagang isyung mahihinuha sa napanood na pelikula				
	Nagagamit ang kahusayang gramatikal (may tamang bantas, baybay, magkakaugnay na pangungusap/ talata sa				



	pagsulat ng isang suring- pelikula				
	Nasusuri ang mga hakbang sa pagbuo ng isang kampanyang panlipunan ayon sa binasang mga impormasyon				
	Naipaliliwanag ang mga salitang angkop na gamitin sa pagbuo ng isang kampanyang panlipunan				
	*Nakasusulat ng isang malinaw na social awareness campaign tungkol sa isang paksa na maisasagawa sa tulong ng multimedia				
	Nagagamit ang angkop na mga komunikatibong pahayag sa pagbuo ng isang <i>social awareness campaign</i>				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4	Nahihinuha ang kahalagahan ng pag-aaral ng Florante at Laura batay sa napakinggang mga pahiwatig sa akda				
	Natitiyak ang kaligirang pangkasaysayan ng akda sa pamamagitan ng: - pagtukoy sa kalagayan ng lipunan sa panahong nasulat ito - pagtukoy sa layunin ng pagsulat ng akda - pagsusuri sa epekto ng akda pagkatapos itong isulat				
	Nailalahad ang damdamin o saloobin ng may- akda, gamit ang wika ng kabataan				
	Nailalahad ang mahahalagang pangyayari sa napakinggang aralin				



Nasusuri ang mga pangunahing kaisipan ng bawat kabanatang binasa				
Nabibigyang-kahulugan ang : -matatalinghagang ekspresyon - tayutay - simbolo				
Naisusulat sa isang monologo ang mga pansariling damdamin tungkol sa: - pagkapoot - pagkatakot - iba pang damdamin				
Nailalarawan ang tagpuan ng akda batay sa napakinggan				
Nailalahad ang mahahalagang pangyayari sa aralin				
Nakasusulat ng sariling talumpating nanghihiikayat tungkol sa isyung pinapaksa sa binasa				
Nagagamit nang wasto ang mga salitang nanghihiikayat				
Nailalahad ang damdaming namamayani sa mga tauhan batay sa napakinggan				
Nasusuri ang mga sitwasyong nagpapakita ng iba't ibang damdamin at motibo ng mga tauhan				
Nakasusulat ng isang islogan na tumatalakay sa paksang aralin				
Natutukoy ang mga hakbang sa pagsasagawa ng isang kawili-wiling radio broadcast batay sa nasaliksik na impormasyon tungkol dito				
Nabibigyang pansin ang mga angkop na salitang dapat gamitin sa isang radio broadcast				
Nailalapat sa isang radio broadcast ang mga kaalamang natutuhan sa napanood sa telebisyon na programang nagbabalita				
Naipahahayag ang pansariling paniniwala at				



	pagpapahalaga gamit ang mga salitang naghahayag ng pagsang-ayon at pagsalungat (Hal.: totoo, ngunit)				
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Grade Level: Grade 9

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Maikling Kuwento				
	Nasusuri ang mga pangyayari, at ang kaugnayan nito sa kasalukuyan sa lipunang Asyano batay sa napakinggang akda				
	Nabubuo ang sariling paghatol o pagmamatuwid sa mga ideyang nakapaloob sa akda				
	Nabibigyang kahulugan ang malalim na salitang ginamit sa akda batay sa denotatibo o konotatibong kahulugan				
	Naihahambing ang ilang piling pangyayari sa napanood na telenobela sa ilang piling kaganapan sa lipunang Asyano sa kasalukuyan				
	Nasusuri ang maikling kuwento batay sa: <ul style="list-style-type: none">- Paksa- Mga tauhan- Pagkakasunod-sunod ng mga pangyayari- estilo sa pagsulat ng awtor- iba pa				
	Napagsusunod-sunod ang mga pangyayari sa akda				
	Napagsusunod-sunod ang mga pangyayari gamit ang angkop na mga pag-ugnay				



	Nobela				
	Nauuri ang mga tiyak na bahagi sa akda na nagpapakita ng katotohanan, kabutihan at kagandahan batay sa napakinggang bahagi ng nobela				
	Nasusuri ang tunggaliang tao vs. sarili sa binasang nobela				
	Nabibigyan ng sariling interpretasyon ang mga pahiwatig na ginamit sa akda				
	Nasusuri ang pinanood na teleseryeng Asyano batay sa itinakdang pamantayan				
	Naisusulat ang isang pangyayari na nagpapakita ng tunggaliang tao vs. sarili				
	Nagagamit ang mga pahayag na ginagamit sa pagbibigay-opinyon (sa tingin / akala / pahayag / ko, iba pa)				
	Tula				
	Naiuugnay ang sariling damdamin sa damdaming inihayag sa napakinggang tula				
	Nailalahad ang sariling pananaw ng paksa sa mga tulang Asyano				
	Natutukoy at naipaliliwanag ang magkakasingkahulugang pahayag sa ilang taludturan				
	Naisusulat ang ilang taludtod tungkol sa pagpapahalaga sa pagiging mamamayan ng rehiyong Asya				
	Sanaysay				
	Naipaliliwanag ang salitang may higit sa isang kahulugan				
	Nasusuri ang paraan ng pagpapahayag ng mga ideya at opinyon sa napanood na debate o kauri nito				



	Naisusulat ang sariling opinyon tungkol sa mga dapat o hindi dapat na katangian ng kabataang Asyano				
	Nagagamit ang mga pang-ugnay sa pagpapahayag ng sariling pananaw				
	Dula				
	Nakabubuo ng paghuhusga sa karakterisasyon ng mga tauhan sa kasiningan ng akda				
	Naipaliliwanag ang kahulugan ng salita habang nababago ang estruktura nito				
	Nasusuri ang pagiging makatotohanan ng ilang pangyayari sa isang dula				
	Nagagamit ang mga ekspresyong nagpapahayag ng katotohanan (sa totoo, talaga, tunay, iba pa)				
	Pangwakas na Output				
	Naibabahagi ang sariling pananaw sa resulta ng isinagawang sarbey tungkol sa tanong na: "Alin sa mga babasahin ng Timog-Silangang Asya ang iyong nagustuhan?"				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Tanka at Haiku				
	Nasusuri ang tono ng pagbigkas ng napakinggang tanka at haiku				
	Nasusuri ang pagkakaiba at pagkakatulad ng estilo ng pagbuo ng tanka at haiku				
	Nabibigyang kahulugan ang matatalingha-gang mahahalagang salitang ginamit sa tanka at haiku				
	Naisusulat ang payak na tanka at haiku sa tamang anyo at sukat				
	Nagagamit ang suprasegmental na antala/hinto, diin at tono				



sa pagbigkas ng tanka at haiku				
Nahihinuha ang damdamin ng mga tauhan batay sa diyalogong napakinggan				
Nabibigyang-puna ang kabisaan ng paggamit ng hayop bilang mga tauhan na parang taong nagsasalita at kumikilos				
Naiaantas ang mga salita (clining) batay sa tindi ng emosyon o damdamin				
Naisusulat muli ang isang pabula sa paraang babaguhin ang karakter ng isa sa mga tauhan nito				
Nagagamit ang iba't ibang ekspresyon sa pagpapahayag ng damdamin				
Naipaliliwanag ang pananaw ng may-akda tungkol sa paksa batay sa napakinggan				
Naipaliliwanag ang mga: <ul style="list-style-type: none">- kaisipan- layunin- paksa; at- paraan ng pagkakabuo ng sanaysay				
Naipaliliwanag ang mga salitang di lantad ang kahulugan batay sa konteksto ng pangungusap				
Nabibigyang-puna ang paraan ng pagsasalita ng taong naninindigan sa kanyang mga saloobin o opinyon sa isang talumpati				
Naipahahayag ang sariling pananaw tungkol sa isang napapanahong isyu sa talumpating nagpapahayag ng matibay na paninindigan				
Nakasusulat ng isang argumento hinggil sa napapanahong isyu sa lipunang Asya				
Nagagamit ang angkop na mga pahayag sa pagbibigay ng opinyon, matibay na paninindigan at mungkahi				
Nasusuri ang maikling kuwento batay sa estilo ng pagsisimula, pagpapadaloy at pagwawakas ng napakinggang salaysay				
Nahihinuha ang kulturang nakapaloob sa binasang kuwento				



Nabibigyang-kahulugan ang mga imahe at simbolo sa binasang kuwento				
Napaghahambing ang kultura ng ilang bansa sa Silangang Asya batay sa napanood na bahagi ng teleserye o pelikula				
Naisasalaysay ang sariling karanasan na may kaugnayan sa kulturang nabanggit sa nabasang kuwento				
Naisusulat ang isang paglalarawan ng sariling kultura na maaaring gamitin sa isang pagsasalaysay				
Nagagamit ang mga pahayag sa pagsisimula, pagpapatuloy ng mga pangyayari at pagtatapos ng isang kuwento				
Nauuri ang mga tiyak na bahagi at katangian ng isang dula batay sa napakinggang diyologo o pag-uusap				
Nasusuri ang binasang dula batay sa pagkakabuo at mga elemento nito				
Napaghahambingang mga napanood na dula batay sa mga katangian at elemento ng bawat isa				
Naisusulat ang isang maikling dula tungkol sa karaniwang buhay ng isang pangkat ng tao sa ilang bansa sa Asya				
Nagagamit ang mga angkop na pang-ugnay sa pagsulat ng maikling dula				
Naipahahayag ang damdamin at pag-unawa sa napakinggang akdang orihinal				
Naipaliliwanag ang naging bisa ng nabasang akda sa sariling kaisipan at damdamin				
Nabibigyang- kahulugan ang mahihirap na salita batay sa konteksto ng pangungusap; ang matatalinghagang pahayag sa parabola; ang mga salitang may natatagong kahulugan; ang mga salita batay sa kontekstong pinaggamitan; ang mahihirap na salita batay sa kasingkahulugan at kasalungat na kahulugan;				
Naisusulat ang sariling akda na nagpapakita ng pagpapahalaga sa pagiging Asyano				
Nagagamit ang linggwistikong kahusayan sa pagsulat ng				



	sariling akda na nagpapakita ng pagpapahalaga sa pagiging isang Asyano				
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Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Napatutunayang ang mga pangyayari sa binasang parabula ay maaaring maganap sa tunay na buhay sa kasalukuyan				
	Naisusulat ang isang anekdota o liham na nangangaral; isang halimbawang elehiya;				
	Nagagamit nang wasto sa pangungusap ang matatalinghagang pahayag				
	Nasusuri ang mga elemento ng elehiya batay sa: - Tema - Mga tauhan - Tagpuan - Mga mahihiwatigang kaugalian o tradisyon - Wikang ginamit - Pahiwatig o simbolo - Damdamin				
	Nabibigyang-puna ang nakitang paraan ng pagbigkas ng elehiya o awit				
	Nagagamit ang mga angkop na pang-uri na nagpapasidhi ng damdamin				
	Nasusuri ang mga tunggalian (tao vs. tao, at tao vs. sarili) sa kuwento batay sa napakinggang pag-uusap ng mga tauhan				
	Napatutunayang ang mga pangyayari at/o transpormasyong nagaganap sa tauhan ay maaaring mangyari sa tunay na buhay				
	Natutukoy ang pinagmulan ng salita (etimolohiya)				
	Naiuugnay sa kasalukuyan ang mga tunggaliang (tao vs. tao at tao vs. sarili) napanood na programang pantelebisyon				



	Naisusulat muli ang maikling kuwento nang may pagbabago sa ilang pangyayari at mga katangian ng sinuman sa mga tauhan; ang sariling wakas sa naunang alamat na binasa				
	Nagagamit ang angkop na pang-ugnay na hudyat ng pagsusunod-sunod ng mga pangyayari sa lilikhaing kuwento				
	Nabibigyang-kahulugan ang kilos, gawi at karakter ng mga tauhan batay sa usapang napakinggan				
	Napatutunayan ang pagiging makatotohanan/ di makatotohanan ng akda				
	Nagagamit ang mga pang-abay na pamanahon , panlunan at pamaraan sa pagbuo ng alamat				
	Nahuhulaan ang maaaring mangyari sa akda batay sa ilang pangyayaring napakinggan				
	Nailalarawan ang natatanging kulturang Asyano na masasalamain sa epiko				
	Nabibigyang-katangian ang isa sa mga itinuturing na bayani ng alinmang bansa sa Kanlurang Asya				
	Nagagamit ang mga angkop na salita sa paglalarawan ng kulturang Asyano at bayani ng Kanlurang Asya				
	Naiisa-isa ang kultura ng Kanluraning Asyano mula sa mga akdang pampanitikan nito -*				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4	Batay sa napakinggan, natitiyak ang kaligirang pangkasaysayan ng akda sa pamamagitan ng: - pagtukoy sa layunin ng may- akda sa pagsulat nito - pag-isa-isa sa mga kondisyon ng lipunan sa panahong isinulat ito pagpapatunay sa pag-iral pa ng mga kondisyong ito sa kasalukuyang panahon sa lipunang Pilipino				
	Nailalarawan ang mga kondisyong panlipunan bago at matapos isinulat ang akda				
	Natutukoy ang mga kontekstuwal na pahiwatig sa pagbibigay-kahulugan				
	Nabibigyang-patunay na may pagkakatulad / pagkakaiba ang binasang akda sa ilang napanood na telenobela*				
	Nailalahad ang sariling pananaw, kongklusyon, at bisa ng akda sa sarili at sa nakararami				
	Naitatala ang nalikom na datos sa pananaliksik				
	Nagagamit ang mga angkop na salita / ekspresyon sa: - paglalarawan - paglalahad ng sariling pananaw - pag-iisa-isa pagpapatunay				
	Natutukoy ang kahalagahan ng bawat tauhan sa nobela				
	Naisusulat ang isang makahulugan at masining na iskrip ng isang monologo tungkol sa isang piling tauhan				
	Nagagamit ang tamang pang-uri sa pagbibigay- katangian				
	Naibabahagi ang sariling damdamin sa tinalakay na mga				



	pangyayaring naganap sa buhay ng tauhan				
	Nailalahad ang sariling pananaw sa kapangyarihan ng pag-ibig sa magulang, sa kasintahan, sa kapwa at sa bayan				
	Napapangkat ang mga salita ayon sa antas ng pormalidad ng gamit nito (<i>level of formality</i>)				
	Nakasusulat ng iskrip ng Mock Trial tungkol sa tunggalian ng mga tauhan sa akda*				
	Nagagamit ang mga angkop na ekspresyon sa pagpapahayag ng: - damdamin - matibay na paninindigan mga pangyayari*				
	Natitiyak ang pagkamakatotohanan ng akdang napakinggan sa pamamagitan ng pag-uugnay sa ilang pangyayari sa kasalukuyan				
	Naipaliliwanag ang mga kaugaliang binanggit sa kabanata na nakatutulong sa pagpapayaman ng kulturang Asyano				
	Naipaliliwanag ang iba't ibang paraan ng pagbibigay-pahiwatig sa kahulugan				
	Naipaliliwanag ang mga kaisipang nakapaloob sa aralin gaya ng: <ul style="list-style-type: none">• pamamalakad ng pamahalaan• paniniwala sa Diyos• kalupitan sa kapuwa• kayamanan• kahirapan at iba pa				
	Naihahambing ang mga katangian ng isang ina noon at sa kasalukuyan batay sa napanood na dulang pantelebisyon o pampelikula				
	Naipaliliwanag ang kahalagahan ng pagtupad sa tungkulin ng				



	ina at ng anak				
	Nagagamit ang mga angkop na ekspresyon sa: <ul style="list-style-type: none"> • pagpapaliwanag • paghahambing • pagbibigay ng opinyon 				
	Nasusuri ang pinanood na dulang panteatro na naka- <i>video clip</i> batay sa pamantayan				

Grade Level: Grade 10

Subject: Filipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1	Naipahahayag mahahalagang kaisipan/pananaw sa napakinggan, mitolohiya				
	Naiuugnay ang mga mahahalagang kaisipang nakapaloob sa binasang akda sa nangyayari sa: <ul style="list-style-type: none"> • Sariling karanasan • pamilya • pamayanan • lipunan • daigdig 				
	Naiuugnay ang kahulugan ng salita batay sa kayarian nito				
	Natutukoy ang mensahe at layunin ng napanood na cartoon ng isang mitolohiya				
	Naipahahayag nang malinaw ang sariling opinyon sa paksang tinalakay				

	Nagagamit ng wasto ang pandiwa 1. sa pagsasaad ng aksyon, pangyayari at karanasan; 2. pokus ng pandiwa: tagaganap at layon sa pagsulat ng paghahambing, pinaglalaanan at kagamitan, sa pagsulat ng saloobin sa paghahambing sa sariling kultura at ng ibang bansa; tagaganap at layon sa isinulat na sariling kuwento				
	Nasusuri ang tiyak na bahagi ng napakinggang parabula na naglalahad ng katotohanan, kabutihan at kagandahang-asal				
	Nasusuri ang nilalaman, elemento at kakanyahan ng binasang akda gamit ang mga ibinigay na tanong; binasang mitolohiya				
	Nabibigyang- puna ang estilo ng may-akda batay sa mga salita at ekspresyong ginamit sa akda; ang bisa ng paggamit ng mga salitang nagpapahayag ng matinding damdamin				
	Nagagamit ang angkop na mga piling pang-ugnay sa pagsasalaysay (pagsisimula, pagpapatuloy pagpapadaloyng mga pangyayari, pagwawakas)				
	Naipaliliwanag ang pangunahing paksa at pantulong na mga ideya sa napakinggang impormasyon sa radyo o iba pang anyo ng media				
	Nabibigyang-reaksiyon ang mga kaisipan o ideya sa tinalakay na akda, ang pagiging makatotohanan/di-makatotohanan ng mga pangyayari sa maikling kuwento				
	Natutukoy ang mga salitang magkakapareho o magkakaugnay ang kahulugan				
	Natatalakay ang mga bahagi ng pinanood na nagpapakita ng mga isyung pandaigdig				
	Naitatala ang mga impormasyon tungkol sa isa sa napapanahong isyung pandaigdig				
	Nagagamit ang angkop na mga pahayag sa pagbibigay ng				



	sariling pananaw				
	Nahihinuha ang katangian ng tauhan sa napakinggang epiko				
	Naibibigay ang sariling interpretasyon sa mga kinaharap na suliranin ng tauhan				
	Napapangatuwiran ang kahalagahan ng epiko bilang akdang pandaigdig na sumasalamín ng isang bansa				
	Naipaliliwanag ang mga alegoryang ginamit sa binasang akda				
	Natutukoy ang mga bahaging napanood na tiyakang nagpapakita ng ugnayan ng mga tauhan sa puwersa ng kalikasan				
	Naisusulat nang wasto ang pananaw tungkol sa pagkakaiba-iba at pagkakatulad ng mga epikong pandaigdig; ang paliwanag tungkol sa isyung pandaigdig na iniuugnay sa buhay ng mga Pilipino; sariling damdamin at saloobin tungkol sa sariling kultura kung ihahahambing sa kultura ng ibang bansa; suring-basa ng nobelang nabasa o napanood				
	Nagagamit ang angkop na mga hudyat sa pagsusunod-sunod ng mga pangyayari				
	Naipaliliwanag ang ilang pangyayaring napakinggan na may kaugnayan sa kasalukuyang mga pangyayari sa daigdig				
	Nakapagbibigay ng mga halimbawang pangyayari sa tunay na buhay kaugnay ng binasa)				
	Nabibigyang-kahulugan ang mahihirap na salita o ekspresyong ginamit sa akda batay sa konteksto ng pangungusap				
	Nagagamit ang angkop na mga panghalip bilang panuring sa mga tauhan				
	Naibibigay ang katangian ng isang tauhan batay sa napakinggang diyalogo				
	Nasusuri ang binasang kabanata ng nobela bilang isang akdang pampanitikan sa pananaw humanismo o alinmang angkop na				



	pananaw				
	Nakikilala ang pagkakaugnay-ugnay ng mga salita ayon sa antas o tindi ng kahulugang ipinahahayag nito (clining)				
	Naihahambing ang ilang pangyayari sa napanood na dula sa mga pangyayari sa binasang kabanata ng nobela				
	Nailalarawan ang kultura ng mga tuhan na masasalamatin sa kabanata				
	Naibabahagi ang sariling opinyon o pananaw batay sa napakinggan				
	Nakabubuo ng isang suring-basa sa alinmang akdang pampanitikang Mediterranean				
	Naibibigay ang kaugnay na mga konsepto ng piling salitang critique at simposyum				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2	Mitolohiya: Nailalahad ng mga pangunahing paksa at ideya batay sa napakinggang usapan ng mga tauhan				
	Naisasama ang salita sa iba pang salita upang makabuo ng ibang kahulugan (<i>collocation</i>)				
	Nakabubuo ang sistematikong panunuri sa mitolohiyang napanood				
	Naihahambing ang mitolohiya mula sa bansang kanluranin sa mitolohiyang Pilipino				
	Dula: Nailalahad ang kultura ng lugar na pinagmulan ng kuwentong-bayan sa napakinggang usapan ng mga tauhan				
	Naihahambing ang kultura ng bansang pinagmulan ng akda sa alinmang bansa sa daigdig				
	Naipaliliwanag ang kahulugan ng salita batay sa pinagmulan nito(epitimolohiya)				
	Naibibigay ang pinagmulan ng salita (etimolohiya)				



Naipaliliwanag ang katangian ng mga tao sa bansang pinagmulan ng kuwentong-bayan batay sa napanood na bahagi nito				
Naisusulat nang wasto ang ang sariling damdamin at saloobin tungkol sa sariling kultura kung ihahahambing sa kultura ng ibang bansa				
Tula: Naibibigay ang puna sa estilo ng napakinggang tula				
Nasusuri ang iba't ibang elemento ng tula				
Naibibigay ang kahulugan ng matatalinghagang pananalita na ginamit sa tula				
Naisusulat ang sariling tula na may hawig sa paksa ng tulang tinalakay				
Nagagamit ang matatalinghagang pananalita sa pagsulat ng tula				
Maikling Kuwento: Nasusuri sa diyalogo ng mga tauhan ang kasiningan ng akda				
Naitatala ang mga salitang magkakatulad at magkakaugnay sa kahulugan				
Nahihinuha sa mga bahaging pinanood ang pakikipag-ugnayang pandaigdig				
Naisasalaysay nang masining at may damdamin ang isinulat na maikling kuwento				
Nasusuri ang nobela sa pananaw realismo o alinmang angkop na pananaw/ teoryang pampanitikan				
Naihahambing ang akda sa iba pang katulad na <i>genre</i> batay sa tiyak na mga elemento nito				
Nabibigyang- kahulugan ang mahihirap na salita, kabilang ang mga terminong ginagamit sa panunuring pampanitikan				
Nabubuo ang sariling wakas ng napanood na bahagi ng				



teleserye na may paksang kaugnay ng binasa				
Nagagamit ang angkop at mabisang mga pahayag sa pagsasagawa ng suring –basa o panunuring pampanitikan				
Nagagamit ang iba’t ibang batis ng impormasyon sa pananaliksik tungkol sa mga teroyang pampanitikan				
Sanaysay: Naiuugnay nang may panunuri sa sariling saloobin at damdamin ang naririnig na balita, komentaryo, talumpati, at iba pa				
Naiuugnay ang mga argumentong nakuha sa mga artikulo sa pahayagan, magasin, at iba pa sa nakasulat na akda				
Naibibigay ang sariling pananaw o opinyon batay sa binasang anyo ng sanaysay (talumpati o editoryal)				
Nabibigyang-kahulugan ang mga salitang di lantad ang kahulugan sa tulong ng <i>word association</i>				
Nasusuri ang napanood na pagbabalita batay sa: - paksa - paraan ng pagbabalita at iba pa				
Naipahahayag ang sailing kaalaman at opinyon tungkol sa isang paksa sa isang talumpati				
Naisusulat ang isang talumpati tungkol sa isang kontrobersyal na isyu				
Nasusuri ang kasanayan at kaisahan sa pagpapalawak ng pangungusap				
Nabibigyang-puna ang mga nababasa sa mga social media (pahayagan, TV, <i>internet</i> tulad ng <i>fb</i> , <i>e-mail</i> , at iba pa)				
Natutukoy at nabibigyang-kahulugan ang mga salitang karaniwang nakikita sa <i>social media</i>				
Natutukoy ang mga popular na anyo ng panitikan na karaniwang nakikita sa mga <i>social media</i>				
Naisusulat at naibabahagi sa iba ang sariling akda				
Nagagamit ang kahusayan sa gramatikal at diskorsal na pagsulat				



	ng isang organisado at makahulugang akda				
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Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3	Mitolohiya: Naipaliliwanag ang pagkakaiba at pagkakatulad ng mitolohiya ng Africa at Persia				
	Nasusuri ang mga kaisipang nakapaloob sa mitolohiya batay sa: - suliranin ng akda - kilos at gawi ng tauhan desisyon ng tauhan				
	Nabibigyang-puna ang napanood na <i>video clip</i>				
	Napangangatuwiran ang sariling reaksiyon tungkol sa akdang binasa sa pamamagitan ng debate/pagtatalo)				
	Nagagamit nang angkop ang mga pamantayan sa pagsasaling-wika				
	Anekdotang Nahihinuha ang damdamin ng sumulat ng napakinggang anekdota				
	Nasusuri ang binasang anekdota batay sa: paksa- tauhan tagpuan motibo ng awtor paraan ng pagsula at iba pa				
	Nabibigyang -kahulugan ang salita batay sa ginamit na panlapi				
	Naibibigay ang sariling opinyon tungkol sa anekdotang napanood sa <i>you tube</i>				
	Naisusulat ang isang orihinal na komik strip batay sa isang anekdota				

	Nagagamit ang kahusayang gramatikal, diskorsal at strategic sa pagsulat at pagsasalaysay ng orhinal na anekdota				
	Tula:Nasusuri ang kasiningan at bisa ng tula batay sa napakinggan				
	Nabibigyang-kahulugan ang iba't ibang simbolismo at matatalinghagang pahayag sa tula				
	Naiaantas ang mga salita ayon sa damdaming ipinahahayag ng bawat isa				
	Epiko/ Maikling Kuwento: Naiuugnay ang suliraning nangingibabaw sa akda sa pandaigdigang pangyayari sa lipunan				
	Naihahanay ang mga salita batay sa kaugnayan ng mga ito sa isa't isa				
	Nabibigyang-puna ang napanood na <i>teaser</i> o <i>trailer</i> ng pelikula na may paksang katulad ng binasang akda				
	Naipahahayag ang damdamin at saloobin tungkol sa kahalagahan ng akda sa: - sarili - panlipunan pandaigdig				
	Nasusuri nang pasulat ang damdaming nakapaloob sa akdang binasa at ng alinmang <i>socila media</i>				
	Nabibigyang-kahulugan ang damdaming nangingibabaw sa akda				
	Naipaliliwanag ang mga likhang sanaysay batay sa napakinggan				
	Naihahambing ang pagkakaiba at pagkakatulad ng sanaysay sa ibang akda				
	Naibibigay ang katumbas na salita ng ilang salita sa akda (analohiya)				
	Naibibigay ang sariling reaksiyon sa pinanood na video na hinango sa <i>youtube</i>				
	Naisusulat ang isang talumpati na pang-SONA				



	Nagagamit ang angkop na mga tuwiran at di-tuwirang pahayag sa paghahatid ng mensahe				
	Nobela: Natutukoy ang tradisyong kinamulatan ng Africa at/o Persia batay sa napakinggang diyalogo				
	Nasusuri ang binasang kabanata ng nobela batay sa pananaw / teoryang pampanitikan na angkop dito				
	Nasusuri ang napanood na <i>excerpt</i> ng isang isinapelikulang nobela				
	Nailalapat nang may kaisahan at magkakaugnay na mga talata gamit ang mga pag-ugnay sa panunuring pampelikula*				
	Nagagamit ang iba't ibang batis ng impormasyon tungkol sa magagandang katangian ng bansang Africa at/o Persia				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4	Kailigirang Pangkasaysayan ng El Filibusterismo: Nasusuri ang pagkakaugnay ng mga pangyayaring napakinggan tungkol sa kaligirang pangkasaysayan ng El Filibusterismo				
	Natitiyak ang kaligirang pangkasaysayan ng akda sa pamamagitan ng: - pagtukoy sa mga kondisyon sa panahong isinulat ang akda - pagpapatunay ng pag-iral ng mga kondisyong ito sa kabuuan o ilang bahagi ng akda pagtukoy sa layunin ng may-akda sa pagsulat ng akda				
	Naiuugnay ang kahulugan ng salita batay sa kaligirang pangkasaysayan nito				
	Napahalagahan ang napanood pagpapaliwanag na kaligirang pangkasaysayan ng pagkakasulat ng El Filibusterismo sa pamamagitan ng pagbubuod nito gamit ang <i>timeline</i>				



Naisasalaysay ang magkakaugnay na mga pangyayari sa pagkakasulat ng El Filibusterismo				
Naisusulat ang buod ng kaligirang pangkasaysayan ng EL Filibusterismo batay sa ginawang <i>timeline</i>				
Naitatala ang mahahalagang impormasyon mula sa iba't ibang pinagkukunang sanggunian				
Nagagamit ang iba-ibang reperensya/ batis ng impormasyon sa pananaliksik				
Natutukoy ang papel na ginampanan ng mga tauhan sa akda sa pamamagitan ng: <ul style="list-style-type: none">- pagtunton sa mga pangyayari- pagtukoy sa mga tunggaliang naganap- pagtiyak sa tagpuan- pagtukoy sa wakas				
Nabibigyang-kahulugan ang matatalingha-gang pahayag na ginamit sa binasang kabanata ng nobela sa pamamagitan ng pagbibigay ng halimbawa				
Naiuugnay sa kasalukuyang mga pangyayaring napanood sa <i>video clip</i> ang pangyayari sa panahon ng pagkakasulat ng akda				
Naibabahagi ang ginawang pagsusuri sa napakinggang buod ng binasang akda batay sa: <ul style="list-style-type: none">- katanpagkamakato-tohanan ng mga pangyayari- tunggalian sa bawat kabanatagian ng mga tauhan				
Naisusulat ang buod ng binasang mga kabanata				
Nagagamit sa pagbubuod ang tamang mekaniks sa pagsulat (baybay, bantas, at iba pa), gayundin ang wastong pag-uugnay ng mga pangungusap/ talata				
Naipahahayag ang sariling paniniwala at pagpapahalaga kaugnay ng mga kaisipang namayani sa akda				
Nasusuri ang mga kaisipang lutang sa akda (Diyos, bayan,				



kapwa-tao, magulang)				
Natatalakay ang mga kaisipang ito: <ul style="list-style-type: none">- kabuluhan ng edukasyon- pamamalakad sa pamahalaan- pagmamahal sa:<ul style="list-style-type: none">- Diyos- Bayan- Pamilya- kapwa-tao- kabayanihan- karuwagan- paggamit ng kapangyarihan- kapangyarihan ng salapi- kalupitan at pagsasaman-tala sa kapwa- kahirapan- karapatang pantao- paglilibang- kawanggawa- paninindigan sa sariling prinsipyo at iba pa				
Naipaliliwanag ang kabuluhan ng mga kaisipang lutang sa akda kaugnay ng : <ul style="list-style-type: none">- karanasang pansarili- gawaing pangkomunidad- isyung pambansa- pangyayaring pandaigdig				
Naiuugnay ang kaisipang namayani sa pinanood na bahagi ng binasang akda sa mga kaisipang namayani sa binasang akda				
Naisusulat ang pagpapaliwanag ng sariling mga paniniwala at pagpapahalaga kaugnay ng mga kaisipang namayani sa akda				
Naipahahayag ang sariling paniniwala at pagpapahalaga gamit ang angkop na mga salitang hudyat sa paghahayag ng saloobin/				



	damdamin				
	Naisasaad ang pagkamakatotohanan ng akda sa pamamagitan ng pag-uugnay ng ilang pangyayari sa kasalukuyan				
	Naipaliliwanag ang kahulugan ng mga salitang hiram sa wikang Espanyol				
	Naisusulat ang maayos na paghahambing ng binuong akda sa iba pang katulad na akdang binasa				
	Nagagamit ang angkop na mga salitang naghahambing				
	Nasusuri ang tauhan na may kaugnayan sa: mga hilig/interes kawilihan/kagalakan/ kasiglahan /pagkainip/ pagkayamot; pagkatakot; Pagkapoot; pagkaaliw/ pagkalibang at iba pa				
	Nasusuri ang nobela batay sa pananaw/ teoryang: <ul style="list-style-type: none">• romantisismo• humanismo• naturalistiko• at iba pa				
	Nabibigyang-pansinang ilang katangiang klasiko sa akda				
	Nabibigyan ng kaukulang pagpapakahulugan ang mahahalagang pahayag ng awtor/ mga tauhan				
	Naisusulat ang paglalarawan ng mahahalagang pangyayari sa nobela na isinaalang-alang ang artistikong gamit ng may-akda sa mga salitang panlarawan				
	Nagagamit ang angkop at masining na paglalarawan ng tao, pangyayari at damdamin				
	Nailalarawan ang mga tauhan at pangyayari sa tulong ng mga pang-uring umaakit sa imahinasyon at mga pandama				



MATHEMATICS



Grade Level: Grade 1

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	visualizes and represents numbers from 0 to 100 using a variety of materials.				
Q1, Wk 2	identifies the number that is one more or one less from a given number.				
Q1, Wk 3	regroups sets of ones into sets of tens and sets of tens into hundreds using objects.				
Q1, Wk 4	compares two sets using the expressions “less than,” “more than,” and “as many as” and orders sets from least to greatest and vice versa.				
Q1, Wk 5	reads and writes numbers up to 100 in symbols and in words.				
Q1, Wk 6	visualizes and gives the place value and value of a digit in one- and two-digit numbers.				
Q1, Wk 7	renames numbers into tens and ones.				
Q1, Wk 8	compares numbers up to 100 using relation symbol and orders them in increasing or decreasing order.				
Q1, Wk 9	Identifies, reads and writes ordinal numbers: 1st, 2nd, 3rd, up to 10th object in a given set from a given point of reference.				
Q1, Wk 10	recognizes and compares coins and bills up to PhP100 and their notations.				
Q2, Wk 1 to 3	illustrates addition as “putting together or combining or joining sets” visualizes and adds the following numbers using appropriate techniques: a. two one-digit numbers with sums up to 18 b. three one-digit numbers c. numbers with sums through 99 without and with regrouping				
Q2, Wk 4	visualizes and solves one-step routine and non-routine problems involving addition of whole numbers including money with sums up to 99 using appropriate problem solving strategies.				
Q2, Wk 5	illustrates subtraction as “taking away” or “comparing” elements of sets.				
	illustrates that addition and subtraction are inverse operations.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2, Wk 6 to 8	visualizes, represents, and subtracts the following numbers: a. one-digit numbers with minuends through 18 (basic facts) b. one- to two-digit numbers with minuends up to 99 without regrouping c. one- to two-digit numbers with minuends up to 99 with regrouping				
Q2, Wk 9	subtracts mentally one-digit numbers from two-digit minuends without regrouping using appropriate strategies.				
Q2, Wk 9 to 10	visualizes, represents, and solves routine and non-routine problems involving subtraction of whole numbers including money with minuends up to 99 with and without regrouping using appropriate problem solving strategies and tools.				
Q3, Wk 1	counts groups of equal quantity using concrete objects up to 50 and writes an equivalent expression. e.g. 2 groups of 5				
	visualizes, represents, and separates objects into groups of equal quantity using concrete objects up to 50. e.g. 10 grouped by 5s				
Q3, Wk 2	visualizes, represents, divides a whole into halves and fourths and identifies $\frac{1}{2}$ and $\frac{1}{4}$ of a whole object.				
Q3, Wk 3	visualizes, represents and divides the elements of sets into two groups of equal quantities to show halves and four groups of equal quantities to show fourths				
Q3, Wk 4	visualizes and draws the whole region or set given its $\frac{1}{2}$ and/or $\frac{1}{4}$				
Q3, Wk 5	identifies, names, and describes the four basic shapes (square, rectangle, triangle and circle) in 2-dimensional (flat/plane) and 3- dimensional (solid) objects.				
Q3, Wk 6	draws the four basic shapes.				
Q3, Wk 7	constructs three dimensional objects (solid) using manipulative materials.				
Q3, Wk 8	determines the missing term/s using one attribute in a given continuous pattern (letters/ numbers/events) and in a given repeating pattern (letters, numbers, colors, figures, sizes, etc.).				
Q3, Wk 9	constructs equivalent number expression using addition and subtraction.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	e.g. $6 + 5 = 12 - 1$				
	identifies and creates patterns to compose and decompose using addition. e.g. $7 = 0 + 7, 1 + 6, 2 + 5, 3 + 4, 4 + 3, 5 + 2, 6 + 1, 7 + 0$				
Q3, Wk 10	visualizes and finds the missing number in an addition or subtraction sentence using a variety of ways e.g. $n + 2 = 5$ $5 - n = 3$				
Q4, Wk 1	tells the days in a week; months in a year in the right order.				
	determines the day or the month using a calendar.				
Q4, Wk 2	tells and writes time by hour, half-hour and quarter-hour using analog clock.				
Q4, Wk 3	solves problems involving time (days in a week, months in a year, hour, half-hour, and quarter-hour)				
Q4, Wk 4	compares objects using comparative words: short, shorter, shortest; long, longer, longest; heavy, heavier, heaviest; light, lighter, lightest.				
Q4, Wk 5 to 7	estimates and measures length, mass and capacity using non- standard units of measures.				
Q4, Wk 8	infers and interprets data presented in a pictograph without scales. e.g. finding out from the title what the pictograph is all about, comparing which has the least or greatest ...				
Q4, Wk 9	solves routine and non-routine problems using data presented in pictograph without scales.				



Grade Level: Grade 2

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	visualizes and represents numbers from 0-1000 with emphasis on numbers 101 – 1 000 using a variety of materials.				
Q1, Wk 2	gives the place value and finds the value of a digit in three-digit numbers.				
Q1, Wk 3	visualizes and counts numbers by 10s, 50s, and 100s.				
	reads and writes numbers up to 1 000 in symbols and in words.				
Q1, Wk 4	visualizes and writes three-digit numbers in expanded form.				
	compares numbers up using relation symbols and orders numbers up to 1 000 in increasing or decreasing order.				
Q1, Wk 5	Identifies, reads and writes ordinal numbers from 1st through the 20th object in a given set from a given point of reference.				
	reads and writes money in symbols and in words through PhP100.				
Q1, Wk 6	counts the value of a set of bills or a set of coins through PhP100 (peso-coins only; centavo-coins only; peso-bills only and combined peso-coins and peso-bills).				
	compares values of different denominations of coins and paper bills through PhP100 using relation symbols.				
Q1, Wk 7	illustrates the properties of addition (commutative, associative, identity) and applies each in appropriate and relevant situations.				
	visualizes, represents, and adds the following numbers with sums up to 1000 without and with regrouping: a. 2-digit by 3-digit numbers b. 3-digit by 3-digit numbers				
Q1, Wk 8 to 9	adds mentally the following numbers using appropriate strategies: a. 1- to 2-digit numbers with sums up to 50 b. 3-digit numbers and 1-digit numbers c. three -digit numbers and tens (multiples of 10 up to 90)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	d. 3-digit numbers and hundreds (multiples of 100 up to 900)				
Q1, Wk 9 to 10	solves routine and non-routine problems involving addition of whole numbers including money with sums up to 1000 using appropriate problem solving strategies and tools.				
Q2, Wk 1	visualizes, represents, and subtracts 2- to 3-digit numbers with minuends up to 999 without and with regrouping.				
Q2, Wk 2	subtracts mentally the following numbers without regrouping using appropriate strategies: a. 1-digit numbers from 1- to 3-digit numbers b. 3-digit numbers by tens and by hundreds				
Q2, Wk 3	solves routine and non-routine problems involving subtraction of whole numbers including money with minuends up to 1000 using appropriate problem solving strategies and tools.				
Q2, Wk 4	performs orders of operations involving addition and subtractions of small numbers.				
Q2, Wk 5	solves multi-step routine and non-routine problems involving addition and subtraction of 2- to 3-digit numbers including money using appropriate problem solving strategies and tools.				
Q2, Wk 6	illustrates and writes a related equation for each type of multiplication: repeated addition, array, counting by multiples, and equal jumps on the number line.				
Q2, Wk 7	illustrates the following properties of multiplication and apply each in relevant situation: (a) identity, (b) zero, and, (c) commutative.				
Q2, Wk 8	visualizes multiplication of numbers 1 to 10 by 2,3,4,5 and 10.				
	multiplies mentally 2,3,4,5 and 10 using appropriate strategies.				
Q2, Wk 9 to 10	solves routine and non-routine problems using appropriate problem solving strategies and tools: a. multiplication of whole numbers including money b. multiplication and addition or subtraction of whole numbers including				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	money				
Q3, Wk 1 to 2	visualizes and represents division, and writes a related equation for each type of situation: equal sharing, repeated subtraction, equal jumps on the number line, and formation of equal groups of objects.				
Q3, Wk 2	visualizes division of numbers up to 100 by 2,3,4,5, and 10 (multiplication table of 2, 3, 4, 5 and 10).				
Q3, Wk 3	divides mentally numbers by 2,3,4,5 and 10 using appropriate strategies (multiplication table of 2, 3, 4, 5 and 10).				
	illustrates that multiplication and division are inverse operations.				
Q3, Wk 4	solves routine and non-routine problems involving division of numbers by 2,3,4,5 and 10 and with any of the other operations of whole numbers including money using appropriate problem solving strategies and tools.				
Q3, Wk 5 to 6	visualizes, represents and identifies unit fractions with denominators of 10 and below.				
	reads and writes unit fractions.				
	compares using relation symbol and arranges in increasing or decreasing order the unit fractions.				
	identifies other fractions less than one with denominators 10 and below.				
	visualizes (using group of objects and number line), reads and writes similar fractions				
Q3, Wk 7	compares similar fractions using relation symbols.				
	arranges similar fractions in increasing or decreasing order.				
Q3, Wk 8	constructs squares, rectangles, triangles, circles, half-circles, and quarter circles using cut-outs and square grids.				
Q3, Wk 9	identifies straight lines and curves, flat and curved surfaces in a 3-dimensional object.				
Q3, Wk 10	determines the missing term/s in a given continuous pattern using two attributes (any two of the following: figures, numbers, colors, sizes, and orientations, etc.) e.g. 1, A, 2,B,3,C,__,__				
Q4, Wk 1	tells and writes time in minutes including a.m. and p.m. using analog and digital clocks.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	visualizes, represents, and solves problems involving time (minutes including a.m. and p.m. and elapsed time in days).				
Q4, Wk 2	compares the following unit of measures: a. length in meters or centimeters b. mass in grams or kilograms c. capacity in mL or L				
Q4, Wk 3	measures objects using appropriate measuring tools and unit of length in m or cm.				
	estimates and measures length using meter or centimeter.				
Q4, Wk 4	solves routine and non-routine problems involving length.				
Q4, Wk 5	measures objects using appropriate measuring tools and measuring units in g or kg.				
	estimates and measures mass using gram or kilogram.				
Q4, Wk 6	solves routine and non-routine problems involving mass.				
	measures objects using appropriate measuring tools in mL or L.				
Q4, Wk 7	finds the area of a given figure using square-tile units i.e. number of square-tiles needed.				
	estimates the area of a given figure using any shape.				
Q4, Wk 8	solves routine and non-routine problems involving any figure using square tiles.				
Q4, Wk 9	infers and interprets data presented in a pictograph without and with scales.				
Q4, Wk 10	solves routine and non-routine problems using data presented in a pictograph without and with scales.				



Grade Level: Grade 3
Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	visualizes numbers up to 10 000 with emphasis on numbers 1001 - 10000.				
	gives the place value and value of a digit in 4- to 5-digit numbers.				
	reads and writes numbers up to 10 000 in symbols and in words.				
Q1, Wk 2	rounds numbers to the nearest ten, hundred and thousand..				
	compares using relation symbols and orders in increasing or decreasing order 4- to 5-digit numbers up to 10 000.				
Q1, Wk 3	identifies ordinal numbers from 1st to 100 th with emphasis on the 21 st to 100 th object in a given set from a given point of reference.				
	recognizes, reads and writes money in symbols and in words through PhP1 000 in pesos and centavos				
Q1, Wk 4	compares values of the different denominations of coins and bills through PhP1 000 using relation symbols.				
	adds 3- to 4-digit numbers up to three addends with sums up to 10 000 without and with regrouping.				
Q1, Wk 5	estimates the sum of 3- to 4-digit addends with reasonable results.				
	adds mentally the following numbers using appropriate strategies: a. 2-digit and 1-digit numbers without or with regrouping b. 2- to 3-digit numbers with multiples of hundreds				
Q1, Wk 6	solves routine and non-routine problems involving addition of whole numbers with sums up to 10 000 including money using appropriate problem solving strategies and tools.				
Q1, Wk 7	subtracts 3-to 4-digit numbers from 3- to 4-digit numbers without and with regrouping.				
	estimates the difference of two numbers with three to four digits with reasonable results.				
Q1,	subtracts mentally the following numbers using appropriate strategies:				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Wk 8 to 9	a. 1- to 2-digit numbers without and with regrouping b. 2- to 3-digit numbers with multiples of hundreds without and with regrouping				
Q1, Wk 9 to 10	solves routine and non-routine problems involving subtraction without or with addition of whole numbers including money using appropriate problem solving strategies and tools.				
Q2, Wk 1	visualizes multiplication of numbers 1 to 10 by 6,7,8 and 9.				
	visualizes and states basic multiplication facts for numbers up to 10.				
Q2, Wk 2	Illustrates the properties of multiplication in relevant situations (commutative property, distributive property or associative property)				
Q2, Wk 3 to 4	multiplies numbers: a. 2- to 3-digit numbers by 1-digit numbers without or with regrouping b. 2-digit numbers by 2-digit numbers without regrouping c. 2-digit number by 2-digit numbers with regrouping d. 2- to 3-digit numbers by multiples of 10 and 100 e. 1- to 2-digit numbers by 1 000				
Q2, Wk 5	estimates the product of 2- to 3-digit numbers and 1- to 2-digit numbers with reasonable results .				
	multiplies mentally 2-digit by 1-digit numbers without regrouping with products of up to 100.				
Q2, Wk 6	solves routine and non-routine problems involving multiplication without or with addition and subtraction of whole numbers including money using appropriate problem solving strategies and tools.				
Q2, Wk 7	visualizes and states the multiples of 1- to 2-digit numbers.				
	visualizes division of numbers up to 100 by 6,7,8,and 9 (multiplication table of 6, 7, 8, and 9).				
Q2, Wk 8	visualizes and states basic division facts of numbers up to 10.				
	divides numbers without or with remainder: a. 2- to 3-digit numbers by 1- to 2- digit numbers b. 2-3 digit numbers by 10 and 100				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2, Wk 9	estimates the quotient of 2- to 3- digit numbers by 1- to 2- digit numbers.				
	divides mentally 2-digit numbers by 1-digit numbers without remainder using appropriate strategies.				
Q2, Wk 10	solves routine and non-routine problems involving division of 2- to 4-digit numbers by 1- to 2-digit numbers without or with any of the other operations of whole numbers including money using appropriate problem solving strategies and tools.				
Q3, Wk 1	identifies odd and even numbers.				
	visualizes and represents fractions that are equal to one and greater than one using regions,, sets and number line.				
Q3, Wk 2	reads and writes fractions that are equal to one and greater than one in symbols and in words.				
Q3, Wk 3	Represents, compares and arranges dissimilar fractions in increasing or decreasing order.				
Q3, Wk 4	visualizes and generates equivalent fractions.				
Q3, Wk 5	recognizes and draws a point, line, line segment and ray.				
	recognizes and draws parallel, intersecting and perpendicular lines.				
Q3, Wk 6	visualizes, identifies and draws congruent line segments.				
	identifies and visualizes symmetry in the environment and in design.				
Q3, Wk 7	identifies and draws the line of symmetry in a given symmetrical figure.				
	completes a symmetric figure with respect to a given line of symmetry.				
Q3, Wk 8	determines the missing term/s in a given combination of continuous and repeating pattern. e.g. 4A,5B, 6A,7B,___ 1 2 3 4				
Q3, Wk 9 to	finds the missing value in a number sentence involving multiplication or division of whole numbers.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
10	e.g. $n \times 7 = 56$ $56 \div n = 8$				
Q4, Wk 1	visualizes, represents, and converts time measure: a. from seconds to minutes, minutes to hours, and hours to a day and vice versa b. days to week, month and year and vice versa c. weeks to months and year and vice versa d. months to year and vice versa.				
Q4, Wk 2	solves problems involving conversion of time measure.				
Q4, Wk 3	visualizes, and represents, and converts common units of measure from larger to smaller unit and vice versa: meter and centimeter, kilogram and gram, liter and milliliter.				
	visualizes, and represents, and solves routine and non-routine problems involving conversions of common units of measure.				
Q4, Wk 4	solves routine and non-routine problems involving capacity measure.				
Q4, Wk 5	visualizes, and represents, and measures area using appropriate unit.				
Q4, Wk 6	solves routine and non-routine problems involving areas of squares and rectangles.				
Q4, Wk 7	collects data on one variable using existing records.				
	sorts, classifies, and organizes data in tabular form and presents this into a vertical or horizontal bar graph.				
Q4, Wk 8	infers and interprets data presented in different kinds of bar graphs (vertical/ horizontal).				
Q4, Wk 9	solves routine and non-routine problems using data presented in a single-bar graph.				
Q4, Wk 10	tells whether an event is sure, likely, equally likely, unlikely, and impossible to happen.				
	describes events in real-life situations using the phrases “sure to happen,” “likely to happen”, “equally likely to happen”, “unlikely to happen”, and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	"impossible to happen".				


Grade Level: Grade 4

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	visualizes numbers up to 100 000 with emphasis on numbers 10 001–100 000.				
	gives the place value and value of a digit in numbers up to 100 000.				
	reads and writes numbers, in symbols and in words, up to hundred thousand and compare them using relation symbols				
Q1, Wk 2	rounds numbers to the nearest thousand and ten thousand.				
	orders numbers up to 100 000 in increasing or decreasing order.				
Q1, Wk 3	multiplies numbers up to 3-digit numbers by up to 2-digit numbers without or with regrouping.				
	estimates the products of 3- to 4-digit numbers by 2- to 3- digit numbers with reasonable results.				
Q1, Wk 4	multiplies mentally 2-digit by 1-to 2-digit numbers with products up to 200 and explains the strategies used.				
	solves routine and non-routine problems involving multiplication of whole numbers including money using appropriate problem solving strategies and tools.				
Q1, Wk 5	solves multi-step routine and non-routine problems involving multiplication and addition or subtraction using appropriate problem solving strategies and tools.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 6	divides 3- to 4-digit numbers by 1-to 2-digit numbers without and with remainder.				
	divides mentally 2- to 4-digit numbers by tens or hundreds or by 1 000 without and with remainder.				
Q1, Wk 7	estimates the quotient of 3- to 4-digit dividends by 1- to 2-digit divisors with reasonable results.				
Q1, Wk 8	solves routine and non-routine problems involving division of 3- to 4-digit numbers by 1- to 2-digit numbers including money using appropriate problem solving strategies and tools.				
Q1, Wk 9	solves multi-step routine and non-routine problems involving division and any of the other operations of whole numbers including money using appropriate problem solving strategies and tools.				
Q1, Wk 10	performs a series of two or more operations applying Multiplication, Division, Addition, Subtraction (MDAS) correctly.				
Q2, Wk 1	identifies factors of a given number up to 100.				
	identifies the multiples of a given number up to 100.				
	differentiates prime from composite numbers.				
Q2, Wk 2	writes a given number as a product of its prime factors.				
	finds the common factors, greatest common factor (GCF), common multiples and least common multiple (LCM) of two numbers using the following methods: listing, prime factorization, and continuous division.				
Q2, Wk 3	solves real-life problems involving GCF and LCM of 2 given numbers.				
Q2, Wk 4	changes improper fraction to mixed numbers and vice versa.				
	changes fractions to lowest forms.				
Q2, Wk 5	visualizes addition and subtraction of similar and dissimilar fractions.				
	visualizes subtraction of a fraction from a whole number.				
Q2, Wk 6	performs addition and subtraction of similar and dissimilar fractions.				
Q2, Wk 7	solves routine and non-routine problems involving addition and/or subtraction of fractions using appropriate problem solving strategies and tools.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2, Wk 8	visualizes decimal numbers using models like blocks, grids, number lines and money to show the relationship to fractions.				
	renames decimal numbers to fractions, and fractions whose denominators are factors of 10 and 100 to decimals.				
Q2, Wk 9	gives the place value and the value of a digit of a given decimal number through hundredths.				
	reads and writes decimal numbers through hundredths.				
Q2, Wk 10	rounds decimal numbers to the nearest whole number and tenth.				
	compares and arranges decimal numbers.				
Q3, Wk 1	describes and draws parallel, intersecting, and perpendicular lines using ruler and set square.				
Q3, Wk 2	describes and illustrates different angles (right, acute, and obtuse) using models.				
	describes the attributes/properties of triangles and quadrilaterals using concrete objects or models.				
Q3, Wk 3	identifies and describes triangles according to sides and angles.				
	identifies and describes the different kinds of quadrilaterals: square, rectangle, parallelogram, trapezoid, and rhombus.				
Q3, Wk 4	relates triangles to quadrilaterals				
	relates one quadrilateral to another quadrilateral (e.g. square to rhombus).				
Q3, Wk 5	determines the missing term/s in a sequence of numbers (e.g. odd numbers, even numbers, multiples of a number, factors of a number, etc.) e.g. 3,6,9,___ 4,8,12,16,___ (e.g. odd numbers, even numbers, multiples of a number, factors of a number, etc.) 1 2 3 4 5 6 7 _____ 				
	finds the missing number in an equation involving properties of operations. (e.g. $(4+ \underline{\hspace{1cm}}) + 8 = 4 + (5 + \underline{\hspace{1cm}})$)				
Q3, Wk 6	finds the elapsed time in minutes and seconds.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	estimates the duration of time in minutes.				
	solves problems involving elapsed time.				
Q3, Wk 7	visualizes the perimeter of any given plane figure in different situations.				
	measures the perimeter of any given figure using appropriate tools.				
	finds the perimeter of triangles, squares, rectangles, parallelograms, and trapezoids.				
Q3, Wk 8	solves routine and non-routine problems in real-life situations involving perimeter of squares and rectangles, triangles, parallelograms, and trapezoids.				
Q3, Wk 9	differentiates perimeter from area.				
	converts sq. cm to sq. m and vice versa.				
Q4, Wk 1	finds the area of irregular figures made up of squares and rectangles using sq. cm and sq. m.				
	finds the area of triangles, parallelograms and trapezoids using sq. cm and sq. m.				
Q4, Wk 2	solves routine and non-routine problems involving squares, rectangles, triangles, parallelograms, and trapezoids.				
Q4, Wk 3	visualizes the volume of solid figures in different situations using non-standard (e.g. marbles, etc.) and standard units.				
	finds the volume of a rectangular prism using cu. cm and cu. m.				
Q4, Wk 4	solves routine and non-routine problems involving the volume of a rectangular prism.				
Q4, Wk 5	collects data on two variables using any source.				
	organizes data in tabular form and presents them in a single/double horizontal or vertical bar graph.				
Q4, Wk 6	interprets data presented in different kinds of bar graphs (vertical/horizontal, single/double bars).				
	solves routine and non-routine problems using data presented in a single or double-bar graph.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4, Wk 7	draws inferences based on data presented in a double-bar graph.				
	records favorable outcomes in a simple experiment (e.g. tossing a coin, spinning a wheel, etc.)				
Q4, Wk 8	expresses the outcome in a simple experiment in words, symbols, tables, or graphs.				
	explains the outcomes in an experiment.				
Q4, Wk 9	solves routine and non-routine problems involving a simple experiment.				

Grade Level: Grade 5

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	uses divisibility rules for 2, 5, and 10 to find the common factors of numbers.				
	uses divisibility rules for 3, 6, and 9 to find common factors.				
Q1, Wk 2	uses divisibility rules for 4, 8, 12, and 11 to find common factors.				
	solves routine and non-routine problems involving factors, multiples, and divisibility rules for 2,3,4,5,6,8,9,10,11, and 12.				
Q1, Wk 3	Performs a series of more than two operations on whole numbers applying Parenthesis, Multiplication, Division, Addition, Subtraction (PMDAS) or Grouping, Multiplication, Division, Addition, Subtraction (GMDAS) correctly.				
Q1, Wk 4	finds the common factors, GCF, common multiples and LCM of 2–4 numbers using continuous division.				
	solves real-life problems involving GCF and LCM of 2-3 given numbers.				
Q1, Wk 5	adds and subtracts fractions and mixed fractions without and with regrouping.				
Q1, Wk 6	solves routine and non-routine problems involving addition and/or subtraction of				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	fractions using appropriate problem solving strategies and tools.				
Q1, Wk 7	visualizes multiplication of fractions using models.				
	multiplies a fraction and a whole number and another fraction.				
	multiplies mentally proper fractions with denominators up to 10.				
Q1, Wk 8	solves routine or non-routine problems involving multiplication without or with addition or subtraction of fractions and whole numbers using appropriate problem solving strategies and tools.				
	shows that multiplying a fraction by its reciprocal is equal to 1.				
Q1, Wk 9	visualizes division of fractions.				
	divides simple fractions and whole numbers by a fraction and vice versa				
Q1, Wk 10	solves routine or non-routine problems involving division without or with any of the other operations of fractions and whole numbers using appropriate problem solving strategies and tools .				
Q2, Wk 1	gives the place value and the value of a digit of a given decimal number through ten thousandths.				
	reads and writes decimal numbers through ten thousandths.				
	rounds decimal numbers to the nearest hundredth and thousandth.				
Q2, Wk 2	compares and arranges decimal numbers.				
	adds and subtracts decimal numbers through thousandths without and with regrouping.				
Q2, Wk 3	solves routine or non-routine problems involving addition and subtraction of decimal numbers including money using appropriate problem solving strategies and tools.				
Q2, Wk 4	multiplies decimals up to 2 decimal places by 1- to 2-digit whole numbers.				
	multiplies decimals with factors up to 2 decimal places.				
Q2, Wk 5	estimates the products of decimal numbers with reasonable results.				
	solves routine and non-routine problems involving multiplication without or with addition or subtraction of decimals and whole numbers including money using appropriate problem solving strategies and tools.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2, Wk 6	divides decimals with up to 2 decimal places.				
	divides whole numbers with quotients in decimal form.				
Q2, Wk 7	solves routine and non-routine problems involving division without or with any of the other operations of decimals and whole numbers including money using appropriate problem solving strategies and tools.				
	visualizes the ratio of 2 given numbers.				
Q2, Wk 8	identifies and writes equivalent ratios.				
	expresses ratios in their simplest forms.				
Q2, Wk 9	finds the missing term in a pair of equivalent ratios.				
	defines and describes a proportion.				
	recognizes when two quantities are in direct proportion.				
Q3, Wk 1	visualizes percent and its relationship to fractions, ratios, and decimal numbers using models.				
	defines percentage, rate or percent, and base.				
	identifies the base, percentage, and rate in a problem.				
Q3, Wk 2	finds the percentage in a given problem.				
	solves routine and non-routine problems involving percentage using appropriate strategies and tools.				
Q3, Wk 3	visualizes, names, describes and draws polygons with 5 or more sides.				
	describes and compares properties of polygons (regular and irregular polygons).				
	visualizes congruent polygons.				
Q3, Wk 4	identifies the terms related to a circle.				
	draws circles with different radii using a compass.				
Q3, Wk 5	visualizes and describes solid figures.				
	makes models of different solid figures: cube, prism, pyramid, cylinder, cone, and sphere using plane figures.				
Q3, Wk 6	formulates the rule in finding the next term in a sequence. e.g. 1, 3, 7, 15, (15 x 2+1) Possible answers: (x 2 + 1) (+2, +4, +8, +16)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	uses different strategies (looking for a pattern, working backwards, etc.) to solve for the unknown in simple equations involving one or more operations on whole numbers and fractions. e.g. $3 \times _ + 1 = 10$ (the unknown is solved by working backwards)				
Q3, Wk 7	measures time using a 12-hour and a 24-hour clock.				
	calculates time in the different world time zones in relation to the Philippines.				
	solves problems involving time.				
Q3, Wk 8	visualizes circumference of a circle.				
	measures circumference of a circle using appropriate tools.				
	finds the circumference of a circle.				
Q3, Wk 9	solves routine and non-routine problems involving circumference of a circle.				
Q4, Wk 1	finds the area of a given circle.				
	solves routine and non-routine problems involving the area of a circle.				
Q4, Wk 2	visualizes the volume of a cube and rectangular prism.				
	names the appropriate unit of measure used for measuring the volume of a cube and a rectangle prism.				
	converts cu. cm to cu. m and vice versa; cu.cm to L and vice versa.				
Q4, Wk 3	finds the volume of a given cube and rectangular prism using cu. cm and cu. m.				
	estimates and uses appropriate units of measure for volume.				
Q4, Wk 4	solves routine and non-routine problems involving volume of a cube and rectangular prism in real-life situations using appropriate strategies and tools.				
Q4, Wk 5	reads and measures temperature using thermometer (alcohol and/or digital) in degree Celsius.				
	solves routine and non-routine problems involving temperature in real-life situations.				
Q4, Wk 6	organizes data in tabular form and presents them in a line graph.				
	interprets data presented in different kinds of line graphs (single to double-line graph).				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4, Wk 7	solves routine and non-routine problems using data presented in a line graph.				
	draws inferences based on data presented in a line graph.				
Q4, Wk 8	describes experimental probability.				
	performs an experimental probability and records result by listing.				
Q4, Wk 9	analyzes data obtained from chance using experiments involving letter cards (A to Z) and number cards (0 to 20).				
Q4, Wk 10	solves routine and non-routine problems involving experimental probability.				

Grade Level: Grade 6

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	adds and subtracts simple fractions and mixed numbers without or with regrouping.				
	solves routine and non-routine problems involving addition and/or subtraction of fractions using appropriate problem solving strategies and tools.				
Q1, Wk 2	multiplies simple fractions and mixed fractions.				
	solves routine or non-routine problems involving multiplication without or with addition or subtraction of fractions and mixed fractions using appropriate problem solving strategies and tools.				
Q1, Wk 3	divides simple fractions and mixed fractions.				
	solves routine or non-routine problems involving division without or with any of the other operations of fractions and mixed fractions using appropriate problem solving strategies and tools.				
Q1, Wk 4	adds and subtracts decimals and mixed decimals through ten thousandths				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	without or with regrouping.				
	solves 1 or more steps routine and non-routine problems involving addition and/or subtraction of decimals and mixed decimals using appropriate problem solving strategies and tools.				
Q1, Wk 5	multiplies decimals and mixed decimals with factors up to 2 decimal places.				
	multiplies mentally decimals up to 2 decimals places by 0.1, 0.01,10, and 100.				
	solves routine and non-routine problems involving multiplication of decimals and mixed decimals including money using appropriate problem solving strategies.				
Q1, Wk 6	solves multi-step problems involving multiplication and addition or subtraction of decimals, mixed decimals and whole numbers including money using appropriate problem solving strategies and tools.				
Q1, Wk 7	divides: a. whole numbers by decimals up to 2 decimal places and vice versa b. decimals/mixed decimals up to 2 decimal places				
Q1, Wk 8	divides decimals: a. up to 4 decimal places by 0.1, 0.01, and 0.001 b. up to 2 decimal places by 10, 100, and 1 000 mentally				
Q1, Wk 9	differentiates terminating from repeating, non-terminating decimal quotients.				
	solves routine and non-routine problems involving division of decimals, mixed decimals, and whole numbers including money using appropriate problem solving strategies and tools.				
Q1, Wk 10	solves multi-step routine and non-routine problems involving division and any of the other operations of decimals, mixed decimals, and whole numbers including money using appropriate problem solving strategies and tools.				
Q2, Wk 1	expresses one value as a fraction of another given their ratio and vice versa.				
	defines and illustrates the meaning of ratio and proportion using concrete or pictorial models.				
Q2, Wk 2	finds a missing term in a proportion (direct, inverse, and partitive).				
	solves problems involving direct proportion, partitive proportion, and inverse				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	proportion in different contexts such as distance, rate, and time using appropriate strategies and tools.				
Q2, Wk 3	finds the percentage or rate or percent in a given problem.				
	solves routine and non-routine problems involving finding the percentage, rate and base using appropriate strategies and tools.				
Q2, Wk 4	solves percent problems such as percent of increase/decrease (discounts, original price, rate of discount, sale price, marked-up price), commission, sales tax, and simple interest.				
Q2, Wk 5	describes the exponent and the base in a number expressed in exponential notation.				
	gives the value of numbers expressed in exponential notation.				
Q2, Wk 6	interprets and explains the Grouping, Exponent, Multiplication, Division, Addition, Subtraction (GEMDAS) rule.				
	performs two or more different operations on whole numbers with or without exponents and grouping symbols.				
Q2, Wk 7	describe the set of integers and identify real-life situations that make use of it.				
	compares integers with other numbers such as whole numbers, fractions, and decimals.				
Q2, Wk 8	compares and arranges integers on the number line.				
	describes and interprets the basic operations on integers using materials such as algebra tiles, counters, chips, and cards.				
Q2, Wk 9	performs the basic operations on integers.				
Q2, Wk 10	solves routine and non-routine problems involving basic operations of integers using appropriate strategies and tools.				
Q3, Wk 1	visualizes and describes the different solid figures: cube, prism, pyramid, cylinder, cone, and sphere using various concrete and pictorial models.				
	differentiates solid figures from plane figures.				
Q3, Wk 2	identifies the faces of a solid figure.				
Q3, Wk 3	formulates the rule in finding the nth term using different strategies (looking				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	for a pattern, guessing and checking, working backwards) e.g. 4,7,13,16,...n (the nth term is $3n+1$)				
	differentiates expression from equation.				
Q3, Wk 4	gives the translation of real-life verbal expressions and equations into letters or symbols and vice versa.				
	defines a variable in an algebraic expression and equation.				
Q3, Wk 5	represents quantities in real-life situations using algebraic expressions and equations.				
	solves routine and non-routine problems involving different types of numerical expressions and equations such as $7+9 = \underline{\hspace{1cm}} + 6$.				
Q3, Wk 6	calculates speed, distance, and time.				
	solves problems involving average rate and speed.				
Q3, Wk 7	finds the area of composite figures formed by any two or more of the following: triangle, square, rectangle, circle, and semi-circle.				
	solves routine and non-routine problems involving area of composite figures formed by any two or more of the following: triangle, square, rectangle, circle, and semi-circle.				
Q3, Wk 8	visualizes and describes surface area and names the unit of measure used for measuring the surface area of solid/space figures.				
Q3, Wk 9	finds the surface area of cubes, prisms, pyramids, cylinders, cones, and spheres.				
Q3, Wk 10	solves word problems involving measurement of surface area.				
Q4, Wk 1	determines the relationship of the volume between a rectangular prism and a pyramid; a cylinder and a cone; and a cylinder and sphere.				
Q4, Wk 2	finds the volume of cylinders, pyramids, cones, and spheres.				
	solves routine and non-routine problems involving volumes of solids.				
Q4, Wk 3	reads and interprets electric and water meter readings.				
	solves routine and non-routine problems involving electric and water consumption.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4, Wk 4	constructs a pie graph based on a given set of data and interpret it.				
Q4, Wk 5	solves routine and non-routine problems using data presented in a pie graph.				
Q4, Wk 6	describes the meaning of probability such as 50% chance of rain and one in a million chance of winning.				
	performs experiments and records outcomes.				
Q4, Wk 7	makes listings and diagrams of outcomes and tells the number of favorable outcomes and chances using these listings and diagrams.				
Q4, Wk 8	makes simple predictions of events based on the results of experiments.				
Q4, Wk 9	solves routine and non-routine problems involving experimental and theoretical probability.				

Grade Level: Grade 7

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	illustrates well-defined sets, subsets, universal sets, null set, cardinality of sets, union and intersection of sets and the different of two sets				
Q1, Wk 2	solves problems involving sets with the use of Venn Diagram.				
Q1, Wk 3	represents the absolute value of a number on a number line as the distance of a number from 0.				
	performs fundamental operations on integers.				
Q1, Wk 4	illustrates the different properties of operations on the set of integers.				
	expresses rational numbers from fraction form to decimal form and vice versa.				
Q1, Wk 5	performs operations on rational numbers				
Q1, Wk 6	describes principal roots and tells whether they are rational or irrational.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	determines between what two integers the square root of a number is.				
Q1, Wk 7	estimates the square root of a whole number to the nearest hundredth.				
	plots irrational numbers (up to square roots) on a number line.***				
Q1, Wk 8	illustrates the different subsets of real numbers.				
	arranges real numbers in increasing or decreasing order and on a number line.				
Q1, Wk 9 to 10	writes numbers in scientific notation and vice versa.				
	represents real-life situations and solves problems involving real numbers.				
Q2, Wk 1	approximates the measures of quantities particularly length , weight/mass, volume, time, angle and temperature and rate.				
Q2, Wk 2	converts measurements from one unit to another in both Metric and English systems.				
	solves problems involving conversion of units of measurement.				
Q2, Wk 3	translates English phrases to mathematical phrases and English sentences to mathematics sentences, and vice versa.				
	Illustrates and differentiates related terms in algebra: a. a^n where n is a positive integer b. constants and variables c. literal coefficients and numerical coefficients d. algebraic expressions, terms and polynomials e. number of terms, degree of the term and degree of the polynomial.				
Q2, Wk 4	evaluates algebraic expressions for given values of the variables.				
	adds and subtracts polynomials.				
Q2, Wk 5	derives the laws of exponent.				
	multiplies and divides polynomials.				
Q2, Wk 6	uses models and algebraic methods to find the: (a) product of two binomials; (b) product of the sum and difference of two terms; (c) square of a binomial; (d) cube of a binomial; (e) product of a binomial and a trinomial.				
Q2, Wk 7	solves problems involving algebraic expressions.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
to 8	differentiates algebraic expressions, equations and inequalities.				
	illustrates linear equation and inequality in one variable.				
Q2, Wk 9 to 10	finds the solution of linear equation or inequality in one variable.				
	solves linear equation or inequality in one variable involving absolute value by: (a) graphing; and (b) algebraic methods.				
	solves problems involving equations and inequalities in one variable.				
Q3, Wk 1	represents point, line and plane using concrete and pictorial models.				
	illustrates subsets of a line.				
	classifies the different kinds of angles.				
Q3, Wk 2	derives relationships of geometric figures using measurements and by inductive reasoning; supplementary angles, complementary angles, congruent angles, vertical angles, adjacent angles, linear pairs, perpendicular lines, and parallel lines.				
Q3, Wk 3	derives relationships among angles formed by parallel lines cut by a transversal using measurement and by inductive reasoning.				
Q3, Wk 4	uses a compass and straightedge to bisect line segments and angles and construct perpendiculars and parallels.				
Q3, Wk 5	illustrates polygons: (a) convexity; (b) angles; and (c) sides.				
Q3, Wk 6	derives inductively the relationship of exterior and interior angles of a convex polygon.				
Q3, Wk 7	illustrates a circle and the terms related to it: radius, diameter chord, center, arc, chord, central angle, and inscribed angle.				
Q3, Wk 8 to 9	constructs triangles, squares, rectangles, regular pentagons, and regular hexagons.				
Q3, Wk 10	solves problems involving sides and angles of a polygon.				
Q4, Wk 1	poses real-life problems that can be solved by Statistics.				
	formulates simple statistical instruments.				
Q4, Wk 2	gathers statistical data.				
Q4, Wk 3	organizes data in a frequency distribution table.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4, Wk 4 to 5	uses appropriate graphs to represent organized data: pie chart, bar graph, line graph, histogram, and ogive.				
Q4, Wk 6 to 7	illustrates the measures of central tendency (mean, median, and mode) of a statistical data.				
	calculates the measures of central tendency of ungrouped and grouped data.				
Q4, Wk 8 to 9	illustrates the measures of variability (range, average deviation, variance, standard deviation) of a statistical data.				
	calculates the measures of variability of grouped and ungrouped data.				
Q4, Wk 10	uses appropriate statistical measures in analyzing and interpreting statistical data.				
	draws conclusions from graphic and tabular data and measures of central tendency and variability.				

Grade Level: Grade 8

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1 to 2	factors completely different types of polynomials (polynomials with common monomial factor, difference of two squares, sum and difference of two cubes, perfect square trinomials, and general trinomials).				
	solves problems involving factors of polynomials.				
Q1, Wk 3	illustrates rational algebraic expressions.				
	simplifies rational algebraic expressions.				
Q1, Wk 4	performs operations on rational algebraic expressions.				
	solves problems involving rational algebraic expressions.				
Q1, Wk 5	illustrates the rectangular coordinate system and its uses.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	illustrates linear equations in two variables.				
	Illustrates and finds the slope of a line given two points, equation, and graph.				
Q1, Wk 6	writes the linear equation $ax + by = c$ in the form $y = mx + b$ and vice versa.				
	graphs a linear equation given (a) any two points; (b) the x – and y – intercepts; (c) the slope and a point on the line.				
	describes the graph of a linear equation in terms of its intercepts and slope.				
Q1, Wk 7	finds the equation of a line given (a) two points; (b) the slope and a point; (c) the slope and its intercepts.				
	solves problems involving linear equations in two variables.				
Q1, Wk 8	illustrates a system of linear equations in two variables.				
	graphs a system of linear equations in two variables.				
	categorizes when a given system of linear equations in two variables has graphs that are parallel, intersecting, and coinciding.				
Q1, Wk 9 to 10	solves problems involving systems of linear equations in two variables by (a) graphing; (b) substitution; (c) elimination.				
Q2, Wk 1	differentiates linear inequalities in two variables from linear equations in two variables.				
	Illustrates and graphs linear inequalities in two variables.				
	solves problems involving linear inequalities in two variables.				
Q2, Wk 2	solves problems involving systems of linear inequalities in two variables.				
Q2, Wk 3	illustrates a relation and a function.				
	verifies if a given relation is a function.				
	determines dependent and independent variables.				
Q2, Wk 4	finds the domain and range of a function.				
	graphs and illustrates a linear function and its (a) domain; (b) range; (c) table of values; (d) intercepts; and (e) slope.				
Q2, Wk 5	solves problems involving linear functions.				
Q2, Wk 6	determines the relationship between the hypothesis and the conclusion of an if-				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	then statement.				
	transforms a statement into an equivalent if-then statement.				
Q2, Wk 7	determines the inverse, converse, and contrapositive of an if-then statement.				
Q2, Wk 8	illustrates the equivalences of: (a) the statement and its contrapositive; and (b) the converse and inverse of a statement.				
Q2, Wk 9-10	uses inductive or deductive reasoning in an argument.				
	writes a proof (both direct and indirect).				
Q3, Wk 1 to 3	describes a mathematical system.				
	illustrates the need for an axiomatic structure of a mathematical system in general, and in Geometry in particular: (a) defined terms; (b) undefined terms; (c) postulates; and (d) theorems.				
Q3, Wk 4 to 5	illustrates triangle congruence.				
	illustrates the SAS, ASA and SSS congruence postulates.				
Q3, Wk 6	solves corresponding parts of congruent triangles				
Q3, Wk 7	proves two triangles are congruent.				
Q3, Wk 8	proves statements on triangle congruence.				
Q3, Wk 9 to 10	applies triangle congruence to construct perpendicular lines and angle bisectors.				
Q4, Wk 1	illustrates theorems on triangle inequalities (Exterior Angle Inequality Theorem, Triangle Inequality Theorem, Hinge Theorem).				
Q4, Wk 2	applies theorems on triangle inequalities.				
Q4, Wk 3	proves inequalities in a triangle.				
Q4, Wk 4	proves properties of parallel lines cut by a transversal.				
Q4, Wk 5	determines the conditions under which lines and segments are parallel or perpendicular.				
Q4, Wk 6	illustrates an experiment, outcome, sample space and event.				
Q4, Wk 7	counts the number of occurrences of an outcome in an experiment: (a) table; (b) tree diagram; (c) systematic listing; and (d) fundamental counting principle.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4, Wk 8	finds the probability of a simple event.				
Q4, Wk 9 to 10	illustrates an experimental probability and a theoretical probability. solves problems involving probabilities of simple events.				

Grade Level: Grade 9

Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1 to 2	illustrates quadratic equations. solves quadratic equations by: (a) extracting square roots; (b) factoring; (c) completing the square; and (d) using the quadratic formula.				
Q1, Wk 3 to 4	characterizes the roots of a quadratic equation using the discriminant. describes the relationship between the coefficients and the roots of a quadratic equation. solves equations transformable to quadratic equations (including rational algebraic equations).				
Q1, Wk 5	solves problems involving quadratic equations and rational algebraic equations.				
Q1, Wk 6	illustrates quadratic inequalities solves quadratic inequalities. solves problems involving quadratic inequalities.				
Q1, Wk 7	models real-life situations using quadratic functions. represents a quadratic function using: (a) table of values; (b) graph; and (c) equation.				
Q1, Wk 8	transforms the quadratic function defined by $y = ax^2 + bx + c$ into the form $y = a(x - h)^2 + k$.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
to 9	graphs a quadratic function: (a) domain; (b) range; (c) intercepts; (d) axis of symmetry; (e) vertex; (f) direction of the opening of the parabola.				
	analyzes the effects of changing the values of a, h and k in the equation $y = a(x - h)^2 + k$ of a quadratic function on its graph.				
Q1, Wk 10	determines the equation of a quadratic function given: (a) a table of values; (b) graph; (c) zeros.				
	solves problems involving quadratic functions.				
Q2, Wk 1 to 3	illustrates situations that involve the following variations: (a) direct; (b) inverse; (c) joint; (d) combined.				
	translates into variation statement a relationship between two quantities given by: (a) a table of values; (b) a mathematical equation; (c) a graph, and vice versa.				
	solves problems involving variation.				
Q2, Wk 4	applies the laws involving positive integral exponents to zero and negative integral exponents.				
Q2, Wk 5	simplifies expressions with rational exponents.				
	writes expressions with rational exponents as radicals and vice versa.				
Q2, Wk 6	derives the laws of radicals.				
Q2, Wk 7	simplifies radical expressions using the laws of radicals.				
Q2, Wk 8	performs operations on radical expressions.				
Q2, Wk 9	solves equations involving radical expressions.				
Q2, Wk 10	solves problems involving radicals.				
Q3, Wk 1	determines the conditions that make a quadrilateral a parallelogram.				
Q3, Wk 2	uses properties to find measures of angles, sides and other quantities involving parallelograms.				
Q3, Wk 3	proves theorems on the different kinds of parallelogram (rectangle, rhombus, square).				
Q3, Wk 4	proves the Midline Theorem.				
	proves theorems on trapezoids and kites.				
Q3, Wk 5	solves problems involving parallelograms, trapezoids and kites.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3, Wk 6	describes a proportion.				
	applies the fundamental theorems of proportionality to solve problems involving proportions.				
Q3, Wk 7 to 8	illustrates similarity of figures.				
	proves the conditions for similarity of triangles. 1.1 SAS similarity theorem 1.2 SSS similarity theorem 1.3 AA similarity theorem 1.4 right triangle similarity theorem 1.5 special right triangle theorems				
Q3, Wk 9	applies the theorems to show that given triangles are similar.				
	proves the Pythagorean Theorem.				
Q3, Wk 10	solves problems that involve triangle similarity and right triangles.				
Q4, Wk 1 to 3	illustrates the six trigonometric ratios: sine, cosine, tangent, secant, cosecant, and cotangent.				
	finds the trigonometric ratios of special angles.				
Q4, Wk 4	illustrates angles of elevation and angles of depression.				
Q4, Wk 5	uses trigonometric ratios to solve real-life problems involving right triangles.				
Q4, Wk 6 to 7	illustrates laws of sines and cosines.				
Q4, Wk 8 to 10	solves problems involving oblique triangles.				



Grade Level: Grade 10
Subject: Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	generates patterns.				
Q1, Wk 2 to 3	illustrates an arithmetic sequence				
	determines arithmetic means, nth term of an arithmetic sequence and sum of the terms of a given arithmetics sequence.				
Q1, Wk 4	illustrates a geometric sequence.				
	differentiates a geometric sequence from an arithmetic sequence.				
Q1, Wk 5	determines geometric means, nth term of a geometric sequence and sum of the terms of a given finite or infinite geometric sequence				
Q1, Wk 6	solves problems involving sequences.				
Q1, Wk 7	performs division of polynomials using long division and synthetic division.				
	proves the Remainder Theorem, Factor Theorem and the Rational Root Theorem.				
Q1, Wk 8	factors polynomials.				
Q1, Wk 9	illustrates polynomial equations.				
Q1, Wk 10	solves problems involving polynomials and polynomial equations.				
Q2, Wk 1 to 2	illustrates polynomial functions.				
	understand, describe and interpret the graphs polynomial functions.				
	solves problems involving polynomial functions.				
Q2, Wk 3 to 4	derives inductively the relations among chords, arcs, central angles, and inscribed angles.				
	proves theorems related to chords, arcs, central angles, and inscribed angles.				
Q2, Wk 5 to 6	illustrates secants, tangents, segments, and sectors of a circle.				
	proves theorems on secants, tangents, and segments.				
	solves problems on circles.				
Q2, Wk 7	applies the distance formula to prove some geometric properties.				
Q2, Wk 8	illustrates the center-radius form of the equation of a circle.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	determines the center and radius of a circle given its equation and vice versa.				
Q2, Wk 9 to 10	graphs and solves problems involving circles and other geometric figures on the coordinate plane.				
Q3, Wk 1 to 2	illustrates the permutation of objects.				
	solves problems involving permutations				
Q3, Wk 3 to 4	illustrates the combination of objects.				
	differentiates permutation from combination of n objects taken r at a time.				
Q3, Wk 5	solves problems involving permutations and combinations				
Q3, Wk 6	illustrates events, and union and intersection of events.				
Q3, Wk 7	illustrates the probability of a union of two events.				
Q3, Wk 8	finds the probability of $(A \cup B)$.				
Q3, Wk 9 to 10	illustrates mutually exclusive events.				
	solves problems involving probability.				
Q4, Wk 1	illustrates the following measures of position: quartiles, deciles and percentiles.				
Q4, Wk 2	calculates a specified measure of position (e.g. 90 th percentile) of a set of data.				
Q4, Wk 3	interprets measures of position.				
Q4, Wk 4 to 5	solves problems involving measures of position.				
Q4, Wk 6 to 7	formulates statistical mini-research.				
Q4, Wk 8 to 10	uses appropriate measures of position and other statistical methods in analyzing and interpreting research data.				



MAPEH



MUSIC



Grade Level: Grade 1

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ Q1	identifies the difference between <i>sound</i> and <i>silence</i> accurately				
Week 2/Q1	relates images to sound and silence within a rhythmic pattern				
Week 3-5/Q1	Performs steady beat and accurate rhythm through clapping, tapping chanting, walking and playing musical instruments in response to sound <ul style="list-style-type: none">○ in groupings of 2s○ in groupings of 3s○ in groupings of 4s				
Week 6-8/Q1	creates simple ostinato patterns in groupings of 2s, 3s, and 4s through body movements				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	identifies the pitch of a tone as high or low				
Week 2/Q2	sings simple melodic patterns (so –mi, mi –so, mi – re-do)				
Week 3/Q2	sings the melody of a song with the correct pitch e.g. greeting songs, counting songs, or action songs				
Week 4/Q2	identifies similar or dissimilar musical lines				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5/Q2	identifies the beginning, ending, and repeated parts of a recorded music sample				
Week 6-8/Q2	Performs songs with the knowledge when to start, stop, repeat or end the song.				




Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	Relates the source of sound with different body movements e.g. wind, wave, swaying of the trees, animal sounds, or sounds produced by man-made devices or machines.				
Week 2-3/Q3	Produces sounds with different timbre using a variety of local materials				
Week 4/Q3	identifies volume changes from sound samples using the terms <i>loud</i> and <i>soft</i>				
Week 5-6/Q3	relates the concepts of dynamics to the movements of animals e.g. big animals/movement = loud; small animals/movement = soft				
Week 7-8/Q3	applies the concept of dynamic levels to enhance poetry, chants, songs, drama or musical stories				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	demonstrates the basic concepts of tempo through movements (fast or slow)				
Week 2/Q4	uses body movements or dance steps to respond to varied tempo - slow movement with slow music - fast movement with fast music				
Week 3/Q4	uses varied tempo to enhance poetry, chants, drama, and musical stories				
Week 4-6/Q4	demonstrates awareness of texture by identifying sounds that are solo or with other sounds.				
Week 4-6/Q4	distinguishes single musical line and multiple musical lines which occur simultaneously in a given song				
Week 7-8/Q4	sings two-part round songs e.g. Are You Sleeping, Brother John? Row, Row, Row Your Boat				

Grade Level: Grade 2

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	relates visual images to sound and silence using quarter note  , beamed eighth notes  and quarter rest  in a rhythmic pattern				
Week 2/Q1	maintains a steady beat when replicating a simple series of rhythmic				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	patterns (e.g. echo clapping, walking, tapping, chanting, and playing musical instruments)				
Week 3-4/Q1	reads stick notations in rhythmic patterns with measures of 2s, 3s and 4s				
Week 5-6/Q1	writes stick notations to represent the heard rhythmic patterns				
Week 7-8/Q1	creates simple ostinato patterns in measures of 2s, 3s, and 4s with body movements				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q2	identifies the pitch of tones as: high (so), low (mi); higher (la); lower (re)				
Week 1-2/Q2	responds to ranges of pitch through body movements, singing, or playing instruments				
Week 3-4/Q2	sings children's songs with accurate pitch				
Week 3-4/Q2	* demonstrates melodic contour through: a. movement b. music writing (on paper or on air) c. visual imagery				
Week 5-6/Q2	demonstrates the beginning, ending and repeats of a song with - movements - vocal sounds - instrumental sounds				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5-6/Q2	identifies musical lines as - similar - dissimilar				
Week 7-8/Q2	* creates melodic or rhythmic introduction and ending of songs				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	replicates different sources of sounds with body movements				
Week 2/Q3	identifies the common musical instruments by their sounds and image				
Week 2/Q3	recognizes the difference between speaking and singing				
Week 3-4/Q3	performs songs with appropriate vocal or sound quality (from available instruments)				
Week 5/Q3	distinguishes the dynamics of a song or music sample				
Week 5/Q3	uses the words “loud”, “louder”, “soft” and “softer” to identify variations in volume				
Week 6-8/Q3	Performs songs with appropriate dynamics				






Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q4	follows the correct tempo of a song including tempo changes				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q4	distinguishes “slow,” “slower,” “fast,” and “faster” in recorded music				
Week 3-4/Q4	identifies musical texture with recorded music <ul style="list-style-type: none">- melody with solo instrument or voice- single melody with accompaniment- two or more melodies sung or played together at the same time				
Week 5-6/Q4	distinguishes between single musical line and multiple musical lines which occur simultaneously				
Week 7-8/Q4	distinguishes between thinness and thickness of musical sound in recorded or performed music				

Grade Level: Grade 3

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	* relates images with sound and silence using quarter note , beamed eighth note , half note , quarter rest  and half rest  within a rhythmic pattern				
Week 2/Q1	maintains a steady beat when replicating a simple series of rhythmic patterns in measures of 2s, 3s, and 4s (e.g. echo clapping, walking, marching, tapping, chanting, dancing the waltz, or playing musical instruments)				
Week 5-6/Q1	plays simple ostinato patterns (continually repeated musical phrase or rhythm) with classroom instruments				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and other sound sources				
Week 7-8/Q1	creates continually repeated musical phrase or rhythm in measures of 2s, 3s, and 4s				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	identifies the pitch of a tone as: - high – higher - moderately high – higher - moderately low – lower - low – lower				
Week 2/Q2	matches the correct pitch of tones - with the voice - with an instrument				
Week 3/Q2	recreates simple patterns and contour of a melody				
Week 4/Q2	identifies the beginning, middle, ending and repetitions within a song or music sample				
Week 5/Q2	identifies musical lines as - similar - same - different				
Week 6-8/Q2	performs songs with accurate pitch from beginning to end including repetitions				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	recognizes musical instruments through sound				
Week 2/Q3	uses the voice and other sources of sound to produce a variety of timbres				
Week 3/Q3	distinguishes “loud,” “medium,” and “soft” in music				
Week 6/Q3	responds to conducting gestures of the teacher for “loud” and “soft”				
Week 7-8/Q3	applies varied dynamics to enhance poetry, chants, drama, songs and musical stories				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	applies correct tempo and tempo changes by following basic conducting gestures				
Week 2/Q4	distinguishes among fast, moderate, and slow in music				
Week 3-4/Q4	performs songs with appropriate tempo (use songs from the locality)				
Week 5-6/Q4	distinguishes between thinness and thickness of musical sound				
Week 7-8/Q4	demonstrates the concept of texture by singing “partner songs” (local or foreign song samples) 1. “Leron, Leron Sinta” 2. “Pamulinawen” 3. “It’s A Small World” 4. “He’s Got the Whole World in His Hands				



Grade Level: Grade 4

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	identifies different kinds of notes and rests (whole, half, quarter, and eighth)				
Week 2-3/Q1	reads different rhythmic patterns				
Week 4-5/Q1	performs rhythmic patterns in time signatures $\frac{2}{4}$, $\frac{3}{4}$, $\frac{4}{4}$				
Week 5-6/Q1	uses the bar line to indicate groupings of beats in $\frac{2}{4}$, $\frac{3}{4}$, $\frac{4}{4}$				
Week 7-8/Q1	identifies accented and unaccented pulses				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	recognizes the meaning of the G-Clef (treble clef)				
Week 2-3/Q2	identifies the pitch names of the G-clef staff including the ledger lines and spaces (below middle C)				
Week 4/Q2	identifies the movement of the melody as: <ul style="list-style-type: none"> - no movement - ascending stepwise - descending stepwise - ascending skipwise - descending skipwise 				
Week 5/Q2	identifies the highest and lowest pitch in a given notation of a musical piece to determine its range				
Week 6/Q2	sings with accurate pitch the simple intervals of a melody				
Week 7-8/Q2	creates simple melodic lines				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	identifies aurally and visually the <i>introduction</i> and <i>coda</i> (ending) of a musical piece				
Week 2/Q3	identifies aurally and visually the <i>antecedent</i> and <i>consequent</i> in a musical piece				
Week 3/Q3	recognizes similar and contrasting phrases in vocal and instrumental music <ol style="list-style-type: none"> 1. melodic 2. rhythmic 				
Week 4/Q3	performs similar and contrasting phrases in music <ol style="list-style-type: none"> 1. melodic 2. rhythmic 				
Week 5/Q3	identifies as vocal or instrumental, a recording of the following: <ol style="list-style-type: none"> 1. solo 2. duet 3. trio 4. ensemble 				
Week 6/Q3	identifies aurally and visually various musical ensembles in the community				
Week 7-8/Q3	applies dynamics in a simple music score using the symbols <i>p</i> (piano) and <i>f</i> (forte)				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	uses appropriate musical terms to indicate variations in tempo <ol style="list-style-type: none"> 1. <i>largo</i> 2. <i>presto</i> 				
Week 2/Q4	identifies aurally and visually an <i>ostinato</i> or <i>descant</i> in a music sample				
Week 3/Q4	recognizes solo or 2-part vocal or instrumental music				
Week 4/Q4	identifies harmonic intervals (2 pitches) in visual and auditory music				

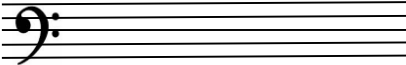


Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	samples				
Week 5/Q4	writes samples of harmonic intervals (2 pitches)				
Week 6-8/Q4	performs a song with harmonic intervals (2 pitches)				

Grade Level: Grade 5

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	identifies the kinds of notes and rests in a song				
Week 2/Q1	recognizes rhythmic patterns using quarter note, half note, dotted half note, dotted quarter note, and eighth note in simple time signatures				
Week 3-5/Q1	identifies accurately the duration of notes and rests in $\frac{2}{4}$, $\frac{3}{4}$, $\frac{4}{4}$ time signatures				
Week 6-8/Q1	creates different rhythmic patterns using notes and rests in time signatures				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	recognizes the meaning and uses of F-Clef on the staff 				
Week 1/Q2	identifies the pitch names of each line and space on the F-Clef staff				
Week 2/Q2	describes the use of the symbols: sharp (#), flat (b), and natural (n)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 3/Q2	recognizes aurally and visually, examples of melodic intervals				
Week 4/Q2	identifies the notes in the C major scale				
Week 5/Q2	determines the range of a musical example 1. wide 2. narrow				
Week 6/Q2	reads notes in different scales : Pentatonic scale, C major scale, G major scale				
Week 7-8/Q2	creates simple melodies				
Week 7-8/Q2	performs his/her own created melody				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	recognizes the design or structure of simple musical forms: 1. unitary (one section) 2. strophic (same tune with 2 or more sections and 2 or more verses)				
Week 2/Q3	creates a 4- line unitary song				
Week 3-4/Q3	creates a 4 –line strophic song with 2 sections and 2 verses				
Week 5/Q3	describes the following vocal timbres: 1. soprano 2. alto 3. tenor 4. bass				
Week 6/Q3	identifies aurally and visually different instruments in: 1. rondalla 2. drum and lyre band 3. bamboo group/ensemble (<i>Pangkat Kawayan</i>) 4. other local indigenous ensembles				
Week 7-8/Q3	creates music using available sound sources				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q4	uses appropriate musical terms to indicate variations in dynamics: <ol style="list-style-type: none"> 1. piano (<i>p</i>) 2. mezzo piano (<i>mp</i>) 3. forte (<i>f</i>) 4. mezzo forte (<i>mf</i>) 5. crescendo < 6. decrescendo > 				
Week 3-4/Q4	uses appropriate musical terminology to indicate variations in tempo: <ol style="list-style-type: none"> 1. largo 2. presto 3. allegro 4. moderato 5. andante 6. vivace 7. ritardando 8. accelerando 				
Week 4/Q4	describes the texture of a musical piece				
Week 5/Q4	performs 3-part rounds and partner songs				
Week 6-8/Q4	uses the major triad as accompaniment to simple songs				

Grade Level: Grade 6

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	identifies the values of the notes / rests used in a particular song				

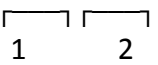




Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2-3/Q1	differentiates aurally among 2 3 4 and 6 time signatures 4. 4. 4 8				
Week 4-5/Q1	demonstrates the conducting gestures of 2 3 4 and 6 time signatures 4 4 4 8				
Week 6-8/Q1	creates rhythmic patterns in 2 3 4 and 6 time signatures 4 4 4 8				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-3/Q2	sings and plays solo or with group, melodies/songs in C Major, G Major, and F Major				
Week 4-6/Q2	creates simple melodies				
Week 7-8/Q2	sings self-composed melodies				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q3	identifies simple musical forms of songs from the community: 1. binary (AB) -has 2 contrasting sections (AB) 2. ternary (ABA)-has 3 sections, the third section similar to the first; (ABC) – has 3 sections 3. rondo (ABACA) -has contrasting sections in between repetitions of the A section (ABACA)				
Week 3/Q3	uses the different repeat marks that are related to form: 1. Da Capo (D.C.)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2. Dal Segno (D.S.) 3. Al Fine (up to the end) 4. D.C. al Fine (repeat from the beginning until the word Fine) 5. : : 6.  1 2 (ending 1, ending 2)				
Week 4/Q3	describes the instrumental sections of the Western orchestra				
Week 5/Q3	distinguishes various musical ensembles seen and heard in the community				
Week 6-8/Q3	uses varied dynamics in a song performance 1. piano (<i>p</i>) 2. mezzo piano (<i>mp</i>) 3. pianissimo (<i>pp</i>) 4. forte (<i>f</i>) 5. mezzo forte (<i>mf</i>) 6. fortissimo (<i>ff</i>) 7. crescendo  8. decrescendo 				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	identifies the different tempo in a music sample: 1. allegro 2. andante 3. ritardando 4. accelerando 5. largo				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	6. presto 7. vivace				
Week 2/Q4	demonstrates the different kinds of tempo by following tempo marks in a song from the community e.g.: <i>"Pandanguhan"</i>				
Week 4/Q4	identifies different textures from music samples 1. Vocal a. solo voice b. solo voice with accompaniment c. duet, partner songs, round songs 2. Instrumental a. solo b. ensemble				
Week 5/Q4	distinguishes monophonic, homophonic, and polyphonic textures				
Week 6/Q4	distinguishes the sound of a major chord from a minor chord				
Week 7-8/Q4	uses major or minor chords as accompaniment to simple songs				

Grade Level: Grade 7

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	describes the musical characteristics of representative music selections from the lowlands of Luzon after listening				
Week 2/Q1	analyzes the musical elements of some Lowland vocal and instrumental music selections;				
Week 3/Q1	* identifies the musical instruments and other sound sources from the lowlands of Luzon				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4/Q1	explores ways of producing sounds on a variety of sources that is similar to the instruments being studied;				
Week 5/Q1	improvises simple rhythmic/melodic accompaniments to selected music from the Lowlands of Luzon;				
Week 6/Q1	performs music from Luzon lowlands with own accompaniment;				
Week 7-8/Q1	evaluates music and music performances with rubrics on musical elements and styles.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	describes the musical characteristics of representative selections of Cordillera, Mindoro, Palawan and of the Visayas after listening;				
Week 2/Q2	explains the distinguishing characteristics of representative music from Cordillera, Mindoro, Palawan and of the Visayas in relation to its culture and geography;				
Week 3/Q2	identifies the musical instruments and other sound sources from Cordillera, Mindoro, Palawan and of the Visayas;				
Week 4/Q2	discovers ways of producing sounds on a variety of sources similar to instruments being studied;				
Week 5/Q2	improvises simple rhythmic/melodic accompaniments to selected music from the Cordillera, Mindoro, Palawan and of the Visayas;				
Week 6/Q2	performs music from Cordillera, Mindoro, Palawan and of the Visayas, with accompaniment				
Week 7-8/Q2	evaluates music and music performances using rubrics on musical elements and style.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	describes the musical characteristics of representative music selections from Mindanao after listening;				
Week 2/Q3	identifies the musical instruments and other sound sources of representative music selections from Mindanao				
Week 3/Q3	analyzes the musical elements of some Mindanao vocal and instrumental music;				
Week 4/Q3	discovers ways of producing sounds on a variety of sources that is similar to the instruments being studied;				
Week 5/Q3	improvises simple rhythmic/melodic accompaniments to selected music from Mindanao;				
Week 6/Q3	perform music from Mindanao with own accompaniment				
Week 7-8/Q3	evaluates music selections and music performances using rubrics on musical elements and style.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	identifies musical characteristics of selected Philippine festivals and theatrical forms through video or live performances;				
Week 2/Q4	describes the origins and cultural background of selected Philippine festival/s;				
Week 3/Q4	describes how the music contributes to the performance of the musical production;				
Week 4/Q4	describes how a specific idea or story is communicated through music in a particular Philippine musical theater				
Week 5-6/Q4	improvises music accompaniment in relation to a particular Philippine festival;				
Week 7-8/Q4	performs selection/s from chosen Philippine musical theater;				



Grade Level: Grade 8

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	listens perceptively to music of Southeast Asia;				
Week 2/Q1	analyzes musical elements of selected songs and instrumental pieces heard and performed;				
Week 3/Q1	explores ways of producing sounds on a variety of sources that would simulate instruments being studied;				
Week 4/Q1	improvises simple accompaniment to selected Southeast Asian music;				
Week 5-6/Q1	performs music from Southeast Asia with own accompaniment;				
Week 7-8/Q1	* evaluates music and music performances using guided rubrics applying knowledge of musical elements and style.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	listens perceptively to music of East Asia;				
Week 2/Q2	analyzes musical elements of selected songs and instrumental pieces heard and performed;				
Week 3/Q2	explores ways of producing sounds on a variety of sources that would simulate instruments being studied;				
Week 4/Q2	improvises simple accompaniment to selected East Asian music;				
Week 5-6/Q2	* performs music from East Asia with own accompaniment;				
Week 7-8/Q2	evaluates music and music performances using guided rubrics applying				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	knowledge of musical elements and style.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	listens perceptively to music of South Asia and the Middle East;				
Week 2/Q3	analyzes musical elements of selected songs and instrumental pieces heard and performed;				
Week 3/Q3	explores ways of producing sounds on a variety of sources that would simulate instruments being studied;				
Week 4/Q3	improvises simple accompaniment to selected South Asia and the Middle East music;				
Week 5-6/Q3	* performs music from South Asia and Middle East with own accompaniment;				
Week 7-8/Q3	evaluates music and music performances using guided rubrics applying knowledge of musical elements and style.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	identifies musical characteristics of selected Asian musical theater through video films or live performances;				
Week 2/Q4	describes the instruments that accompany Kabuki, <i>Wayang Kulit</i> , Peking Opera;				
Week 3/Q4	describes how a specific idea or story is communicated through music in a particular Asian musical theater;				
Week 4/Q4	improvises appropriate sound, music, gesture, movements, props and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	costume for performance of a chosen Asian traditional musical and theatrical form;				
Week 5-6/Q4	performs selection/s from chosen Asian musical theater;				
Week 7-8/Q4	evaluates music and music performances using guided rubrics applying knowledge of musical elements and style.				

Grade Level: Grade 9

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	describes the musical elements of selected vocal and instrumental music of Medieval, Renaissance and Baroque music;				
Week 2/Q1	explains the performance practice (setting, composition, role of composers/performers, and audience) during Medieval, Renaissance and Baroque periods;				
Week 3/Q1	* relates Medieval, Renaissance and Baroque music to other art forms and its history within the era;				
Week 4-5/Q1	* improvises appropriate accompaniment to selected music from Medieval, Renaissance and Baroque Period;				
Week 6-7/Q1	* performs music from Medieval, Renaissance and Baroque Period;				
Week 8/Q1	* evaluates music and music performances using guided rubrics				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	describes musical elements of given Classical period pieces;				
Week 2/Q2	explains the performance practice (setting, composition, role of composers/performers, and audience) during Classical Period				
Week 3/Q2	relates Classical music to other art forms and its history within the era;				
Week 4-5/Q2	improvises appropriate accompaniment to selected music from Classical Period				
Week 6-7/Q2	performs selected music from the Classical period;				
Week 8/Q2	evaluates music and music performances using guided rubrics.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	describes musical elements of given Romantic period pieces;				
Week 2/Q3	explains the performance practice (setting, composition, role of composers/performers, and audience) during Romantic Period				
Week 3/Q3	relates Romantic music to other art forms and its history within the era;				
Week 4-5/Q3	improvises appropriate accompaniment to selected music from Romantic Period				
Week 6-7/Q3	performs selected music from the Romantic period;				
Week 8/Q3	evaluates music and music performances using guided rubrics.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Q4	explains the plot, musical and theatrical elements of an opera after watching video samples;				
Week 3-4/Q4	performs themes or melodic fragments of given selected songs;				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5-6/Q4	improvises appropriate sounds, music, gestures, movements, and costumes for a chosen opera.				
Week 7-8/Q4	evaluates music performances using guided rubrics				

Grade Level: Grade 10

Subject: Music

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q1	describes distinctive musical elements of given pieces in 20 th century styles;				
Week 2-3/Q1	explains the performance practice (setting, composition, role of composers/performers, and audience) of 20 th century music;				
Week 4-5/Q1	relates 20 th Century music to other art forms and media during the same time period;				
Week 5-6/Q1	performs music sample from the 20 th century				
Week 7-8/Q1	evaluates music and music performances using guided rubrics				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q2	describes the historical and cultural background of Afro-Latin American and popular music;				
Week 2-3/Q2	analyzes musical characteristics of Afro-Latin American and popular music through listening activities;				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4-5/Q2	explores ways of creating sounds on a variety of sources suitable to chosen vocal and instrumental selections;				
Week 6-7/Q2	performs selections of Afro-Latin American and popular music in appropriate pitch, rhythm, style, and expression;				
Week 8/Q2	evaluates music and music performances using guided rubrics				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q3	narrates the life of selected contemporary Filipino composer/s ;				
Week 2/Q3	analyzes the musical characteristics of traditional and contemporary Philippine music;				
Week 3-5/Q3	improvises simple vocal/instrumental accompaniments to selected contemporary Philippine music;				
Week 6-7/Q3	performs selections of contemporary Philippine music;				
Week 8/Q3	evaluates music and music performances using guided rubrics.				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/Q4	describes how an idea or story in a musical play is presented by watching a live performance or video excerpt;				
Week 2-3/Q4	explains how theatrical elements in a selected part of a musical play are combined with music and media to achieve certain effects;				
Week 4-6/Q4	creates appropriate sounds, music, gestures, movements, and costume using media and technology for a selected part of a musical play;				
Week 7-8/Q4	performs an excerpt from a 20 th or 21 st century Philippine musical and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	highlight its similarities and differences to other western musical play.				



ARTS



Grade Level : Grade 1
Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. explains that ART is all around and is created by different people				
Week 2/1 st Q	2. identifies different lines, shapes, texture used by artists in drawing				
Weeks 3, 4, & 5/ 1 st Q	3. uses different drawing tools or materials - pencil, crayons, piece of charcoal, stick-on different papers, sinamay, leaves, tree bark, and other local materials to create his drawing about oneself, one's family, home, and school				
Weeks 6, 7, & 8/1 st Q	4. draws different kinds of plants showing a variety of shapes, lines and color				
Week 1/ 2 nd Q	1. identifies colors, both in natural and man-made objects, seen in the surrounding				
Week 2/ 2 nd Q	2. discusses the landscape that the learner and that others painted.				
Weeks 3 & 4/ 2 nd Q	3. creates a design inspired by Philippine flowers or objects found in school				
Weeks 5 & 6/ 2 nd Q	4. paints a home/school landscape or design choosing specific colors to create a certain feeling or mood				
Weeks 7 & 8/ 2 nd Q	5. appreciates and talks about the landscape he painted and the landscapes of others				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	1. differentiates between a print and a drawing or painting				
Weeks 2 & 3 / 3 rd Q	2. describes the shape and texture of prints made from objects found in nature and man-made objects and from the artistically designed prints in his artworks and in the artworks of others.				
Week 4 / 3 rd Q	3. creates a print by applying dyes on his finger or palm or any part of the body and pressing it to the paper, cloth, wall, etc. to create impression				
Week 5 / 3 rd Q	4. creates a print by rubbing pencil or crayon on paper placed on top of a textured objects from nature and found objects				
Week 6 / 3 rd Q	5. stencil a design (in recycled paper, plastic, cardboard, leaves, and other materials) and prints on paper, cloth, sinamay, bark, or a wall				
Week 7 / 3 rd Q	6. narrates experiences in experimenting different art materials				
Week 8 / 3 rd Q	7. participates in school/district exhibit and culminating activity in celebration of the National Arts Month (February)				
Week 1 / 4 th Q	1. differentiates between 2-dimensional and 3-dimensional artwork and states the difference				
Week 2 / 4 th Q	2. identifies the different materials that can be used in creating a 3-dimensional object: 2.1 clay or wood (human or animal figure) 2.2 bamboo (furniture, bahay kubo) 2.3 softwood (trumpo) 2.4 paper, cardboard, (masks) 2.5 found material (parol, sarangola)				
Week 3 / 4 th Q	3. selects 3D objects that are well proportioned, balanced and show emphasis in design				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4 / 4 th Q	4. describes the creativity of local and indigenous craftsmen and women who created artistic and useful things out of recycled materials like the <i>parol</i> , <i>maskara</i> , local toys, masks				
Week 5 / 4 th Q	5. creates a useful 3D object: a pencil holder, bowl, container, using recycled materials like plastic bottles				
Week 6 & 7 / 4 th Q	6. constructs a mask out of cardboard, glue, found materials, <i>bilao</i> , paper plate, string, seeds and other found materials for a celebration like the Maskara Festival of Bacolod				
	7. utilizes masks in simple role play or skit				
Week 8 / 4 th Q	8. creates mobiles out of recyclable materials such as cardboards, papers, baskets, leaves, strings and other found materials				
Week 9 / 4 th Q	9. creates human figures out of clay, flour-salt mixture, or paper-mache using different techniques				

Grade Level : Grade 2

Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Learning Exemplars/Learning Resources Available	LR Developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 1 st Q	1. describes the different styles of Filipino artists when they create portraits and still life (different lines and colors)				
Week 2 / 1 st Q	2. differentiates the contrast between shapes and colors of different fruits or plants and flowers in one's work and in the work of others				
Week 3 & 4 / 1 st Q	3. draws the different fruits or plants to show overlapping of shapes and the contrast of colors and shapes in his colored drawing				



Week 5 & 6 / 1 st Q	4. draws from an actual still life arrangement				
Week 7 & 8 / 1 st Q	5. draws a portrait of two or more persons - his friends, his family, showing the differences in the shape of their facial features (shape of eyes, nose, lips, head, and texture of the hair				
Week 8 / 1 st Q	6. narrates stories related to the output				
Weeks 1 & 2 / 2 nd Q	1. describes the lines, shapes, colors, textures, and designs seen in the skin coverings of different animals and sea creatures using visual arts words and actions.				
Weeks 3 & 4 / 2 nd Q	2. designs with the use of drawing and painting materials the sea or forest animals in their habitats showing their unique shapes and features, variety of colors and textures in their skin.				
Week 5 & 6 / 2 nd Q	3. creates designs by using two or more kinds of lines, colors and shapes by repeating or contrasting them, to show rhythm				
Week 7 & 8 / 2 nd Q	4. uses control of the painting tools and materials to paint the different lines, shapes and colors in his work or in a group work				
Week 7 & 8 / 2 nd Q	5. design an outline of a tricycle or jeepney on a big paper with lines and shapes that show repetition, contrast and rhythm				
Week 1/ 3 rd Q	1. differentiates natural and man-made objects with repeated or alternated shapes and colors and materials that can be used in print making				
Week 2/ 1 st Q	2. creates a consistent pattern by making two or three prints that are repeated or alternated in shape or color				
Week 3- 4 / 1 st Q	3. carves a shape or letter on an eraser or <i>kamote</i> , which can be painted and printed several times				



Week 5-6 / 1 st Q	4. creates a print on paper or cloth using cut-out designs				
Week 7-8 / 1 st Q	5. participates in a school/district exhibit and culminating activity in celebration of the National Arts Month (February)				
Week 1/4 th Q	1. discusses the artistry of different local craftsmen in creating: 1.1 <i>taka</i> of different animals and figures in Paete, Laguna 1.2 <i>sarangola</i> or kites 1.3 banca, native boats from Cavite, and coastal towns				
Week 2/1 st Q	2. Answer a brief diagnostic assessment on giving value and importance to the craftsmanship of local artists.				
3-4/ 1 st Q	3. identifies 3-dimensional crafts found in the locality giving emphasis on their shapes, textures, proportion and balance				
Week 5-6/ 1 st Q	4. executes the steps in making a paper mache with focus on proportion and balance				
Week 7-8/ 1 st Q	5. creates a clay human figure that is balanced and can stand on its own				

Grade Level : Grade 3

Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. distinguishes the size of persons in the drawing, to indicate its distance from the viewer				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2/1 st Q	2. shows the illusion of space in drawing the objects and persons in different sizes				
Week 3/1 st Q	3. explains that artist create visual textures by using a variety of lines and colors				
Week 4/1 st Q	4. discusses what foreground, middle ground, and background, are all about in the context of a landscape				
Week 5/1 st Q	5. describes the way of life of people in the cultural community				
Week 6/1 st Q	6. Creates a geometric design by contrasting two kinds of lines in terms of type or size.				
Week 7/1 st Q	7. sketches on-the-spot outside or near the school to draw a plant, flowers or a tree showing the different textures and shape of each part, using only a pencil or black crayon or ballpen				
Week 8/1 st Q	8. designs a view of the province/region with houses and buildings indicating the foreground middle ground and background by the size of the objects				
Week 1/ 2 nd Q	1. Discusses the concept that there is harmony in nature as seen in the color of landscapes at different times of the day Ex: 1.1 landscapes of Felix Hidalgo, Fernando Amorsolo, Jonahmar Salvosa 1.2 Still's life of Araceli Dans, Jorge Pineda, Agustin Goy				
Week 2/ 2 nd Q	2. Discusses the concept that nature is so rich for no two animals have the same shape, skin covering and color				
Week 3/ 2 nd Q	3. demonstrates how harmony is created in an artwork because of complementary colors and shapes				
Week 4/ 2 nd Q	4. paints a still life by observing the different shapes, color and texture of fruits, drawing them overlapping and choosing the right colors for each				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	fruit				
Week 5/ 2 nd Q	5. creates new tints and shades of colors by mixing two or more colors				
Week 6/ 2 nd Q	6. paints a landscape at a particular time of the day and selects colors that complement each other to create a mood				
Week 7/ 2 nd Q	7. discusses the characteristics of a wild animal by making several pencil sketches and painting it later, adding texture of its skin covering				
Week 8/ 2 nd Q	8. appreciates the truism that Filipino artists painted landscapes in their own particular style and can identify what makes each artist unique in his use of colors to create harmony				
Most Essential Learning Competencies					
Week 1 / 3 rd Q	1. Discusses the concept that a print made from objects found in nature can be realistic or abstract				
Week 2 / 3 rd Q	2. explains the importance and variety of materials used for printing				
Week 3 / 3 rd Q	3. Demonstrates the concept that a print design may use repetition of shapes or lines and emphasis on contrast of shapes and lines				
Week 4 / 3 rd Q	4. Demonstrates the concept that a print design can be duplicated many times by hand or by machine and can be shared with others				
Week 5 / 3 rd Q	5. explains the meaning of the design created				
Week 6 / 3 rd Q	6. stencils a paper or plastic sheets to be used for multiple prints on cloth or hard paper				
Week 7 / 3 rd Q	7. writes a slogan about the environment that correlates messages to be printed on T-shirts, posters, banners or bags				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8 / 3 rd Q	8. participates in a school/district exhibit and culminating activity in celebration of the National Arts Month (February)				
Most Essential Learning Competencies					
Week 1 / 4 th Q	1. identifies different styles of puppets made in the Philippines (form Teatro Mulat and Anino Theater Group)				
Week 1 / 4 th Q	2. discusses the variations of puppets in terms of material, structure, shapes, colors and intricacy of textural details				
Weeks 2-4 / 4 th Q	3. creates a puppet designs that would give a specific and unique character, with designs of varied shapes and colors on puppets to show the unique character of the puppet/s				
Week 4 / 4 th Q	4. constructs a simple puppet based on a character in a legend, myth or story using recyclable materials and bamboo sticks or twigs				
Week 5 & 7 / 4 th Q	5. manipulates a puppet to act out a character in a story together with the puppets				
Week 6 / 3 rd Q	6. performs as puppeteer together with others, in a puppet show, to tell a story using the puppet he/she created				
Week 7 / 3 rd Q	7. designs and creates mask or headdress with the use of recycled or natural objects inspired by best festivals				
Week 8 / 3 rd Q	8. creates a mask or headdress that is imaginary in design using found and recycled material, inspired by local Festivals				



Grade Level : Grade 4
Subjects : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 1 st Q	1. discusses the rich variety of cultural communities in the Philippines and their uniqueness (1.1 LUZON- Ivatan, Ifugao, Kalkminga, Bontok, Gaddang, Agta 1.2 VISAYAS – Ati 1.3 MINDANAO-Badjao, Mangyan, Samal, Yakan, Ubanon, Manobo, Higaonon, Talaandig, Matigsalog, Bilaan, T'boli, Tiruray, Mansaka, Tausug) and the distinctive characteristics of these cultural communities in terms of attire, body accessories, religious practices, and lifestyles.				
Weeks 2-4/1 st Q	2. Draws specific clothing, objects, and designs of at least one the cultural communities by applying an indigenous cultural motif into a contemporary design through crayon etching technique.				
Weeks 4/1 st Q	3. role plays ideas about the practices of the different cultural communities.				
Week 5-6/1 st Q	4. creates a drawing after close study and observation of one of the cultural communities' way of dressing and accessories.				
Week 7/1 st Q	5. produces a crayon resist on any of the topics: the unique design of the houses, household objects, practices, or rituals of one of the cultural groups				
Week 8/1 st Q	6. uses crayon resist technique in showing different ethnic designs or patterns.				
Week 1/ 2 nd Q	1. discusses pictures of localities where different cultural communities live where each group has distinct houses and practices.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2/ 2 nd Q	2. explains the attire and accessories of selected cultural communities in the country in terms of colors and shapes.				
Week 3/ 2 nd Q	3. appreciates the importance of communities and their culture.				
Week 4/ 2 nd Q	4. compares the geographical location, practices, and festivals of the different cultural groups in the country.				
Week 5/ 2 nd Q	5. paints the sketched landscape using colors appropriate to the cultural community's ways of life.				
Week 6/ 2 nd Q	6. tells a story or relates experiences about cultural communities seen in the landscape.				
Week 1 / 3 rd Q	1. discusses the texture and characteristics of each material.				
Week 1 / 3 rd Q	2. analyzes how existing ethnic motif designs are repeated and alternated.				
Week 2 / 3 rd Q	3. demonstrates the process of creating relief prints and how these relief prints makes the work more interesting and harmonious in terms of the elements involved.				
Week 2 / 3 rd Q	4. designs ethnic motifs by repeating, alternating, or by radials arrangement.				
Week 3 / 3 rd Q	5. creates a relief master or mold using additive and subtractive processes.				
Week 4 / 3 rd Q	6. creates simple, interesting, and harmoniously arranged relief prints from a clay design.				
Week 5 / 3 rd Q	7. prints reliefs with adequate skill to produce clean prints with a particular design motif (repeated or alternated).				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 6-7 / 3 rd Q	8. creates the relief mold using found material: hard foam; cardboard shapes glued on wood; strings and buttons, old screws, and metal parts glued on wood or cardboard.				
Weeks 8/ 3 rd Q	9. participates in a school/district exhibit and culminating activity in celebration of the National Arts Month (February).				
Week 1 / 4 th Q	1. differentiates textile traditions in other Asian Countries like China, India, Japan, Indonesia, and in the Philippines in the olden times and presently.				
Week 1 / 4 th Q	2. discusses pictures or actual samples of different kinds of mat weaving traditions in the Philippines.				
Week 2 / 4 th Q	3. discusses the intricate designs of mats woven in the Philippines: 3.1 Basey, Samar buri mats 3.2 Iloilo bamban mats 3.3 Badjao&Samal mats 3.4 Tawi-tawilaminusa mats 3.5 Romblon buri mats				
Week 3 / 4 th Q	4. explains the steps to produce good tie-dye designs.				
Week 4 / 4 th Q	5. explains the meaning of designs, colors, and patterns used in the artworks.				
Week 5 & 7 / 4 th Q	6. creates a small mat using colored buri strips or any material that can be woven, showing different designs: squares, checks zigzags, and stripes.				
	7. weaves own design similar to the style made by a local ethnic group.				
Week 6 / 3 rd Q	8. creates original tie-dyed textile design by following the traditional steps in tie-dyeing using one or two colors.				



Grade Level : Grade 5
Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. discusses events, practices, and culture influenced by colonizers who have come to our country by way of trading.				
Week 1/1 st Q	2. designs an illusion of depth/distance to simulate a3-dimensional effect by using crosshatching and shading techniques in drawings (old pottery, boats, jars, musical instruments).				
Week2/1 st Q	3. presents via powerpoint the significant parts of the different architectural designs and artifacts found in the locality. e.g. bahay kubo, torogan, bahay na bato, simbahan, carcel, etc.				
Week 2 /1 st Q	4. explains the importance of artifacts, houses, clothes, language, lifestyle - utensils, food, pottery, furniture - influenced by colonizers who have come to our country (Manunggul jar, balanghai, bahay na bato, kundiman, Gabaldon schools, vaudeville, Spanish-inspired churches).				
Weeks 3-4 /1 st Q	5. creates illusion of space in 3-dimensional drawings of important archeological artifacts seen in books, museums (National Museum and its branches in the Philippines, and in old buildings or churches in the community.				
Weeks 5-6/1 st Q	6. creates mural and drawings of the old houses, churches or buildings of his/her community.				
Weeks 7-8/1 st Q	7. participates in putting up a mini-exhibit with labels of Philippine artifacts and houses after the whole class completes drawings.				
Week 8/1 st Q	8. tells something about his/her community as reflected on his/her artwork.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 2 nd Q	1. explains the importance of natural and historical places in the community that have been designated as World Heritage Site (e.g., rice terraces in Banawe, Batad; Paoay Church; Miag-ao Church; landscape of Batanes, Callao Caves in Cagayan; old houses in Vigan, Ilocos Norte; and the torogan in Marawi)				
Weeks 2 & 3/ 2 nd Q	2. explains that artists have different art styles in painting landscapes or significant places in their respective provinces (e.g., Fabian dela Rosa, Fernando Amorsolo, Carlos Francisco, Vicente Manansala, Jose Blanco, Victorio Edades, Juan Arellano, Prudencio Lamarrosa, and Manuel Baldemor)				
Week 3/ 2 nd Q	3. presents via powerpoint the artistry of famous Filipino artists in painting different landscapes and is able to describe what makes each artist's masterpiece unique from others.				
Weeks 4-5/ 2 nd Q	4. sketches using complementary colors in painting a landscape.				
Weeks 6-7/ 2 nd Q	5. demonstrates skills and knowledge about foreground, middle ground, and background to emphasize depth in painting a landscape.				
Week 8/ 2 nd Q	6. discusses details of the landscape significant to the history of the country.				
Week 1 / 3 rd Q	1. discusses new printmaking technique using a sheet of thin rubber (used for soles of shoes), linoleum, or any soft wood that can be carved or gouged to create different lines and textures.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2 / 3 rd Q	2. discusses possible uses of the printed artwork				
Week 2 / 3 rd Q	3. shows skills in creating a linoleum, rubber or wood cut print with the proper use of carving tools.				
Week 3 / 3 rd Q	4. creates variations of the same print by using different colors of ink in printing the master plate.				
Weeks 4-5 / 3 rd Q	5. follows the step-by-step process of creating a print: 6.1 sketching the areas to be carved out and areas that will remain 6.2 carving the image on the rubber or wood using sharp cutting tools 6.3 preliminary rubbing 6.4 final inking of the plate with printing ink 6.5 placing paper over the plate, rubbing the back of the paper 6.1 impressing the print 6.2 repeating the process to get several editions of the print				
Week 6 / 3 rd Q	6. works with the class to produce a compilation of their prints and create a book or calendar which they can give as gifts, sell, or display on the walls of their school.				
Week 6 / 3 rd Q	7. demonstrates contrast in a carved or textured area in an artwork.				
Weeks 7/ 3 rd Q	8. produces several editions of the same print that are well-inked and evenly printed.				
Week 8/3 rd	9. participates in a school/district exhibit and culminating activity in celebration of the National Arts Month (February)				
Week 1 / 4 th Q	1. identifies the materials used in making 3-dimensional crafts which express balance and repeated variation of shapes and colors				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.1 mobile 1.2 papier-mâché jar 1.3 paper beads				
Week 1 /4 th Q	2. identifies the different techniques in making 3-dimensional crafts 2.1 mobile 2.2 papier-mâché jar 2.3 paper beads				
Week 2 / 4 th Q	3. discusses possibilities on the use of created 3-D crafts.				
Week 3 / 4 th Q	4. applies knowledge of colors, shapes, and balance in creating mobiles, papier-mâché jars, and paper beads.				
Week 4 / 4 th Q	5. demonstrates artistry in making mobiles with varied colors and shapes.				
Week 5 & 7 / 4 th Q	6. creates designs for making 3-dimensional crafts 6.1 mobile 6.2 papier-mâché jar 6.3 paper beads 7. shows skills in making a papier-mâché jar				
Week 6 / 3 rd Q	8. creates paper beads with artistic designs and varied colors out of old magazines and colored papers for necklace, bracelet, ID lanyard.				



Grade Level : **Grade 6**
Subject : **Arts**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. discusses the concept that art processes, elements and principles still apply even with the use of new technologies.				
Week 1/ 1 st Q	2. explains the elements and principles applied in commercial art.				
Week 2 / 1 st Q	3. applies concepts on the use of the software (commands, menu, etc.).				
Week 2 / 1 st Q	4. utilizes art skills in using new technologies (hardware and software).				
Week 3 / 1 st Q	5. creates personal or class logo as visual representation that can be used as a product, brand, or trademark				
Weeks 4 / 1 st Q	6. explains ideas about the logo				
Week 5 / 1 st Q	7. explains the elements and principles applied in comic art.				
Week 6 / 1 st Q	8. applies concepts on the steps/procedures in cartoon character making.				
Week 6 / 1 st Q	9. utilizes art skills in using new technologies (hardware and software) in cartoon character making.				
Week 7 / 1 st Q	10. creates own cartoon character to entertain, express opinions, ideas, etc.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8 / 1 st Q	11. explains ideas about the cartoon character				
Week 1/ 2 nd Q	1. Reviews the concept that art processes, elements and principles still apply even with the use of technologies.				
Week 1/ 2 nd Q	2. explains the elements and principles applied in digital art.				
Week 2/ 2 nd Q	3. applies concepts on the use of the software (commands, menu, etc.)				
Week 2/ 2 nd Q	4. utilizes art skills using new technologies (hardware and software) in digital painting.				
Weeks 3 - 4 / 2 nd Q	5. creates a digital painting similar with the Masters' (e.g., Van Gogh, Amorsolo, etc.) in terms of style, theme, etc.				
Weeks 5- 6 / 2 nd Q	6. discusses the elements and principles applied in layouting.				
Weeks 5- 6 / 2 nd Q	7. applies skills in layouting and photo editing using new technologies (hardware and software) in making a poster.				
Weeks 7- 8 / 2 nd Q	8. creates an advertisement/commercial or announcement poster.				
Week 1 / 3 rd Q	1. Explains the truism that design principles still apply for any new design (contrast of colors, shapes, and lines produces harmony) whether done by hand or machine (computer).				
Week 1 / 3 rd Q	2. Demonstrates understanding that digital technology has speeded up the printing of original designs and made it accessible to many, as				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	emphasized in t-shirts and poster designs.				
Week 2 / 3 rd Q	3. applies concepts on the steps/procedure in silkscreen printing.				
Week 2 / 3 rd Q	4. produces own prints from original design to silkscreen printing to convey a message or statement.				
Week 3 / 3 rd Q	5. Discusses the concepts and principles of photography.				
Week 4 / 3 rd Q	6. discusses the parts and functions of the camera (point and shoot or phone camera).				
Week 5-6 / 3 rd Q	7. applies composition skills to produce a printed photograph for a simple photo essay.				
Weeks 7-8 / 3 rd Q	8. participates in school/district exhibit and culminating activity in celebration of the National Arts Month (February)				
Week 1 / 4 th Q	1. Discusses the concept that design principles and elements relates to everyday objects.				
Week 1 / 4 th Q	2. explains the elements and principles applied in product design.				
Week 2 / 4 th Q	3. manifests understanding of concepts on the use of software (commands, menu, etc.)				
Week 2 / 4 th Q	4. utilizes art skills in using new technologies (hardware and software) in package design.				
Week 4 / 4 th Q	5. creates an actual 3-D digitally-enhanced product design for a paper bag.				
Week 3 / 4 th Q	6. reviews the truism that art processes, elements and principles still apply even with the use of technologies.				
	7. discusses the elements and principles applied in audio-video art.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 4-5 / 4 th Q	8. applies concepts on the use of the software (commands, menu, etc.)				
Weeks 5-6 / 4 th Q	9. utilizes art skills in using new technologies (hardware and software)				
Weeks 7-8 / 4 th Q	10. creates an audio-video art /animation promoting a product.				

Grade Level : Grade 7
Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	1. analyzes elements and principles of art in the production of one's arts and crafts inspired by the arts of Luzon (highlands and lowlands)				
	2. identifies characteristics of arts and crafts in specific areas in Luzon (e.g., papier mâché [taka] from Paete, Ifugao wood sculptures [bul'ul], Cordillera jewelry and pottery, tattoo, and Ilocos weaving and pottery [burnay], etc.)				
Weeks 2 - 4/ 1 st Q	3. reflects on and derive the mood, idea, or message emanating from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of their uses and their distinct use of art elements and principles				
	5. incorporates the design, form, and spirit of the highland/lowland artifact and object in one's creation				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	6. traces the external (foreign) and internal (indigenous) influences reflected in the design of an artwork and in the making of a craft or artifact				
Weeks 5-8 / 1 st Q	7. creates crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., habi, lilip, etc).				
	8. Discusses the elements from traditions/history of a community for one's artwork				
	9. shows the relationship of the development of crafts in specific areas of the country, according to functionality, traditional specialized expertise, and availability of resources (e.g. pottery, weaving, jewelry, baskets)				
	10. shows the relationship of Luzon (highlands and lowlands) arts and crafts to Philippine culture, traditions, and history (Islamic influences, Spanish heritage, and American legacies in education, business, modernization, and entertainment, as well as in indigenous practices, fiestas, and religious and social practices)				
Weeks 1 – 2 / 2 nd Q	1. analyzes the elements and principles of art in the production one's arts and crafts inspired by the arts of MIMAROPA and the Visayas				
	2. identifies the characteristics of arts and crafts in specific areas in MIMAROPA and the Visayas, Marinduque (Moriones masks), Palawan (Manunggul Jar), Mindoro (Hanunuo-Mangyan writing, basketry, and weaving), Bohol (churches), Cebu (furniture), Iloilo (culinary arts and old houses), Samar (Basey mats), etc.				
	3. reflects on and derive the mood, idea or message emanating from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of its utilization and its distinct use of art elements and principles				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 3-5 / 2 nd Q	5. incorporates the design, form and spirit of artifacts and art objects from MIMAROPA and the Visayas				
	6. explains the external (foreign) and internal (indigenous) influences that are reflected in the design of an artwork or in the making of a craft or artifact				
Weeks 6-8 / 2 nd Q	7. creates crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., habi, lilip, etc).				
	8. discusses elements from traditions/history of a community for one's artwork				
	9. Explains the correlation of the development of crafts in specific areas of the country, according to functionality, traditional specialized expertise, and availability of resources (e.g., architecture, weaving, pottery, accessories, masks, and culinary arts)				
	10. shows the relationship of MIMAROPA and Visayas arts and crafts to Philippine culture, traditions, and history (Islamic influences, Spanish heritage, and American legacies in education, business, modernization, and entertainment, as well as in indigenous practices, fiestas, and religious and social practices)				
Weeks 1-2 / 3 rd Q	1. analyzes elements and principles of art in the production one's arts and crafts inspired by the arts of Mindanao				
	2. identifies characteristics of arts and crafts in specific areas in Mindanao (e.g., maritime vessel [balanghay] from Butuan, vinta from Zamboanga; Maranao's malong, brasswares, okir, panolong, torogan, and sarimanok;				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Yakan's fabric and face makeup and body ornamentation; T'boli's tinalak and accessories; Tawi-tawi's Pangalaydance, etc.				
Weeks 3-5/3 rd Q	3. reflects on and derive the mood, idea, or message emanating from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of its utilization and their distinct use of art elements and principles				
	5. incorporates the design, form, and spirit of artifacts and objects from Mindanao to one's creation				
	6. traces the external (foreign) and internal (indigenous) influences that are reflected in the design of an artwork and in the making of a craft or artifact				
Weeks 6-8/3 rd Q	7. creates crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., habi, lilip, etc).				
	8. derives elements from traditions/history of a community for one's artwork				
	9. shows the relationship of the development of crafts in specific areas of the country, according to functionality, traditional specialized expertise, and availability of resources (e.g., pottery, weaving, jewelry, and basketry)				
	10. shows the relationship of Mindanao's arts and crafts to Philippine culture, traditions, and history, particularly with Islamic influences and indigenous (Lumad) practices				
	11. participates in exhibit using completed Mindanao-inspired arts and crafts in an organized manner				
Weeks 1-2 / 4 th Q	1. identifies the festivals and theatrical forms celebrated all over the country throughout the year				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2. researches on the history of the festival and theatrical composition and its evolution, and describe how the townspeople participate and contribute to the event				
	3. discusses the elements and principles of arts as seen in Philippine Festivals				
Weeks 3-4 / 4 th Q	4. explains what makes each of the Philippine festivals unique through a visual presentation				
Weeks 5-8 / 4 th Q	5. designs the visual elements and components of the selected festival or theatrical form through costumes, props, etc.				
	6. analyzes the uniqueness of each group's performance of their selected festival or theatrical form				
	7. choreographs the movements and gestures reflecting the mood of the selected Philippine festival/theatrical form				
	8. improvises accompanying sound and rhythm of the Philippine festival/theatrical form				
	9. performs in a group showcase of the selected Philippine festival/theatrical form				

Grade Level : Grade 8

Subject : Arts

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1. analyzes elements and principles of art in the production of arts and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2/ 1 st Q	crafts inspired by the cultures of Southeast Asia				
	2. identifies characteristics of arts and crafts in specific countries in Southeast Asia: Indonesia (batik, Wayang puppetry); Malaysia (modern batik, wau, and objects made from pewter); Thailand (silk fabrics and Loi Kratong Lantern Festival); Cambodia (AngkorWat and ancient temples); Singapore (Merlion), etc.				
Weeks 3 - 5/ 1 st Q	3. reflects on and derive the mood, idea, or message from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of their utilization and their distinct use of art elements and principles				
	5. incorporates the design, form, and spirit of Southeast Asian artifacts and objects in one's creation				
	6. traces the external (foreign) and internal (indigenous) influences that are reflected in the design of an artwork and in the making of a craft or artifact				
Weeks 6-8 / 1 st Q	7. creates crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., batik, silk weaving, etc.)				
	8. derives elements from traditions/history of a community for one's artwork				
	9. shows the relationship of the development of crafts in specific countries in Southeast Asia, according to functionality, traditional specialized expertise and availability of resources (e.g., pottery, weaving, jewelry, and basketry)				
	10. shows the commonalities and differences of the culture of the Southeast Asian countries in relation to Philippine culture				
	1. analyzes elements and principles of art in the production of arts and crafts inspired by the cultures of East Asia				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 – 2 / 2 nd Q	2. identifies characteristics of arts and crafts in specific countries in East Asia: China (Chinese painting and calligraphy); Japan (origami, woodblock printing, theater masks, face painting, and anime and manga); and Korea (theater masks, drums, and K-pop)				
Weeks 3-5 / 2 nd Q	3. reflects on and derive the mood, idea or message from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of their utilization and their distinct use of art elements and principles				
	5. incorporates the design, form, and spirit of East Asian artifacts and objects to one's creation				
	6. traces the external (foreign) and internal (indigenous) influences that are reflected in the design of an artwork and in the making of a craft				
Weeks 6-8 / 2 nd Q	7. creates crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., Gong-bi, Ikat, etc.)				
	8. derives elements from traditions/history of a community for one's artwork				
	9. shows the relationship of the development of crafts in specific countries in East Asia according to functionality, traditional specialized expertise, and availability of resources (e.g., pottery, weaving, jewelry, and basketry)				
	10. shows the commonalities and differences of the cultures of the East Asian countries in relation to Philippine culture				
Weeks 1-2 / 3 rd Q	1. analyzes elements and principles of art in the production of arts and crafts inspired by the cultures of South Asia, West Asia, and Central Asia				
	2. identifies characteristics of arts and crafts in specific countries in South, West, and Central Asia: India (rangoli, katak, mendhi, diwali); Saudi Arabia (carpet design); Pakistan (truck art); and Tibet (mandala), etc				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 3-5/3 rd Q	3. reflects on and derive the mood, idea or message from selected artifacts and art objects				
	4. appreciates the artifacts and art objects in terms of their utilization and their distinct use of art elements and principles				
	5. incorporates the design, form, and spirit of South, West, and Central Asian artifacts and objects to one's creation				
	6. traces the external (foreign) and internal (indigenous) influences that are reflected in the design of an artwork and in the making of a craft				
Weeks 6-8/3 rd Q	7. creates arts and crafts that can be locally assembled with local materials, guided by local traditional techniques (e.g., Ghonghdis, Marbling Technique, etc.)				
	8. derives elements from traditions/history of a community for one's artwork				
	9. shows the relationship of the development of crafts in specific countries in South Asia, West Asia, and Central Asia, according to functionality, traditional specialized expertise, and availability of resources				
	10. shows the commonalities and differences of the cultures of the South Asian, West Asian, and Central Asian countries in relation to Philippine culture				
	11. participates in an exhibit using completed South-West-Central Asian-inspired crafts in an organized manner				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2 / 4 th Q	1. identifies selected festivals and theatrical forms celebrated all over the Asian region				
	2. researches on the history of the festival and theatrical forms and its evolution, and describe how the community participates and contributes to the event				
Weeks 3-4 / 4 th Q	3. identifies the elements and principles of arts as manifested in Asian festivals and theatrical forms				
	4. through a visual presentation, explains what make each of the Asian Festivals and Theatrical forms unique				
Weeks 6-8 / 4 th Q	5. designs the visual elements and components of the selected festival or theatrical form through costumes, props, etc.				
	6. analyzes the uniqueness of each group's performance of their selected festival or theatrical form				
	7. shows the relationship of the selected Asian festival and the festival in the Philippines in terms of form and reason for holding the celebration				
	8. choreographs the movements and gestures reflecting the mood of the selected festival/theatrical form of Asia				
	9. improvises accompanying sound and rhythm of the selected festival/theatrical form of Asia				
	10. performs in a group showcase of the selected festival/theatrical form				



Grade Level : **Grade 9**
Subject : **Arts**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2/ 1 st Q	1. analyzes art elements and principles in the production of work following the style of a western and classical art				
	2. identifies distinct characteristics of arts during the different art periods				
	3. identifies representative artists from various art periods				
Weeks 3 - 5/ 1 st Q	4. reflects on and derives the mood, idea, or message from selected artworks				
	5. discusses the use or function of artworks by evaluating their utilization and combination of art elements and principles				
	6. uses artworks to derive the traditions/history of an art period				
	7. compares the characteristics of artworks produced in the different art periods				
Weeks 6-8 / 1 st Q	8. creates artworks guided by techniques and styles of Western Classical art traditions				
	9. describes the influence of iconic artists belonging to Western Classical art on the evolution of art forms				
	10. applies different media techniques and processes to communicate ideas, experiences, and stories showing the characteristics of Western Classical art traditions				
	11. evaluates works of art in terms of artistic concepts and ideas using criteria from the Western Classical art traditions				
	12. shows the influences of the Western Classical art traditions to Philippine art form				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 – 2 / 2 nd Q	1. analyzes art elements and principles in the production of work following a specific art style				
	2. identifies distinct characteristics of arts during the Renaissance and Baroque periods				
	3. identifies representative artists from Renaissance and Baroque periods				
Weeks 3- 5/ 2 nd Q	4. reflects on and derive the mood, idea or message from selected artworks				
	5. discusses the use or function of artworks by evaluating their utilization and combination of art elements and principles				
	6. uses artworks to derive the traditions/history of an art period				
	7. compares the characteristics of artworks produced in the different art periods				
Weeks 6- 8 / 2 nd Q	8. creates artworks guided by techniques and styles of the Renaissance and the Baroque periods				
	9. explains the influence of iconic artists belonging to the Renaissance and the Baroque periods				
	10. applies different media techniques and processes to communicate ideas, experiences, and stories showing the characteristics of the Renaissance and the Baroque periods (e.g.,Fresco, Sfumato, etc.)				
	11. evaluates works of art in terms of artistic concepts and ideas using criteria from the Renaissance and the Baroque periods				
	12. shows the influences of the Renaissance and Baroque periods on the Philippine art form				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2/3 rd Q	1. analyzes art elements and principles in the production of work following a specific art style from the Neoclassic and Romantic periods				
	2. identifies distinct characteristics of arts during the Neoclassic and Romantic periods				
	3. identifies representative artists from the Neoclassic and Romantic periods				
Week 3 / 3 rd Q	4. reflects on and derive the mood, idea, or message from selected artworks				
	5. explains the use or function of artworks by evaluating their utilization and combination of art elements and principles				
	6. uses artworks to derive the traditions/history of the Neoclassic and Romantic periods				
	7. compares the characteristics of artworks produced in the Neoclassic and Romantic periods				
Weeks 4-7 / 3 rd Q	8. creates artworks guided by techniques and styles of the Neoclassic and Romantic periods (e.g., linear style and painterly style)				
	9. describe the influence of iconic artists belonging to the Neoclassic and Romantic periods				
	10. applies different media techniques and processes to communicate ideas, experiences, and stories showing the characteristics of the Neoclassic and Romantic periods				
	11. evaluates works of art in terms of artistic concepts and ideas using criteria from the Neoclassic and Romantic periods				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	12. shows the influences of Neoclassic and Romantic periods on Philippine art forms				
Week 8 / 3 rd Q	13. participates in an exhibit using completed artworks with Neoclassic and Romantic periods characteristics				
Weeks 1-2 / 4 th Q	1. identifies selected theatrical forms from different art periods				
	2. researches on the history of the theatrical forms and their evolution				
	3. identifies the elements and principles of arts as manifested in Western Classical plays and opera				
Week 2 / 4 th Q	4. defines what makes selected western classical plays and operas unique through visual representation				
	5. designs the visual elements and components of the selected Western classical theater play and opera through costumes, props, etc.				
	6. analyzes the uniqueness of each group's performance of its selected Western classical theater play and opera				
Week 3 / 4 th Q	7. shows the influences of the selected Western Classical play or opera on Philippine theatrical performance in terms of form and content of story				
Weeks 4-6 / 4 th Q	8. choreographs the movements and gestures needed in the effective delivery of a selected piece from Western Classical plays and opera				
	9. improvises accompanying sound and rhythm needed in the effective delivery of a selected piece from Western Classical plays and operas				
Weeks 7-8 / 4 th Q	10. performs in a group showcase of the selected piece from Western Classical plays and operas				



Grade Level : **Grade 10**
Subject : **Arts**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2/ 1 st Q	1. analyzes art elements and principles in the production of work following a specific art style from the various art movements				
	2. identifies distinct characteristics of arts from the various art movements				
	3. identifies representative artists and Filipino counterparts from the various art movements				
Weeks 3 - 5/ 1 st Q	4. reflects on and derive the mood, idea, or message from selected artworks				
	*5. explains the role or function of artworks by evaluating their utilization and combination of art elements and principles				
	6. uses artworks to derive the traditions/history of the various art movements				
	7. compares the characteristics of artworks produced in the various art movements				
Weeks 6-8 / 1 st Q	8. creates artworks guided by techniques and styles of the various art movements (e.g., Impasto, Encaustic, etc.)				
	*9. discusses the influence of iconic artists belonging to the various art movements				
	10. applies different media techniques and processes to communicate ideas, experiences, and stories showing the characteristics of the various art movements (e.g., the use of industrial materials or found objects, Silkscreen Printing, etc.)				
	11. evaluates works of art in terms of artistic concepts and ideas using criteria from the various art movements				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	12. shows the influences of Modern Art movements on Philippine art forms				
Week 1 / 2 nd Q	1. identifies art elements in the technology-based production arts				
	2. identifies distinct characteristics of arts during in the 21st century in terms of: 1.1 production 1.2 functionality range of audience reach				
	3. identifies artworks produced by technology from other countries and their adaptation by Philippine artists				
Weeks 2-4 / 2 nd Q	4. discusses the concept that technology is an effective and vibrant tool for empowering a person to express his/her ideas, goals, and advocacies, which elicits immediate action				
	5. explains the role or function of artworks by evaluating their utilization and combination of art elements and principles				
	6. uses artworks to derive the traditions/history of a community (e.g., landscapes, images of people at work and play, portrait studies, etc.)				
	7. compares the characteristics of artworks in the 21st century				
Weeks 5-8 / 2 nd Q	8. creates artworks that can be locally assembled with local materials, guided by 21st-century techniques				
	9. explains the influence of technology in the 21st century on the evolution of various forms of art				
	10. applies different media techniques and processes to communicate ideas, experiences, and stories showing the characteristics of 21st-century art (e.g., the use of graphic software like Photoshop, InDesign,				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	etc.)				
	11. evaluates works of art in terms of artistic concepts and ideas using criteria appropriate for the style or form				
Weeks 1-2/3 rd Q	1. identifies art elements in the various media-based arts in the Philippines				
	2. identifies representative artists as well as distinct characteristics of media-based arts and design in the Philippines				
Weeks 3-5 / 3 rd Q	3. discusses the truism that Filipino ingenuity is distinct, exceptional, and on a par with global standards				
	4. discusses the role or function of artworks by evaluating their utilization and combination of art elements and principles				
	5. uses artworks to derive the traditions/history of a community				
Weeks 5-7 / 3 rd Q	6. creates artworks that can be assembled with local materials				
	7. explains the characteristics of media-based arts and design in the Philippines				
	8. applies different media techniques and processes to communicate ideas, experiences, and stories (the use of software to enhance/animate images like Flash, Movie Maker, Dreamweaver, etc.)				
Week 8/ 3 rd Q	9. evaluates works of art in terms of artistic concepts and ideas using criteria appropriate for the style or form of media-based arts and design				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 / 4 th Q	1. explains how an idea or theme is communicated in a selected performance through the integration of musical sounds, songs, dialogue and dance				
	2. analyzes examples of plays based on theatrical forms, and elements of art as applied to performance				
Week 2 / 4 th Q	3. illustrates how the different elements are used to communicate the meaning				
	4. Explains the uniqueness of each original performance				
Week 3 / 4 th Q	5. designs with a group the visual components of a school play (stage design, costume, props, etc.)				
Week 4 / 4 th Q	6. assumes the role of a character as an actor/performance, or production staff (director, choreography, light designer, stage manager)				
	7. analyzes the uniqueness of the group that was given recognition for its performance and explain what component contributed to its selection				
Week 5 / 4 th Q	8. contributes to the conceptualization of an original performance				
Weeks 6-8 / 4 th Q	9. choreographs the movements and gestures needed in the effective delivery of an original performance with the use of media				
	10. improvises accompanying sound and rhythm needed in the effective delivery of an original performance with the use of different media				



PE



Grade Level : Grade 1
Subject : Physical Education

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 3&4/1 st	1. Creates shapes by using different body parts				
Weeks 5&6/1 st	2. Shows balance on one, two, three, four and five body parts				
Weeks 7&8/1 st	3. Exhibits transfer of weight				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities with coordination <i>Suggested learning activities</i> <ul style="list-style-type: none"> <input type="checkbox"/> action songs <input type="checkbox"/> singing games <input type="checkbox"/> simple games <input type="checkbox"/> chasing and fleeing games <input type="checkbox"/> mimetics 				
Weeks 3&5/2 nd	1. Moves within a group without bumping or falling using locomotor skills				
Weeks 6&8/2 nd	2. Executes locomotor skills while moving in different directions at different spatial levels				
This competency is already embedded in other LCs.	3. Engages in fun and enjoyable physical activities with coordination				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1&2/3 rd	1. Demonstrates the difference between slow and fast, heavy and light, free and bound movements				
Weeks 3&8/3 rd	2. Demonstrates contrast between slow and fast speeds while using locomotor skills				
This competency is already embedded in other LCs.	3. Engages in fun and enjoyable physical activities				
This competency is already embedded in other LCs.	4. Demonstrates the characteristics of sharing and cooperating in physical activities				
Weeks 3&5/4 th	1. Demonstrates relationship of movement				
Weeks 6&8/4 th	2. Performs jumping over a stationary object several times in succession, using forward- and- back and side-to-side movement patterns				
This competency is already embedded in other LCs.	3. Engages in fun and enjoyable physical activities				
This	4. Follows simple instructions and rules				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
competency is already embedded in other LCs.					

Grade Level : **Grade 2**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 3&4/1 st	1. Creates body shapes and actions				
Weeks 5&8/1 st	2. Demonstrates momentary stillness in symmetrical and asymmetrical shapes using body parts other than both feet as a base of support				
This competency is already embedded in other LCs.	3. Demonstrates movement skills in response to sound and music				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1&2/2 nd	1. Describes movements in a location, direction, level, pathway and plane				
Weeks 3&8/2 nd	2. Moves in: <ul style="list-style-type: none"> <input type="checkbox"/> personal and general space <input type="checkbox"/> forward, backward, and sideward directions <input type="checkbox"/> high, middle, and low levels <input type="checkbox"/> straight, curve, and zigzag pathways diagonal and horizontal planes				
This competency is already embedded in other LCs.	3. Demonstrates movement skills in response to sounds and music				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities				
This competency is already embedded in other LCs.	5. Maintains correct posture and body mechanics while performing movement				
Weeks 1&8/3 rd	1. Moves: at slow, slower, slowest/fast, faster, fastest pace using light, lighter, lightest/strong, stronger, strongest force with smoothness				
This competency	2. Demonstrates movement skills in response to sound and music				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
is already embedded in other LCs.					
This competency is already embedded in other LCs.	3. Engages in fun and enjoyable physical activities				
Weeks 3&8/4 th	1. Moves: individually, with partner, and with group with ribbon, hoop, balls, and any available indigenous/improvised materials, with sound, in indoor and outdoor settings				
This competency is already embedded in other LCs.	2. Demonstrates movement skills in response to sound				
This competency is already embedded in other LCs.	3. Engages in fun and enjoyable physical activities				
This competency is already embedded in other LCs.	4. Maintains correct body posture and body mechanics while performing movement activities				



Grade Level : **Grade 3**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1&2/1 st	1. Describes body shapes and actions				
Weeks 3&8/1 st	2. Performs body shapes and actions				
This competency is already embedded in other LCs.	3. Demonstrates movement skills in response to sounds and music				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities				
Weeks 1&2/2 nd	1. Describes movements in a location, direction, level, pathway and plane				
Weeks 3&8/2 nd	2. Moves in: <ul style="list-style-type: none"> <input type="checkbox"/> personal and general space <input type="checkbox"/> forward, backward, and sideward directions <input type="checkbox"/> high, middle, and low levels <input type="checkbox"/> straight, curve, and zigzag pathways diagonal and horizontal planes				
This competency	3. Engages in fun and enjoyable physical activities				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
is already embedded in other LCs.					
Weeks 1&2/3 rd	1. Describes movements in a location, direction, level, pathway and plane				
Weeks 3&8/3 rd	2. Moves: <input type="checkbox"/> at slow, slower, slowest/fast, faster, fastest pace using light, lighter, lightest/strong, stronger, strongest force with smoothness				
This competency is already embedded in other LCs.	3. Demonstrates movement skills in response to sound				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities				
Weeks 1&2/4 th	1. Participates in various movement activities involving person, objects, music and environment				
Weeks 3&8/4 th	2. Moves: <input type="checkbox"/> individually, with partner, and with group <input type="checkbox"/> with ribbon, hoop, balls, and any available indigenous/improvised materials				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<input type="checkbox"/> with sound in indoor and outdoor settings				
This competency is already embedded in other LCs.	3. Demonstrates movement skills in response to sounds and music				
This competency is already embedded in other LCs.	4. Engages in fun and enjoyable physical activities				

Grade Level : **Grade 4**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/1 st	1. Describes the physical activity pyramid				
This competency is already embedded in other LCs.	2. Assesses regularly participation in physical activities based on physical activity pyramid				
This	3. Observes safety precautions				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
competency is already embedded in other LCs.					
Weeks 3&8/1 st	4. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	5. Displays joy of effort, respect for others and fair play during participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on physical activity pyramid				
Weeks 2 to 8/2 nd	2. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	3. Recognizes the value of participation in physical activities				
This competency is already embedded	1. Assesses regularly participation in physical activities based on physical activity pyramid				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
in other LCs.					
Weeks 3 to 8/3 rd	2. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	3. Recognizes the value of participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on Philippines physical activity pyramid				
This competency is already embedded in other LCs.	2. Observes safety precautions				
Weeks 1 to 7/4 th	3. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	4. Recognizes the value of participation in physical activities				



Grade Level : **Grade 5**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
This competency is already embedded in other LCs.	2. Observes safety precautions				
Weeks 2 to 8/1 st	3. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	4. Displays joy of effort, respect for others and fair play during participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
This competency is already	2. Observes safety precautions				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
embedded in other LCs.					
Weeks 2 to 8/2 nd	3. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	4. Displays joy of effort, respect for others and fair play during participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
This competency is already embedded in other LCs.	2. Observes safety precautions				
Weeks 2 to 8/3 rd	3. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	4. Recognizes the value of participation in physical activities				
This	1. Assesses regularly participation in physical activities based on				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
competency is already embedded in other LCs.	the Philippines physical activity pyramid				
Weeks 2 to 8/4 th	2. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	3. Recognizes the value of participation in physical activities				

Grade Level : Grade 6
Subject : Physical Education

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
This competency is already embedded	2. Observes safety precautions				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
in other LCs.					
Weeks 2 to 8/1 st	3. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	4. Displays joy of effort, respect for others and fair play during participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
This competency is already embedded in other LCs.	2. Observes safety precautions				
Weeks 2 to 8/2 nd	3. Executes the different skills involved in the game				
This competency is already embedded in other LCs.	4. Displays joy of effort, respect for others and fair play during participation in physical activities				
This competency	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
is already embedded in other LCs.					
This competency is already embedded in other LCs.	2. Observes safety precautions				
Weeks 2 to 8/3 rd	3. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	4. Displays joy of effort, respect for others during participation in physical activities				
This competency is already embedded in other LCs.	1. Assesses regularly participation in physical activities based on the Philippines physical activity pyramid				
Weeks 2 to 8/4 th	2. Executes the different skills involved in the dance				
This competency is already embedded in other LCs.	3. Displays joy of effort, respect for others during participation in physical activities				



Grade Level : Grade 7
Subject : Physical Education

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				
Week 1/1 st	2. Sets goals based on assessment results				
Week 2/1 st	3. Prepares an exercise program				
Week 3/1 st	4. Describes the nature and background of the sport				
Weeks 4 to 8/1 st	5. Executes the skills involved in the sport				
This competency is already embedded in other LCs.	6. Monitors periodically one's progress towards the fitness goals				
Week 1/2 nd	1. Undertakes physical activity and physical fitness assessments				
	Reviews goals based on assessment results				
Week 2/2 nd	2. Describes the nature and background of the sport				
Weeks 3 to 8/2 nd	3. Executes the skills involved in the sport				
Week 1/3 rd	1. Undertakes physical activity and physical fitness assessments				
	2. Reviews goals based on assessment results				
Week 2/3 rd	3. Describes the nature and background of the dance				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 3 to 8/3 rd	4. Executes the skills involved in the dance				
Week 1/4 th	1. Undertakes physical activity and physical fitness assessments				
	2. Reviews goals based on assessment results				
Week 2/3 rd	3. Describes the nature and background of the dance				
Weeks 3 to 8/3 rd	4. Executes the skills involved in the dance				

Grade Level : **Grade 8**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/1 st	1. Undertakes physical activity and physical fitness assessments				
	Sets goals based on assessment results				
Week 2/1 st	2. Conducts physical activity and physical fitness assessments of family/school peers				
Week 3/1 st	3. Prepares a physical activity program				
Week 4/1 st	4. Describes the nature and background of the sport				
Weeks 5 to 8/1 st	5. Executes the skills involved in the sport				
This competency is already embedded	6. Monitors periodically progress towards the fitness goals				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
in other LCs.					
This competency is already embedded in other LCs.	7. Displays tolerance and acceptance of individuals with varying skills and abilities				
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				
Week 1/2 nd	2. Conducts physical activity and physical fitness assessments of family/school peers				
Week 2/2 nd	3. Prepares a physical activity program				
Weeks 3 to 8/2 nd	4. Executes the skills involved in the sport				
This competency is already embedded in other LCs.	5. Displays tolerance and acceptance of individuals with varying skills and abilities				
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/3 rd	2. Reviews goals based on assessment results				
Weeks 3 to 8/3 rd	3. Executes the skills involved in the sport				
This competency is already embedded in other LCs.	4. Displays tolerance and acceptance of individuals with varying skills and abilities				
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				
Week 1/4 th	2. Reviews goals based on assessment results				
Week 2/4 th	3. Describes the nature and background of the dance				
Weeks 3 to 8/4 th	4. Executes the skills involved in the dance				
This competency is already embedded in other LCs.	5. Exerts best effort to achieve positive feeling about self and others				



Grade Level : **Grade 9**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				
Week 1/1 st	2. Performs appropriate first aid for injuries and emergency situations in physical activity and sports settings (e.g. cramps, sprain, heat exhaustion)				
This competency is already embedded in other LCs.	3. Involves oneself in community service through sports officiating and physical activity programs				
This competency is already embedded in other LCs.	1. Undertakes physical activity and physical fitness assessments				
Weeks 2 to 8/2 nd	2. Executes the skills involved in the dance				
This competency is already embedded in other LCs.	3. Monitors periodically one's progress towards the fitness goals				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	4. Performs appropriate first aid for injuries and emergency situations in physical activity and dance settings (cramps, sprain, heat exhaustion)				
This competency is already embedded in other LCs.	5. Involves oneself in community service through dance activities in the community				
This competency is already embedded in other LCs.	1. undertakes physical activity and physical fitness assessments				
Weeks 2 to 8/3 rd	2. executes the skills involved in the dance				
This competency is already embedded in other LCs.	3. performs appropriate first aid for injuries and emergency situations in physical activity and dance settings (cramps, sprain, heat exhaustion)				
This competency is already embedded in other LCs.	4. involves oneself in community service through dance activities in the community				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/4 th	1. Discusses the nature and background of indoor and outdoor recreational activities				
Weeks 2 to 8/4 th	2. Participates in active recreation				
This competency is already embedded in other LCs.	3. Advocates community efforts to increase participation in physical activities and improve nutrition practices				
This competency is already embedded in other LCs.	4. Practices environmental ethics (e.g Leave No Trace) during participation in recreational activities of the community				

Grade Level : **Grade 10**
Subject : **Physical Education**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
This competency is already embedded in other LCs.	1. Assesses physical activity, exercise and eating habits				
Week 1 to	2. Engages in moderate to vigorous physical activities for at least				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
7/1 st	60 minutes a day in and out of school				
This competency is already embedded in other LCs.	3. Expresses a sense of purpose and belongingness by participating in physical activity-related community services and programs				
This competency is already embedded in other LCs.	1. Assesses physical activities, exercises and eating habits				
Weeks 1 to 8/2 nd	2. Engages in moderate to vigorous physical activities for at least 60 minutes a day in and out of school				
This competency is already embedded in other LCs.	1. Assesses physical activities, exercises and eating habits				
Weeks 1 to 7/3 rd	2. Engages in moderate to vigorous physical activities for at least 60 minutes a day in and out of school				
This competency is already embedded in other LCs.	3. Expresses a sense of purpose and belongingness by participating in physical activity-related community services and programs				
This	1. Assesses physical activities, exercises and eating habits				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
competency is already embedded in other LCs.					
Weeks 1 to 8/4 th	2. Engages in moderate to vigorous physical activities for at least 60 minutes a day in and out of school				



HEALTH



Grade Level : Grade 1
Subject : Health

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 to Week 2 / 1 st Q	distinguishes healthful from less healthful foods				
Week 3 to Week 4 / 1 st Q	tells the consequences of eating less healthful foods				
Week 5 to Week 6 / 1 st Q	*practices good decision making exhibited in eating habits that can help one become healthy				
Week 7 to Week 10 / 1 st Q					
Week 1 / 2 nd Q	identifies proper behavior during mealtime				
Week 2 / 2 nd Q					
Week 3 to Week 4 / 2 nd Q					
Week 5 / 2 nd Q	realizes the importance of washing hands				
Week 6 to Week 9 / 2 nd Q	practices habits of keeping the body clean & healthy				
Week 10	realizes the importance of practicing good health habits				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
/ 2 nd Q					
Week 1 / 3 rd Q	describes the characteristics of a healthful home environment				
Week 2 / 3 rd Q	discusses the effect of clean water on one's health				
Week 3 / 3 rd Q	discusses how to keep water at home clean				
Week 4 / 3 rd Q	practices water conservation				
Week 5 / 3 rd Q					
Week 6 to Week 7 / 3 rd Q	explains the effect of indoor air on one's health				
	identifies sources of indoor air pollution				
	practices ways to keep indoor air clean				
Week 8 / 3 rd Q	explains the effect of a home environment to the health of the people living in it				
Week 9 / 3 rd Q					
Week 10 / 3 rd Q	demonstrates how to keep the home environment healthful				
Week 1 / 4 th Q	identifies situations when it is appropriate to ask for assistance from strangers				
Week 2 / 4 th Q	gives personal information, such as name and address to appropriate persons				
Week 3 / 4 th Q	identifies appropriate persons to ask for assistance				
	demonstrates ways to ask for help				
Week 4 / 4 th Q	follows rules at home and in school.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5 / 4 th Q	follows rules during fire and other disaster drills				
Week 6 / 4 th Q	observes safety rules with stray or strange animals				
Week 7 / 4 th Q	describes what may happen if safety rules are not followed				
Week 8 / 4 th Q	describes ways people can be intentionally helpful or harmful to one another				
Week 9/4 th Q	distinguishes between good and bad touch				
Week 10 / 4 th Q	practices ways to protect oneself against violent or unwanted behaviors of others				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 2**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	states that children have the right to nutrition (Right of the child to nutrition Article 24 of the UN Rights of the Child)				
Week 2/ 1 st Q	*discusses the important function of food and a balanced meal				
Week 3/					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q					
Week 4/ 1 st Q	considers Food Pyramid and Food Plate in making food choices				
Week 5/ 1 st Q					
Week 6/ 1 st Q					
Week 7/ 1 st Q					
Week 8/ 1 st Q					
Week 9/ 1 st Q	displays good decision-making skills in choosing the right kinds of food to eat				
Week 10/ 1 st Q					
Week 1 to Week 5/ 2 nd Q	describes ways of caring for the eyes, ears, nose, hair and skin in order to avoid common childhood health conditions				
Week 6 to Week 8/ 2 nd Q	describes ways of caring for the mouth/teeth				
Week 9 / 2 nd Q	displays self-management skills in caring for the sense organs				
Week 10 / 2 nd Q					
Week 1 /	describes healthy habits of the family				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
3 rd Q					
Week 2 / 3 rd Q					
Week 3/ 3 rd Q	demonstrates good family health habits and practices				
Week 4 /3 rd Q					
Week 5 / 3 rd Q	explains the benefits of healthy expressions of feelings				
Week 6 / 3 rd Q					
Week 7 / 3 rd Q	expresses positive feelings in appropriate ways				
Week 8 / 3 rd Q					
Week 9 to Week 10 / 3 rd Q	demonstrates positive ways of expressing negative feelings, such as anger, fear, or disappointment				
	displays respect for the feelings of others				
Week 1 / 4 th Q	discusses one's right and responsibilities for safety				
Week 2 / 4 th Q	identifies hazardous areas at home				
Week 3 /4 th Q					
Week 4 / 4 th Q	identifies hazardous household products that are harmful if ingested, or inhaled, and if touched especially electrical appliances				
Week 5 / 4 th Q					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6 / 4 th Q	recognizes warning labels that identify harmful things and substances				
Week 7 / 4 th Q	explains rules for the safe use of household chemicals				
Week 8 / 4 th Q	follows rules for home safety				
Week 9 / 4 th Q	identifies safe and unsafe practices and conditions in the school				
Week 10 / 4 th Q	practices safety rules during school activities				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 3**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 to Week 2 / 1 st Q	describes a healthy person				
	explains the concept of malnutrition				
Week 3/ 1 st Q	identifies nutritional problems				
Week 4/ 1 st Q					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5 to Week 6 / 1 st Q	describes the characteristics, signs and symptoms, effect of the various forms of malnutrition				
	discusses ways of preventing the various forms of malnutrition				
Week 7/ 1 st Q	*discusses the different nutritional guidelines <ul style="list-style-type: none"> nutritional guidelines for Filipino 				
Week 8/ 1 st Q					
Week 9/ 1 st Q					
Week 10/ 1 st Q	describes ways of maintaining healthy lifestyle				
	evaluates one's lifestyle				
	adopts habits for a healthier lifestyle				
Week 1 to Week 3 / 2 nd Q	identifies common childhood diseases				
	*discusses the different risk factors for diseases and example of health condition under each risk factor				
	explains the effects of common diseases				
Week 4 to Week 6 / 2 nd Q	explains measures to prevent common diseases				
Week 7 / 2 nd Q	explains the importance of proper hygiene and building up one's body resistance in the prevention of diseases				
Week 8 / 2 nd Q					
Week 9 / 2 nd Q	demonstrates good self-management and good-decision making-skills to prevent common diseases				
Week 10 / 2 nd Q					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 to Week 2 / 3 rd Q	defines a consumer				
	explain the components of consumer health				
Week 3 / 3 rd Q	discusses the different factors that influence choice of goods and services				
Week 4 / 3 rd Q					
Week 5 to Week 6 / 3 rd Q	describes the skills of a wise consumer				
	demonstrates consumer skills for given simple situations				
Week 7 to Week 8 / 3 rd Q	identifies basic consumer rights				
	practices basic consumer rights when buying				
Week 9 / 3 rd Q	discusses consumer responsibilities				
Week 10 / 3 rd Q	identifies reliable sources of health information				
Week 1 to Week 2 / 4 th Q	explains road safety practices as a pedestrian				
	demonstrates road safety practices for pedestrian				
Week 3 to Week 4 /	explains basic road safety practices as a passenger				
	demonstrates road safety practices as a passenger				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
4 th Q					
Week 5 / 4 th Q	explains the meaning of traffic signals and road signs				
Week 6 / 4 th Q	describes dangerous, destructive, and disturbing road situations that need to be reported to authorities				
Week 7 / 4 th Q	displays self-management skills for road safety.				
Week 8 / 4 th Q	identifies hazards in the community				
Week 9 / 4 th Q	follows safety rules to avoid accidents in the community				
Week 10 / 4 th Q	recommends preventive action for a safe community				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 4**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q					
Week 2 to Week 3 / 1 st Q	explains the importance of reading food labels in selecting and purchasing foods to eat				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4 to Week 6 / 1 st Q	analyzes the nutritional value of two or more food products by comparing the information in their food labels				
	describes ways to keep food clean and safe				
Week 7 to Week 8 / 1 st Q	discusses the importance of keeping food clean and safe to avoid disease				
Week 9 to Week 10 / 1 st Q	identifies common food-borne diseases				
	describes general signs and symptoms of food-borne diseases				
Week 1 / 2 nd Q	describes communicable diseases				
Week 2 to Week 3 / 2 nd Q	identifies the various disease agents of communicable diseases				
Week 4 to Week 5 / 2 nd Q	enumerates the different elements in the chain of infection				
Week 6 to Week 7 / 2 nd Q	describes how communicable diseases can be transmitted from one person to another.				
Week 8 to Week 10 / 2 nd Q	demonstrates ways to stay healthy and prevent and control common communicable diseases				
	identifies ways to break the chain of infection at respective				
	practices personal habits and environmental sanitation to prevent and control common communicable diseases				
Week 1 /	Describes uses of medicines				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
3 rd Q					
Week 2 / 3 rd Q	Differentiates prescription from non-prescription medicines				
Week 3 to Week 4 / 3 rd Q					
Week 5 to Week 6 / 3 rd Q	describes the potential dangers associated with medicine misuse and abuse				
Week 7 to Week 8 / 3 rd Q	describes the proper use of medicines				
Week 9 to Week 10 / 3 rd Q	explains the importance of reading drug information and labels, and other ways to ensure proper use of medicines				
Week 1 / 4 th Q	recognizes disasters or emergency situations				
Week 2 to Week 4 / 4 th Q	demonstrates proper response before, during, and after a disaster or an emergency situation				
Week 5 / 4 th Q	relates disaster preparedness and proper response during emergency situations in preserving lives				
Week 6 to Week 7 / 4 th Q	describes appropriate safety measures during special events or situations that may put people at risk				
Week 8 to Week 10 / 4 th	describes the dangers of engaging in risky behaviors such as use of firecrackers, guns, alcohol drinking				
	advocates the use of alternatives to firecrackers and alcohol in celebrating				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q	special events				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 5**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 to Week 2 / 1 st Q	describes a mentally, emotionally and socially healthy person				
Week 3/ 1 st Q	suggests ways to develop and maintain one's mental and emotional health				
Week 4/ 1 st Q	recognizes signs of healthy and unhealthy relationships				
Week 5/ 1 st Q	explains how healthy relationships can positively impact health				
Week 6/ 1 st Q	discusses ways of managing unhealthy relationships				
Week 7/ 1 st Q					
Week 8/ 1 st Q	discusses the effects of mental, emotional and social health concerns on one's health and wellbeing				
Week 9 / 1 st Q	demonstrates skills in preventing or managing teasing, bullying, harassment or abuse				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 10 / 1 st Q	identifies appropriate resources and people who can help in dealing with mental, emotional and social, health concerns				
Week 1 and Week 2 / 2 nd Q	*Recognizes the changes during Puberty as a normal part of growth and development <ul style="list-style-type: none"> - Physical Change - Emotional Change - Social Change 				
Week 3 to Week 4 / 2 nd Q	*assesses common misconceptions related to puberty in terms of scientific basis and probable effects on health				
Week 5 to Week 6 / 2 nd Q	describes the common health issues and concerns during puberty				
	accepts that most of these concerns are normal consequence of bodily changes during puberty but one can learn to manage them				
Week 7 to Week 8 / 2 nd Q	discusses the negative health impact and ways of preventing major issues such as early and unwanted pregnancy				
Week 9 / 2 nd Q	demonstrates ways to manage puberty-related health issues and concerns				
	practices proper self-care procedures				
	discusses the importance of seeking the advice of professionals/ trusted and reliable adults in managing puberty-related health issues and concerns				
Week 10 / 2 nd Q	differentiates sex from gender				
	identifies factors that influence gender identity and gender roles				
	discusses how family, media, religion, school and society in general reinforce gender roles				
	gives examples of how male and female gender roles are changing				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 3 rd Q	explains the concept of gateway drugs				
Week 2 / 3 rd Q	identifies products with caffeine				
Week 3 / 3 rd Q					
Week 4 to Week 5 / 3 rd Q	describes the general effects of the use and abuse of caffeine, tobacco and alcohol				
Week 6 to Week 7 / 3 rd Q	analyzes how the use and abuse of caffeine, tobacco and alcohol can negatively impact the health of the individual, the family and the community				
Week 8 / 3 rd Q	demonstrates life skills in keeping healthy through the non-use of gateway drugs				
Week 9 to Week 10 / 3 rd Q	follows school policies and national laws related to the sale and use of tobacco and alcohol				
Week 1 / 4 th Q	explains the nature and objectives of first aid				
Week 2 / 4 th Q	discusses basic first aid principles				
Week 3 to Week 10 / 4 th Q	demonstrates appropriate first aid for common injuries or conditions				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.



Grade Level : Grade 6
Subject : Health

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 to Week 3 / 1 st Q	describes personal health issues and concerns				
	demonstrates self-management skills				
Week 4/ 1 st Q					
Week 5 to Week 6 / 1 st Q	explains the importance of undergoing health appraisal procedures				
	regularly undergoes health appraisal procedures				
Week 7 to Week 10 / 1 st Q	identifies community health resources and facilities that may be utilized to address a variety of personal health issues and concerns				
Week 1 / 2 nd Q	describes healthy school and community environments				
Week 2 to Week 3 / 2 nd Q	explains the effect of living in a healthful school and community				
Week 4 to Week 6 / 2 nd Q	demonstrates ways to build and keep school and community environments healthy				
Week 7 / 2 nd Q	practices proper waste management at home, in school, and in the community				
Week 8 to Week 10 / 2 nd Q	advocates environmental protection through proper waste management				
Week 1 /					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
3 rd Q					
Week 2 / 3 rd Q	explains how poor environmental sanitation can negatively impact the health of an individual				
Week 3 / 3 rd Q	discusses ways to keep water and air clean and safe				
Week 4 / 3 rd Q	explains the effect of a noisy environment				
Week 5 to Week 6 / 3 rd Q	suggests ways to control/manage noise pollution				
Week 7 - Week 8 / 3 rd Q	practices ways to control/manage noise pollution				
Week 9 - Week 10 / 3 rd Q	explains the effect of pests and rodents to ones health				
	practice ways to prevent and control pests and rodents				
Week 1 / 4 th Q	explains the importance of consumer health				
Week 2 / 4 th Q	*explains the different components of consumer health				
Week 3 to week 4 / 3 rd Q	differentiates over- the- counter from prescription medicines				
	gives example of over the counter and prescription medicines				
Week 5 / 4 th Q	explains the uses of some over the counter and prescription medicines				
Week 6 / 4 th Q	identifies the common propaganda techniques used in advertising				
Week 7 /	analyzes packaging and labels of health products				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
4 th Q					
Week 8 / 4 th Q	practices good decision making skills in the selection of health products				
Week 9 to Week 10 / 4 th Q	discusses ways to protect oneself from fraudulent health products				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : Grade 7
Subject : Health

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / 1 st Q	explains the dimensions of holistic health (physical, mental/ intellectual, emotional, social, and moral-spiritual)				
	analyzes the interplay among the health dimensions in developing holistic health				
Week 2/ 1 st Q	practices health habits to achieve holistic health				
Week 3 to Week 4 / 1 st Q	*Recognize changes in different aspects of growth that normally happen during adolescence years.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5 to Week 7 / 1 st Q	recognizes that changes in different dimensions are normal during adolescence'				
Week 8 to Week 10/ 1 st Q	explains the proper health appraisal procedures				
	demonstrates health appraisal procedures during adolescence in order to achieve holistic health				
	avails of health services in the school and community in order to appraise one's health				
	applies coping skills in dealing with health concerns during adolescence				
Week 1 / 2 nd Q	identifies the right foods during adolescence				
Week 2 to Week 3 / 2 nd Q	<p>follows the appropriate nutritional guidelines for adolescents for healthful eating</p> <ul style="list-style-type: none"> explains the need to select food based on the nutritional needs during adolescence follows the Food Pyramid guide for adolescents and nutritional guidelines for Filipinos in choosing foods to eat 				
Week 4 to Week 6 / 2 nd Q	describes the characteristics, signs and symptoms of malnutrition and micronutrient deficiencies				
	discusses ways of preventing and controlling malnutrition and micronutrient deficiencies				
	explains the characteristics, signs and symptoms of eating disorders				
	discusses ways of preventing and controlling eating disorders				
Week 7 to Week 10 / 2 nd Q	applies decision-making and critical thinking skills to prevent nutritional problems of adolescents				
Week 1	explains the factors that affect the promotion of good mental health				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
to Week 2 / 3 rd Q	explains that stress is normal and inevitable				
	differentiates eustress from distress				
	identifies situations that cause feelings of anxiety or stress				
Week 3 / 3 rd Q					
	identifies physical responses of the body to stress				
	identifies people who can provide support in stressful situations				
Week 4 to Week 5 / 3 rd Q	differentiates healthful from unhealthful strategies in coping with stress				
	demonstrates various stress management techniques that one can use every day in dealing with stress				
	explains the importance of grieving				
	demonstrates coping skills in managing loss and grief				
Week 6 to Week 8 / 3 rd Q	recognizes triggers and warning signs of common mental disorders				
	discusses the types, sign, symptoms, and prevention, treatment and professional care in managing common mental health disorders				
Week 1 / 4 th Q					
Week 2 to Week 4 / 4 th Q	explains non-communicable diseases based on cause and effect, signs and symptoms, risk factors and protective factors and possible complications				
Week 5 / 4 th Q	corrects myth and fallacies about non-communicable diseases				
Week 6 / 4 th Q	practices ways to prevent and control non-communicable diseases				
Week 7 to Week 8 / 4 th Q	demonstrates self-monitoring to prevent non-communicable diseases				
	promotes programs and policies to prevent and control non-communicable and lifestyle diseases				
	identifies agencies responsible for non-communicable disease prevention and control				



* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : Grade 8

Subject : Health

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	*discusses basic terms in sexuality as an important component of one's personality				
	explains the dimensions of human sexuality				
Week 2 / 1 st Q	analyzes the factors that affect one's attitudes and practices related to sexuality and sexual behaviors				
Week 3 to Week 4 / 1 st Q	assesses personal health attitudes that may influence sexual behavior				
	relates the importance of sexuality to family health				
Week 5 to Week 7 / 1 st Q	identifies the different issues/concerns of teenagers (i.e., identity crisis) and the need for support and understanding of the family				
Week 8 / 1 st Q	applies decision-making skills in managing sexuality-related issues				
Week 1 / 2 nd Q	explains the definition and importance of courtship and dating in choosing a lifelong partner				
	analyzes behaviors that promote healthy relationship in marriage and family life				
Week 2 / 2 nd Q	describes the factors that contribute to a successful marriage				
Week 3 to Week 4 / 2 nd Q	discusses various maternal health concerns (pre-during-post pregnancy)				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5 to Week 6 / 2 nd Q	explains the importance of maternal nutrition during pregnancy				
	discusses the importance of newborn screening, and the APGAR scoring system for newborns				
	explains the importance of prenatal care and post-natal care				
	*discusses the essential newborn protocol (<i>Unang Yakap</i>) and advantages of breastfeeding for both mother and child				
	recognizes the importance of immunization in protecting children's health				
Week 7 to Week 8 / 2 nd Q	analyzes the importance of responsible parenthood				
	*explains the effects of rapid population growth and family size on health of the nation				
	examines the important roles and responsibilities of parents in child rearing and care				
	enumerates modern family planning methods (natural and artificial)				
Week 1 / 3 rd Q	discusses the stages of infection				
	analyzes the leading causes of morbidity and mortality in the Philippines				
Week 2 to Week 3 / 3 rd Q	*discusses the most common communicable diseases <ul style="list-style-type: none"> signs and symptoms of common communicable diseases effects of common communicable diseases misconceptions, myths, and beliefs about common communicable diseases prevention and control of common communicable diseases 				
Week 4 to Week	analyzes the nature of emerging and re-emerging diseases				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
5 / 3 rd Q					
Week 6 to Week 8 / 3 rd Q	demonstrates self-monitoring skills to prevent communicable diseases				
	promotes programs and policies to prevent and control communicable diseases				
	identifies agencies responsible for communicable disease prevention and control				
Week 1 / 4 th Q	discusses gateway drugs				
Week 2 to Week 3 / 4 th Q	analyzes the negative health impact of cigarette smoking <ul style="list-style-type: none"> describes the harmful short- and long-term effects of cigarette smoking on the different parts of the body discusses the dangers of mainstream, second hand and third hand smoke; explain the impact of cigarette smoking on the family, environment, and community 				
Week 4 to Week 5 / 4 th Q	analyzes the negative health impact of drinking alcohol <ul style="list-style-type: none"> describes the harmful short- and long-term effects of drinking alcohol interprets blood alcohol concentration (BAC) in terms of physiological changes in the body *explains the impact of drinking alcohol on the family, and community 				
Week 6 to Week 8 / 4 th Q					
	discusses strategies in the prevention and control of cigarette smoking and drinking alcoholic beverages <ul style="list-style-type: none"> apply resistance skills in situations related to cigarette and alcohol use 				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<ul style="list-style-type: none"> follows policies and laws in the family, school and community related to cigarette and alcohol use 				
	suggests healthy alternatives to cigarettes and alcohol to promote healthy lifestyle (self, family, community)				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 9**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ 1 st Q	defines community and environmental health				
Week 2 to Week 4 / 1 st Q	explains how a healthy environment positively impact the health of people and communities (less disease, less health care cost, etc.)				
	discusses the nature of environmental issues				
	analyzes the effects of environmental issues on people's health				
Week 5 to Week 6 / 1 st Q	suggests ways to prevent and manage environmental health issues				
Week 7 to Week 8 / 1 st Q	participates in implementing an environmental project such as building and maintaining a school garden or conducting a war on waste campaign (depends on feasibility)				
Week 1 / 2 nd Q	describes the drug scenario in the Philippines				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2 / 2 nd Q	discusses risk and protective factors in substance use, and abuse				
	analyzes situations for the use and non-use of psychoactive substances				
Week 3 / 2 nd Q	identifies the types of drugs/substances of abuse				
Week 4 / 2 nd Q	corrects myths and misconceptions about substance use and abuse				
	recognizes warning signs of substance use and abuse				
Week 5 to Week 6 / 2 nd Q	*discusses the harmful short- and long-term effects of substance use and abuse on the individual, family, school, and community				
	explains the health, socio-cultural, psychological, legal, and economic dimensions of substance use and abuse				
	discusses strategies in the prevention and control of substance use and abuse				
Week 7 to Week 8 / 2 nd Q	applies decision-making and resistance skills to prevent substance use and abuse				
	suggests healthy alternatives to substance use and abuse				
Week 1 / 3 rd Q	demonstrates the conduct of primary and secondary survey of the victim (CAB)				
	assesses emergency situation for unintentional injuries				
Week 2 to Week 3 / 3 rd Q					
	explains the principles of wound dressing				
	demonstrates appropriate bandaging techniques for unintentional injuries				
Week 4 to Week 5 / 3 rd Q	demonstrates proper techniques in carrying and transporting the victim of unintentional injuries				
Week 6 to Week 8 / 3 rd Q	demonstrates proper first aid procedures for common unintentional injuries				
Week 1	differentiates intentional injuries from unintentional injuries				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
to Week 4 / 4 th Q	describes the types of intentional injuries				
Week 5	analyzes the risk factors related to intentional injuries				
to Week 8 / 4 th Q	identifies protective factors related to intentional injuries				
	demonstrates ways to prevent and control intentional injuries				

* These learning competencies were rephrased and deemed essential in the achievement of content and performance standards.

Grade Level : **Grade 10**
Subject : **Health**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1					
to Week 2 / 1 st Q	explains the guidelines and criteria in the selection and evaluation of health information, products and services				
	discusses the various forms of health service providers and healthcare plans				
Week 3/ 1 st Q	selects health professionals, specialists and health care services wisely				
	reports fraudulent health services				
Week 4 / 1 st Q	explains the different kinds of complementary and alternative health care modalities				
	explains the importance of consumer laws to protect public health				
Week 5 to Week 6 / 1 st Q	identifies national and international government agencies and private organizations that implement programs for consumer protection				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 7 to Week 8 / 1 st Q	participates in programs for consumer welfare and protection				
Week 1 / 2 nd Q	discusses the existing health related laws				
Week 2 to Week 3 / 2 nd Q	explains the significance of the existing health related laws in safeguarding people's health				
	critically analyzes the impact of current health trends, issues, and concerns				
Week 4 to Week 5 / 2 nd Q	recommends ways of managing health issues, trends and concerns				
Week 1 / 3 rd Q	discusses the significance of global health initiatives				
Week 2 to Week 3 / 3 rd Q	describes how global health initiatives positively impact people's health in various countries				
	analyzes the issues in the implementation of global health initiatives				
Week 4 to Week 5 / 3 rd Q	recommends ways of adopting global health initiatives to local or national context				
Week 1 to Week 2 / 4 th Q	discusses the components and steps in making a personal health career plan				
	prepares a personal health career following the prescribed components and steps				
Week 3 to Week 4 / 4 th Q	explores the various health career paths selects a particular health career pathway based on personal competence and interest; participates in a health career orientation program				
	decides on an appropriate health career path				



SCIENCE



Grade Level: Grade 3

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1-2	Classify objects and materials as solid, liquid, and gas based on some observable characteristics;				
Q1/ Week 3 - 5	Describe changes in materials based on the effect of temperature: 1 solid to liquid 2 liquid to solid 3 liquid to gas 4 solid to gas				
Q2/ Week 1	Describe the functions of the sense organs of the human body				
Q2/ Week 2	Describe animals in their immediate surroundings				
Q2/ Week 2	Identify the external parts and functions of animals				
Q2/ Week 3	Classify animals according to body parts and use				
Q2/ Week 3	State the importance of animals to humans				
Q2/ Week 4	Describe the parts of different kinds of plants				
Q2/ Week 4	State the importance of plants to humans				
Q2/ Week 5	Compare living with nonliving things				
Q2/ Week 5	Identify observable characteristics that are passed on from parents to offspring (e.g., humans, animals, plants);				
Q2/ Week 6	Identify the basic needs of humans, plants and animals such as air, food, water, and shelter				
Q2/ Week 6	Explain how living things depend on the environment to meet their basic needs				
Q2/ Week 7	Recognize that there is a need to protect and conserve the environment				
Q 3/ Week 1-3	Describe the position of a person or an object in relation to a reference point such as chair, door, another person				
Q 3/ Week	Describe the different uses of light, sound, heat and electricity in				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
4- 5	everyday life				
Q4/ Week 1-2	Relate the importance of surroundings to people and other living things				
Q4/ Week 3-4	Describe the changes in the weather over a period of time				
Q4/ Week 5	Enumerate and practice safety and precautionary measures in dealing with different types of weather				
Q4/ Week 6	Describe the natural objects that are found in the sky during daytime and nighttime				

Grade Level: Grade 4

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1	Classify materials based on the ability to absorb water, float, sink, undergo decay;				
Q1/ Week 2 - 3	Describe changes in solid materials when they are bent, pressed, hammered, or cut;				
Q1/ Week 4 - 5	Describe changes in properties of materials when exposed to certain conditions such as temperature or when mixed with other materials				
Q1/ Week 6- 7	Identify changes in materials whether useful or harmful to one's environment.				
Q2/ Week 1	Describe the main function of the major organs				
Q2/ Week 1	Communicate that the major organs work together to make the body function properly				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2/ Week 2	Infer that body structures help animals adapt and survive in their particular habitat				
Q2/ Week 3	Identify the specialized structures of terrestrial and aquatic plants				
Q2/ Week 4	Compare the stages in the life cycle of organisms				
Q2/ Week 5	Describe the effect of the environment on the life cycle of organisms				
Q2/ Week 6	Describe some types of beneficial and harmful interactions among living things				
Q2/ Week 7	Describe the effects of interactions among organism in their environment				
Q3/ Week 1-2	Explain the effects of force when applied to an object				
Q3/ Week 3	Characterize magnetic force				
Q3/ Week 4-5	Describe how light, sound and heat travel				
Q3/ Week 6-7	Investigate properties and characteristics of light and sound				
Q4/ Week 1	Compare and contrast the characteristics of different types of soil				
Q4/ Week 2	Explain the use of water from different sources in the context of daily activities				
Q4/ Week 3	Trace and describe the importance of the water cycle				
Q4/ Week 4	Use weather instruments and describe the different weather components in a weather chart				
Q4/ Week 5	Identify safety precautions during different weather conditions				
Q4/ Week 6	Describe the changes in the position and length of shadows in the surroundings as the position of the Sun changes				
Q4/ Week 6	Describe the effects of the Sun to human activities				



Grade Level: Grade 5

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1-2	Use the properties of materials whether they are useful or harmful				
Q1/ Week 3-4	Investigate changes that happen in materials under the following conditions: 1 presence or lack of oxygen 2 application of heat				
Q1/ Week 5-6	Design a product out of local, recyclable solid and/ or liquid materials in making useful products.				
Q2/ Week 1	Describe the parts of the reproductive system and their functions				
Q2/ Week 2	Explain the menstrual cycle				
Q2/ Week 3	Describe the different modes of reproduction in animals such as butterflies, mosquitoes, frogs, cats and dogs				
Q2/ Week 4	Describe the reproductive parts in plants and their functions				
Q2/ Week 5	Describe the different modes of reproduction in flowering and non-flowering plants such as moss, fern, mongo and others				
Q2/ Week 6	Discuss the interactions among living things and non-living things in estuaries and intertidal zones				
Q2/ Week 7	Explain the need to protect and conserve estuaries and intertidal zones				
Q3/ Week 1	Describe the motion of an object by tracing and measuring its change in position (distance travelled) over a period of time				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3/ Week 2	Discuss why some materials are good conductors of heat and electricity				
Q3/ Week 3	Relate the ability of the material to block, absorb or transmit light to its use				
Q3/ Week 4	Infer the conditions necessary to make a bulb light up				
Q3/ Week 5	Determine the effects of changing the number or type of components in a circuit				
Q3/ Week 6	Design an experiment to determine the factors that affect the strength of the electromagnet				
Q4/ Week 1	Describe how rocks turn into soil				
Q4/ Week 2	Investigate extent of soil erosion in the community and its effects on living things and the environment				
Q4/ Week 3	Characterize weather disturbances in the Philippines and describe their effects to daily life				
Q4/ Week 4	Infer the pattern in the changes in the appearance of the Moon				
Q4/ Week 5	Identify star patterns that can be seen at particular times of the year				



Grade Level: Grade 6

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1-3	Describe the appearance and uses of homogeneous and heterogenous mixtures				
Q1/ Week 4-6	Describe techniques in separating mixtures such as decantation, evaporation, filtering, sieving and using magnet				
Q2/ Week 1-2	Explain how the organs of each organ system work together				
Q2/ Week 3	Explain how the different organ systems work together				
Q2/ Week 4-5	Determine the distinguishing characteristics of vertebrates and invertebrates				
Q2/ Week 6	Discuss the interactions among living things and non-living things in tropical rainforests, coral reefs and mangrove swamps				
Q2/ Week 7	Explain the need to protect and conserve tropical rainforests, coral reefs and mangrove swamps				
Q3/ Week 1-2	Infer how friction and gravity affect movements of different objects				
Q3/ Week 3-5	Demonstrate how sound, heat, light and electricity can be transformed				
Q3/ Week 6-	Manipulate simple machines to describe their characteristics and uses				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
7					
Q4/ Week 1	Describe the changes on the Earth's surface as a result of earthquakes and volcanic eruptions				
Q4/ Week 2	Enumerate what to do before, during and after earthquake and volcanic eruptions				
Q4/ Week 3	Describe the different seasons in the Philippines				
Q4/ Week 5-6	Differentiate between rotation and revolution and describe the effects of the Earth's motions				
Q4/ Week 7-8	Compare the planets of the solar system				
Q4/ Week 8	Construct a model of the solar system showing the relative sizes of the planets and their relative distances from the Sun				

Grade Level: Grade 7

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1	Describe the components of a scientific investigation				
Q1/ Week 2-3	Recognize that substances are classified into elements and compounds				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 4-5	Distinguish mixtures from substances based on a set of properties				
Q1/ Week 6	Investigate properties of unsaturated or saturated solutions				
Q1/ Week 7	Express concentrations of solutions quantitatively by preparing different concentrations of mixtures according to uses and availability of materials				
Q2/ Week 1	Identify parts of the microscope and their functions				
Q2/ Week 2	Focus specimens using the compound microscope				
Q2/ Week 3	Describe the different levels of biological organization from cell to biosphere				
Q2/ Week 4	Differentiate plant and animal cells according to presence or absence of certain organelles				
Q2/ Week 4	Explain why the cell is considered the basic structural and functional unit of all organisms				
Q2/ Week 5	Differentiate asexual from sexual reproduction in terms of: 1 Number of individuals involved; 2 Similarities of offspring to parents				
Q2/ Week 6	Differentiate biotic from abiotic components of an ecosystem				
Q2/ Week 6	Describe the different ecological relationships found in an ecosystem				
Q2/ Week 7	Predict the effect of changes in abiotic factors on the ecosystem				
Q3/ Week 1-2	Describe the motion of an object in terms of distance or displacement, speed or velocity, and acceleration				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3/ Week 3	Create and interpret visual representation of the motion of objects such as tape charts and motion graphs				
Q3/ Week 4	Infer that waves carry energy				
Q3/ Week 4	Describe the characteristics of sound using the concepts of wavelength, velocity, and amplitude				
Q3/ Week 5	Explain color and intensity of light in terms of its wave characteristics				
Q3/ Week 6	Infer the conditions necessary for heat transfer to occur				
Q3/ Week 7	Describe the different types of charging processes				
Q4/ Week 1	Demonstrate how places on Earth may be located using a coordinate system				
Q4/ Week 2	Cite and explain ways of using Earth's resources sustainably				
Q4/ Week 3	Discuss how energy from the Sun interacts with the layers of the atmosphere				
Q4/ Week 3	Account for the occurrence of land and sea breezes, monsoons, and intertropical convergence zone (ITCZ)				
Q4/ Week 4-5	Using models, relate: 1 the tilt of the Earth to the length of daytime 2 the length of daytime to the amount of energy received 3 the position of the Earth in its orbit to the height of the Sun in the sky 4 the height of the Sun in the sky to the amount of energy received 5 the latitude of an area to the amount of energy the area receives 6 tilt of the Earth and the seasons				
Q4/	Explain how solar and lunar eclipses occur using models				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6					

Grade Level: Grade 8

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1	Investigate the relationship between the amount of force applied and the mass of the object to the amount of change in the object's motion				
Q1/ Week 1	Infer that when a body exerts a force on another, an equal amount of force is exerted back on it				
Q1/ Week 2	Relate the laws of motion to bodies in uniform circular motion				
Q1/ Week 3	Describe how work is related to power and energy				
Q1/ Week 3	Identify and explain the factors that affect potential and kinetic energy				
Q1/ Week 4	Investigates the effect of temperature to the speed of sound				
Q1/ Week 4	Explain the hierarchy of colors in relation to the energy of visible light				
Q1/ Week 4	Differentiate between heat and temperature at the molecular level				
Q1/ Week 5- 6	Infer the relationship between current and voltage				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 7	Explain the advantages and disadvantages of series and parallel connections in homes				
Q1/ Week 7	Explain the functions of circuit breakers, fuses, earthing, double insulation, and other safety devices in the home				
Q2/ Week 1	Using models or illustrations, explain how movements along faults generate earthquakes				
Q2/ Week 1-2	Differentiate the 1 epicenter of an earthquake from its focus; 2 intensity of an earthquake from its magnitude; 3 active and inactive faults				
Q2/ Week 3	Explain how earthquake waves provide information about the interior of the earth				
Q2/ Week 4	Explain how typhoon develops and how it is affected by landmasses and bodies of water				
Q2/ Week 5	Trace the path of typhoons that enter the Philippine Area of Responsibility (PAR) using a map and tracking data				
Q2/ Week 6	Compare and contrast comets, meteors, and asteroids				
Q3/ Week 1-2	Explain the properties of solids, liquids, and gases based on the particle nature of matter;				
Q3/ Week 3-4	Explain physical changes in terms of the arrangement and motion of atoms and molecules;				
Q3/ Week 5-6	Determine the number of protons, neutrons, and electrons in a particular atom;				
Q3/ Week 7-	Use the periodic table to predict the chemical behavior of an element.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
8					
Q4/ Week 1	Explain ingestion, absorption, assimilation, and excretion				
Q4/ Week 2	Compare mitosis and meiosis, and their role in the cell-division cycle				
Q4/ Week 2	Explain the significance of meiosis in maintaining the chromosome number				
Q4/ Week 3	Predict phenotypic expressions of traits following simple patterns of inheritance				
Q4/ Week 4	Explain the concept of a species				
Q4/ Week 4	Classify organisms using the hierarchical taxonomic system				
Q4/ Week 5	Explain the advantage of high biodiversity in maintaining the stability of an ecosystem				
Q4/ Week 5	Describe the transfer of energy through the trophic levels				
Q4/ Week 6	Analyze the roles of organisms in the cycling of materials				
Q4/ Week 6	Explain how materials cycle in an ecosystem				
Q4/ Week 7	Suggest ways to minimize human impact on the environment				

**Grade Level: Grade 9****Subject: Science**

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1-2	Explain how the respiratory and circulatory systems work together to transport nutrients, gases, and other molecules to and from the different parts of the body				
Q1/ Week 2	Infer how one's lifestyle can affect the functioning of respiratory and circulatory systems				
Q1/ Week 3-4	Explain the different patterns of non-Mendelian inheritance				
Q1/ Week 5	Relate species extinction to the failure of populations of organisms to adapt to abrupt changes in the environment				
Q1/ Week 6-7	Differentiate basic features and importance of photosynthesis and respiration				
Q2/ Week 1	Explain how the Quantum Mechanical Model of the atom describes the energies and positions of the electrons				
Q2/ Week 2	Recognize different types of compounds (ionic or covalent) based on their properties such as melting point, hardness, polarity, and electrical and thermal conductivity;				
Q2/ Week 3	Explain how ions are formed;				
Q2/ Week 4-5	Explain how the structure of the carbon atom affects the type of bonds it forms;				
Q2/ Week 6	Recognize the general classes and uses of organic compounds;				
Q2/ Week 7	Use the mole concept to express mass of substances; and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 7					
Q2/ Week 8	Determine the percentage composition of a compound given its chemical formula and vice versa.				
Q3/ Week 1	Describe the different types of volcanoes and volcanic eruption				
Q3/ Week 2	Explain what happens when volcanoes erupt				
Q3/ Week 3-4	Illustrate how energy from volcanoes may be tapped for human use				
Q3/ Week 5	Explain how different factors affect the climate of an area				
Q3/ Week 6-7	Describe certain climatic phenomena that occur on a global level				
Q3/ Week 8-9	Show which constellations may be observed at different times of the year using models				
Q4/ Week 1	Describe the horizontal and vertical motions of a projectile				
Q4/ Week 1-2	Investigate the relationship between the angle of release and the height and range of the projectile				
Q4/ Week 3	Relate impulse and momentum to collision of objects (e.g., vehicular collision)				
Q4/ Week 3	Infer that the total momentum before and after collision is equal				
Q4/ Week 4	Perform activities to demonstrate conservation of mechanical energy				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q4/ Week 5	Construct a model to demonstrate that heat can do work				
Q4/ Week 6	Explain how heat transfer and energy transformation make heat engines work				
Q4/ Week 6-7	Explain how electrical energy is generated, transmitted, and distributed				

Grade Level: Grade 10

Subject: Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/ Week 1-3	Describe and relate the distribution of active volcanoes, earthquake epicenters, and major mountain belts to Plate Tectonic Theory				
Q1/ Week 4	Describe the different types of plate boundaries				
Q1/ Week 5-6	Explain the different processes that occur along the plate boundaries				
Q1/ Week 7	Describe the possible causes of plate movement				
Q1/ Week 8	Enumerate the lines of evidence that support plate movement				
Q2/	Compare the relative wavelengths of different forms of electromagnetic				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2	waves				
Q2/ Week 3-4	Cite examples of practical applications of the different regions of EM waves, such as the use of radio waves in telecommunications				
Q2/ Week 5	Explain the effects of EM radiation on living things and the environment				
Q2/ Week 6-7	Predict the qualitative characteristics (orientation, type, and magnification) of images formed by plane and curved mirrors and lenses				
Q2/ Week 8	Identify ways in which the properties of mirrors and lenses determine their use in optical instruments (e.g., cameras and binoculars)				
Q2/ Week 9	Explain the operation of a simple electric motor and generator				
Q3/ Week 1	Explain the role of hormones involved in the female and male reproductive systems				
Q3/ Week 2	Describe the feedback mechanisms involved in regulating processes in the female reproductive system (e.g., menstrual cycle)				
Q3/ Week 3	Describe how the nervous system coordinates and regulates these feedback mechanisms to maintain homeostasis				
Q3/ Week 4	Explain how protein is made using information from DNA				
Q3/ Week 4	Explain how mutations may cause changes in the structure and function of a protein				
Q3/ Week 5	Explain how fossil records, comparative anatomy, and genetic information provide evidence for evolution				
Q3/ Week 6	Explain the occurrence of evolution				
Q3/	Explain how species diversity increases the probability of adaptation and				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 7	survival of organisms in changing environments				
Q3/ Week 7	Explain the relationship between population growth and carrying capacity				
Q4/ Week 1-2	Investigate the relationship between: 1 volume and pressure at constant temperature of a gas 2 volume and temperature at constant pressure of a gas 3 explains these relationships using the kinetic molecular theory				
Q4/ Week 3-4	Recognize the major categories of biomolecules such as carbohydrates, lipids, proteins, and nucleic acids				
Q4/ Week 5-6	Apply the principles of conservation of mass to chemical reactions				
Q4/ Week 7-8	Explain how the factors affecting rates of chemical reactions are applied in food preservation and materials production, control of fire, pollution, and corrosion				



EPP



Grade Level: Grade 4

Subject: Edukasyong Pantahanan at Pangkabuhayan

Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
2 Weeks Entrepreneurship and ICT	<p>naipaliliwanag ang kahulugan at kahalagahan ng “entrepreneurship”</p> <p>natatalakay ang mga katangian ng isang entrepreneur</p> <p>natutukoy ang mga naging matagumpay na entrepreneur sa pamayanan, bansa, at sa ibang bansa</p> <p>natatalakay ang iba’t-ibang uri ng negosyo</p>				
2 Weeks Entrepreneurship and ICT	<p>naipaliliwanag ang mga panuntunan sa paggamit ng computer, Internet, at email</p> <p>natatalakay ang mga panganib na dulot ng mga di-kanais-nais na mga software (virus at malware), mga nilalaman, at mga pag-asal sa Internet</p> <p>nagagamit ang computer, Internet, at email sa ligtas at responsableng pamamaraan</p> <p>naipaliliwanag ang kaalaman sa paggamit ng computer at Internet bilang mapagkukunan ng iba’t ibang uri ng impormasyon</p>				
1 Week Entrepreneurship and ICT	<p>nagagamit ang computer file system</p> <p>nagagamit ang web browser at ang basic features ng isang search engine sa pangangalap ng impormasyon</p> <p>nagagamit ang mga website sa pangangalap ng impormasyon</p> <p>nakokopya o nada-download sa computer ang nakalap na impormasyon mula sa Internet</p>				
1 Week Entrepreneurship and ICT	nakagagawa ng table at tsart gamit ang word processing				
	nakagagawa ng table at tsart gamit ang electronic spreadsheet tool				
	nakakapag-sort at filter ng impormasyon gamit ang electronic spreadsheet tool				
1 Week	nakapagpapadala ng sariling email				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Entrepreneurship and ICT	nakasasagot sa email ng iba nakapagpapadala ng email na may kalakip na dokumento o iba pang media file				
2 Weeks Entrepreneurship and ICT	nakaguguhit gamit ang drawing tool o graphics software nakakapag-edit ng photo gamit ang basic photo editing tool nakagagawa ng dokumento na may picture gamit ang word processing tool desktop publishing tool				

Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 Week Agriculture	naisasagawa ang mga kasanayan at kaalaman sa pagtanim ng halamang ornamental bilang isang pagkakakitaang Gawain				
	naisasagawa ang mga kasanayan at kaalaman sa pagtanim ng halamang ornamental bilang isang pagkakakitaang Gawain				
1 Week Agriculture	nakapagsasagawa ng survey upang matukoy ang mga sumusunod: 1.4.1 mga halamang ornamental ayon saikagaganda ng tahanan, gusto ng mamimili, panahon, pangangailangan at kita ng mga nagtanim 1.4.2 pagbabago sa kalakaran sa pagpapatubo ng halamang ornamental (hal: “intercropping” ng halamang gulay sa halamanang ornamental, atbp) 1.4.3 Disenyo o planong pagtanim ng pinagsamang halamang ornamental at iba pang mga halamang angkop				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	dito 1.4.4 pagkukunan ng mga halaman at iba pang kailangan sa halamangornamental paraan ng pagtatanim atpagpapatubo				
1 Week Agriculture	naipakikita ang wastong pamamaraan sa pagpapatubo/ pagtatanim ng halamang ornamental 1.4.1 pagpili ng itatanim. 1.4.2 paggawa/ paghahanda ng taniman. 1.4.3 paghahanda ng mga itatanim o patutubuin at itatanim 1.4.8 pagtatanim ayon sa wastong pamamaraan				
1 Week Agriculture	naipaliliwanag ang ilang paraan ng pagpaparami ng halaman tulad ng pagtatanim sa lata at layering/ marcotting				
	naisasagawa ang masistemang pangangalaga ng tanim 1.8.1 pagdidilig, pagbubungkal ng lupa, paglalagay ng abono, paggawa ng abonong organiko atbp				
	natutuos ang puhunan, gastos, kita at maiimpok				
1 Week Agriculture	nakagagawa ng plano ng patuloy na pagpapatubo ng halaman ornamental bilang pagkakakitaang Gawain				
1 Week Agriculture	natatalakay ang kabutihang dulot ng pag-aalaga ng hayop sa tahanan				
1 Week Agriculture	natutukoy ang mga hayop na maaaring alagaan sa tahanan. Hal. dagang costa, love birds, kalapati, isda, atbp.				
1 Week Agriculture	naiisa-isa ang wastong pamamaraan sa pag - aalaga ng hayop 2.1.1 pagsasagawa nang maayos na pag-aalaga ng hayop 2.1.2 pagbibigay ng wastong lugar o tirahan 2.1.3 pagpapakain at paglilinis ng tirahan pagtatala ng pagbabago/pag-unlad/pagbisita sa beterinaryo				
1 Week Agriculture	nakagagawa ng plano ng pagpaparami ng alaga upang kumita 2.1.4 napipili ang pararamihing hayop				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.1.5 nakagagawa ng talatakdaan ng mga gawain upang makapagparami ng hayop 2.4.3 nakagagawa ng iskedyul ng pag-aalaga ng hayop Naisasa alang alang ang mga kautusan/batas tungkol sa pangngalaga ng pararamihing hayop				
	naitatala ang mga pag-iingat na dapat gawin kung mag-aalaga ng hayop				

Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 Week Home Economics	1.1.naisasaugali ang mga tungkulin sa sarili upang maging maayos 1.1.1. nasasabi ang mga kagamitan sa paglilinis at pag-aayos ng sarili 1.1.2. naipakikita ang wastong paraan ng paggamit ng mga ito 1.1.3. naipakikita ang wastong pamamaraan ng paglilinis at pag-aayos 1.1.4. nasusunod ang iskedyul ng paglilinis at pag-aayos sa sarili				
1 Week Home Economics	1.2.napangangalagaan ang sariling kasuotan. 1.2.1. naiisa-isa ang mga paraan ng pagpapanatiling malinis ng kasuotan(hal., mag-ingat sa pag upo, pagsuot ng tamang kasuotan sa paglalaro, atbp) 1.2.2. nasasabi ang gamit ng mga kagamitan sa pananahi sa kamay 1.2.3. naisasaayos ang payak na sira ng kasuotan sa pamamagitan ng pananahi sa kamay (hal. pagkabit ng butones)				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2.4. Naitatabi ng maayos ang mga kasuotan batay sa kanilang gamit. (hal.,pormal na kasuotan at pangespesyal na okasyon)				
	1.3. napapanatiling maayos ang sariling tindig 1.3.1. naipakikita ang maayos na pag-upo at paglakad				
1 Week Home Economics	1.4. naipakikita ang mabuting pag-uugali bilang kasapi ng mag-anak				
	1.5. nakatutulong sa pag-aalaga sa matatanda at iba pang kasapi ng pamilya 1.5.1. naiisa-isa ang mga gawin namakatutulong sa pangangalaga sa iba pang kasapi ng pamilya hal. pagdudulot ng pagkain, pag-abot ng kailangang kagamitan, pagkukwento at pakikinig naisasagawa ang pagtulong nang may pag-iingat at paggalang				
1 Week Home Economics	1.6. nakatutulong sa pagtanggap ng bisita sa bahay tulad ng: 1.6.1. pagpapaupo, pagdudulot ng makakain, tubig, atbp) 1.6.2. pagsasagawa nang wastong pag-iingat sa pagtanggap ng bisita. (hal., hindi pagpapasok kung di kakilala ang tao). pagpapakilala sa ibang kasapi ng pamilya				
2 Weeks Home Economics	naisasagawa ang wastong paraan ng paglilinis ng bahay at bakuran				
	naisasagawa ang wastong paghihiwalay ng basura sa bahay				
	1.7. nakasusunod sa mga tuntuning 1.11.1 pangkaligtasan at pangkalusugan 1.11.2 paglilinis ng bahay at bakuran				
	nasusunod ang mga gawaing nakatakda sa sarili sa mga gawaing bahay				
	naisasagawa ang mgagawaing bahay nang kusang loob at may kasiyahan				
2 Weeks Home Economics	1.8. nakatutulong sa paghahanda ng masustansiyang pagkain. 1.8.1. napapangkat ang mga pagkain ayon sa Go, Grow, Glow				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	food 1.8.2. nasusuri ang sustansiyang taglay ng mga pagkain sa almusal gamit ang “food pyramid guide “ at ang pangkat ng pagkain 1.8.3. nakagagawa ng plano ng ilulutong pagkain nakapagluluto at nakapaghahanda ng pagkain				
	1.9. naipakikita ang wastong paraan ng paggamit ng kubyertos (kutsara at tinidor). mganasusunod ang tamang panuntunan sa pagkain angkop sa kultura				
	naisasagawa nang may sistema ang pagliligpit at paghuhugas ng pinagkainan				

Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 Week Industrial Arts	1.1 Natatalakay ang mga kaalaman at kasanayan sa pagsusukat 1.1.1 nakikilala ang mga kagamitan sa pagsusukat 1.1.2 nagagamit ang dalawang sistemang panukat (English at metric) naisasalin ang sistemang panukat na Englishsa metric at metric sa English				
1 Week Industrial Arts	naisasagawa ang pagleletra, pagbuo ng linya at pagguhit. 1.1.3 natutukoy ang mga uri ng letra 1.1.4 nabubuo ang ibat-ibang linya at guhit nagagamit ang “alphabets of line” sa pagbuo ng linya, guhit, at				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	pagleletra				
1 Week Industrial Arts	natatalakay ang kahalagahan ng kaalaman at kasanayan sa "basic sketching" shading at outlining 2.1.1 natutukoy ang ilang produkto na ginagamitan ng basic sketching shading at outlining. 2.1.2 natutukoy ang ilang tao/negosyo sa pamayanan na ang pinagkaka-kitaan ang basic sketching shading at outlining				
1 Week Industrial Arts	naisasagawa ang wastong pamamaraan ng basicsketching, shading at outlining 2.1.1 natutukoy ang pamamaraan ng basic sketching, shading at outlining 2.1.2 naiisa-isa ang mga kagamitan sa basic sketching, shading, outlining ang wastong paggamit ng mga ito				
1 Week Industrial Arts	2.2 nakapagsasaliksik ng wastong pamamaraan ng basic sketching, shading at outlining gamit ang teknolohiya at aklatan naipakikita ang wastong paraan sa basic sketching, shading, at outlining				
1 Week Industrial Arts	2.3 nakagagawa ng sariling disenyo sa pagbuo o pagbabago ng produktong gawa sa kahoy, ceramics, karton, o lata (o mga materyales na nakukuha sa pamayanan) 2.3.1 nasusunod ang mga panuntunang pangkaligtasan at pangkalusugan sa paggawa 2.3.2 nakikilala ang mga materyales na maaaring iresakel sa pagbuo ng naidesenyong proyekto nasusuri ang nabuong proyekto batay sa sariling puna at ng iba gamit ang rubrics				
1 Week Industrial Arts	2.4 naibebenta ang nagawang proyekto 2.4.1 natutuos ang presyo ng nabuong proyekto 2.4.2 nakapagsasaliksikng mga lugar na pagbibilhan ng produkto				



Week of the Quarter/ Grading Period	Most essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 Week Industrial Arts	2.5 naipakikita ang mga gawi na dapat o di-dapat isaugali upang makatulong sa patuloy na pag-unlad				

Grade Level: Grade 5

Subject: Edukasyong Pantahanan at Pangkabuhayan

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
2 WEEKS Entrepreneurship and ICT	1.1 natutukoy ang mga oportunidad na maaaring mapagkakitaan (products and services) sa tahanan at pamayanan 1.1.1 spotting opportunities for products and services				
	naipaliliwanag ang kahulugan at pagkakaiba ng produkto at serbisyo natutukoy ang mga taong nangangailangan ng angkop na produkto at serbisyo natutukoy ang mga negosyong maaaring pagkakitaan sa tahanan at pamayanan nakapagbebenta ng natatanging paninda				
2 WEEKS Entrepreneurship and ICT	naipapaliwanag ang mga panuntunan sa pagmamahagi ng mga dokumento at media file nakapamamahagi ng mga dokumento at media file sa ligtas at responsableng pamamaraan naipaliliwanag ang mga panuntunan sa pagsali sa discussion forum at chat nakasasali sa discussion forum at chat sa ligtas at responsableng pamamaraan				
1 WEEK Entrepreneurship and ICT	nagagamit ang advanced features ng isang search engine sa pangangalap ng impormasyon natutukoy ang angkop na search engine sa pangangalap ng impormasyon				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	natitiyak ang kalidad ng impormasyong nakalap at ng mga website na pinanggalingan nito nakakapag-bookmark ng mga website naisasaayos ang mga bookmarks				
2 WEEKS Entrepreneurship and ICT	nakagagawa ng diagram ng isang proseso gamit ang word processing tool nakagagamit ng mga basic function at formula sa electronic spreadsheet upang malagom ang datos nakasusunod sa usapan sa online discussion forum at chat nakakapag-post ng sariling mensahe sa discussion forum at chat nakakapagsimula ng bagong discussion thread o nakakabuo ng sariling discussion group nagagamit ang word processing tool o desktop publishing tool sa paggawa ng flyer, brochure, banner, o poster na may kasamang nalagom na datos at diagram, table, tsart, photo, o drawing nagagamit ang mga basic features ng slide presentation tool sa pagbuo ng anunsiyo na may kasamang teksto, diagram, table, tsart, photo, o drawing				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
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1 WEEK Agriculture	nakagagawa ng abonong organiko 1.4.1 natatalakay ang kahalagahan at pamamaraan sa paggawa ng abonong organiko 1.4.2 nasusunod ang mga pamamaraan at pag-iingat sa paggawa ng abonong organiko				
1 WEEK Agriculture	naisasagawa ang masistemang pangangalaga ng tanim na mga gulay 1.5.1 pagdidilig 1.5.2 pagbubungkal 1.5.3 paglalagay ng abonong organiko				
	naisasagawa ang masistemang pagsugpo ng peste at kulisap ng mga halaman 1.6.1 intercropping 1.6.2 paggawa ng organikong pangsugpo ng peste at kulisap				
1 WEEK Agriculture	naipakikita ang masistemang pag-aani ng tanim 1.1.1 natatalakay ang mga palatandaan ng tanim na maaari nang anihin. nnaipakikita ang wastong paraan ng pag-aani				
2 WEEKS Agriculture	nagagamit ang talaan sa pagsasagawa ang wastong pagsasa-pamilihan ng inaning gulay nakagagawa ng plano ng pagsasapamilihan ng ani. 1.1.2 pagpapakete 1.1.3 pagtatakda ng presyo 1.1.4 pagsasaayos ng paninda 1.1.5 paraan ng pagtitinda 1.1.6 pag-akit sa mamimili pagtatala ng puhunan, gastos, kita, at maiimpok				
2 WEEKS Agriculture	naipaliliwanag ang kabutihang dulot ng pag-aalaga ng hayop na may dalawang paa at pakpak o isda nakapagsasaliksik ng mga katangian, uri, pangangailangan, pamamaraan ng pag-aalaga at pagkukunan ng mga hayop na maaaring alagaan, at mga karanasan ng mga taong nag-aalaga ng hayop o isda natutukoy ang mga hayop na maaring alagaan gaya ng manok, pato, itik, pugo/ tilapia nakagagawa ng talaan ng mga kagamitan at kasangkapan na dapat ihanda upang makapagsimula sa pag-aalaga ng hayop o isda				



1 WEEK Agriculture	naisasakatuparan ang ginawang plano. 1.1.7 naipakikitaang wastong pamamaraan sa pag-aalaga ng hayop na napiling alagaan 1.1.8 nasusunod ang mga tuntuning pangkaligtasan atpangkalusugan sa pag-aalaga 1.1.9 nasusubaybayan ang paglaki ng mga alagang hayop/isda gamit ang isang talaan nakagagawa ng balak ng pagpaparami ng alagang hayop				
1 WEEK Agriculture	naisasapamilihan ang inalagaang hayop/isda 1.1.1 naipaliliwanag ang palatandaan ng alagang maaari nang ipagbili 2.9.2 nakagagawa ng istrategiya sa pag-sasapamilihan, hal., pagbebenta sa palengke o sa pamamagitan ng online selling natutuos ang puhunan, gastos, at kita				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 WEEK Home Economics	naipaliliwanag ang mga pagbabagongpisikal na nagaganap sa sarili sa panahon ng pagdadalaga at pagbibinata 1.1.1 natutukoy ang mga pag-babagong pisikal sa sarili tulad ngpagkakaroon ng tagiyawat, pagtubo ng buhok sa iba't-ibang bahagi ng katawan, at labis na pagpapawis natatalakay ang mga paraang dapat isagawa sa panahon ng pagbabagong pisikal (paliligo at paglilinis ng katawan)				



	naipakikita ang kamalayansa pang-unawa sa pagbabago ng sarili at sa pag-iwas sa panunukso				
1 WEEK Home Economics	1.2 naisasaugali ang pagtupad ng tungkulin sa sarili 1.2.1 nasasabi ang mga kagamitan at wastong paraansapaglilinis at pag-aayos ng sarili 1.2.2 naipakikita ang wastong pamamaraan sa paglilinis at pag-aayos nasusunod ang iskedyul ng paglilinis at pag-aayos ng sarili				
1 WEEK Home Economics	1.3 napangangalagaan ang sariling kasuotan 1.3.1 naiisa-isa ang mga paraan upang mapanatiling malinis ang kasuotan 1.3.2 naisasa-ayos ang payak na sira ng damit sa pamamagitan ng pananahi sa kamay(hal., pagsusulsi ng punit sa damit o pagtatahi ng tastas) naisasagawa ang pagsusulsi ng iba't ibag uri ng punit				
2 WEEKS Home Economics	1.4 naisasagawa ang wastong paraan ng paglalaba 1.4.1 napaghihiwalay ang puti at di-kulay pagkilala at pag-aalis ng mantas sa tamang paraan				
	naisasagawa ang wastong paraan ngpamamalantsa nasusunod ang batayan ng tamang pamamalantsa naipakikita ang wastong paraan ng pamamalantsa at wastong paggamit ng plantsa				
1 WEEK Home Economics	natutupad ang mga tungkullin sa pag-aayos ng tahanan naisasagawa ang pagsasaayos at pagpapaganda ng tahanan 1.4.2 nakagagawa ng plano ng pag-aayos 1.4.3 naitatala at nagagawa ang mga kagamitan at kasangkapan sa pag-aayos nasusuri ang ginawang pagsasaayos at nababago nito kung kinakailangan				
1 WEEK Home Economics	nakapagsasaliksik gamit ang Internet, magasin, aklat, atbpupang malaman ang: 1.15.1 kasalukuyang kalakaran sa pamilihan ng mga kagamitan sa bahay (market demands/trends) 1.15.2 iba't- ibang uri at paraan ng paggawa ng mga kagamitang pambahay (soft furnishing) tulad ng kurtina, table runner, glass holder/ cover, throw pillow, table napkin, atbp.				
	nakagagawa ng plano para sa pagbuo ng mga kagamitang pambahay.				



1 WEEK Home Economics	nakagagamit ng makina at kamay sa pagbuo ng mga kagamitang pambahay natutukoy ang mga bahagi ng makinang de-padyak natatalakay at naipakikita ang wastoat maingat na paraan ng paggamit ng makina				
1 WEEK Home Economics	nakabubuo ng kagamitangpambahay na maaaring pagkakitaan nakalilikha ng isang malikhaing proyekto nakapipili at nakapamimili ng materyales naipakikita ang pagkamaparaan sa pagbubuo ng proyekto				
1 WEEK Home Economics	naisasagawa ang pagpaplano at pagluluto ng masustansiyang pagkain (almusal, tanghalian, at hapunan) ayon sa badyet ng pamilya natutukoy ang mga salik sa pagpaplano ng pagkain ng pamilya badyet, bilang ng kasapi, gulang, atbp naitatala ang mga sangkap na gagamitin sa pagluluto ayon sa napiling resipe				
	naisasagawa ang pamamalengke ng mga sangkap sa pagluluto naipakikita ang husay sa pagpili ng sariwa, mura at masustansyang sangkap naisasaalang-alang ang mga sangkap na makikita sa paligid nakapagkukwenta nang mahusay sa pamamalengke				
1 WEEK Home Economics	naisasagawa ang pagluluto naihahanda ang mga sangkap sa pagluluto nasusunod ang mga tuntuning pangkalusugan at pangkaligtasan sa paghahanda at pagluluto ng pagkain di paggamit ng mga sangkap na may food artificial additives				
	naihahanda nang kaakit-akit ang nilutong pagkain sa hapag kainan (food presentation) nakalilikha ng ilang paraan ng kaakit-akit na paghahanda ngpagkain naipaliliwanag ang dapat tandaan/ mga alituntunin sa paghahanda ng mesa at paghahain (principles in table setting)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
2 WEEKS Industrial Arts	natatalakay ang mga mahalagang kaalaman at kasanayan sa gawaing kahoy, metal, kawayan at iba pang lokal na materyalessa pamayanan nakagagawa ng mga malikhaing proyekto na gawa sa kahoy, metal, kawayan at iba pang materyales na makikita sa kumunidad natutukoy ang mga uri ng kagamitan at kasangkapan sa gawaing kahoy, metal, kawayan, at iba pa natatalakay ang mga uri ng kagamitan at kasangkapan sa gawaing kahoy, metal, kawayan at iba pa nasusunod ang mga panuntunang pagkalusugan at pangkaligtasan sa paggawa				
1 WEEK Industrial Arts	nakagagawa ng proyekto na ginagamitan ng elektrisidad natatalakay ang mga kaalaman at kasanayan sa gawaing elektrisidad natutukoy ang mga materyales at kagamitan na ginagamit sa gawaing elektrisidad nagagamit ang kasangkapan at kagamitan sa gawaing elektrisidad				
1 WEEK Industrial Arts	nakabubuo ng plano ng proyekto na nakadiseno mula sa ibat-ibang materyales na makikita sa pamayanan (hal., kahoy, metal, kawayan, atbp) na ginagamitan ng elektrisidad na maaaring mapapagkakakitaan				
1 WEEK Industrial Arts	nakapagtatala ng iba pang disenyo at materyales na maaring magamit o pagsama-samahin upang makagawa ng malikhaing produkto batay sa nakalap na datos				
1 WEEK Industrial Arts	nasusuri ang ginawang produkto at naisasaayos ito batay sa sarili at mungkahi ng iba gamit ang rubrics nalalapatan ng angkop na panghuling ayos(finishing) ang nabuong produkto natutukoy ang iba ibang paraan ngpanghuling ayos (pagliha, pagpintura, at pagbarnis) nasusunod ang wastong paraan ng pagliliha, pagpipintura, o pagbabarnis				



1 WEEK Industrial Arts	naisasapamilihanang mga nagawang produkto gamit ang natutunang productivity tools naipapakete ang nabuong proyekto bago ipagbili napapamahalaan ang kinita natutuos ang puhunan at kita nakagagawa ng plano ng bagong produktong gagawin mula sa kinita				
1 WEEK Industrial Arts	naisasagawa ang payak na pagkukumpuni ng mga sirang kagamitan at kasangkapan sa tahanan o sa paaralan natatalakay ang kahalagahan ng kaalaman at kasanayan sa pagkukumpuni ng mga sirang kagamitan sa tahanan o paaralan naipaliliwanag ang mga hakbang sa pagkukumpuni. (sirang silya, bintana, door knob, sirang gripo, maluwag/ natanggal na screw ng takip, extension cord, lamp shade at iba pa) natutukoy ang mga kasangkapan/kagamitan sa pagkukumpuni at ang wastong paraan ng paggamit nito pagkukumpuni ng sirang kasangkapan sa tahanan o paaralan				



TLE

(Grade 6)



Grade Level: Grade 6

Subject: TLE

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
ICT and ENTREPRENEURSHIP					
TLEIE60a-2 Week 1	produces simple products				
TLEIE60b-3 Week 2	buys and sells products based on needs				
TLEIE60b-4 Week 2	sells products based on needs and demands in school and community				
TLEIE60c-5 Week 3	posts and shares materials on wikis in a safe and responsible manner				
TLEIE60c-6 Week 3	posts and shares materials on blogs in a safe and responsible manner				
TLEIE60d-7 Week 4	participates in video and audio conferences in a safe and responsible manner				
TLEIE60e-9	creates an online survey form				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5					
TLEIE60f-11 Week 6	processes online survey data				
TLEIE60f-12 Week 6	uses functions and formulas in an electronic spreadsheet tool to perform advanced calculations on numerical data				
TLEIE60g-13 Week 7	uses audio and video conferencing tools to share ideas and work with others online				
TLEIE60h-14 Week 8	uses an e-group to share ideas and work with others				
TLEIE60i-15 Week 9	uses the advanced features of a slide presentation tool to create a multimedia presentation with text, graphics, and photos; hyperlinked elements; animation; and embedded audio and/or video				
TLEIE60j-16 Week 10	uses the moviemaking software to create a multimedia presentation				
AGRICULTURE					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE6AG0a-1 Week 1	discusses the importance of planting and propagating trees and fruit-bearing trees and marketing seedlings.				
TLE6AG-0b- 2 Week 2	uses technology in the conduct of survey to find out the following: elements to be observed in planting trees and fruit-bearing trees				
	market demands for fruits				
	famous orchard farms in the country				
	conduct a survey to identify: types of orchard farms				
TLE6AG-0c- 3 Week 3	trees appropriate for orchard gardening based on location, climate, and market demands				
	proper way of planting/propagating trees and fruit-bearing trees (budding, marcotting, grafting)				
	sources of fruit-bearing trees				
	how to care for seedlings				
TLE6AG0c-4 Week 3	prepares layout design of an orchard garden using the information gathered				
TLE6AG0d-5 Week 4	propagates trees and fruit-bearing trees using scientific processes				
	identifies the appropriate tools and equipment in plant propagation and their uses				
	demonstrates scientific ways of propagating fruit-bearing trees				
	observes healthy and safety measures in propagating fruit-bearing trees				
TLE6AG-0e-6	performs systematic and scientific ways of caring orchard trees/				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5	seedlings such as watering, cultivating, preparing, and applying organic fertilizer				
TLE6AG-0f-7 Week 6	markets fruits and seedlings				
TLE6AG0g-8 Week 7	develops plan for expansion of planting trees and seedling production				
TLE6AG-0h-9 Week 8	conducts survey to find out:				
	persons in the community whose occupation is animal (four-legged) /fish raising				
	kinds of four-legged animals/fish being raised as means of livelihood				
	possible hazards that animal raising can cause to the people and community				
	ways to prevent hazards brought about by raising animals				
	market demands for animal/fish products and byproducts				
	direct consumers or retailers				
TLE6AG-0i-10 Week 9	benefits that can be derived from animal/fish raising				
	stories of successful entrepreneurs in animal/fish raising				
	plans for the family's animal raising project				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE6AG-0i-11					
Week 9	implements plan on animal/fish raising				
	monitors growth and progress				
	keeps an updated record of growth/progress				
	expands/enhances one's knowledge of animal/fish raising using the Internet				
TLE6AG0j-13	manages marketing of animal/fish raised				
Week 10	discusses indicators for harvesting/capturing				
	demonstrates skill in harvesting/capturing animal/fish				
	prepares marketing strategy by asking help from others or using the Internet				
	markets animals/fish harvested/captured				
	computes the income earned from marketed products (Gross Sale – Expenses = Net income)				
	prepares plans for expansion of animal-raising venture				
HOME ECONOMICS					
TLE6HE0a-1					
Week 1	identifies family resources and needs (human, material, and nonmaterial)				
TLE6HE0a-2					
Week 1	enumerates sources of family income				
TLE6HE0b-3	allocates budget for basic and social need such as:				
Week 2	1.1.1 food and clothing 1.1.2 shelter and education				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.1.3 social needs: social andmoral obligations (birthdays,baptisms, etc.), familyactivities, school affairs savings/emergency budget (health, house repair)				
TLE6HE0b-4 Week 2	1.2 prepares feasible and practical budget 1.2.1 manages family resources efficiently 1.2.2 prioritizes needs over wants				
TLE6HE0c-5 Week 3	classifies tools and materials according to their use (measuring, cutting, sewing)				
TLE6HE0c-6 Week 3	prepares project plan for household linens				
TLE6HE0c-7 Week 3	identifies supplies/ materials and tools needed for the project				
TLE6HE-0d- 8 Week 4	2.1 drafts pattern for household linens 2.1.1 steps in drafting pattern 2.1.2 safety precautions				
TLE6HE0d-9 Week 4	2.2 sews creative and marketable household linens as means to augment family income 2.3 assesses the finished products as to the quality (using rubrics				
TLE6HE0e-10	2.4 markets finished house hold linens in varied/ creative ways				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5					
TLE6HE0f-10 Week 6	explains different ways of food preservation (drying, salting, freezing, and processing)				
TLE6HE0g-11 Week 7	uses the tools/utensils and equipment and their substitutes in food preservation/ processing				
TLE6HE0h-12 Week 8	preserves food applying principles and skills in food preservation processing				
TLE6HE-0i- 13 Week 9	conducts simple research to determine market trends and demands inpreserved/ processed foods				
TLE6HE0i-14 Week 9	assesses preserved/processed food as to the quality using the rubrics				
TLE6HE-0j- 15 Week 10	markets preserved/processed food in varied/ creative ways with pride				
INDUSTRIAL ARTS					
TLE6IA-0a-1 Week 1	discusses the importance and methods of enhancing/decorating bamboo, wood, and metal products				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE6IA0a-2 Week 1	demonstrates creativity and innovativeness in enhancing/ decorating bamboo, wood, and metal products				
TLE6IA0b- 3 Week 2	1.1 conducts simple survey using technology and other data-gathering method to determine 1.1.1 market trends on products made of bamboo, wood, and metal 1.1.2 customer's preference of products 1.1.3 types/sources of innovative finishing materials, accessories, and designs 1.1.4 processes in enhancing/decorating finished products				
TLE6IA0c-4 Week 3	discusses the effects of innovative finishing materials and creative accessories on the marketability of products				
TLE6IA0c- 5 Week 3	enhances bamboo, wood, metal, and other finished products through sketching, shading, and outlining				
TLE6IA-0d-6 Week 4	1.6 constructs project plan 1.6.1 considers deliberate policies on sustainable development in constructing the project plan 1.6.2 demonstrates resourcefulness and management skills in the use of time, materials, money, and effort 1.6.3 assesses the quality of enhanced product using rubrics 1.6.4 refines product based on assessment made				
TLE6IA-0e-7 Week 5	markets products				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE6IA-0f- 8 Week 6	construct simple electrical gadgets				
TLE6IA0g- 9 Week 7	explains the protocols (processes) in making electrical gadgets				
TLE6IA0h-10 Week 8	repairs simple gadgets/furniture/ furnishings at home and school				
TLE6IA-0i-11 Week 9	1.2 discusses the principles of “five S” 1.2.1 Sorting (Seiri) 1.2.2 Straightening (Seiton) 1.2.3 Systematic Cleaning (Shine) (Seiso) 1.2.4 Standardizing (Seiketsu) 4.1.5 Service (Sustaining) (Shitsuke)				
TLE6IA0i-12 Week 9	identifies recyclable products/waste materials made of wood, metal, paper, plastic, and others				
TLE6IA0j-13 Week 10	explains the process and the importance of recycling				
TLE6IA0j- 14 Week 10	recycles the identified products/waste material into functional items (binding of used paper into notebook or memo pad; bottled plastic into lampshades, flowers, plants; etc.)				



TLE

(Grade 7-8)



Grade Level: Grade 7/8

Subject: TLE (Animal Production)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1: PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PECs7-12-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PECs) needed in animal production 1.1 Compare one's PECs with those of a practitioner/entrepreneur Align one's PECs with those of a practitioner/entrepreneur				
TLE_PECs7-12-00-1 Week 0	LO 2. Develop and strengthen personal competencies and skills (PECs) needed in animal production 2.1 Identify areas for improvement, development and growth 2.2 Align one's PECs according to his/her business/career choice 2.3 Create a plan of action that ensures success of his/her business/career choice				
ENVIRONMENT AND MARKETING (EM)					
TLE_EM7-12-00-1 Week 0	LO 1. Recognize and understand the market in animal production 1.1 Identify the players/ competitors within the town Identify the different products/services available in the market				
TLE_EM7-12-00-2 Week 0	LO 2. Recognize the potential customer/ market in animal production 2.1 Profile potential customers 2.2 Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
LESSON 1: PARTICIPATING IN WORKPLACE COMMUNICATION (PWC)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TVL_AFAAPPC9-12PWC-Ia-1 Week 1	LO 1. Obtain and convey workplace information 1.1 Access specific relevant information is from appropriate sources 1.2 Use effective questioning and active listening and speaking to gather and convey information 1.3 Use appropriate medium to transfer information and ideas 1.4 Use appropriate nonverbal communication 1.5 Identify appropriate lines of communication with superiors and colleagues 1.6 Define work procedures for the location and storage of information 1.7 Carry out personnel interaction clearly and concisely				
TVL_AFAAPPC9-12PWC-Ia-2 Week 1	LO 2. Participate in workplace meeting and discussion 2.1 Attend team meetings on time 2.2 Express own opinions and listen to those of others 2.3 Conduct workplace interaction courteously while being mindful of cultural considerations 2.4 Ask and respond to questions on simple routine workplace procedures and matters concerning conditions of employment 2.5 Interpret and implement meeting outcomes				
TVL_AFAAPPC9-12PWC-Ib-3 Week 2	LO 3. Complete relevant work-related documents 3.1 Complete ranges of forms relating to conditions of employment accurately and legibly 3.2 Record workplace data on standard workplace forms and documents 3.3 Use basic mathematical process for routine calculations 3.4 Errors in recording information on forms. 3.5 Identify and rectify documents				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.6 Complete reporting requirements to superior according to enterprise guidelines				
LESSON 2: WORKING IN TEAM ENVIRONMENT (WTE)					
TVL_AFAAPPC9-12WTE-Ib-4 Week 2	LO 1. Describe team role and scope 1.1 Identify role and objective of the team 1.2 Identify team parameters, relationships, and responsibilities 1.3 Identify individual role and responsibilities 1.4 Identify and recognize roles and responsibilities of other team members 1.5 Identify reporting relationships within team and external to team				
TVL_AFAAPPC9-12WTE-Ic-5 Week 3	LO 2. Set and meet work priorities 2.1 Prioritize competing demands to achieve personal, team and organizational goals and objectives 2.2 Utilize resources efficiently and effectively to manage work priorities and commitments. 2.3 Follow practices and economic use and maintenance of equipment and facilities as per established procedures.				
TVL_AFAAPPC9-12WTE-Ic-6 Week 3	LO 3. Work as a team member 3.1 Undertake appropriate forms of communication and interactions. 3.2 Make appropriate contributions to complement team activities and objectives. 3.3 Follow reporting using standard operating procedures. 3.4 Contribute development of team work plans based from team role				
LESSON 3: PRACTICING CAREER PROFESSIONALISM (PCP)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TVL_AFAAPPC9-12PCP-Ic-7 Week 3	LO 1. Integrate personal objectives with organizational goals 1.1 Manifest personal growth and work plans towards improving the qualifications set for professionalism 1.2 Maintain intra and interpersonal relationship in the course of managing oneself based on performance evaluation 1.3 Demonstrate commitment to the organization and its goal in the performance of duties 1.4 Observe practice of appropriate personal hygiene				
TVL_AFAAPPC9-12PCP-Id-8 Week 4	LO 2. Set and meet work priorities 2.1 Prioritize competing demands to achieve personal, team, and organizational goals and objectives 2.2 Utilize resources efficiently and effectively to manage work priorities and commitments Follow practices and economic use and maintenance of equipment and facilities as per established procedures				
TVL_AFAAPPC9-12PCP-Id-9 Week 4	LO.3. Maintain professional growth and development 3.1 Identify training and career opportunities relevant to the job requirements 3.2 Acquire licenses and/or certifications according to the requirements of the qualifications Complete and update training and career opportunities based on industry requirements				
LESSON 4. PRACTICING OCCUPATIONAL HEALTH AND SAFETY PROCEDURES (POHS)					
TVL_AFAAPPC9-12POHS-Id-10	LO 1. Identify hazards and risks 1.1 Identify workplace hazards and risks 1.2 Identify hazards/risks and its corresponding indicators in with the				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4	company procedures Recognize contingency measures in accordance with organizational procedures				
TVL_AFAAPPC9-12POHS-Id-11 Week 4	LO 2. Evaluate hazards and risks 2.1 Identify terms of maximum tolerable limits which when exceeded will result in harm or damage based on TLV 2.2 Determine effects of the hazards 2.3 Identify and report OHS issues and/or concerns and safety hazards.				
TVL_AFAAPPC9-12POHS-Ie-12 Week 5	LO 3. Control hazards and risks 3.1 Follow OHS procedures for controlling hazards/risks in workplace 3.2 Follow procedures for dealing with workplace accidents, fire, and emergencies in accordance with organization OHS policies 3.3 Use Personal Protective Equipment (PPE) in accordance with organization OHS procedures and practices				
TVL_AFAAPPC9-12POHS-Ie-13 Week 5	LO 4. Maintain OHS awareness 4.1 Participate in emergency-related drills and trainings as per established organization guidelines and procedures 4.2 Complete and update OHS personal records in accordance with workplace requirements				
LESSON 5: APPLYING SAFETY MEASURES IN FARM OPERATION (ASMF)					
TVL_AFAAPPC9-12ASMF-If-14 Week 6	LO 1. Determine areas of concern for safety measures 1.1 Identify work tasks in line with farm operations 1.2 Determine place for safety measures in line with farm operations 1.3 Determine time for safety measures in line with farm operations				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.4 Prepare appropriate tools, materials and outfits in line with job requirement				
TVL_AFAAPPC9-12ASMF-Ig-15 Week 7	LO 2. Apply appropriate safety measures 2.1 Use tools and materials according to the specification and procedure 2.2 Wear outfit according to the farm requirements 2.3 Strictly observe shelf life/expiration dates of materials 2.4 Follow emergency procedures to ensure seatwork requirements 2.5 Identify and report hazards in the workplace in line with the guidelines				
TVL_AFAAPPC9-12ASMF-Ih-16 Week 8	LO 3. Safe keep/dispose of tools, materials, and outfit 3.1 Clean and store used tools and outfit after use in designated areas 3.2 Label and store unused materials according to manufacturer's recommendation and farm requirements 3.3 Dispose of waste materials according to manufacturer's, government, and farm requirements				
LESSON 6: USING FARM TOOLS AND EQUIPMENT (UFTE)					
TVL_AFAAPPC9-12UFTE-Ii-17 Week 9	LO 1. Select and use farm tools 1.1 Identify appropriate farm tools according to requirement/use 1.2 Check farm tools for defects 1.3 Report defective farm tools in accordance with farm procedures Use appropriate tools and equipment according to job requirements and manufacturer's conditions				
TVL_AFAAPPC9-12UFTE-Ij-18	LO 2. Select and operate farm equipment 2.1 Identify appropriate farm equipment 2.2 Read carefully instructional manual of the farm tools and				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 10	<p>equipment prior to operation</p> <p>2.3 Conduct Pre-operation check-up in line with manufacturers manual</p> <p>2.4 Identify and reports faults in farm equipment in line with farm procedures</p> <p>2.5 Use farm equipment according to its function</p> <p>2.6 Follow safety procedures</p>				
TVL_AFAAPPC9-12UFTE-IIa-19 Week 1	<p>LO 3. Perform preventive maintenance</p> <p>3.1 Clean tools and equipment immediately after use in line with farm procedures</p> <p>3.2 Perform routine checkup and maintenance</p> <p>Store tools and equipment in designated areas in line with farm procedures</p>				
LESSON 7: PERFORMING ESTIMATION AND BASIC CALCULATION (PEBC)					
TVL_AFAAPPC9-12PEBC-IIb-c-20 Week 2-3	<p>LO 1. Perform estimation</p> <p>1.1 Identify job requirements from written or oral communications</p> <p>1.2 Estimate quantities and resources and time required to complete a task</p> <p>1.3 Calculate the duration of work completion</p> <p>Report the estimated materials and resources to appropriate person</p>				
TVL_AFAAPPC9-12PEBC-IIId-e-21 Week 4-5	<p>LO 2. Perform basic workplace calculation</p> <p>2.1 Identify calculations to be made according to the job requirement</p> <p>2.2 Identify correct methods of calculation</p> <p>2.3 Ascertain systems and units of measurement to be followed</p> <p>2.4 Perform calculations needed to complete a task using the four basic mathematical operations</p> <p>2.5 Use fraction and percentage or mixed in calculating to complete the instruction</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Employ different techniques in checking accuracy of result				
LESSON 8: PROCESSING FARM WASTE (PFW)					
TVL_AFAAPPC9-12PFW-IIIf-22 Week 6	LO 1. Collect farm wastes 1.1 Prepare tools and materials for collection of farm wastes 1.2 Collect wastes following OSHS and waste collection requirements and plan 1.3 Collect dangerous and hazardous wastes following the HAZMAT protocol Wear appropriate personal PPE as prescribed by OSHS				
TVL_AFAAPPC9-12PFW-IIg-23 Week 7	LO 2. Identify and segregate wastes 2.1 Identify waste by category according to industry standards and environmental legislation 2.2 Segregate waste according to organizational requirements and relevant legislation 2.3 Label sorted waste to prevent cross-contamination Obtain information on waste by asking authority to ensure correct identification				
TVL_AFAAPPC9-12PFW-IIg-24 Week 7	LO 3. Treat and process farm wastes 3.1 Handle dangerous and hazardous waste according to organizational requirements and relevant legislation following OSHS procedures 3.2 Apply principles of 3Rs accordingly 3.3 Dispose of farm waste according to environmental legislation and codes				
TVL_AFAAPPC9-12PFW-IIh-25	LO 4. Perform housekeeping 4.1 Display appropriate warning sign and labels in conspicuous place around the work place				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8	4.2 Clean the work area according to 5S principle 4.3 Check, clean, and stow tools according to established industry procedure and following user's manual 4.4 Store materials following industry standard procedures and manufacturer's specifications 4.5 Check damage PPE and ensure that clean and undamaged equipment is store. 4.6 Keep record according to industry requirements.				

Grade Level: Grade 7/8

Subject: TLE (Aquaculture-40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PECS9-12-00-1 Week 0	Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in Aquaculture Identify and assess a practitioner's PeCS: Characteristics, Attributes, Lifestyle, Skills, Traits Identify areas for improvement, development and growth				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-00-1 Week 0	Recognize and understand the market for aquaculture. 1.1. Identify the different products/services available in the market 1.2. Enumerate the differences between these products 1.3. Identify who the customers of these products are and the reason these products/services are purchased				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.4 Identify the companies who sell these products/services in the market				
LESSON 1: USE FISHERY TOOLS AND EQUIPMENT (UT)					
TLE_AFAQ9-12UT-Ia-1 Week 1	LO 1. Select and use fishery tools 1.1. Identify appropriate fishery tools according to requirement 1.2. Check for faulty and defective tools in accordance with farm procedures 1.3. Use appropriate tools and equipment				
TLE_AFAQ9-12UT-Ia-b-2 Week 2	LO 2. Select and operate fishery equipment 2.1. Identify fishery equipment and facilities 2.2 Conduct pre-operation check-up in line with 2.3. Follow safety precautions 2.4. Identify and report faults and defects of tools 2.5. Use fishery equipment and facilities according to their functions 2.6. Read instructional manuals on farm tools and equipment				
TLE_AFAQ9-12UT-Ic-3 Week 3	LO 3. Perform preventive maintenance 3.1. Follow aquaculture procedures in cleaning tools, equipment and facilities after use 3.2. Perform routine check-up and maintenance 3.3. Store tools and equipment in areas in accordance with farm procedures				
LESSON NO. 2: PERFORM ESTIMATION AND BASIC CALCULATION (MC)					
TLE_AFAQ9-12MC-Id-1 Week 4	LO 1. Perform estimation 1.1. Identify job requirements from oral and written communication 1.2. Estimate quantities of materials and resources required to complete a work/task 1.3. Estimate time needed to complete a work/activity 1.4. Make estimate of work materials and resources				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_AFAQ9-12MC-Ie-2 Week 5	LO 2. Perform basic calculations 2.1. Check and complete computed number 2.2. Identify basic calculations to be made according to job requirements 2.4. Follow the appropriate mathematical operations to comply with the job requirements 2.5. Explain how to review and check results obtained in the computation of 2.6. Calculate whole numbers, fractions, percentages and mixed numbers				
LESSON NO. 3: DRAW THE LAYOUT PLANS FOR PONDS, TANKS PENS AND CAGES (ID)					
TLE_AFAQ9-12ID-If-1 Week 6	LO 1. Draw layout plans for ponds 1.1. Identify different pond compartments 1.2. Use signs and symbols of plan according to fishpond engineering standards 1.3. Draw layouts of different pond designs according to established				
TLE_AFAQ9-12ID-Ig-2 Week 7	LO 2. Draw layout plans for tanks 2.1. Identify different life support systems for tanks 2.2. Use signs and symbols of plan according to fishpond engineering standards 2.3. Draw layouts of different tank designs according to established procedures				
TLE_AFAQ9-12ID-Ih-3	LO 3. Draw layout plans for pens and cages 3.1. Identify the different life support systems for pens and cages 3.2. Use signs and symbols of plan according to fishpond				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8	engineering standards 3.3. Draw layouts of different pens and cages designs according to established procedures				
LESSON 4: APPLY SAFETY MEASURES IN FARM OPERATIONS (OS)					
TLE_AFAQ9-12OS- li-1 Week 9	LO 1. Apply appropriate safety measures 1.1. Identify work tasks 1.2. Determine place and time for safety measures 1.3. Prepare appropriate tools, materials and outfits 1.4. Use tools and materials accordingly 1.5. Identify hazards 1.6. Wear outfit accordingly 1.7. Observe shelf life 1.8. Follow emergency procedures				
TLE_AFAQ9-12OS- lj-2 Week 10	LO 2. Safekeeping/disposal of tools materials and outfit 2.1. Explain how to clean used tools and outfits before storing 2.2. Label unused materials and supplies according to manufacturer's recommendation before storing 2.3. Observe how to dispose waste materials				



Grade Level: Grade 7/8

Subject: TLE (Automotive- 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PEC7-12-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PECs) needed in automotive servicing 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
TLE_PEC7-12-00-1 Week 0	LO 2. Recognize the potential customer/ market in automotive servicing 2.3 Profile potential customers 2.4 Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
ENVIRONMENT AND MARKET (EM)					
TLE_EM7-12-00-2 Week 0	LO 1. Recognize and understand the market in automotive servicing 1.2 Identify the players/ competitors within the town 1.3 Identify the different products/services available in the market				
TLE_EM7-12-00-3 Week 0	LO 2. Recognize the potential customer/ market in automotive servicing 2.5 Profile potential customers 2.6 Identify the customer's needs and wants through consumer analysis Conduct consumer/market analysis				
LESSON 1: APPLYING APPROPRIATE SEALANT/ADHESIVE (AAS)					
TLE_IAAUTO9-					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12AAS-Ia-1 Week 1	LO 1. Identify appropriate sealant/adhesive 1.1 Select sealant/adhesive in line with job requirements and manufacturer's specifications Perform sealant/adhesive checking to ensure the product is fit for use				
TLE_IAAUTO9-12AAS-Ia-2 Week 1	LO 2. Prepare surface for sealant/ adhesive application 2.1 Identify the types of sealant and adhesives according to surface 2.2 Clean surface free of moisture, dust, and other foreign matters to ensure maximum adhesion or seal				
TLE_IAAUTO9-12AAS-Ib-c-3 Week 2-3	LO 3. Apply sealant/adhesive evenly 3.1 Apply sealant/adhesive evenly on the surface in line with manufacturer's specifications 3.2 Removed excess sealant/adhesive by sanding or scrapping 3.3 Apply sealant/adhesive using tools and equipment appropriate to job requirements 3.4 Observe safety and wear Personal Protective Equipment (PPE) in accordance with industry standard operating procedure (SOP). Identify hazards associated with the use of sealant and adhesives.				
TLE_IAAUTO9-12AAS-Id-4 Week 4	LO 4. Store unused and dispose of used sealant/adhesive 4.1 Store sealant/adhesive as per prescribed procedure 4.2 Dispose of waste as per workshop SOP				
LESSON 2: MOVING AND POSITIONING VEHICLE (MPV)					
TLE_IAAUTO9-12MPV-Id-e-5 Week 4-5	LO 1. Prepare the vehicle for driving Perform correct checkup procedures of engine system				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12MPV-Id-j-6 Week 4-10	LO 2. Move and position vehicle 2.1 Identify or select vehicle to be moved or repositioned as per job requirement 2.2 Drive vehicle safely to the designated location according to job specification 1.1 Park vehicle properly following safety procedures and techniques				
TLE_IAAUTO9-12MPV-Ij-7 Week 10	LO 3. Check the vehicle 3.1 Check vehicle position as per requirement 3.2 Perform checkup procedures upon parking 3.3 Check vehicle for external damage				

Grade Level: Grade 7/8

Subject: TLE (Beauty Care- 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ Beauty Care	1. Explain basic concepts in Beauty Care (Nail Care) Services 2. Discuss the relevance of the course 3. Explore on opportunities for Beauty Care (Nail Care) Services as a career				
	LO 1. Generate a business idea that relates with a career choice in Beauty Care (Nail Care) Services 1.1 Discuss SWOT analysis				
Week 1-2/ Beauty Care	LO 1. Prepare the necessary tools and equipment for the specific nail care activity 1.1 Identify the uses of tools and equipment in nail care according to task requirements				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2 Use tools and equipment according to task requirement 1.3 Observe safety procedure of using tools and equipment				
Week 3/ Beauty Care	LO 1. Check condition of nail care tools and equipment 1.1 Sterilize/sanitize nail care tools				
Week 4-5/ Beauty Care	LO 2. Perform basic preventive and corrective maintenance 1.1 Clean tools according to standard procedures 1.2 Inspected defective tools and equipment				
Week 6-8/ Beauty Care	LO 3. Store nail care tools and equipment 3.1 Conduct the inventory of tools, and equipment 3.2 Store tools and equipment safely				
Week 9/ Beauty Care	LO 1. Keep workplace clean 1.1 Identify protective outfit for nail care 1.2 Identify hazards and risks				
Week 10/ Beauty Care	LO 1. Identify nail structure and shapes 1.1 Identify nail structure and shapes 1.2 Perform nail trimmings to varied shapes				

Grade Level: Grade 7/8

Subject: TLE (Caregiving- 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ Caregiving	1. Explain key concepts in caregiving 2. Discuss the relevance of the course 3. Explore on opportunities for caregiving as a career				
	LO 1. Identify caregiving tools, equipment, and paraphernalia				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	applicable to a specific job 1.1 Classify equipment, tools, and paraphernalia according to types, and functions				
Week 2-3/ Caregiving	LO 2. Use caregiving tools, equipment, and paraphernalia 2.1 Use equipment, tools and paraphernalia based on the task requirement				
Week 4-6/ Caregiving	LO 1. Perform aftercare activities for tools, equipment and paraphernalia 1.1 Clean tools, equipment and paraphernalia after use 1.2 Store tools, equipment and paraphernalia in the appropriate area 1.3 Check tools, equipment and paraphernalia regularly for orderliness/tidiness 1.4 Carry out routine maintenance as per Standard Operating Procedures (SOP)				
Week 7/ Caregiving	LO 1. Perform simple calculations 1.1 Compute oral dosages 1.2 Determine rectal dosages 1.3 Calculate pediatric dosages				
Week 8/ Caregiving	LO 1. Identify hazards and risks 1.1 Identify hazards and risks 1.2 Determine hazard and risks indicators in the workplace 1.3 Determine the effects of hazards				
Week 9/ Caregiving	LO 2. Evaluate and control hazards and risks 1.1 Follow Occupational Health and Safety (OHS) procedures in dealing with and for controlling hazards and risks 1.2 Establish organizational protocol in providing appropriate assistance in workplace emergencies				



Grade Level: Grade 7/8

Subject: TLE (Carpentry- 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PEC7/8-00-1	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in Carpentry 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
LESSON 1: PREPARE CONSTRUCTION MATERIALS AND TOOLS (UT)					
TLE_IACP7/8UT-0a-1 Week 1	LO 1. Identify materials and tools for a task 1.1 Describe tools and materials used in carpentry 1.2 Prepare tools and materials for a task				
TLE_IACP7/8UT-0b-2 Week 2	LO 2. Request appropriate materials and tools 2.1 Fill out forms in requesting for carpentry tools and materials as required for a task				
TLE_IACP7/8UT-0b-3 Week 2	LO 3. Receive and inspect materials 1.1 Check requested tools and materials in accordance with request form				
LESSON 2: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IACP7/8MT-0c-1 Week 3	LO 1. Check condition of tools and equipment 1.1 Segregate defective tool from functional ones 1.2 Label defective tool 1.3 Report the list of defective tools				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IACP7/8MT-0c-2 Week 3	LO 2. Perform basic preventive maintenance 3.1 Repair defective tools 3.2 Conduct preventive maintenance of carpentry tools				
LESSON 3: PERFORM MENSURATION AND CALCULATION (MC)					
TLE_IACP7/8MC-0d-1 Week 4	LO 1. Select measuring instruments 1.1 Identify linear measuring instrument appropriate for a given task				
TLE_IACP7/8MC-0d-e-2 Week 4-5	LO 2. Carry out measurements and calculations 2.1. Measure given materials 2.2. Convert measurements to its equivalent unit/system 2.3. Calculate amount of materials for a specific task				
LESSON 4: INTERPRET DRAWINGS AND PLANS (ID)					
TLE_IACP7/8ID-0f-1 Week 6	LO 1. Analyze signs, symbols and data 1.1 Explain the importance of signs, symbols and data in interpreting a work plan 1.2 Determine appropriate signs and symbols needed in the plan				
TLE_IACP7/8ID-0f-2 Week 6	LO 2. Interpret technical drawings and plans 2.1 Read working plan 2.2 Interpret working plan				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IACP7/8ID-0g-h-3 Week 7-8	LO 3. Apply freehand sketching 3.1 Perform freehand sketching exercises 3.2 Draw simple carpentry plans based on given tasks				
LESSON 5: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_IACP7/8ID-0i-1 Week 9	LO 1. Identify hazards and risks 1.1 List down the different health hazards and risks found in the workplace 1.2 Discuss the effects of health hazards and occupational risks				
TLE_IACP7/8ID-0i-2 Week 9	LO 2. Control hazards and risks 1.1 Formulate safety nets to control hazards and risks in the work place				
TLE_IACP7/8ID-0j-3 Week 10	LO 3. Maintain occupational health and safety awareness 1.1 Explain the advantages and disadvantages of practicing OHS in the work 1.2 Develop checklist on maintaining OHS				



Grade Level: Grade 7/8

Subject: TLE (Cookery- 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/ Cookery	1. explain basic concepts in cookery 2. discuss the relevance of the course 3. explore opportunities for cookery as a career				
	LO 1. Generate a business idea that relates with a career choice in Cookery 1.1 discuss swot analysis				
	LO 1. Utilize appropriate kitchen tools, equipment, and paraphernalia 1.1 identify types of tools, equipment, and paraphernalia 1.2 classify the types of appropriate cleaning tools and equipment based on their uses				
Week 2/ Cookery	LO 2. Maintain appropriate kitchen tools, equipment, and paraphernalia 1.1 select various types of chemicals for cleaning and sanitizing kitchen tools, equipment, and paraphernalia 1.2 clean and sanitize kitchen tools and equipment following manufacturer's instructions 1.3 use cleaning tools, equipment, and paraphernalia in accordance to standard operating procedures maintain kitchen tools, equipment, and work areas				
Week 3/ Cookery	Store and stack kitchen tools and equipment 1.1 store or stack cleaned equipment and utensils safely in the designated place				
Week 4/ Cookery	LO 1. Carry out measurements and calculations in a required task 1.1 give the abbreviations and equivalents of				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	measurements 1.2 measure ingredients according to recipe requirement 1.3 convert systems of measurement according to recipe requirement 1.4 perform substitution of ingredients				
Week 5/ Cookery	LO 2. Calculate cost of production 2.1 discuss principles of costing 2.2 compute cost of production				
Week 6/ Cookery	LO 1. Importance of Occupational Health and Safety Procedures 1.1 recognize the importance of ohsp				
Week 7/ Cookery	LO 2. Identify Hazards and Risks in the Workplace 2.1 determine the types of hazards and risks the workplace				
Week 8/ Cookery	LO 3. Evaluate and Control Hazards and Risks in the Workplace 1.1 Follow consistently OHS procedure for controlling hazards/risks 1.2 Use Personal Protective Equipment (PPE) in accordance with OHS 1.3 Maintain OHSP awareness				

Grade Level: Grade 7/8

Subject: TLE (Domestic Ref and Aircon - 40 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_PEC7/8-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in RAC 1.1 1.1 Assess one's PeCS: characteristics, attributes, lifestyle, skills, traits 1.2 1.2 Compare one's PeCS with those of a practitioner /entrepreneur				
LESSON 1: PREPARE MATERIALS AND TOOLS (UT)					
TLE_IAR7/8UT-0a-1 Week 1	LO 1. Prepare RAC materials and tools for the task 1.1 Prepare a list of electrical tools and materials for a specific job				
TLE_IAR7/8UT-0a-2 Week 1	LO 2. Request appropriate RAC supplies, materials and tools applicable to a specific job 2.1 Use the appropriate form in requesting for electrical tools, supplies and materials for a specific job				
TLE_IAR7/8UT-0b-3 Week 2	LO 3. Receive and inspect RAC supplies, materials and tools 3.1 Check and inspect received items on the list				
LESSON 2: PERFORM MENSURATION AND CALCULATIONS (MC)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IARA7/8MC-0c-1 Week 3	LO 1. Select electrical measuring tools and instruments 1.1 Identify object or component to be measured 1.2 Choose measuring tools to be used for specific tasks Identify alternative measuring tools without sacrificing cost and quality of work				
TLE_IARA7/8MC0-d-2 Week 4	LO 2. Carry out measurements and calculations 2.1. Use appropriate measuring devices for specific tasks 2.2. Compute for required data 2.3. Convert data to its equivalent measure 3.3				
LESSON 3: INTERPRET TECHNICAL DRAWINGS AND PLANS (ID)					
TLE_IARA7/8ID-0e-1 Week 5	LO 1. Analyze signs, RAC symbols and data 1.1 Read and interpret RAC signs, symbols and data 1.2 Analyze RAC components and materials based on electrical signs, symbols and data				
TLE_IARA7/8ID-0f-2 Week 6	LO 2. Interpret technical drawings and plans 2.1. Read blueprints of RAC plans, diagrams and circuits 2.2. Identify necessary tools, materials and equipment according to blueprints of RAC plans, diagrams and circuits				
LESSON 4: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IARA7/8MT-0g-1	LO 1. Check condition of tools and equipment Label functional and non-functional tools and equipment				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 7					
TLE_IARA7/8MT-0h-2 Week 8	LO 2. Perform basic maintenance 1.1 Perform cleaning and lubricating of tools 1.2 Observe periodic preventive and maintenance of RAC tools and equipment 1.2.1 Sharpening 1.2.2 Oiling 1.2.3 Insulating				
TLE_IARA7/8MT-0h-3 Week 8	LO 3. Store tools and equipments 3.1. Prepare inventory of tools and equipment 3.2. Store tools and equipment in their proper place				
LESSON 5: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_IARA7/8OS-0i-1 Week 9	LO 1. Identify hazards and risks List down hazards and risks in the workplace				
TLE_IARA7/8OS-0i-					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
2 Week 9	LO 2. Control hazards and risks 2.1 Determine effects of hazards and risks 2.2 Evaluate hazards and risks 2.3 Follow procedure for controlling hazards and risks in the workplace				
TLE_IARA7/8OS-0j-3 Week 10	LO 3. Practice OHSP				

Grade Level: Grade 7/8

Subject: TLE (Dressmaking)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1	1. Explain basic concepts in dressmaking/tailoring 2. Discuss the relevance of the course Explore on opportunities for dressmaking/tailoring as a career				
Weeks 2-3	2.1 Identify sewing tools and equipment 2.2 Classify sewing machines 2.3 Select appropriate measuring tools 2.4 Take accurate body measurements 2.5 Read and record required measurements 2.5 Apply the systems of measurements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.6 Perform simple calculations based on the job requirement 2.7 Demonstrates accurate reading measurements 2.8 Assess the appropriateness of design based on the client's features 2.9 Read specifications 2.10 Apply the principles of design and color harmonies				
Week 4	1.1. Observe proper handling and cleaning of the machine 1.2 Resolve common machine troubles 2.1 Follow the safety procedures in machine cleaning 2.2 Perform regular maintenance schedules 1.1. Explain workplace hazards and risks 1.2. Identify hazards and risks in the workplace 1.3. Explain the causes of hazards and risks				

Grade Level: Grade 7/8

Subject: TLE (Electrical Installation and Maintenance- 40 hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PEC7/8-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in Electrical Installation and Maintenance 1.3 1.1 Assess one's PeCS: characteristics, attributes, lifestyle, skills, traits				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.4 1.2 Compare one's PeCS with those of a practitioner /entrepreneur				
LESSON 1: PREPARE ELECTRICAL MATERIALS AND TOOLS (UT)					
TLE_IACP7/8UT-0a-1 Week 1	LO 1. Prepare electrical materials and tools for the task 1.1 Prepare a list of electrical tools and materials for a specific job				
TLE_IAEI7/8UT-0a-2 Week 2	LO 2. Request appropriate electrical supplies materials and tools applicable to a specific job 1.1 Use the appropriate form in requesting for electrical tools, supplies and materials for a specific job				
TLE_IAEI7/8MT-0b-3 Week 2	LO 3. Receive and inspect electrical supplies, materials and tools 1.1 Check and control received items on the list				
LESSON 2: PERFORM MENSURATION AND CALCULATIONS (MC)					
TLE_IAEI7/8MC-0c-1 Week 3	LO 1. Select electrical measuring tools and instruments 1.1 Identify object or component to be measured 1.2 Choose test instruments to be used for specific tasks Identify alternative measuring tools without sacrificing cost and quality of work				
TLE_IAEI7/8MC-0d-2 Week 4	LO 2. Carry out measurements and calculations 1.1 Use appropriate measuring devices for specific tasks 1.2 Compute for required data 3.4 Convert data to its equivalent unit of measurement				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 3: INTERPRET TECHNICAL DRAWINGS AND PLANS (ID)					
TLE_IAEI7/8ID-0e-1 Week 5	LO 1. Analyze signs, electrical symbols and data 1.1 Read and interpret electrical signs, symbols and data 1.2 Analyze electrical components and materials based on electrical signs, symbols and data				
TLE_IAEI7/8ID-0e-2 Week 5	LO 2. Interpret technical drawings and plans 2.1 Read blueprints of electrical plans, diagrams and circuits 2.2 Identify necessary tools, materials and equipment according to blueprints of electrical plans, diagrams and circuits				
LESSON 4: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IAEI7/8MT-0f-1 Week 6	LO 1. Check condition of tools and equipment Label functional and non-functional tools and equipment				
TLE_IAEI7/8MT-0f-2 Week 6	LO 2. Perform basic maintenance 1.1 Clean and lubricate tools 1.2 Observe periodic preventive and maintenance of electrical tools and equipment 1.2.1 Sharpening 1.2.2 Oiling 1.2.3 Insulating				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAEI7/8MT-0g-3 Week 7	LO 3. Store tools and equipment 1.1 Prepare inventory of tools and equipment 1.2 Store tools and equipment in their proper places				
LESSON 5: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_IAEI7/8OS-0h-1 Week 8	LO1. Identify hazards and risks 1.1 List down hazards and risks in the workplace				
TLE_IAEI7/8OS-0i-2 Week 9	LO2. Control hazards and risks 2.1 Determine effects of hazards and risks 2.2 Evaluate hazards and risks Follow procedure for controlling hazards and risks in the workplace				
TLE_IAEI7/8OS-0j-3 Week 10	LO3. Practice OHSP				

Grade Level: Grade 7/8

Subject: TLE (Food Fish Processing- 40 hours)

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_PEC9-12-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PECs) needed in Food Processing 1.1. Assess one's PECs: characteristics, attributes, lifestyle, skills, traits				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12EM-00-1 Week 0	LO 1. Generate a business idea that relates with a career choice in Food Processing 1.1 Conduct SWOT analysis 1.2 Identify the different products/services available in the market 1.3 Compare different products/services in Masonry business 1.4 Determine the profile potential customers 1.5 Determine the profile potential competitors 1.6 Generate potential business idea based on the SWOT analysis				
LESSON 1: USE AND MAINTAIN FOOD PROCESSING TOOLS, EQUIPMENT AND UTENSILS (UT)					
TLE_AFFP9-12 UT-0b-2 Week 1	LO 1. Select tools, equipment, utensils and instruments 1.1. Select tools, equipment, utensils and instruments according to food (fish) processing method 1.2. Explain the defects in tools, equipment, utensils and instrument 1.3 Follow procedures in reporting defective tools, equipment, utensils and instruments				
TLE_AFFP9-12 UT-0b-2 Week 2	LO 2. Use tools, equipment, instruments and utensils by following the standard procedures 2.1. Interpret a food processing procedure 2.2. Apply standard procedures in using tools, equipment, instruments, and utensils 2.3. Calibrate tools, equipment instruments and utensils 2.4. Follow procedures in sanitizing tools, equipment, instruments and utensils 2.5 Use tools, equipment, instruments, and utensils according to job requirements and manufacture's specification				
TLE_AFFP9-12 UT-0c-3 Week 3	LO 3. Perform post-operation activities 3.1. Apply procedures in switching off/plugging off food (fish) processing tools, equipment, instruments and utensils 3.2. Follow steps in cleaning and sanitizing tools, equipment, instruments				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and tools before storing 3.3. Perform minor preventive machine maintenance 3.4 Explain the proper disposal of defective tools, equipment, instruments and utensils				
LESSON 2: PERFORM ESTIMATION AND BASIC CALCULATION (MC)					
TLE_AFFP9-12MC-0d-1 Week 4	LO 1. Tabulate the recorded data relevant to production of processed food 1.1. Record weights and measurements of raw materials and ingredients 1.2. Summarize/sum up recorded weights and measurements of processed products 1.3 Perform how a seam is measured				
TLE_AFFP9-12MC-0d-2 Week 4	LO 2. Review various formulations 2.1. Check raw materials, ingredients and percentage formulations according to approved specifications and enterprise requirements 2.2. Re-check percentage formulations of finished products according to approved specifications and enterprise requirements				
TLE_AFFP9-12MC-0e-3 Week 5	LO 3. Calculate the production inputs and output 3.1. Compute for the percentage equivalents of actual spoilage and rejects 3.2. Calculate the percentage of actual yields and recoveries according to enterprise requirements 3.3. Record calculated data according to enterprise requirements				
LESSON 3: INTERPRET PLANS AND DRAWINGS (ID)					
TLE_AFFP9-12ID-0f-1 Week 6	LO 1. Interpret a layout plan 1.1. Explain the meanings of signs and symbol used in lay outing plan for fish processing activity 1.2. Interpret layout plan for fish processing area according to standard set				
TLE_AFFP9-12ID-0f-2 Week 6	LO 2. Perform outer packaging procedures 2.1. Design packaging materials for fish products 2.2. Label packaged fish products according to quality control standards				
LESSON 4: APPLY FOOD SAFETY AND SANITATION (OS)					



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_AFFP9-12OS-0g-1 Week 7	LO 1. Observe personal hygiene and good grooming 1.1. Explain the importance of good grooming in a workplace 1.2. Follow the procedures in cleaning, checking and sanitizing personal protective equipment				
TLE_AFFP9-12OS-0g-2 Week 7	LO 2. Implement food safety practices 2.1. Discuss the sanitary practices in food safety 2.2. Explain the importance of cleanliness and sanitation in a workplace 2.3. Observe practices in manufacturing good food 2.4. Perform first aid according to workplace standard and operating procedures				
TLE_AFFP9-12OS-0h-3 Week 8	LO 3. Conduct work in accordance with environmental policies and procedures 3.1. Explain the importance of implementing the HACCP plan 3.2. Discuss how a sound monitoring practices is done 3.3. Develop a plan to document and monitor corrective actions on environmental protection				
TLE_AFFP9-12OS-0i-j-4 Week 9-10	LO 4. Participate in improving environmental practices at work 4.1. Explain environmental hazards 4.2. Discuss how environmental risks, hazards and incidents can be prevented and controlled 4.3. Plan ways in managing and utilizing resources in the environment 4.4. Suggest ways to avoid wastage 4.5. Observe rehabilitation procedures				



Grade Level: Grade 7/8

Subject: TLE (Front Office Services)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
WEEK 1	<p><i>The learners:</i></p> <ol style="list-style-type: none"> 1. explain basic concepts in FOS 2. discuss the relevance of the course 3. explore opportunities in FOS as a career 				
	<p>USE TOOLS, EQUIPMENT, AND PARAPHERNALIA</p> <p>LO 1. Identify FOS tools, equipment, and paraphernalia applicable to a specific job</p> <ol style="list-style-type: none"> 1.1. classify equipment, tools, and paraphernalia according to types and functions 1.2. describe equipment, tools, and paraphernalia based on the specified task 				
WEEK 2	<p>LO 2. Use FOS tools, equipment, and paraphernalia</p> <ol style="list-style-type: none"> 1.1. use equipment, tools, and paraphernalia based on the task requirements 				
	<p>MAINTAIN TOOLS, EQUIPMENT, AND PARAPHERNALIA</p> <p>LO 1. Perform after-care activities for tools, equipment, and paraphernalia</p> <ol style="list-style-type: none"> 1.1. clean tools, equipment, and paraphernalia after use according to standard operating procedures 1.2. store tools, equipment, and paraphernalia in appropriate area in accordance with safety procedures 				
WEEK 3	<p>PERFORM MENSURATION AND CALCULATIONS</p> <p>LO 1. Perform simple calculations</p> <ol style="list-style-type: none"> 1.1. prepare simple report from arrival to departure 				



	of customers				
WEEK 3	PRACTICE OCCUPATIONAL HEALTH AND SAFETY LO 1: Identify hazards and risks 1.1. clarify and explain regulations and workplace safety and hazard control practices and procedures 1.2. identify hazards/risks in the workplace and their corresponding indicators				
WEEK 3	LO 2: Evaluate and control hazards and risks 1.1. determine effects of hazards 1.2. follow OHS procedures for controlling hazards/risks in the workplace				
WEEK 4	INTERPRET DESIGN AND LAYOUT LO 1. Read and interpret front-office reception area 1.1. read and interpret symbols and layout in a given sample plan for a front- office reception area 1.2. describe parts and functions of a front-office reception layout 1.3. evaluate a sample front office reception layout				



Grade Level: Grade 7/8

Subject: TLE (Handicraft Making)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1	L.O. 1: Use basic tools in embroidery 1.1 Basic tools and materials in embroidery are identified. 1.2 Different embroidery stitches are performed based on the given steps. 1.3 Proper use of tools is observed				
Weeks 2-5	LO2. Create embroidered article 2.1 Embroidered article is created based on the principles and elements of design. 2.2 Color scheme are applied increasing the design. 2.3 Design is transferred following the given steps. 2.4 Good working habits are observed				
Week 7	LO 1. Understand Recycling 1. Recycled articles are identified based on recyclable materials				
Week 8-9	LO2. Create Recycled project 2.1 Recycled articles are produced artistically based on the given steps. 2.2 Tools are properly used. 2.3 Good working habits are observed.				
Week 10	LO1. Wrap Gift Items 1. Tools are properly used. 2. Principles and elements of design are applied.				
	3. Gift items are wrapped artistically. 4. Decorative articles are applied to enhanced wrapped gift items. 5. Good working habits are observed				



Grade Level: Grade 7/8

Subject: TLE (Illustration- 40 hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1: PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)					
TLE_PEC7/8-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in plumbing 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
LESSON 3: USE OF HAND TOOLS (UT)					
TLE_ICTIL7/8UT-0a-1 Week 1	LO 1. Prepare hand tools and equipment in Illustration 1.1 List hand tools and equipment based on job requirement 1.2 Identify appropriate hand tools and equipment 1.3 Classify hand tools and equipment according to function and task requirement				
LESSON 4: MAINTAIN HAND TOOLS, EQUIPMENT, AND PARAPHERNALIA (MT)					
TLE_ICTIL7/8MT-0b-1 Week 2	LO 1. Inspect hand tools and equipment received in Illustration 1.1 Check list of tools and equipment to be requested per job requirement 1.2 Inspect the condition of all the requested tools and equipment 1.3 Assess the hand tools and equipment for proper operation and safety				
TLE_ICTIL7/8MT-0c-2	LO 2. Use and maintain hand tools, measuring instrument and equipment 1.1 Perform safety procedures in using hand tools and				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 3	equipment 1.2 Follow procedures in cleaning illustration tools 1.3 Identify malfunction, unplanned or unusual events and report to property custodian				
LESSON 5: PERFORM MENSURATION AND CALCULATION (MC)					
TLE_ICTIL7/8MC-0d-1 Week 4	LO 1. Select measuring instruments 1.1 Interpret object or component to be measured according to the appropriate regular geometric shape 1.2 Select measuring tools appropriate to the object to be measured based on job requirements 1.3 Obtain correct specification from relevant sources 1.4 Select appropriate measuring instruments according to job requirements 1.5 Use alternative measuring tools without sacrificing cost and quality of work				
TLE_ICTIL7/8MC-0e-2 Week 5	LO 2. Carry out mensuration and calculation 1.1 Perform calculation needed to complete task using the four mathematical fundamental operations (addition, subtraction, multiplication, and division) 1.2 Employ different techniques in checking for the accuracy of the computation				
LESSON 6: PREPARE AND INTERPRET TECHNICAL DRAWING (TD)					
TLE_ICTIL7/8TD-0f-1 Week 6	LO 1. Analyze signs, symbols, and data 1.1 Prepare tools and instruments used in illustration 1.2 Interpret signs, symbols, and data according to job specifications				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.3 Perform simple trade mathematical conversions				
TLE_ICTIL7/8TD-0g-2 Week 7	LO 2. Interpret illustration drawings and plans 2.1 Identify illustration tools and materials to be used in preparing a simple illustration 2.2 Identify dimensions and specifications according to job requirements				
LESSON 7: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_ICTIL7/8OS-0h-1 Week 8	LO 1. Identify hazards and risks 1.1 Follow OHS policies and procedures in identifying hazards and risks 1.2 Explain hazards and risks in the workplace 1.3 Identify hazards and risks indicators as prescribed by the manufacturer Apply contingency measures in accordance with OHS procedures				
TLE_ICTIL7/8OS-0i-2 Week 9	LO 2. Evaluate and control hazards and risks 2.1 Determine the effects of hazards in the workplace 2.2 Identify the methods in controlling hazards and risks 2.3 Follow OHS procedures for controlling hazards and risks				
TLE_ICTIL7/8OS-0j-3 Week 10	LO 3. Maintain Occupational Health and Safety 3.1 Observe established procedures in responding to emergency-related drill 3.2 Fill up OHS personal records in accordance with workplace requirements				



Grade Level: Grade 7/8

Subject: TLE (Masonry)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_ PECS7/8-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in masonry 1.1 Assess one's PeCS: characteristics, attributes, lifestyle, skills, traits				
ENVIRONMENT AND MARKET (EM)					
TLE_EM7/8-00-1 Week 0	LO 1. Generate a business idea that relates with a career choice in Masonry 1.1 Conduct SWOT analysis 1.2 Identify the different products/services available in the market 1.3 Compare different products/services in Masonry business 1.4 Determine the profile potential customers 1.5 Determine the profile potential competitors Generate potential business idea based on the SWOT analysis				
LESSON 1: PREPARE CONSTRUCTION MATERIALS AND TOOLS (UT)					
TLE_IAMS7/8UT-0a-1 Week 1	LO 1. Prepare masonry materials and tools for the task 1.1 Prepare a list of masonry tools and materials for a specific job				
TLE_IAMS7/8UT-0b-2 Week 2	LO 2. Request appropriate masonry supplies materials and tools applicable to a specific job 2.1 Use the appropriate form in requesting for masonry tools, supplies and materials for a specific job				
TLE_IAMS7/8UT-0b-3 Week 2	LO 3. Receive and inspect masonry supplies, materials and tools 3.1 Check and inspect received items on the list				
LESSON 2: OBSERVE PROCEDURE, SPECIFICATIONS AND MANUALS OF INSTRUCTIONS (ID)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAMS7/8ID-0c-1 Week 3	LO 1. Analyze signs, masonry symbols and data 1.2 Read and interpret masonry signs, symbols and data 1.2 Analyze materials based on masonry signs, symbols and data				
TLE_IAMS7/8ID-0d-2 Week 4	LO 2. Interpret technical drawings and plans 2.1 Read blueprints of masonry plans, diagrams and circuits 2.2 Identify necessary tools, materials and equipment according to blueprints of masonry plans, diagrams and circuits				
LESSON 3: PERFORM MENSURATION AND CALCULATIONS (MC)					
TLE_IAMS7/8MC-0e-1 Week 5	LO 1. Select masonry measuring tools and instruments 1.1 Identify object or material to be measured 1.2 Choose measuring tools to be used for specific tasks 1.3 Identify alternative measuring tools without sacrificing cost and quality of work				
TLE_IAMS7/8MC-0f-2 Week 6	LO 2. Carry out measurements and calculations 2.1 Use appropriate measuring devices for specific tasks 2.2 Compute for required data 2.3 Convert data to its equivalent measure				
LESSON 4: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IAMS7/8MT-0g-1 Week 7	LO 1. Check condition of tools and equipment 1.1 Label functional and non-functional tools and equipment				
TLE_IAMS7/8MT-0g-2 Week 7	LO 2. Perform basic maintenance 1.1 Perform cleaning and lubricating of tools 1.2 Observe periodic preventive and maintenance of tile setting tools and equipment 1.2.1 Sharpening				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2.2 Oiling 1.2.3 Insulating				
TLE_IAMS7/8MT-0h-3 Week 8	LO 3. Store tools and equipment 3.1 Prepare inventory of tools and equipment 3.2 Store tools and equipment in their proper places				
LESSON 5: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_IAMS7/8OS-0i-1 Week 9	LO 1. Identify hazards and risk 1.1 List down hazards and risks in the workplace				
TLE_IAMS7/8OS-0i-2 Week 9	LO 2. Control hazards and risks 2.1 Determine effects of hazards and risks 2.2 Evaluate hazards and risks 2.3 Follow procedure for controlling hazards and risks in the workplace				
TLE_IAMS7/8OS-0j-3 Week 10	LO 3. Practice OHSP				



Grade Level: Grade 7/8

Subject: TLE (Plumbing NC I)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PEC7/8-00-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in plumbing Assess one's PeCS: characteristics, attributes, lifestyle, skills, traits				
ENVIRONMENT AND MARKET (EM)					
TLE_EM7/8-00-1 Week 0	LO 1. Generate a business idea that relates with a career choice in plumbing 1.1 Conduct SWOT analysis 1.2 Identify the different products/services available in the market 1.3 Compare different products/services in Plumbing business 1.4 Determine the profile potential customers 1.5 Determine the profile potential competitors 1.6 Generate potential business idea based on the SWOT analysis				
LESSON 1: PREPARE PLUMBING MATERIALS AND TOOLS (UT)					
TLE_IAPB7/8UT-0a-1 Week 1	LO 1. Prepare plumbing materials and tools for the task 1.1 Prepare a list of plumbing tools and materials for a specific job				
TLE_IAPB7/8UT-0a-2 Week 1	LO 2. Request appropriate plumbing supplies, materials and tools applicable to a specific job 1.1 Use the appropriate form in requesting for plumbing tools, supplies and materials for a specific job				
TLE_IAPB7/8UT-0b-3 Week 2	LO 3. Receive and inspect electrical supplies, materials and tools 1.1 Check and control received items on the list				
LESSON 2: PERFORM MENSURATION AND CALCULATIONS (MC)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAPB7/8MC-0c-1 Week 3	LO 1. Select plumbing measuring tools and instruments 1.1 Identify object or component to be measured. 1.2 Choose measuring tools to be used for specific tasks Identify alternative measuring tools without sacrificing cost and quality of work				
TLE_IAPB7/8MC-0d-2 Week 4	LO 2. Carry out measurements and calculations 2.1 Use appropriate measuring devices for specific tasks 2.2 Compute for required data. 2.3 Convert data to its equivalent measure				
LESSON 3: INTERPRET TECHNICAL DRAWINGS AND PLANS (ID)					
TLE_IAPB7/8ID-0e-1 Week 5	LO 1. Analyze signs, plumbing symbols and data 1.1 Read and interpret plumbing signs, symbols and data Analyze plumbing components and materials based on electrical signs, symbols and data				
TLE_IAPB7/8ID-0f-2 Week 6	LO 2. Interpret technical drawings and plans 1.1 Read blueprints of plumbing plans, diagrams and circuits 1.2 Identify necessary tools, materials and equipment according to blueprints of plumbing plans, diagrams and circuits				
LESSON 4: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IAPB7/8MT-0g-1 Week 7	LO 1. Check condition of tools and equipment 1.1 Functional and non-functional tools are labeled				
TLE_IAPB7/8MT-0g-2 Week 7	LO 2. Perform basic preventive maintenance 1.1 Maintenance of tools is done regularly				
TLE_IAPB7/8MT-0h-3 Week 8	LO 3. Store tools and equipment 1.1 Tools are stored safely in appropriate locations in accordance with manufacturer specifications or standard operating procedure				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 5: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)					
TLE_IAPB7/8OS-0i-1 Week 9	LO 1. Identify hazards and risks 1.1 Observing safety work habits in the work place 1.2 Preventing hazards in the workplace				
TLE_IAPB7/8OS-0i-2 Week 9	LO 2. Evaluate hazards and risks 2.1 Identify work hazards in the workplace 2.2 Make a plan of action for the identified hazards				
TLE_IAPB7/8OS-0j-3 Week 10	LO 3. Control hazards and risks 1.1 Demonstrate the use of PPEs in the workplace 1.2 Enumerate the benefits of observing safety procedure in the workplace				

Grade Level: Grade 7/8

Subject: TLE (Shielded Metal Arc Welding NC I- 40 hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PPCS7/8-00-1 Week 0	LO.1 Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in SMAW Align one's PECs with those of apractitioner/entrepreneur				
ENVIRONMENT AND MARKET (EM)					
TLE_PPCS7/8-00-1	LO 1. Generate a business idea that relates with a career choice in SMAW				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	Conduct SWOT analysis Identify the different products/services available in the market Compare different products/services in SMAW business Determine the profile potential customers Determine the profile potential competitors Generate potential business idea based on the SWOT analysis				
LESSON 1: USE BASIC HAND TOOLS AND EQUIPMENT (UT)					
TLE_IAAW7/8UT-0a-1 Week 1	LO1. Identify and select materials and tools Manipulate the tools and materials in a job/task				
TLE_IAAW7/8UT-0a-b-2 Week 2	LO1. Request appropriate materials and tools Accomplish the different forms needed in making requests for materials and tools				
TLE_IAAW7/8UT-0c-3 Week 3	LO 2. Receive and inspect materials and tools Accomplish the different forms in receiving materials and tools				
LESSON 2: PERFORM MENSURATION AND CALCULATION (MC)					
TLE_IAAW7/8MC-0d-1 Week 4	LO 1. Select measuring instruments Manipulate the measuring tool for a specified task				
TLE_IAAW7/8MC-0d-e-2 Week 4-5	LO 2. Carry out measurements and calculations Measure and calculate the dimensions of a specific object				
LESSON 3: APPLY SAFETY PRACTICES (OS)					
TLE_IAAW7/8OS-	LO1. Identify hazards and risks				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
0f-1 Week 6	Observing safety work habits in the work place Preventing hazards in the workplace				
TLE_IAAW7/8OS-0f-2 Week 6	LO 2. Evaluate hazards and risks Identify work hazards in the workplace Make a plan of action for the identified hazards				
TLE_IAAW7/8OS-0g-3 Week 7	LO 3. Control hazards and risks Demonstrate the use of PPEs in the workplace Enumerate the benefits of observing safety procedure in the workplace				
LESSON 4: MAINTAIN TOOLS AND EQUIPMENT (MT)					
TLE_IAAW7/8MT-0h-1 Week 8	LO 1. Check condition of tools and equipment Functional and non-functional tools are labeled				
TLE_IAAW7/8MT-0i-2 Week 9	LO 2. Perform basic preventive maintenance Maintenance of tools is done regularly				
TLE_IAAW7/8MT-0i-3 Week 9	LO 3. Store tools and equipment Tools are stored safely in appropriate locations in accordance with manufacturer specifications or standard operating procedure				
LESSON 5: INTERPRET PLANS AND DRAWINGS (ID)					
TLE_IAAW7/8ID-0i-j-1 Week 10	LO 1. Analyze signs, symbols and data Determine appropriate welding materials based on technical drawings				
TLE_IAAW7/8ID-0i-j-2 Week 10	LO 2. Interpret technical drawings Necessary tool, materials and equipment are identified according to plans				



Grade Level: Grade 7/8

Subject: TLE (Technical Drafting- 40 hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
<p>TLE_PEC7/8-00-1 TLE_EM7/8-00-1</p> <p>Week 0</p>	LESSON 1: PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)				
	Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in Technical Drafting				
	Identify and assess a practitioner's PeCS: Characteristics, Attributes, Lifestyle, Skills, Traits				
	Align one's PECS with those of a practitioner/ entrepreneur				
	LESSON 2: ENVIRONMENT AND MARKET (EM)				
	LO 1. Generate a business idea that relates with a career choice in Technical Drafting				
	Conduct SWOT analysis				
	Identify the different products/services available in the market				
	Compare different products/services in Technical Drafting business				
	Determine the profile potential customers				
	Determine the profile potential competitors				
	1.6 Generate potential business idea based on the SWOT analysis				
<p>TLE_ICTTD7/8UT-0a-1</p> <p>Week 1</p>	LESSON 3: USE OF TOOLS AND EQUIPMENT (UT)				
	LO 1. Prepare hand tools and equipment in technical drafting				
	List hand tools and equipment based on job requirement				
	Identify appropriate hand tools and equipment				
	1.3 Classify hand tools and equipment according to function and task requirement				
TLE_ICTTD7/8MT-0b-1	LESSON 4: MAINTAIN HAND TOOLS, DRAWING INSTRUMENTS, EQUIPMENT AND PARAPHERNALIA (MT)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2	LO 1. Maintain hand tools, drawing instruments, equipment, and paraphernalia				
	Perform safety procedures in maintaining hand tools, drawing instruments, equipment, and paraphernalia				
	Follow procedures in cleaning, tightening and simple repair of hand tools, drawing instruments, equipment, and paraphernalia				
	1.3 Identify common malfunction (unplanned or unusual events) when using tools, drawing instruments, equipment, and paraphernalia				
TLE_ICTTD7/8MT-0c-d-2 Week 3-4	LO 2. Inspect hand tools, drawing instruments, equipment, and paraphernalia received in technical drafting				
	2.1 Follow the standard procedures in accomplishing forms				
	2.2 Check the list of hand tools, drawing instruments, equipment, and paraphernalia to be requested per job requirement				
	2.3 Evaluate the condition of all the requested hand tools, drawing instruments, equipment, and paraphernalia for proper operation and safety				
TLE_ICTTD7/8MT-0e-3 Week 5	LO 3. Prepare an inspection report of the hand tools, drawing instruments, equipment, and paraphernalia received in technical drafting				
	3.1 Follow procedures in preparing an inspection report to the property custodian				
TLE_ICTTD7/8MC-	LESSON 5: PERFORM MENSURATION AND CALCULATION (MC)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Of-1 Week 6	LO 1. Select measuring instruments				
	1.1 Identify measuring tools based on the object to be measured or job requirements				
	1.2 Select appropriate measuring instruments according to job requirements				
	1.3 Interpret an object or component to be measured according to the appropriate regular geometric shapes				
	1.4 Use alternative measuring tools without sacrificing cost and quality of work				
TLE_ICTTD7/8MC-0g-2 Week 7	LO 2. Carry out mensuration and calculation				
	2.1 Perform calculation needed to complete task by applying trade mathematics/mensuration				
	2.2 Employ different techniques in checking for accuracy of the computation				
TLE_ICTTD7/8TD-0h-1 Week 8	LESSON 6: PREPARE AND INTERPRET TECHNICAL DRAWING (TD)				
	LO 1. Analyze signs, symbols, and data				
	1.1 Identify signs and symbols used in technical drawing				
	Analyze data indicated in the technical drawing				
TLE_ICTTD7/8MC-0i-2 Week 9	LO 2. Interpret technical drawings and plans				
	2.1 Identify necessary materials according to the technical drawing				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.2 Recognize components, assemblies, or objects based on job requirements				
	2.3 Identify dimensions and specifications according to job requirements				
TLE_ICTTD7/8OS-0j-1	LESSON 7: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURE (OS)				
Week 10	LO 1. Identify hazards and risks				
	1.1 Follow OHS policies and procedures in identifying hazards and risks				
	1.2 Explain hazards and risks in the workplace				
	1.3 Identify hazards and risks indicators as prescribed by the manufacturer				
	1.4 Apply contingency measures in accordance with the OHS procedures				
TLE_ICTTD7/8OS-0j-2	LO 2. Evaluate and control hazards and risks				
Week 10	2.1 Determine the effects of hazards in the workplace				
	2.2 Identify the methods in controlling hazards and risks				
	2.3 Follow OHS procedures for controlling hazards and risks				
TLE_ICTTD7/8OS-0j-3	LO 3. Maintain Occupational Health and Safety				
Week 10	3.1 Observe established procedures in responding to emergency-related drill				
	3.2 Fill-up OHS personal records in accordance with SOP				



TLE

(Grade 9-10)



Grade Level: Grade 9/10

Subject: TLE (Agri Crop Production NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1. SUPPORT HORTICULTURAL WORK					
Q1 20 HRS Agricultural Crop Production NC I	LO 1. Prepare materials, tools and equipment for horticultural production work 1.1. Identify the required materials, tools and equipment according to lists provided and/or teacher's/supervisor's instructions 1.2. Check farm tools, materials and equipment for faults and defects based on manufacturer's lists and pre-operating procedures 1.3. Demonstrate the correct manual handling procedures and techniques when loading and unloading materials to minimize damage to the load and vehicle 1.4. Select and check the suitable personal protective equipment (PPE), as required by the job 1.5. Provide the work support in accordance with OHS requirements and the workplace information Identify OHS hazards and file a report based on OHS requirements and company reporting procedures				
Q1 20 HOURS Agricultural Crop Production NC I	LO 2. Undertake horticultural production work as directed 2.1. Follow and clarify instructions and directions based on authority requirements and workplace procedures 2.2. Undertake work in a safe and environmentally-sound manner according to enterprise guidelines 2.3. Interact with other staff and customers in a positive and professional manner as specified in the employee manual 2.4. Observe workplace practices, handling and disposal of materials following enterprise policy and procedures Report problems or difficulties in completing work to required standards or				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1. SUPPORT HORTICULTURAL WORK					
	timelines to authority based on company reporting procedures				
Q2 20 HOURS Agricultural Crop Production NC I	LO 3. Handle materials and equipment 3.1. Store waste material in a designated area according to workplace procedure/OHS procedure 3.2. Handle and transport materials, equipment and machinery according to enterprise guidelines Maintain a clean and safe work site while working in accordance with OHS procedures				
Q2 20 HOURS Agricultural Crop Production NC I	LO 4. Clean up on completion of work 4.1. Return materials to store or dispose of according to company standard procedures 4.2. Clean, maintain and store tools and equipment according to manufacturers' specifications Report work outcomes to the authority following established reporting formats				
LESSON 2: SUPPORT NURSERY WORK					
Q3 20 HOURS Agricultural Crop Production NC I	LO 1. Prepare materials, tools and equipment for nursery work 1.1. Identify the required materials, tools and equipment based on lists provided and/or authority's instructions 1.2. Check the materials, tools and equipment based on manufacturer's lists and pre-operating procedures and report those with insufficient or faulty items to the authority 1.3. Demonstrate correct manual handling procedures and techniques when loading and unloading materials to minimize damage to the load and vehicle 1.4. Select and check the suitable personal protective equipment (PPE), as required by the job 1.5. Provide nursery support according to OHS requirements and				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1. SUPPORT HORTICULTURAL WORK					
	workplace information Identify and report OHS hazards to the authority based on OHS requirements and company reporting procedures				
Q3 20 HOURS Agricultural Crop Production NC I	LO 2. Undertake nursery work as directed 2.1. Follow and clarify instructions and directions based on authority requirements and workplace procedures 2.2. Undertake nursery work in a safe, appropriate and environmentally-sound manner according to nursery guidelines 2.3. Interact with other staff and customers in a positive and professional manner as specified in the employee manual 2.4. Observe good workplace practice in handling and disposing of materials following nursery policy, procedures and OHS requirements Report problems or difficulties in completing work to required standards or timelines to authority, based on company reporting procedures				

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
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Q4 20 HOURS Agricultural Crop Production NC I	LO 3. Store and stockpile materials 3.1. Store plant debris and waste material produced during nursery activities according to nursery /OHS procedure 3.2. Prepare and process plant debris and waste materials in an appropriate and safe manner according to accepted recycling/composting practices and procedures 3.3. Stockpile all surplus materials according to company disposition guidelines Maintain a clean and safe work site while completing nursery activities following routine maintenance procedures				
Q4 20 HOURS Agricultural Crop Production NC I	LO 4. Cleanup on completion of nursery work 4.1. Store plants and materials according to company storage guidelines and OHS requirements 4.2. Clean, maintain and store tools and equipment according to manufacturers' specifications Report work outcome to the supervisor following established reporting formats				

GRADE 10

LESSON 1: SUPPORT CROP WORK

Q1 20 HOURS Agricultural Crop Production NC I	LO 1. Prepare materials, tools and equipment for agronomic crop work 1.1. Identify the required materials, tools and equipment according to lists provided and/or authority instructions. 1.2. Check materials, tools and equipment for sufficient quantity, faults/defects based on manufacturer's lists and pre-operating procedures 1.3. Demonstrate correct manual handling procedures and techniques when loading and unloading materials to minimize damage to the load to the materials, tools and equipment 1.4. Select and check suitable personal protective equipment (PPE) prior to use according to job requirements 1.5. Provide cropping support according to OHS requirements and workplace information Identify OHS hazards and report to the teacher/ supervisor based on OHS requirements and company reporting procedures				
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Q1 20 HOURS Agricultural Crop Production NC I	LO 2. Undertake agronomic crop work as directed 2.1. Follow and clarify instructions and directions based on supervisor's requirements and workplace procedures 2.2. Undertake cropping work in a safe and environmentally-responsible manner according to enterprise guidelines 2.3. Interact with other staff and customers in a positive and professional manner as specified in the employee manual 2.4. Observe good workplace practice in handling and disposing of materials following enterprise policy and procedures Report problems or difficulties in completing work to required standards or timelines to authority, based on company reporting procedures				
Q2 20 HOURS	LO 3. Handle materials and equipment 3.1. Store/dispose of waste material and debris in a designated area according to workplace procedure/OHS procedure 3.2. Handle and transport materials, equipment and machinery according to enterprise guidelines Maintain a clean and safe work site while undertaking irrigation activities in accordance with OHS procedures				
Q2 20 HOURS Agricultural Crop Production NC I	LO 4. Cleanup on completion of cropping work 4.1. Return, storage cabin or dispose of materials according to company standard procedures 4.2. Clean, maintain and store tools and equipment according to manufacturers' specifications Report work outcomes to the authority following established reporting formats				
LESSON 2: SUPPORT IRRIGATION WORKS					



Q3 20 HOURS Agricultural Crop Production NC I	LO 1. Prepare materials, tools and equipment for irrigation work. 1.1. Identify required materials, tools and equipment according to lists provided and/or authority's instructions 1.2. Check materials, tools and equipment for insufficient quantity or faults/defects and report to the authority based on manufacturer's lists and pre-operating procedures 1.3. Demonstrate correct manual handling and techniques used when loading and unloading materials to minimize damage to the materials, tools and equipment 1.4. Follow material and equipment handling procedures 1.5. Select and check suitable personal protective equipment (PPE) prior to use and according to job requirements 1.6. Provide irrigation support according to OHS requirements and according to workplace information Identify and report to the supervisor the OHS hazards based on OHS requirements and company reporting procedures				
Q3 20 HOURS Agricultural Crop Production NC I	LO 2. Undertake irrigation work as directed 2.1. Follow and clarify instructions and directions based on authority's requirements and workplace procedures 2.2. Undertake irrigation work in a safe and environmentally appropriate manner according to enterprise guidelines 2.3. Carry out in a positive and professional manner the interactions with other staff and customers as specified in the employee manual 2.4. Observe handling and disposal practices of materials for irrigation work, following engineering and enterprise policy and procedures Report problems or difficulties in completing work to required standards or timelines to authority based on company reporting procedures				
Q4 20 HOURS Agricultural Crop Production NC I	LO 3. Handle materials and equipment 3.1. Store waste material and debris in the designated area according to workplace procedure/OHS procedure 3.2. Handle and transport materials, equipment and machinery according to enterprise guidelines Maintain a clean and safe work site while undertaking irrigation activities in accordance with OHS procedures				



Q4 20 HOURS Agricultural Crop Production NC I	LO 4. Cleanup on completion of irrigation activities 4.1. Return to storage cabin or dispose the materials according to company standard procedures and supervisor's instructions 4.2. Clean, maintain and store the tools and equipment according to manufacturers' specifications and supervisors' instructions 4.3. Make the site clean according to authorities' instructions and good environmental practices Report work outcomes to the authority following established reporting formats				
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Grade Level: Grade 9

Subject: TLE (Barbering NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q (Weeks 1-4)	LO 2. Apply shampoo and conditioner to client's hair. 2.1 Analyze hair to determine appropriate shampoo and/or conditioner to be used in accordance with the type of hair. 2.2 Select necessary tools, supplies and materials according to service requirements. 2.3 Prepare client for shampooing and conditioning activity. 2.4 Apply shampoo and hair conditioner in accordance with the type of service and standard procedures. 2.5 Rinse hair thoroughly according to salon procedures and manufacturer's instructions.				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q (Weeks 5-8)	LO 2. Perform blow-drying of hair. 3.1 Towel dry hair according to service requirements. 3.2 Comb hair in accordance with the service requirements. 3.3 Use appropriate tools and implements according to salon standards. 3.4 Blow dry according to service requirements and salon standard procedures. 3.5 Apply finishing products to blow dried hair according to manufacturer's instructions or products specifications. 3.6 Ensure client's safety and comfort during the entire process				
2nd Qtr Weeks 1-6	LO 2. Treat hair and scalp condition. 2.1 Prepare supplies and materials for hair and scalp treatment. 2.2 Select appropriate hair and scalp treatment products according to client's hair texture, scalp and hair condition. 2.3 Refer client to the health personnel if needed. 2.4 Set equipment for hair and scalp treatment. 2.5 Perform hair and scalp treatment with massage in accordance with acceptable procedures. 2.6 Check result according to service requirement outcome. 2.7 Ensure client's comfort and safety in accordance with the salon standard policies and procedures.				
3 rd Qtr	LO 1. Prepare client for hair coloring/hair dyeing.				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-2	<ul style="list-style-type: none">1.1 Discuss with client hair color options.1.2 Check for possible allergies.1.3 Advise client to remove jewelry and accessories.1.4 Prepare protective clothing material according to built, size of the client, and OHSS requirements.1.5 Drape client following salon policies and standard procedures.1.6 Shampoo client's hair to remove styling products.1.7 Blow-dry the hair according to salon standards and procedures. Ensure client's safety throughout the entire service.				
2 nd Qtr Weeks 3-6)	LO 2. Apply hair color. <ul style="list-style-type: none">2.1 Prepare tools, implements and materials Prepare tools, implements and materials following the OHSS requirements.2.2 Mix color developer according to client's hair texture, condition and desired outcome.2.3 Apply hair color according to product specifications and acceptable procedures.2.4 Check evenness of color through visual inspection.2.5 Style hair according to client's desire outcome.2.6 Advise client on the proper hair care maintenance for coloring hair				
4th Qtr Weeks 4-6	LO 3. Perform final styling. <ul style="list-style-type: none">3.1 Blow-dry the hair.3.2 Use finishing haircutting tools according to the client's desired haircut.3.3 Apply hair finishing products as to client's				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<p>preference.</p> <p>3.4 Check result according to client's desired haircut style.</p>				

Grade Level: Grade 10

Subject: TLE (Barbering NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
<p>1st Q</p> <p>(Weeks 1-2)</p>	<p>LO 1. Prepare the client.</p> <p>1.1 Assess client on shaving and style need.</p> <p>1.2 Advise client to remove all personal accessories. Provide client with protective clothing and appropriate materials needed</p>				
<p>1st Q</p> <p>(Weeks 3-8)</p>	<p>LO 2. Shave beard or moustache.</p> <p>2.1 Apply shaving cream in the area to be shaved according to manufacturer's instructions.</p> <p>2.2 Massage the area to be shaved with shaving cream according to manufacturer's instructions.</p> <p>2.3 Perform shaving according to client's preference.</p> <p>2.4 Ensure client's safety and comfort during the process.</p> <p>2.5 Define beard and moustache lines according to agreed design using scissors and/or clippers.</p> <p>2.6 Apply over-comb techniques in a logical sequence to remove bulk and to shape beard</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and moustache. 2.7 Remove excess hair from client according to OHSS. 2.8 Maintain client's comfort, safety and hygiene throughout the process according to OHSS requirements.				
1 ST Qtr Weeks 3-8	LO 3. Perform post-service activities. 4.1 Advise client on the proper care and maintenance of beard or moustache. 4.2 Sanitize and store tools, materials, implements and equipment in accordance with OHSS. 4.3 Clean work station in preparation for the next salon activity				
2nd Qtr Weeks 1-6	LO 2. Perform chair spot massage. 2.1 Position client correctly ensuring safety and comfort during the procedures. 2.2 Apply correct massage strokes according to salon standards and procedures. 2.3 Observe required timeline according to salon policies standard. 2.4 Perform chair spot massage according to client's preference. 2.5 Provide client's comfort in massage techniques. 2.6 Ensure clients safety during the service.				
3 rd Qtr Weeks 1-3	LO 2. Perm client's hair. 2.1 Prepare necessary tools and equipment, supplies and materials according to salon				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<p>procedures.</p> <p>2.2 Section hair according to agreed styles.</p> <p>2.3 Wind hair according to standard and agreed styles.</p> <p>2.4 Use perm solution according to hair texture and condition following manufacturer's instruction.</p> <p>2.5 Cover winded hair with plastic cap to produce heat.</p> <p>2.6 Monitor progress of perm in accordance with policies of salon's procedures and manufacturer's instruction.</p> <p>2.7 Rinse hair to remove the perm solution.</p> <p>2.8 Towel damp hair to slightly dry it.</p> <p>2.9 Apply slightly dry hair with neutralizer according to manufacturer's instruction.</p> <p>2.10 Remove curlers/rods and slightly massage the hair.</p> <p>2.11 Rinse hair thoroughly according to salon procedures.</p> <p>2.12 Apply shampoo and conditioner according to salon standard and procedures.</p> <p>2.13 Towel dry hair according to salon policies and procedures.</p> <p>2.14 Ensure client's safety and comfort during the entire process.</p>				
Week 4	<p>LO 3. Perform finishing touches.</p> <p>3.1 Check hair according to agreed outcome.</p> <p>3.2 Trim hair if necessary.</p> <p>Advise client on appropriate perm maintenance</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	products				
Week 5-6	LO 2. Apply hair relaxing product. 2.1 Select necessary tools based on the services required. 2.2 Use hair relaxing products according to manufacturers' instruction. 2.3 Section hair following salon's procedures. 2.4 Follow development time according to product specifications. Perform hair relaxing by combing according to manufacturer's procedures, if required.				
Week 7-8	LO 3. Apply fixing solution. 3.1 Apply post-treatment products in accordance with manufacturer's instructions and salon procedures.				
4th Qtr Weeks 1-2	LO 2. Attach and style of hairpieces. 2.1 Measure client's head circumference for wig fitting. 2.2 Select correct size of hairpiece in accordance with the client's request. 2.3 Attach selected hairpiece securely to client's head following manufacturer's specifications. 2.4 Style hairpiece according to agreed outcome. 2.5 Confirm client's satisfaction. 2.6 Make service adjustments if required.				
Weeks 3-5	LO 3. Maintain hairpieces. 3.1 Check hairpiece's condition. 3.2 Make adjustments if required. 3.3 Identify suitable product.				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.4 Clean the selected type of hairpiece. 3.5 Maintain the selected product. 3.6 Follow manufacturer's instructions in using the product. 3.7 Advise client with post-treatment precautions and appropriate maintenance procedure 3.8 Advise appropriate storing procedures to the client.				

Grade Level: Grade 9

Subject: TLE (Cookery NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q Week 1	LO 1. Clean, sanitize, and store kitchen tools and equipment 1.1 identify the chemicals to be utilized in cleaning and sanitizing kitchen tools and equipment 1.2 prepare cleaning agents in accordance with manufacturer's instructions 1.3 clean and sanitize kitchen tools in accordance with prescribed standards 1.4 store cleaned kitchen tools and equipment safely in the designated space				
Week 2	LO 2. Clean and sanitize kitchen premises 2.1 recognize kitchen premises to be cleaned and sanitized 2.2 clean the kitchen area hygienically in accordance				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	with food safety and occupational health regulations 2.3 clean surfaces without damaging property and adversely affecting health 2.4 use cleaning agents in sanitizing kitchen premises safely 2.5 follow cleaning schedule based on enterprise procedures 2.6 follow safety and first aid procedures				
Week 3	LO 1. Perform <i>mise en place</i> 1.1 identify tools and equipment needed in the preparation of appetizers 1.2 classify appetizers according to ingredients 1.3 identify ingredients according to the given recipe				
Week 4-9	LO 2. Prepare a range of appetizers 2.1 differentiate between hot and cold appetizers 2.2 prepare a variety of appetizers 2.3 follow workplace safety procedures				
Weeks 4-9	LO 3. Present a range of appetizers 1.1 identify the fundamental of plating 1.2 identify the accompaniments of appetizers 1.3 present appetizers attractively 1.4 observe sanitary practices in presenting appetizers				
Week 10	LO 4. Store appetizers				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.1 utilize quality trimmings 1.2 keep appetizers in appropriate conditions to maintain their freshness, quality, and taste				
2 nd Qtr Week 1	LO 1. Perform <i>mise en place</i> 1.1 identify ingredients according to the given recipe 1.2 prepare ingredients based on the required form and time frame				
Week 2-3	LO 2. Prepare a variety of salads and dressings 2.1 identify the components of a salad 2.2 identify the factors to consider in salad preparation 2.3 select and use correct equipment in preparing salads and dressings 2.4 prepare a variety of salad 2.5 identify the different kinds of salad dressings and their ingredients 2.6 prepare salad dressings 2.7 follow workplace safety procedures				
Week 4-9	LO 3. Present a variety of salads and dressings 1.1 Present salads and dressings attractively 1.2 Observe sanitary practices in presenting salad and dressing 1.3 Identify the accompaniments of salads and dressings				
Week 10	LO 4. Store salad and dressing				
3 rd Qtr	LO 1. Perform <i>mise en place</i> 1.1 identify ingredients according to the given				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1	recipe 1.2 identify culinary terms related to sandwiches 1.3 identify type/classification of sandwiches				
Weeks 2-8	LO 2. Prepare a variety of sandwiches 2.1 Identify sandwich component 2.2 Identify bread suited for sandwich making 2.3 Suitable filling and spreads 2.4 Select and prepare glazes/sweet sauces 2.5 Prepare sandwiches using sanitary practices				
Week 9	LO 3. Present a variety of sandwiches 3.1 Present sandwiches attractively				
Week 10	LO 4. Storing sandwiches 4.1 store sandwiches properly				
4 th Qtr					
Week 1	LO 1. Perform <i>mise en place</i> 1.1 Importance of dessert in a meal 1.2 Classify desserts according to types of ingredients used 1.3 identify characteristics of desserts				
Week 2-7	LO 2. Prepare desserts 2.1 identify ingredients for desserts 2.2 select and prepare sweet sauces 2.3 prepare variety of desserts and sauces using sanitary practices 2.4 follow workplace safety procedures				
Week 8	LO 3. Plate/Present desserts 1.1 Present desserts attractively 1.2 Identify factors in plating and presenting desserts				
	LO 4. Storing desserts				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 9	Keep desserts in appropriate conditions to maintain their quality and taste				
Week 10	LO 1. Select packaging materials 1.1 Define packaging, its importance and functions 1.2 Select packaging materials in accordance with enterprise standards				
Week 10	LO 2. Package food items 2.1 Package food items in compliance with Occupational Health and Safety Procedures 2.2 Adopt appropriate packaging method according to enterprise standards 2.3 Label food according to industry standards				

Grade Level: Grade 10

Subject: TLE (Cookery NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q	PREPARE EGG DISHES (ED)				
Week 1	LO 1. Perform mise en place 1.1 identify an egg's components and its nutritive value identify and prepare ingredients according to standard recipes				
Week 2-3	LO 2. Prepare and cook egg dishes 2.1 identify the market forms of eggs 2.2 explain the uses of eggs in culinary arts cook egg dishes in accordance with the prescribed salad				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4	LO 3. Present egg dishes 3.1 select suitable plates according to standards present egg dishes hygienically and attractively using suitable garnishing and side dishes sequentially within the required time frame				
	LO 4. Evaluate the finished product 4.1 rate the finished products using rubrics				
1 WEEK	PREPARE CEREALS and STARCH DISHES LO 1. Perform mise en place 1.1 identify the ingredients in the preparation of various types of starch and cereal dishes				
WEEK 2-4	LO2. Prepare starch and cereal dishes 2.1 cook various types of starch and cereal dishes 2.2 prepare sauces and accompaniments of selected starch and cereal products follow safety and hygienic practices while working in the kitchen				
WEEK 5	LO 3. Present starch and cereal dishes present starch dishes with suitable plating and garnishing according to standards				
	LO4. Storing starch and cereal dishes 4.1 store starch and cereal at appropriate temperature 4.2 maintain optimum freshness and quality of starch and cereal dishes according to standards store starch and cereal according to standard operating procedures				
2 ND Qtr. WEEK 1	PREPARE VEGETABLES DISHES LO 1. Perform <i>mise en place</i> 1.1. prepare ingredients according to a given recipe, required form, and timeframethaw frozen ingredients and wash raw vegetables following standard procedures				
Week 2-5	LO 2. Prepare vegetable dishes				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.1 identify market forms of vegetables 2.2 select various kinds of vegetables according to a given menu 2.3 cook variety of vegetable dishes following appropriate cooking methods to preserve optimum quality and nutrition prepare suitable sauces and accompaniment in serving vegetable dishes				
WEEK 6	LO 3. Present vegetable dishes 3.1 present vegetable recipes with appropriate sauces and accompaniments				
Weeks 7	LO 4. Store vegetables 4.1 store vegetables based on the prescribed location and temperature 4.2 demonstrate vegetable storage in accordance with FIFO operating procedures follow standard safety and hygiene procedures				
	LO 5. Evaluate the finished product 5.1 rate the finished products using rubrics				
WEEK 1	PREPARE AND COOK SEAFOOD DISHES LO 1. Perform <i>Mise en Place</i> 1.1. prepare the kitchen tools, equipment, and ingredients based on required standards 1.2. identify types, varieties, market forms, nutritive value, and composition of fish and seafood 1.3. assemble ingredients according to recipes, recipe card, or enterprise standard 1.4. identify steps in processing fish				
Week 2	LO 2. Handle fish and seafood 2.1 handle seafood hygienically thaw frozen seafood correctly to ensure maximum quality and maintain nutritional value				
	LO 3. Cook fish and shellfish				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 3-7	3.1 clean, cut, and fillet seafood 3.2 prepare ingredients according to a given recipe demonstrate various methods of cooking fish and shellfish				
Week 8	LO 4. Plate/Present fish and seafood 4.1 prepare and present fish and seafood dishes perform guidelines in serving fish and seafood dishes				
Week 9	LO 5. Store fish and seafood 5.1 ensure that trimmings, fish, and seafood are stored hygienically 5.2 check date stamps and codes where applicable to ensure quality control store seafood in accordance with FIFO operating procedures and standard storage requirements				
Week 10	LO 6. Evaluate the finished product 6.1 rate the finished products using rubrics				
3 RD Qtr. WEEK 1	LO 1. Prepare stocks for menu items 1.1 use ingredients and flavoring according to enterprise standards 1.2 produce variety of stocks according to enterprise standards				
WEEK 2	LO 2. Prepare soups required for menu items 2.1 select and assemble correct ingredients in preparing soups, including stocks and garnishes 2.2 prepare variety soup recipes according to enterprise standards 2.3 present and evaluate soup recipes in accordance with the criteria				
WEEK 3	LO 3. Prepare sauces required for menu items 3.1 classify various types of sauces and their corresponding 3.2 prepare a variety of hot and cold sauces based on the required menu items 3.3 identify the types of thickening agents and convenience				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	products used in preparing sauces 3.4 use thickening agents and convenience products appropriately 3.5 evaluate sauces for flavor, color, and consistency 3.6 identify and deal with problems in the preparation of sauces				
WEEK 4	LO 4. Store and reconstitute stocks, sauces, and soups 4.1 maintain optimum quality and freshness of stocks, sauces, and soups 4.2 reconstitute stocks, sauces, and soups				
	LO 5. Evaluate the finished product rate the finished products using rubrics				
WEEK 1	PREPARE POULTRY AND GAME DISHES 1.1. identify the market forms of poultry determine poultry cuts in accordance with prescribed dish				
WEEK 2-4	LO 2. Cook poultry and game bird dishes 2.1 prepare poultry and game birds hygienically to minimize risk of food spoilage and cross- contamination cook various poultry and game bird dishes appropriately				
WEEK 5	LO 3. Plate/present poultry and game bird dishes 3.1 identify the type of service ware to be utilized in serving poultry and game-bird dishes present plated poultry and game-bird dishes with appropriate sauces, garnishes, and accompaniments				
WEEK 6	LO 4. Store poultry and game bird 4.1 store and maintain poultry and game bird according to standards				
	LO 5. Evaluate the finished product 5.1rate the finished products using rubrics				
4 TH Qtr	LO 2. Cook meat cuts				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
WEEKS 1-6	2.1 identify the market forms and cuts of meat 2.2 prepare meat cuts according to the given recipe 2.3 prepare and use suitable marinades for a variety of meat cuts 2.4 identify appropriate cooking methods for meat cuts apply the different techniques in meat preparation cook meat-cut dishes according to the given recipe				
WEEK 7	LO3. Present meat dishes 3.1 present meat dishes aesthetically, based on classical and cultural standards 3.2 select suitable plate according to standard in serving meat dishes present meat dishes hygienically and sequentially within the required timeframe				
WEEK 8	LO4. Store meat 4.1 utilize quality trimmings and leftovers in storing meat 4.2 store fresh and cryovac-packed meat according to health regulations 4.3 use required containers and store meat in proper temperature to maintain quality and freshness store meat in accordance with FIFO operating procedures and meat storage requirements				
	LO5. Evaluate the finished product 5.1 rate the finished products using rubrics				



Grade Level: Grade 9

Subject: TLE (Hairdressing NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies Grade 9 Hairdressing	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q (Weeks 1)	LO 1. Treatment of hair and scalp 1.1. Appreciate the benefits of scalp and hair treatment 1.2. Analyze scalp and hair structure 1.3. Distinguish diseases and disorders of scalp and hair 1.4. Observe safety precautions and sanitation while at work 1.5. Explain the different types of shampoo and conditioner				
1 st Q (Weeks 2)	LO 2. Prepare client 2.1 Assist client in accordance with salon procedures 2.2 Provide appropriate clothing according to the desired type of service, and size and built of the client 2.3 Advise client to remove all jewelry and accessories				
Week 2	LO 3. Apply shampoo and/or conditioner on the client 3.1 Shampoo and/or condition hair as required and following standard procedure 3.2 Ensure client's safety and comfort during the entire process				
Week 3	LO 4. Blow-dry hair 4.1 Towel dry and comb hair according to service requirements 4.2 Blow-dry hair according to service requirements and following standard procedure 4.3 Apply finishing product on blow-dried hair according to product specifications				
Week 4	LO 5. Perform post-service activities 3.1 Clean, sanitize, and store tools and equipment according to OHS requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies Grade 9 Hairdressing	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.2 Segregate and dispose waste materials according to OHS requirements				
Week 5-6	Scalp and hair treatment LO 6. Prepare client 6.1 Determine client's health and restrictions through consultation 6.2 Analyze client's scalp and hair condition following salon safety policies and procedures 6.3 Prepare and use protective clothing according to OHS				
Week 5-6	LO 7. Treat hair condition 7.1 Select and prepare supplies/materials and hair treatment product 7.2 Perform hair treatment following established or acceptable procedures 7.3 Check results based on client's desired outcome 7.4 Ensure client's safety and comfort during the entire process				
2nd Qtr Weeks 1 - 2	LO 1. Fundamentals in Hair Perming <ol style="list-style-type: none"> Express ideas clearly on the benefits of hair perming Use appropriate tools, materials in permanent waving Perform the steps in sectioning, blocking, and winding of hair Observe safety rules and reminders in hair perming Discuss the procedures in hair perming 2.15 Perform the procedures in permanent waving				



Week of the Quarter/ Grading Period	Most Essential Learning competencies Grade 9 Hairdressing	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 3	LO 2. Prepare client 2.1 Advise client to remove all personal accessories 2.2 Determine if previous chemical treatment exists 2.3 Check scalp condition if free from scratches and open wounds 2.4 Advise client to defer hair perming if adverse scalp and health conditions exist 2.5 Confirm types of hair curls with client				
Week 4-9	LO 3. Perm hair 3.1 Prepare and use necessary tools, equipment, supplies/materials following salon policies and procedures and OHS requirements 3.2 Prepare perm solution according to client's hair type, texture/condition and product specifications 3.3 Perform hair perming in accordance with established or standard procedures and product specifications 3.4 Rinse hair thoroughly, towel-dry and apply conditioner 3.5 Ensure client's safety and comfort during the entire process				
Weeks 4-9	LO 4. Apply finishing touches 4.1 Check hair according to client's desired outcome 4.2 Taper/trim and style hair if necessary 4.3 Confirm client's satisfaction and make adjustments if requirement				
Weeks 4-9	LO 5. Perform post-service activities 5.1 Advise client on hair care and maintenance 5.2 Clean and store tools, equipment, supplies, and materials after use in accordance with salon procedures 5.3 Properly dispose of waste items in accordance with OHS requirements 5.4 Clean and prepare workstation for the next client				
3 rd -4 th Qtr	LO 1. Fundamentals in haircutting 1.1 Express one's experience and exposure about the process				



Week of the Quarter/ Grading Period	Most Essential Learning competencies Grade 9 Hairdressing	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1-10	<p>of haircutting</p> <p>1.2 Analyze the hair condition and the shape of face for appropriate hair cut</p> <p>1.3 Practice fundamental disciplines in haircutting</p> <p>1.4 Discuss the uses of tools and implements in haircutting</p> <p>1.5 Show the importance of hair control in haircutting</p> <p>1.6 Discuss basic cutting strokes</p>				
	<p>LO 2. Prepare client</p> <p>2.1 Extend appropriate courtesy to the client at all times</p> <p>2.2 Assess shape of the client's face, head, length and width of hair according to his/her built and height</p> <p>2.3 Analyze texture of hair according to style requirements and cutting technique to be used</p> <p>2.4 Present hair catalog to the client for selection and agreement between client and hairdresser</p> <p>2.5 Provide and use protective clothing according to health and sanitation regulations</p> <p>2.6 Shampoo and/or condition hair following salon procedure</p>				
	<p>LO 3. Cut hair</p> <p>3.1 Prepare and use appropriate materials, tools, and hair implements according to client's desired haircut and OHS requirement</p> <p>3.2 Perform haircut according to haircut style and established or acceptable procedures</p> <p>3.3 Ensure client's safety and comfort during the entire process</p>				
	<p>LO 4. Check hair and apply appropriate finishing touches</p> <p>4.1 Blow-dry and check hair for accuracy and finishing touches</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies Grade 9 Hairdressing	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	4.2 Use finishing cutting tools according to haircut style 4.3 Apply hair finishing product as per client's requirements and style 4.4 Confirm client's acceptance and make adjustments if required				
	LO 5. Perform post service activities 5.1 Advise client on proper hair care and maintenance 5.2 Clean, sterilize, and store tools, implements and equipment in accordance with salon policy 5.3 Properly dispose of waste items following OHS practice 5.4 Clean working area in preparation for the next client 5.5 Prepare scoring rubrics for haircut				

Grade Level: Grade 10

Subject: TLE (Hairdressing NC II)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q (Weeks 1-2)	LO 1. Fundamentals in hair coloring and hair bleaching 1.1 Perform preliminary steps on hair coloring 1.2 Use tested products, implements and supplies 1.3 Classify various hair coloring 1.4 Describe various types of hair coloring application 1.5 Conduct scalp and hair analysis 1.6 Identify the effects of allergies and hair treatment to hair coloring activity 1.7 Perform skin test/patch test carefully 1.8 Discuss hair coloring applications				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.9 Explain dimensional highlighting				
Week 3- 6	LO 2. Prepare client 2.1 Consult and advise client on color options, and checked for possible skin allergies 2.2 Check and analyze condition of the hair and scalp Prepare and use protective clothing and materials according to OH&S requirements 2.3 Drape client following established procedures to avoid stains from hair coloring 2.4 Where necessary, shampoo client's hair to remove remaining conditioners and styling products, making sure the scalp is not scratched 2.5 Style where necessary, hair according to client's particular requirements 2.6 Ensure client's safety and comfort during the activity				
Weeks 3-6	LO 3. Apply hair color 1.1 Prepare and use tools, materials, implements following OH&S requirements 1.2 Select and mix color and developer according to client's hair condition and length and desired outcome 1.3 Apply color according to product specifications and established or acceptable procedures 1.4 Style where necessary, hair according to client's particular requirements				
	Hair Bleaching				
Weeks 3-7	LO 1. Prepare client 1.1 Consult client on health condition and previous hair chemical treatment availed				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2 Advise client on possible service options and outcome results 1.3 Check and analyze conditions of the hair and scalp 1.4 Advise client to remove all personal accessories 1.5 Provide client with protective clothing and gadgets following salon procedures				
Weeks 3-7	LO 2. Bleach hair 2.1 Prepare and use supplies, materials, tools, equipment, and implements according to OH&S requirements 2.2 to OH&S requirements 2.3 Mix bleaching product with right volume of developer according to manufacturers' instructions and client's hair texture 2.4 Perform hair bleaching according to established or acceptable procedures and product specifications 2.5 Ensure clients' safety and comfort during the process				
Weeks 3-7	LO 3. Perform post-service activities 1.1 Advise client on hair care and maintenance 1.2 Sanitize and store tools and equipment and implements after use according to salon procedures 1.3 Dispose wastes of according to OH&S requirements Clean and prepare workstation for next activity				
2 nd Qtr Week 1	LO 1. Introduction to Hair Straightening 1.1 Appreciate the benefits of chemical hair straightening 1.2 Explain hair chemistry and restructuring 1.3 Discuss the products used in chemical hair straightening 1.4 Discuss the importance of scalp and hair analysis. 1.5 Use appropriate implements and supplies in hair				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	straightening 1.6 Perform the steps in chemical hair straightening 1.7 Observe safety rules and reminders in hair straightening				
Week 2	LO 2. Prepare client 2.1 Advise client to remove all personal accessories 2.2 Use protective clothing and gadgets to ensure clients safety and comfort 2.3 Check and analyze client hair texture and condition, together with scalp 2.4 Confirm previous hair treatment with the client before doing the desired service 2.5 Drape and shampoo client without scratching the scalp				
Week 3-5	LO 3. Apply hair straightening product 1.1 Prepare and use necessary tools and materials according to OH&S requirements 1.2 Identify and/or mix different forms of products based on types of hair and desired hair straightening service in accordance with manufacturers' instruction 1.3 Perform hair straightening in accordance with product specifications and established or acceptable procedures 1.4 Ensure client's safety and comfort during the entire process				
Week 5-6	LO 4. Iron Hair 4.1 Blow-dry hair according to salon procedures 4.2 Apply protective hair product through the hair before actual ironing 4.3 Set iron plate in accordance with hair condition 4.4 Sub-section hair according to salon procedures 4.5 Iron hair in accordance with salon procedures				
Week 6-8	LO 5. Apply hair fixing solution 5.1 Apply fixing solution on the hair in accordance with manufacturer's instructions				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	5.2 Follow processing time according to manufacturer's instructions 5.3 Rinse hair thoroughly and applied with necessary treatment products according to manufacturers' instructions 5.4 Check result and style hair according to clients' desired outcome				
Week 6-8	LO 6. Perform post service activities 6.1 Advise client on hair care and maintenance 6.2 Clean, sterilize/sanitize tools, implements and equipments and store after use in accordance with salon procedures 6.3 Properly dispose waste items of in accordance with OH&S requirements 6.4 Clean working area in preparation for the next client				
3rd Qtr Week 1	LO 1. Introduction to hairstyling 1.1 Express ideas about hairstyling 1.2 Appreciate the benefits of having hairstyling skills 1.3 Inculcate the responsibilities of a hairstylist 1.4 Analyze the fundamental principles of hairstyling 1.5 Inculcate the responsibilities of a hairstylist 1.6 Analyze the fundamental principles of hairstyling 1.7 Use appropriate equipment, implements and supplies 1.8 Observe safety precautions and sanitation while working				
Weeks 2-10	LO 2. Perform the various methods of hairstyling 2.1 Non-thermal styling 2.2 Thermal styling 2.3 Perform casual and formal creative hairstyles				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.4 Perform hairstyling using special effects in hairstyling 2.5 Provide hairstyling services <ul style="list-style-type: none"> - Casual hairstyle - Formal hairstyle - Creative hairstyle 2.6 Use a rubric in evaluating the services for hairstyling 2.7 Compute the cost of service				
4 th Qtr Week 1	LO 1. Prepare clients 1.1 Advise client to remove all personal accessories 1.2 Consult client on specific make-up requirements 1.3 Analyze shapes of face and skin type / tones of client according to make-up requirements 1.4 Seat client in a comfortable position during the entire process 1.5 Provide client with protective clothing following salon procedures				
Weeks 2-9	LO 2. Apply Make-up 2.1 Sanitize hand before actual application of make-up 2.2 Select and prepare make-up products and accessories, tools, supplies and materials according to client make – up requirement 2.3 Perform make-up application in accordance with established or acceptable procedures 2.4 Check make-up result before application of finishing touches 2.5 Ensure client's comfort and safety during the entire process				
Week 10	LO 3. Perform post-service activities				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.1 Advise client on appropriate product and procedure in applying retouch and removing make-up 3.2 Clean and store make-up products, tools, materials and implements after use in accordance with salon procedures 3.3 Properly dispose waste items of in accordance with OH&S requirements 3.4 Clean and prepare workstation for next activity				

Grade Level: Grade 9-10

Subject: TLE (Attractions & Theme Parks)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Qtr. Week 1-2	LO1. Get familiar with geographical location and physical characteristics of the Philippines 1.1 Describe the geographical location and the physical characteristics of the Philippines 1.2 Make a comparison among the different land forms and waters found in the Philippines 1.3 Enumerate the regional divisions of the Philippines and its provinces				
Weeks 3-4	LO2. Express appreciation on domestic tourism 2.1 Differentiate domestic from international tourism 2.2 Discuss the types of domestic tourists in the Philippines. 2.3 Name and describe the different kinds of tourist attractions in the Philippines				
2 nd Qtr.	OBSERVE WORKPLACE HYGIENIC PROCEDURES LO 2. Identify and prevent hygiene risks				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1	2.1 Identify potential hygiene risks in line with standard procedures 2.2 Take action to minimize and remove risks within the scope of individual responsibility 2.3 Report hygiene risks beyond the control of individual staff members to the appropriate person for follow up				
Week 2	PERFORM COMPUTER OPERATIONS LO1. Plan and prepare for tasks to be undertaken 1.1 Select appropriate software according to task assigned and required outcome				
	LO2. Input data into computer 2.1 Enter data into the computer using appropriate program/application in accordance with the standard procedures 2.2 Perform work within ergonomics guidelines				
Week 3	LO3. Access information using computer 3.1 Select correct program/application based on job requirements 3.2 Access program/application containing the required information according to standard procedures				
	LO4. Produce output/data using computer system 4.1..... rocess entered data using appropriate software commands 4.2..... rint out data as required using computer hardware/peripheral devices in accordance with standard operating procedures 4.3..... transfer files and data between compatible system using				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	computer software, hardware/peripheral devices in accordance with standard operating procedures				
Week 4	PERFORM WORKPLACE AND SAFETY PRACTICES LO1. Follow workplace procedures for health, safety and security practices 1.1 Identify and report breaches of health, safety and security in line with standard procedures 1.2 Report suspicious behaviour or unusual occurrence in line with standard procedure				
	LO2. Deal with emergency situations 2.1 Recognize emergency and potential emergency situations and take appropriate action within individual's scope of responsibility 2.2 Report details of emergency situations in line with standard procedures				
Week 5	PROVIDE EFFECTIVE CUSTOMER SERVICES LO1. Greet customer 1.1 Greet guests in line with standard procedure 1.2 Demonstrate sensitivity to cultural and social differences				
	LO2. Identify customer's needs 2.1 Assess customer's needs for urgency so that priority for service delivery can be identified 2.2 Attend promptly and efficiently to the customer's needs in line with standard procedures				
	LO3. Handle queries through telephone/mobile phone, fax machine, internet. email and social network sites 3.1 Use telephone/cell phone, computer, fax machine, internet efficiently to determine customer requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	LO4. Handle complaints, evaluation and recommendations 4.1. reet guests with a smile and eye-to-eye contact 4.2. ake the responsibility for resolving the complaint within the limit of responsibility				
	PROVIDE ON-SITE INFORMATION AND ASSISTANCE LO1. Access and update attraction/theme park information 1.1 Access and update information in accordance with standard procedures and systems 1.2 Incorporate information into day-to-day working activities to support quality of service and standards within the attraction/theme park				
Week 6	MONITOR ENTRY TO VENUE LO1. Monitor and maintain access to attraction areas 1.1 Control types of entry and access to entry areas according to workplace procedures complying with specific regulations and parameters at all times 1.2 Check areas regularly for cleanliness, safety and customer's comfort				
	LO2. Monitor crowds 2.1 Determine the maximum number of customers that the area can accommodate to ensure safety and convenience 2.2 Monitor crowd behavior and report promptly to the appropriate personnel or security person				
Week 7	PROVIDE A SITE BRIEFING OR SCRIPTED COMMENTARY LO1. Present information to customers				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.1 Welcome courteously the customers according to standard procedures 1.2 Provide comprehensive, accurate and relevant information including any special requirements or directions to customers through orientation or scripted commentaries during briefing sessions				
	LO3. Liaise with team members 3.1 Maintain communication and cooperation with other team members/operators to ensure safe and efficient operations Give correct and appropriate signals when needed				
3 rd Qtr. Week 1	OPERATE A RIDE LOCATION LO1. Prepare and inspect ride location 1.1 Inspect the ride in accordance with an approved checklist 1.2 Inspect location prior to arrival of customers 1.3 Check ride equipment in the ride location to ensure readiness for operation				
Week 2	LO2. Prepare to start the ride cycle 2.1 Check loading procedures according to the ride manual prior to commencement of the ride 2.2 Maintain communication with the ride loader to ensure that the ride commences safely 2.3 Perform ride procedures correctly, promptly and safely in accordance with the requirements and procedures 2.4 Operate the ride (device) in accordance with specifications and guidelines 2.5 Take any required action in response to observations made during the ride, and ensure the conformance of the actions to standard safety procedures				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.6 Carry out emergency procedures strictly according to ride manual and specific ride procedure 2.7 Acknowledge and record turnover and/or delivery of valuables by appropriate personnel 2.8 Identify and report any defect or deficiencies immediately to the appropriate supervisor for action				
Week 3	LOAD AND UNLOAD A RIDE LO1. Load, observe and unload the ride 1.1 Perform loading procedures correctly, safely, and promptly in accordance with the manual 1.2 Load ride to the approved maximum number of persons 1.3 Check riders if they are secured in accordance with the set requirements 1.4 Advise riders to secure any articles which may become loose while riding 1.5 1.6 Unload ride in a courteous and friendly manner once it is fully completed 1.7 Follow correctly, safely and promptly in accordance with standard requirements and procedures				
Week 4	OPERATE A GAME LOCATION LO1. Prepare games location for customers 1.1 Prepare and check games location for cleanliness, safety and security according to standard policy and procedures 1.2 Check and prepare equipment for operation according to manufacturer's instructions and/or standard procedures 1.3 Display prizes to attract customers 1.4 Record number of stock items with accuracy				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.5 Order additional supplies where appropriate				
Week 5	LO3. Conduct games operations 3.1 Enforce rules and regulations strictly during games 3.2 Accept payment for participation in the game 3.3 Record all prizes given for data analysis according to standard procedures 3.4 Monitor crowd size to ensure that maximum numbers are not exceeded 3.5 Monitor customer's behavior to ensure a safe and pleasant environment for all customers				
4 th Qtr	PROMOTE AT A GAME LOCATION LO1. Make games announcements 1.1 Use communication system and equipment 1.2 Make clear and concise announcements to avoid confusing customers 1.3 Give information about the games accurately to prepare the customers 1.4 Present information in an entertaining manner E				
Week 1	LO2. Present and conduct games 2.1 Present and conduct games in a lively and entertaining manner 2.2 Use promotional techniques to enhance customer enjoyment of the games 2.3 Encourage player and crowd participation for a complete customer experience 2.4 Employ humor appropriate to the customer group for added enjoyment				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.5 Use language appropriate for the customer group 2.6 Ensure personal presentation, appearance and grooming appropriate to the game environment to enhance customer's experience				
Week 2	OPERATE ANIMAL ENCLOSURE/EXHIBIT LO1. Prepare animal enclosure/exhibit for customer 1.1 Rectify and act upon problems concerning animal welfare according to legislative requirements 1.2 Inspect enclosure/exhibit prior to the arrival of customers according to standard procedures 1.3 Post signs for temporary closures to ensure minimum customer inconvenience				
Week 3	PROVIDE GENERAL ANIMAL CARE LO1. Feed and water animals 1.1 Clean, disinfect and sterilize food preparation equipment according to company procedures 1.2 Follow instruction and dietary charts for food preparation, portions and distributions 1.3 Monitor water supply ensuring appropriate quantity and quality 1.4 Feed and water animals in accordance with animal welfare and ethics policies and health safety procedures				
Week 4	RESCUE ANIMALS LO1. Identify animals requiring rescue 1.1 Check work area regularly for distressed or escaped animals 1.2 Identify animals that are in distress or require rescue				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<p>promptly</p> <p>1.3 Take prompt action when potential risks to customers, animals, self and colleagues occur</p> <p>1.4 Inform appropriate departments and animal specialists of the situation immediately</p>				
Week 5	<p>LO3. Clean, maintain, and close down enclosure/exhibit</p> <p>3.1 Remove wastes, feces and weeds from enclosure</p> <p>3.2 Implement vermin control according to standard procedures</p> <p>3.3 Dispose materials in accordance with manufacturer's and/or superior's instructions</p> <p>3.4 Clean enclosures (e.g. exhibits, night facilities and food preparation areas) with minimum disruption to animals</p> <p>3.5 Present enclosure in accordance with requirements of both the animal and the customer</p> <p>3.6 Secure enclosures according to standard guidelines and requirements for animal species</p> <p>3.7 Carry out routine maintenance tasks according to instructions of a higher authority</p> <p>3.8 Monitor and maintain feeding and watering systems in a safe and working condition</p> <p>3.9 Carry out tasks with minimum disruption to customers</p> <p>3.10 Close down the enclosure/exhibit according to standard procedures</p> <p>3.11 Check the animal's welfare and security making necessary reports to the appropriate authority</p> <p>3.12 Prepare enclosure/exhibit and all equipment for the next day's operation</p> <p>3.13 Clean the enclosure/exhibit as instructed</p> <p>Secure the enclosure/exhibit</p>				



Grade Level: Grade 9-10

Subject: TLE (Front Office Services)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Qtr. Week 1-2	RECEIVE AND PROCESS RESERVATIONS LO1. Receive reservation request 1.1. determine for and advise customer of the availability of the reservation 1.2. offer alternatives, including waitlist options, if requested booking is not available 1.3. respond to inquiries regarding rates and other product features according to established procedures				
	LO 2. Record details of reservation 1.1. record complete customer details accurately against his/her booking in a manner that ensures correct interpretation by others who may access the reservation details 1.2. confirm all booking details with the customer and ensure that s/he understands and agrees to all items 1.3. file reservations in a manner that ensures easy access by others and in accordance with established procedures 1.4. prepare and issue documents and other materials to the customer in accordance with requirements of the specific reservation				
Week 3	LO 3. Update reservations 3.1. update financial status of the reservation accurately 3.2. receive, process, and record amendments or cancellations of reservations in accordance with customer request and established procedures				
Week 3	LO4. Advise others on reservation details 4.1. communicate general and specific customer requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and reservation details to appropriate departments and colleagues 4.2. compile and provide accurate and relevant reservation statistics to concerned people or departments				
Week 4-5	OPERATE COMPUTERIZED RESERVATION SYSTEM LO 1. Access and manipulate reservation system information 1.1. access and interpret reservation system accurately use all system features to access a range of information				
	LO 2. Create and process reservations 2.1. check the availability of the required booking in accordance with the system functions and requirements 2.2. encode all customers' details using the format required by the computer system 2.3 download and print any required reservation details				
	LO 3. Send and receive reservation communications				
2 nd Qtr.	PROVIDE ACCOMMODATION RECEPTION SERVICES				
Week 1	LO1. Prepare for guest arrival 1.1. prepare reception area for service and check all necessary equipment prior to use 1.2. check and review daily arrival details prior to guest's arrival 1.3. allocate rooms in accordance with guest requirements and establishment policy				
Week 2	LO 2. Welcome and register guests 2.1. welcome guests warmly and courteously 2.2. confirm reservation details with guests 2.3. explain clearly relevant details such as room key/electronic cards, guest mail, messages, and safety deposit facility arrangements to guests 2.4. follow correct enterprise procedures where rooms are				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	not immediately available or overbooking has occurred 2.5. Monitor guest arrivals and discrepancies between actual and report expected arrivals				
Week 3-4	LO 3. Generate and check guest accounts for accuracy 3.1. explain and process guest accounts clearly, courteously, and accurately to the guest 3.2. recover and process keys/electronic cards from guests 3.3. act upon the guest's requests for assistance courteously or refer to the appropriate department for follow-up 3.4. process express checkouts 3.5. follow group checkout procedures				
	LO 4. Prepare front office records and reports 4.1. prepare and update front office records within designated timelines				
3 rd Qtr. Week 1	CONDUCT NIGHT AUDIT LO 1. Monitor financial transactions 1.1 check balances prepared by others to ensure that they are accurate and in accordance with establishment procedures 1.2 identify and resolve financial and system discrepancies according to level of responsibility 1.3 implement financial systems and financial control systems in accordance with establishment procedures				
Week 2	LO2. Complete routine records and reports 2.1. complete routine records and reports accurately within designated timelines 2.2. forward reports promptly to the appropriate				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	person/department				
Week 3-4	PROVIDE CLUB RECEPTION SERVICES LO 1. Provide information on club services and process memberships 1.1. explain club membership and club rules to the public and members following standard procedures 1.2. explain and fill up membership application forms clearly and completely				
	LO 2. Monitor entry to club 2.1. check membership badges/cards upon entry 2.2. assist sign-in of guests 2.3. ensure that members and guests comply with dress and age regulations 2.4. refer disputes over entry to club to security, supervisor, or other relevant person				
4 th Qtr. Weeks 1-2	PROVIDE PORTER SERVICES LO1. Handle guest arrival and departures 1.1. welcome and direct guests promptly on arrival to the appropriate area for registration 1.2. assist guests with luggage escort guests to rooms and show/explain courteously the establishment/room features				
Weeks 3-4	LO 2. Handle guest luggage 2.1. transport and deliver guest luggage safely to the correct location within appropriate timeframes 2.2. operate luggage storage system correctly and in accordance with established procedures and security				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	requirements 2.3. mark and store luggage accurately to allow for easy retrieval following the established procedures 2.4. place luggage correctly within the storage system				
Week 5	LO 3. Respond to request for bell desk services 3.1. provide bell desk services promptly coordinate with colleagues and other departments to ensure effective response to bell desk requests				

Grade Level: Grade 9

Subject: TLE (Housekeeping)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
1 st Q Week 1	LO 1. Handle housekeeping requests 1.1 Discuss implementing Hotel Codes, Rules and regulations 1.2 Explain different skills of good housekeeper needs such as in and intrapersonal skills 1.3 List down and describe the basic functions of each personnel in the housekeeping department 1.4 Discuss nature and scope of guestroom cleaning, care and maintenance 1.5 Enumerate bedroom and bathroom amenities offered in an institution 1.6 List down procedures in conducting room check, turn down and make up beds 1.7 Demonstrate proper handling of guests' requests in				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	housekeeping following safety and security standards				
Week 2	LO 2. Advise guests on room and housekeeping equipment 1. Describe and explain the use of different types of housekeeping and front office forms 2. Practice proper handling of client's queries through telephone, fax machine, e-mail, etc. 3. Identify common problems related to Housekeeping Services 4. Observe proper handling of different problems in Housekeeping Services				
Week 3	LO 1. Set up equipment and trolleys 1.1 Correctly select and demonstrate proper use of tools, materials and equipment according to task requirement 1.2 Properly set trolley/caddy with cleaning materials according to needs and with the institutional standards				
Week 3	LO 2. Access rooms for servicing 2.1 Identify important terminologies used in housekeeping such as room status, door signs, guest's type, and guest room classifications 2.2 Observe guests' safety and security in hotel establishment				
Weeks 4-6	LO 3. Make up beds 3.1 Identify different types and sizes of linens, pillows, and bed sheets 3.2 Correctly follow proper procedures in conducting room check, turn down and make up beds and cots 3.3 Replace bed linen in accordance with establishment standards and procedures				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	LO 4. Clean rooms 4.1. Identify tools, materials, supplies, and equipment needed in cleaning guest rooms 4.2. Follow standard operating procedures in institutional cleaning 4.3. Identify common insects and pests and their control measures 4.4. Give minor and major hotel room defects and repair 4.5. Observe hotel management safety practices and procedures				
2 nd Qtr. Week 1	LO 1. Select and set up equipment and materials 1.1 Select appropriate cleaning tools and equipment with their proper uses and functions 1.2 Follow safety and security measures when using cleaning tools and equipment 1.3 Identify and use dry and wet cleaning agents/chemicals for a particular task				
	LO 2. Apply cleaning technique 2.1 Identify cleaning equipment and chemical 2.2 Discuss cleaning technique on furniture and walling materials.				
Week 2-3	LO 3. Clean and store trolleys and equipment 3.1. Perform proper handling of trolleys and other equipment 3.2. Observe proper cleaning of tools, materials, and equipment according to standards and procedures 3.3. Practice safekeeping practices in accordance with establishment standards				
3 rd Qtr. Week 1	LO 1. Display professional valet standards 1.1 Discuss basic roles of valet and butler service within the Philippine hospitality industry 1.2 Establish rapport and enhance feelings of goodwill between the guest and the establishment through principles of good communication in accordance with the establishment standards				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.3 Access and utilize knowledge of individual guests to provide personalized and quality valet service 1.4 Prepare reports and endorsements of valet service provider				
Week 2-4	LO 2. Care for the guest property 2.1 Perform packing, unpacking, storing, and preparing of guest luggage management 2.2 Observe institutional standards in preparing of guest clothes and shoes 2.3 Make simple repairs on cloth and linen in accordance with the establishment procedures Value the set ethical standards for guest security and confidentiality				
4th Qtr. Week 1	LO 1. Process laundry items 1.1 Identify and explain types of linen used in housekeeping 1.2 Discuss the principles of laundering such as collection and transportation, arrival and sorting 1.3 Give the types and usage of washing machine and dryers used in housekeeping				
Week 1	1.4 Identify and discuss the types and usage of laundry chemicals and other cleaning agents 1.5 Enumerate and discuss the classifications and usage of stain removing agents 1.6 Explain the wash cycle and its importance				
Weeks 2-3	1.7 Follow laundry procedures for cotton, silk, wool, and synthetics 1.8 Perform laundry methods accordingly				
Week 4-5	1.9 Observe principles and procedures in ironing and pressing clothes and linens 1.10 Explain the types of ironing equipment, tools, and materials				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and their proper usage 1.11 Demonstrate correct folding methods and techniques				



TLE

(Grade 9-12)



Grade Level: Grade 9-12

Subject: TLE (Aquaculture NC II- 640 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
QUARTER 1 – CONDUCT PRE-OPERATIONS AQUACULTURE ACTIVITIES					
LESSON 1: PREPARATION OF TOOLS AND SIMPLE EQUIPMENT (PT)					
TLE_AFAQ9-12PT-Ia-j-1 Week 1-10	LO 1. Prepare tools and materials in fishpond/fish tank construction 1.1. Check and clean tools and equipment 1.2. Check harvesting tools 1.3. Perform simple repairs 1.4. Inspect materials for possible repair				
QUARTER 2 – CHANGING WATER OF AQUACULTURE FACILITY					
TLE_AFAQ9-12PT-IIa-j-1 Week 1-10	1.5. Determine the volume of water 1.6. Select appropriate method of water exchange 1.7. Carry out water exchange				
QUARTER 3 – MORTALITIES					
TLR_AFAQ9-12PT-IIIa-j-1 Week 1-10	Determine and analyze mortality				
	Check and prevent predators				
	Determine the causes of mortality				
	1.11. Observe the precautionary measures in reducing mortality				
	1.12. Follow steps in using disinfectants				
QUARTER 4 – PREPARE AND SECURE AQUACULTURE FACILITIES					
TLE_AFAQ9-12PT-IVa-j-1 Week 1-10	1.13. Prepare ponds, cages and frames 1.14. Brush and repair cages and frames 1.15. Clean and disinfect tanks 1.16. Install structures during inclement weather 1.17. Store tools and equipment properly				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
QUARTER 1 – CONDUCT PRE-OPERATIONS AQUACULTURE ACTIVITIES					
LESSON 1: PREPARATION OF TOOLS AND SIMPLE EQUIPMENT (PT)					
TLE_AFAQ9-12PM-Ia-j-1 Week 1-10	LO 1. Prepare tools and materials in fishpond/fish tank construction 1.1 Check and clean tools and equipment 1.2 Check harvesting tools 1.3 Perform simple repairs 1.4 Inspect materials for possible repair				
QUARTER 2 – CHANGING WATER OF AQUACULTURE FACILITY					
TLE_AFAQ9-12PM-IIa-j-1 Week 1 - 10	1.5 Determine the volume of water 1.6 Select appropriate method of water exchange 1.7 Carry out water exchange				
QUARTER 3 – MORTALITIES					
TLE_AFAQ9-12PM-III a-j-1 Week 1 - 10	1.8 Determine and analyze mortality 1.9 Check and prevent predators 1.10 Determine the causes of mortality 1.8. Observe the precautionary measures in reducing mortality 1.9. Follow steps in using disinfectants				
QUARTER 4 – PREPARE AND SECURE AQUACULTURE FACILITIES					
TLE_AFAQ9-12-IVa-j-1 Week 1 - 10	1.13. Prepare ponds, cages and frames 1.14. Brush and repair cages and frames 1.15. Clean and disinfect tanks 1.16. Install structures during inclement weather 1.17. Store tools and equipment properly				
QUARTER 1					
LESSON 1: PREPARE AND MAINTAIN AQUACULTURE FACILITIES (PM)					
TLE_AFAQ9-	LO 1. Check the condition of site				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12PM-Ia-j-1 Week 1 - 10	1.1. Sample and analyze the soil for water holding capacity 1.2. Determine the volume of water resources 1.3. Assess the quality of water 1.4. Measure the topography of the site 1.5. Determine the sources of natural food 1.6. Determine the suitable species to culture 1.7. Read the tidal level 1.8. Determine the area of the tank and the budget for its construction 1.9. Analyze water				
QUARTER 2					
LE_AFAQ9-12PM-IIIa-j-1 Week 1 - 10	LO 2. Check the conditions of Ponds 2.1. Determine the area, depth and the number and size of compartments 2.2. Position the markers as guides 2.3. Determine the materials used 2.4. Determine the number of pumps and their location 2.5. Plan for the other important facilities				
QUARTER 3					
TLE_AFAQ9-12PM-IIIa-j-1 Week 1 - 10	LO 3. Check the conditions of Tanks 3.1. Determine the area, depth and the number and size of compartments 3.2 Position the markers as guides 3.3 Determine the materials used 3.4 Determine the number of pumps and their location 3.5 Plan for the other important facilities				
	LO 4. Check the conditions of Pens 4.1 Determine the area, depth, and the number and size of compartments 4.2 Determine the materials used				

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Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.8 Select fertilizer and compute rate application 1.9 Set-up aerators/agitators 1.10 Determine water quality parameters i.e. D.O., Transparency, Nitrates, Ammonia and temperature are determined prior to stocking of fry 1.11Observe care in handling, transporting and stocking of fishes				
QUARTER 2 : FEEDS AND FEEDING (FF)					
TLE_ AFFN9-12FF-IIa-j-1 Week 1-10	LO 1. Feeds and Feeding 1.1 Store feeds properly 1.2 Analyze the effect of time and frequency of feeding 1.4 Determine the economic and environmental impact of improper feeding 1.5 Sample and analyze composition of commercial feeds 1.6 Formulate feed with the desired Crude Protein content using locally-available ingredients 1.7. Compute daily feed ration				
QUARTER 3 : WATER QUALITY AND FISH HEALTH MANAGEMENT (WF)					
TLE_ AFFN9-12WF-IIIa-e-1 Week 1-5	LO 1. Water Quality 1.1 Monitor water quality 1.2 Maintain Optimum Water Quality				
TLE_ AFFN9-12WF-IIIb-j-2 Week 6-10	LO 2. Fish Health Management 2.1Monitor and observe occurrence of diseases 2.2 Diagnose infected fish 2.3 Identify appropriate treatment 2.4 Practice preventive measures against disease				
QUARTER 4 : HARVEST AND POST-HARVEST HANDLING (HH)					
TLE_ AFFN9-12HH-IVa-j-1	LO 1. Harvest and Post-Harvest Handling 1.1Schedule harvest 1.2 Prepare harvesting materials and supplies required				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-10	in the harvest operation				
	1.3 Observe proper handling while harvesting				
	1.4 Demonstrate proper grading, counting and packing of live fish				
QUARTER 1 : PREPARE GROW-OUT FACILITIES (GF) (Note: Research components should be included in all activities)					
TLE_AFG009-12GF-Ia-j-1	LO 1. Grow-Out Facilities 1.1. Ponds 1.1.1. Dry pond 1.1.2. Apply predator control 1.1.3. Analyze soil pH 1.1.4. Apply lime to correct soil acidity 1.1.5. Compute fertilizer requirement 1.1.6. Apply fertilizer to enhance growth of natural food 1.2. Pens and Cages 1.2.1. Install or set-up frames 1.2.2. Install fabricated net into cages to the cage frame 1.3. Tanks 1.3.1 Tanks are cleaned, dried and disinfected				
Week 1-10					
QUARTER 2 : STOCKING OF FINGERLINGS AND STOCK SAMPLING (FS)					
TLE_AFG009-12FS-II a-e-1	LO 1. Stock Fingerlings 1.1 Acclimatize fish/crustacean fingerlings 1.2 Determine the stocking density with due consideration on the pond carrying capacity 1.3 Classify suitable species of fish/shrimp				
Week 1 - 5					
TLE_AFG009-12FS-II f-j-2	LO 2. Stock Sampling 2.1 Assess fingerling quality 2.2 Release fingerlings as scheduled or at appropriate time of the day 2.3 Maintain growth of natural food				
Week 6-10					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.4 Weigh stock samples for ABW and Biomass determination 2.5 Undertake regular stock sampling				
QUARTER 3 : PERFORM FEEDING OPERATIONS AND MAINTAIN GOOD WATER QUALITY					
TLE_AFG009-12FS-IIIa-e-1 Week 1-5	LO 1. Perform Feeding Operations 1.1. Select feeds based on quality 1.2. Sample and analyze feeds periodically 1.3. Compute Average Body Weight (ABW), Biomass, Daily Feed Ration (DFR) and Feed Conversion Ratio (FCR) 1.4. Formulate feeds using locally available materials 1.5 Record feed consumption				
TLE_AFG009-12DT-IVg-j-2 Week 7-10	LO 2. Maintain Good Water Quality 2.1 Monitor water quality using appropriate measuring instruments according to the Standard Methods In The Analysis Of Water And Wastewater 2.2 Maintain optimum water quality by pond freshening and bio-manipulation				
ENVIRONMENT AND MARKET					
Week 0	LO 1. Develop a product/ service in Aquaculture 1.1. Identify what is of “Value” to the customer 1.2. Identify the customer to sell to 1.3. Explain what makes a product unique and competitive 1.4. Apply creativity and Innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1. Enumerate various criteria and steps in selecting a business idea 2.2. Apply the criteria/steps in selecting a viable business idea 2.3. Determine a business idea based on the criteria/techniques set				

Grade Level: Grade 9-12

Subject: TLE (Automotive NC I- 640 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 3: PERFORMING MEASUREMENT AND CALCULATION (PMC)					
TLE_IAAUTO9-12PMC-IIa-c-8 Week 1-3	LO 1. Select Measuring Instrument 1.1 Identify object or component to be measured 1.2 Obtain correct specifications from relevant source 1.3 Select appropriate measuring instrument as per job requirement 1.5				
TLE_IAAUTO9-12PMC-IIc-h-9 Week 3-8	LO 2. Carry out measurement and calculation 2.1 Select measuring tools in line with job requirements 2.2 Obtain accurate measurements with job requirements 2.3 Perform calculations needed to complete work/task using				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	fundamental operation of mathematics 2.4 Use calculations involving fractions, percentage, and mixed numbers to complete workplace tasks 2.5 Check correct and accurate numerical computation 2.6 Read instruments to the limit of accuracy of the tool				
TLE_IAAUTO9-12PMC-IIh-j-10 Week 8-10	LO 3. Maintain measuring instrument 3.1 Keep measuring instruments free from corrosion 3.2 Do not drop measuring instrument to avoid damage 3.3 Clean measuring instrument before and after using				
LESSON 4: READING, INTERPRETING, AND APPLYING SPECIFICATION AND MANUAL (RIA)					
TLE_IAAUTO9-12RIA-III a-b-11 Week 1-2	LO 1. Identify and access manual/ specifications 1.1 Identify and access appropriate manuals as per job requirement 1.2 Check version and date of manual to ensure correct specification and identify procedures				
TLE_IAAUTO9-12RIA-III c-d-12 Week 3-4	LO 2. Interpret manuals 2.1 Locate relevant sections, chapters of manuals/ specifications in relations to the work to be conducted 2.2 Interpret information and procedure in the manual in accordance to industry practices				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12RIA-IIIe-13 Week 5	LO 3. Apply information accessed in the manual 3.1 Interpret data and specification according to job requirement 3.2 Identify work steps correctly in accordance with manufacturer's specification 3.3 Apply manual data according to the given task 3.4 Interpret all correct sequence and adjustment in accordance with information contained on the manual or specification				
TLE_IAAUTO9-12RIA-IIIe-14 Week 5	LO 4. Store manual 4.1 Store manuals or specification appropriately to prevent damage 4.2 Store manuals properly for easy access especially when updating information required in the given task				
LESSON 5: USING AND APPLYING LUBRICANT/COOLANT (UAL)					
TLE_IAAUTO9-12UAL-IIIIf-15 Week 6	LO 1. Identify types of lubricants/coolant 1.1 Access and interpret correct information on lubrication schedule from appropriate manufacturer's specifications manual 1.2 Identify type and quantity of lubricants/coolant as per job requirements				
TLE_IAAUTO9-12UAL-IIIg-i-16	LO 2. Use and apply lubricants/coolant 2.1 Identify correct procedure for change of lubricant following manufacturer's specification or manual				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 7-9	2.2 Select and use correct tools and equipment in line with job requirements 2.3 Remove and replaced existing lubricants with specified types and quantity of new materials in line with manufacturer's specification 2.4 Observe safe procedure and use of PPE when removing or replacing lubricant 2.5 Dispose of used lubricants in accordance with environmental guidelines 2.6 Check work in line with company SOP				
TLE_IAAUTO9-12UAL-IIIj-17 Week 10	LO 3. Perform housekeeping activities 3.1 Store tools, equipment, and materials properly as per company SOP 3.2 Free workplace from waste materials				
LESSON 6: PERFORMING SHOP MAINTENANCE (PSM)					
TLE_IAAUTO9-12PSM-IVa-18 Week 1	LO 1. Inspect and clean tools, equipment and work area 1.1 Inspect and clean tools, equipment, and work to ensure that they are free from dust, grease, and other substances 1.2 Observe cleaning solvent used as per workshop cleaning requirements 1.3 Check and clean work area 1.4 Keep dry wet surface or spot in the work area				
TLE_IAAUTO9-12PSM-IVa-b-19 Week 1-2	LO 2. Store/arrange tools and shop equipment. 2.1 Arrange and store tools and equipment in their respective shelves/location 2.2 Post visible corresponding labels Secure and log tools in the record book				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12PSM-IVb-20 Week 2	LO 3. Dispose of waste and used lubricants 3.1 Dispose of waste and used lubricants in accordance with SOP and environmental regulations 3.2 Label containers for waste and used lubricants properly 3.3 Observe personal safety in disposal of waste and used lubricants				
TLE_IAAUTO9-12PSM-IVc-21 Week 3	LO 4. Report damaged tools/equipment 4.1 Maintain complete inventory of tools and equipment 4.2 Identify damaged tools/equipment with repair recommendation 4.3 Prepare reports on damaged tools/equipment				
LESSON 7: PREPARING JOB ESTIMATE/COSTING (PJE)					
TLE_IAAUTO9-12PJE-IVc-d-22 Week 3-4	LO 1. Identify the nature and scope of work 1.1 Determine the nature and scope of work to be undertaken Determine the extent of service to be undertaken in line with SOP				
TLE_IAAUTO9-12PJE-IVd-e-23 Week 4-5	LO 2. Prepare and present estimate/costing 2.1 Identify the types and quantity of supplies, materials, and labor required to perform work in line with job requirements 2.2 Obtain cost of supplies and materials from the suppliers 2.3 Calculate total cost of required services in line with standard operating procedures 2.4 Present estimate to customer in line with SOP				
LESSON 8: INTERPRETING/DRAWING TECHNICAL DRAWING (ITD)					
TLE_IAAUTO9-12ITD-IVf-g-24	LO 1. Interpret technical drawing 1.1 Recognize components and assemblies of objects				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6-7	1.2 Recognize and interpret symbols 1.3 Identify appropriate dimensions 1.4 Follow instructions Identify required materials and other consumables				
TLE_IAAUTO9-12ITD-IVg-h-25 Week 7-8	LO 2. Select correct technical drawing 2.1 Validate drawings against job requirements and manuals 2.2 Check and validate drawing version according to manual				
TLE_IAAUTO9-12ITD-IVh-j-26 Week 8-10	LO 3. Apply freehand sketching 3.1 Produce correct freehand sketches using the necessary tools and materials				
LESSON 9: PRACTICING HEALTH, SAFETY, AND ENVIRONMENT PROCEDURES (PHSE)					
TLE_IAAUTO9-12PHSE-Ia-c-27 Week 1-3	LO 1. Apply basic safety procedures 1.1 Maintain policies and procedures to achieve a safe working environment in line with OHS 1.2 Report all unsafe situations according to worksite policy 1.3 Report all machinery and equipment breakdown to supervisor and/or to person in charge 1.4 Identify fire and safety hazards and precautions 1.5 Identify dangerous goods and substances 1.6 Follow worksite policy regarding manual handling of hazardous substances 1.7 Participate in consultative arrangements established by company				
	LO 2. Apply emergency procedures				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12PHSE-Ic-e-28 Week 3-5	2.1 Identify worksite policies and emergency procedures regarding illness or accidents 2.2 Identify safety alarm 2.3 Contact qualified persons in the event of accident or sickness of customers or staff, and document accident details according to worksite procedures 2.4 Identify worksite evacuation procedures				
LESSON 10: INSPECTING TECHNICAL QUALITY OF WORK (ITQ)					
TLE_IAAUTO9-12ITQ-If-29 Week 6	LO 1. Gather information to carry out inspection 1.1 Observe OHS requirements, including company regulatory requirements and personal protection needs, throughout the work 1.2 Source pertinent information 1.3 Analyze different methods appropriate to the circumstances Identify technical and/or calibration requirements for inspection				
TLE_IAAUTO9-12ITQ-Ig-i-30 Week 7-9	LO 2. Inspect and apply quality standards to work 2.1 Identify work for inspection in accordance with company quality procedures 2.2 Conduct quality inspections throughout the course of the work to ensure that quality standards are maintained 2.3 Apply quality standards during work completion to ensure customer's satisfaction based on industry and / or company policies and guidelines 2.4 Coordinate activities throughout the workplace in accordance with company procedures 2.5 Maintain documents of work quality according to company requirements				
TLE_IAAUTO9-	LO 3. Achieve quality work outcomes.				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12ITQ-Ij-31 Week 10	3.1 Avoid damage to customer property by ensuring staff adherence to quality procedures and use of protective materials at all stages of repair or service Create excellent communication procedures pertaining to quality improvements and recommendations in accordance with company requirements				
LESSON 11: MAINTAINING QUALITY SYSTEM (MQS)					
TLE_IAAUTO9-12MQS-IIa-c-32 Week 1-3	LO 1. Conduct final quality checks on completed work/order 1.1 Check completed work / orders for compliance with supplier, company, or customer specifications 1.2 Conduct level of inspection appropriate to the size and importance of the job 1.3 Authorize documentation in accordance with company requirements 1.4 Provide feedback to staff on the quality of their work, with equal emphasis on strengths and weaknesses and opportunities for development				
TLE_IAAUTO9-12MQS-IIId-33 Week 4	LO 2. Report on the quality of processes and work outcome 2.1 Keep documents according to company quality procedures on outcomes of quality checks 2.2 Identify quality problems that are in accordance to company performance indicators 2.3 Provide information relating to the quality of processes and work outcomes appropriate to persons on a regular basis				
TLE_IAAUTO9-12MQS-IIe-34	LO 3. Implement improvement to work processes. 3.1 Encourage staff input to generate possible solutions to				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 5	quality problems 3.2 Generate options for solving quality problems and evaluate costs and benefits of each option 3.3 Discuss recommended solutions to quality problems with management Implement improvements to work processes according to company policies and procedures				
LESSON 12: IDENTIFYING AND SELECTING ORIGINAL AUTOMOTIVE PARTS AND PRODUCTS (ISOA)					
TLE_IAAUTO9-12ISOA-II-f-g-35 Week 6-7	LO 1. Identify the part/product and its end use 1.1 Gather available part/product information and confirm with customer all available parts/product 1.2 Establish information gathering techniques for proper identification of part/product 1.3 Establish end-user or host for the part/product, i.e., vehicle/unit assembly or vehicle/unit assembly options from an analysis of available information				
TLE_IAAUTO9-12ISOA-II-h-36 Week 8	LO 2. Identify details of the part/product 2.1 Access parts/product cataloguing system 2.2 Match accurately part/product with cataloguing information by accessing and using the catalogue system Document details of identity of the part/product				
TLE_IAAUTO9-12ISOA-II-i-37 Week 9	LO 3. Part/product is supplied or ordered for customers 3.1 Customer accepts process used 3.2 Order part/product for customers Update customer records				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12ISOA-IIj-38 Week 10	LO 4. Review personal training performance and finalize documentation 4.1 Reflect upon personal performance in providing instruction and demonstration, and document strategies for improvement 4.2 Store learner records according to organizational and legal requirements				
LESSON 13: PERFORMING GAS ENGINE TUNE UP (PGET)					
TLE_IAAUTO9-12PGET-IIIa-b-39 Week 1-2	LO 1. Inspect/test spark plug 1.1 Adjust spark-plug clearance 1.2 Test spark plug Analyze spark-plug test result and prescribe appropriate recommendations				
TLE_IAAUTO9-12PGET-IIIc-40 Week 3	LO 2. Check/replace fuel filter and air cleaner 2.1 Replace fuel filter and air cleaner Free fuel filter from sediments and impurities				
TLE_IAAUTO9-12PGET-IIId-e-41 Week 4-5	LO 3. Inspect/Replace Contact Point Condenser 3.1 Inspect contact point gap Test and replace condenser				
TLE_IAAUTO9-12PGET-IIIf-i-42	LO 4. Test/ adjust dwell angle and ignition setting 4.1 Adjust dwell angle				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6-9	Set ignition timing				
TLE_IAAUTO9-12PGET-IIIj-43 Week 10	LO 5. Adjust engine idle speed and mixture 5.1 Check engine speed in RPM				
TLE_IAAUTO9-12PGET-IVa-e-44 Week 1-5	LO 6. Check advance mechanism and adjust ignition timing 6.1 Adjust ignition timing 6.2 Observe safety in using equipment Check advanced timing				
TLE_IAAUTO9-12PGET-IVf-j-45 Week 6-10	LO 7. Perform compression testing 7.1 Conduct compression test 7.2 Conduct test without damage or injury to person or property Interpret compression test result and prescribe recommendations				
LESSON 14: PERFORMING DIESEL ENGINE TUNE UP (PDET)					
TLE_IAAUTO9-12PDET-Ia-c-46 Week 1-3	LO 1. Set injection timing 1.1 Position injection parts as required in setting injection timing 1.2 No error in detecting/reading injection pump timing Recheck injection timing setting by following instructional manual				
TLE_IAAUTO9-12PDET-Id-h-47	LO 2. Install injection pump				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4-8	2.1 Check timing marks, torque and injection pump moving parts before installation 2.2 Set up injection pump requirement before installation 2.3 Tighten mounting bolts following torque sequence, pattern, and specification in the manual				
TLE_IAAUTO9-12PDET-Ih-j-IIa-48 Week 8-10	LO 3. Inspect injection timing 3.1 Use injection pump timing device without error 3.2 Interpret injection pump timing result correctly 3.3 Check advance timing operation				
TLE_IAAUTO9-12PDET-IIa-e-49 Week 1-5	LO 4. Bleed injection system Components 4.1 Check fuel level, line leakage, and fuel strainer or filters 4.2 Determine air lock in the system without error 4.3 Identify bleeder screw and prime pump without error				
TLE_IAAUTO9-12PDET-IIf-j-50 Week 6-10	LO 5. Conduct compression testing 5.1 Set up engine requirements in compression testing 5.2 Read and interpret specific compression test result 5.3 Give corresponding recommendation/ prescription based on test result				
LESSON 15: REMOVING AND REPLACING ELECTRICAL/ELECTRONICS UNITS/ASSEMBLIES (RREE)					
TLE_IAAUTO9-12RREE-IIIa-51	LO 1. Prepare for work 1.1 Use work instruction to determine job requirements, including method, material, and equipment 1.2 Read and interpret job specifications				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.3 Observe OHS requirements throughout the work 1.4 Select material for work appropriate to application 1.5 Identify equipment and tooling for safe and effective operation 1.6 Check equipment and tooling for safe and effective operation 1.7 Determine procedures to minimize waste material and to maximize energy efficiency				
TLE_IAAUTO9-12RREE-III b-g-52	LO 2 Remove electrical /electronic units assemblies 2.1 Access correct information from manufacturer/component supplier specifications 2.2 Interpret correct information from manufacturer/component supplier specifications 2.3 Remove electrical / electronic units / assemblies using approved methods, tooling, and equipment 2.4 Seek assistance from a licensed person in relation to air conditioning and LPG/NGV system/ components removal 2.5 Complete the removal without causing damage to component or system 2.6 Carry out removal activities according to company procedures/policies 2.7 Handled units/assemblies in accordance with manufacturer/component supplier requirements Store units/assemblies in accordance with manufacturer/component supplier requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12RREE-IIIh-i-53 Week 8-9	LO 3. Replace electrical/electronic units/assemblies 3.1 Replace electrical units/assemblies using approved methods, tooling and equipment 3.2 Seek assistance from a licensed person in relation to air conditioning and LPG/NGV system/ components removal 3.3 Complete the replacement without causing damage to component or system Carry out replacement activities in accordance with company procedures/policies				
TLE_IAAUTO9-12RREE-IIIj-54 Week 10	LO 4. Clean up work area and maintain equipment 4.1 Collect and store materials that can be reused 4.2 Removed waste and scrap following workplace and environmental procedures 4.3 Clean equipment and work area for serviceable condition in accordance with workplace procedures 4.4 Clean and inspect equipment and work area for serviceable condition in accordance with workplace procedures 4.5 Complete operator maintenance in accordance with manufacturer/component supplier specifications and site procedures 4.6 Maintain tooling in accordance with workplace procedures				
LESSON 16 : REMOVING AND TAGGING ENGINE SYSTEM COMPONENTS (RTES)					
TLE_IAAUTO9-12RSSB-IIa-f-58	LO 1. Prepare to remove and tag steering, suspension, and brake system components 1.1 Identify and confirm the nature and scope of work				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-6	<p>requirements</p> <p>1.2 Observe OHS requirements, including individual national / local / territorial regulatory requirements and personal protection needs</p> <p>1.3 Sources of procedures and information such as workshop manuals and specifications, and required tools and equipment</p> <p>1.4 Selects methods and techniques most appropriate to the circumstances</p> <p>Observe dangers associated working with the removal and tagging of steering, suspension, and brake system components</p>				
<p>TLE_IAAUTO9-12RSSB-IIg-j-IIIa-f-59</p> <p>Week 6-10</p> <p>Week 1-6</p>	<p>LO 2.Remove steering, suspension and brake system components.</p> <p>2.1 Identify steering, suspension, and brake system components for removal</p> <p>2.2 Implement methods for the removal and tagging in accordance with manufacturer / component supplier specifications</p> <p>2.3 Remove components without damage</p> <p>2.4 Carry out inspection of components i</p> <p>2.5 Process report in accordance with workplace procedures on communication</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAAUTO9-12RSSB-IIIg-j-60 Week 7-10	LO 3. Tag steering, suspension, and brake system components 3.1 Identify tagging procedures 3.2 Identify material requirements for tagging and prepare support equipment 3.3 Tag components without damage				
LESSON 18: REMOVING AND TAGGING TRANSMISSION SYSTEM COMPONENTS (RTTS)					
TLE_IAAUTO9-12RTTS-IVa-c-61 Week 1-3	LO 1.Prepare to remove and tag transmission components 1.1 Identify and confirm nature and scope of work requirements 1.2 Observe OHS requirements, including individual national / local / territorial regulatory requirements and personal protection needs 1.3 Sources of procedures and information such as workshop manuals and specifications, and required tools and equipment 1.4 Select method and techniques most appropriate to the circumstances 1.5 1.5 Be aware of dangers associated working with the removal and tagging of transmission components				
TLE_IAAUTO9-12RTTS-IVd-i-62 Week 4-9	LO 2. Remove transmission system components 2.1 Identify transmission components for removal 2.2 Implement methods for the removal and tagging in accordance with manufacturer / component supplier specifications 2.3 Remove components without damage				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.4 Carry out inspection of components 2.5 Process report in accordance with workplace procedures on communication				
TLE_IAAUTO9-12RTTS-IVj-63 Week 10	LO 3.Tag transmission components 3.1 Identify tagging procedures 3.2 Identify material requirements for tagging and prepare support equipment 3.3 Tag components without damage				
PERSONAL ENTREPRENEURIAL COMPETENCIES (PECs)					
TLE_PECs7-12-00-2	LO 2. Develop and strengthen personal competencies and skills (PECs) needed in automotive servicing 2.4 Create a plan of action that ensures success of his/her business/career choice				
ENVIRONMENT AND MARKET (EM)					
TLE_EM7-12-00-1 Week 0	LO 1. Recognize and understand the market in automotive servicing 1.4 Identify the players/ competitors within the town 1.5 Identify the different products/services available in the market				
TLE_EM7-12-00-2 Week 0	LO 2. Recognize the potential customer/ market in automotive servicing 2.7 Profile potential customers				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.8 Identify the customer's needs and wants through consumer analysis Conduct consumer/market analysis				
TLE_EM7-12-00-3 Week 0	LO 3. Create new business ideas in automotive servicing by using various techniques 3.1 Explore ways of generating business ideas from ones' own characteristics/attributes 3.2 Generate business ideas using product innovation from irritants, trends, and emerging needs 3.3 Generate business ideas using Serendipity Walk				
TLE_EM7-12-00-4 Week 0	LO 4. Develop a product/service in automotive servicing 4.1 Identify what is of "value" to the customer 4.2 Identify the customer 4.3 Explain what makes a product unique and competitive 4.4 Apply creativity and innovative techniques to develop marketable product 4.5 Employ a USP to the product/service				
TLE_EM7-12-00-5 Week 0	LO 5. Select a business idea based on the criteria and techniques set 5.1 Enumerate various criteria and steps in selecting a business idea 5.2 Apply the criteria/steps in selecting a viable business idea 5.3 Determine a business idea based on the criteria/techniques set				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_EM7-12-00-6 Week 0	LO 6. Develop a brand for the product 6.1 Identify the benefits of having a good brand 6.2 Enumerate recognizable brands in the town/province 6.3 Enumerate criteria for developing a brand 6.4 Generate a clear appeal				

Grade Level: Grade 9-12

Subject: TLE (Carpentry NC II- 640 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PREPARE / STAKEOUT BUILDING LINES (BL)					
TLE_IACP9-12BL-Ia-h-1 Week 1-8	LO 1. Prepare tools, equipment and materials for staking out building lines 1.1 Identify tools and materials for staking out building lines 1.2 Prepare tools and materials for staking out building lines 1.3 Select appropriate Personal Protective Equipment (PPE)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IACP9-12BL-IIb-2 Week 9-10 Week 1-2	LO 2. Stake out and set batter boards 2.1 Set out stakes from pre-determined building lines 2.2 Measure, lay out and cut batter board according to specifications 2.3 Set stakes at 0.75-1.00 meter away from the pre-determined building lines 2.4 Secure batter boards with tolerance for dimensions at +/- 5 mm, and levelness of +/- 3 mm 2.5 Use PPE according to job requirements				
TLE_IACP9-12BL-IIc-h-3 Week 3-8	LO 3. Fix building lines 3.1 Square building lines with end tolerance of +/- 3 mm 3.2 Measure and set building lines Use PPE according to job requirements				
Lesson 2 : FABRICATE FORMWORKS (FW)					
TLE_IACP9-12FW-IIi-IIId-1 Week 9-10 Week 1-4	LO 1. Prepare tools, equipment and materials for fabricating formworks according to job requirements 1.1 Identify tools and materials for fabricating formworks 1.2 Prepare tools and materials for fabricating formworks 1.3 Select appropriate PPE				
TLE_IACP9-12FW-IIle-j-2 Week 5-10	LO 2. Lay-out and cut to dimension of form sheathing and stiffeners 2.1 Lay out form sheathing and stiffeners with tolerances of +3 mm for all measurements and for squareness 2.2 Mark form sheathing and stiffeners according to job				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	requirements 2.3 Cut form sheathing and stiffeners according to dimension Use appropriate PPE				
TLE_IACP9-12FW-IVa-j-3 Week 1-10	LO 3. Assemble form panels 3.1 Lay out form panels and stiffeners for pre-assembly 3.2 Pre-assemble form panels and stiffeners 3.3 Check form panels and stiffeners for squareness according to job requirements 3.4 Assemble form panels and stiffeners 3.5 Use appropriate PPE				
INSTALL FORMWORKS COMPONENTS (IF)					
TLE_IACP9-12IF-Ia-j-1 Week 1-10	LO 1. Prepare tools and materials for installing formworks components/form panels 1.1 Identify tools, equipment and materials for job requirements 1.2 Prepare tools, equipment and materials job requirements Select appropriate PPE				
TLE_IACP9-12IF-IIa-IVj-2 Week 1-10 (2nd) Week 1-10 (3rd) Week 1-10 (4th)	LO 2. Lay-out/assemble scaffolds and braces 2.1 Prepare work areas for safe laying out and assembling of scaffolds and braces 2.2 Assemble scaffolds and braces safely and securely: 2.2.1 free of interference 2.2.2 properly balanced 2.3 Secure connectors, locks and screws Select appropriate PPE				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IACP9-12IF-IIa-IVj-3 Week 1-10 (2nd) Week 1-10 (3rd) Week 1-10 (4th)	LO 3. Set/fix formworks components/form panels 3.1 Lay out formworks components/form panels with tolerance of +3 mm for measurement, alignment, levelness and plumbness 3.2 Set/fix formworks/form panel according to required job 3.3 Install braces to support the formworks 3.4 Apply form oil to the formworks 3.5 Re-check formworks components/form panels for squareness, levelness and plumbness 3.6 Use appropriate PPE				
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PECS9-12-I0-1 Week 0	LO 1. Develop and strengthen personal competencies and skills (PeCS) needed in carpentry Create a plan of action that ensures success of his/her business/career choice				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-I0-II0-1 Week 0	LO 1. Develop a product/ service in Carpentry 1.1 Identify what is of “Value” to the customer 1.2 Identify the customer 1.3 Explain what makes a product unique and competitive 1.4 Apply creative and innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
TLE_EM9-12-III0-2	LO 2. Select a business idea based on the criteria and techniques set				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	2.1 Enumerate various criteria and steps in selecting a business idea 2.2 Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/techniques set				
TLE_EM9-12-IV0-3 Week 0	LO 3. Develop a brand for the product 1.1 Identify the benefits of having a good brand 1.2 Enumerate recognizable brands in the town/province 1.3 Enumerate the criteria for developing a brand 1.4 Generate a clear appealing product brand				

Grade Level: Grade 9-12

Subject: TLE (Food Fish Processing NC II- 640 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PPCS9-12-IO-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in masonry 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-00-1	LO 1. Recognize and understand the market in Masonry 1.1 Identify the players/ competitors within the town				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	1.2 Identify the different products/services available in the market				
TLE_EM9-12-00-2 Week 0	LO 2. Recognize the potential customer/market in Food Processing 2.1. Identify the profile of potential customers 2.2. Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
TLE_EM9-12-00-3 Week 0	LO 3. Create new business ideas in Food Processing business by using various techniques 3.1. Explore ways of generating business idea from ones' own characteristics/attributes 3.2. Generate business ideas using product innovation from irritants, trends and emerging needs 3.3 Generate business ideas using Serendipity Walk				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 1: IMPLEMENT SAMPLING PROCEDURES (SA) <i>(Note: Research components should be included in all activities)</i>					
TLE TLE_AFFP9-12SA-Ia-c-1 Week 1-3	LO1. Prepare for sampling 1.1. Identify sampling requirements in accordance with sampling plan Prepare sampling equipment container and labels according to sampling requirements				
TLE_AFFP9-12SA-Id-j-2 Week 4-10	LO2. Collect samples 2.1. Collect and transfer samples under controlled condition 2.2. Handle samples to preserve them and the source integrity according to sampling requirement and OHS requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.3. Identify and report defects or abnormalities in source material and/or sample according to workplace requirements 2.4. Record sample information according to workplace procedures Clean and maintain the workplace according to workplace standards				
LESSON 2: INSPECT AND SORT RAW MATERIALS AND PRODUCT (IS) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12IS-IIa-c-1 Week 1-3	LO 1. Prepare equipment and tools 1.1. Prepare equipment and tools for inspection and sorting in accordance with manufacturer's specifications and workplace requirements 1.2. Check, clean and sanitize equipment and tools are in accordance with manufacturer's specifications and workplace requirements 1.3 Prepare office equipment and materials/supplies needed in accordance with approved specifications				
TLE_AFFP9-12IS-IIId-h-2 Week 4-8	LO 2. Inspect and sort the materials and product 2.1. Receive and handle raw materials and product according to standard operating procedures 2.2. Conduct inspection and sorting according to required specifications, OHS requirements and workplace procedures 2.3. Undertake grading undertaken, as necessary, according to raw material or product requirements 2.4. Inspect raw materials and products for visible signs of defects according to set processing and purchasing specifications 2.5. Sort raw materials and products in accordance with physical property specifications 2.6. Weigh and keep inspected and sorted raw materials and products a in accordance with standard operating procedures 2.7. Report rejected/sub-standard raw materials and products are to appropriate person and/or disposed according to organizational guidelines				
TLE_AFFP9-12IS-IIi-j-3	LO3. Complete inspection and sorting activity 3.1. Clean and keep equipment and tools according to manufacturers'				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 9-10	specifications and workplace procedures 3.2 Complete and report records according to workplace procedures				
LESSON 3: DISPENSE NON-BULK INGREDIENTS (NB) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12NB-IIIa-e-1 Week 1-5	LO 1. Prepare to dispense ingredients 1.1. Inspect materials to confirm type, quality clearance, quantities and identify any obvious contamination or non-conformance with workplace requirements 1.2. Select appropriate measuring/dispensing and weighing equipment according to dispensing requirements 1.3. Confirm availability of containers/bags and labels according to dispensing requirements 1.4. Carry out pre-start checks according to manufacturer's specifications and workplace procedures 1.5 Use appropriate personal protective equipment (PPE) according to workplace procedures and occupational health and safety (OHS) requirements				
TLE_AFFP9-12NB-III-f-j-2 Week 6-10	LO 2. Measure and/or weigh ingredients 2.1. Weigh /measure non-bulk ingredients and additives according to production requirements 2.2. Label dispensed ingredients according to workplace procedures 2.3. Monitor accurate of measuring/dispensing equipment to identify variation in operating conditions according to production requirements 2.4. Report identify variation in equipment operation maintenance requirements according to workplace reporting requirements 2.5 Maintain workplace according to housekeeping standards				
TLE_AFFP9-12NB-IVa-b-3 Week 1-2	LO 3. Complete the dispensing process 3.1. Clean dispensing equipment according to manufacturer's specifications and workplace procedures 3.2. Identify maintenance requirements and unacceptable				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	equipment/utensil conditions according to workplace procedures 3.3. Report on the unacceptable equipment/utensil according to workplace procedures 3.4. Records are completed according to workplace procedures				
LESSON 4: PREPARE RAW AND PACKAGING MATERIALS AND SUPPLIES FOR PROCESSING (PR) (Note: Research components should be included in all activities)					
TLE_AFFP9-12PR-IVc-f-1 Week 3-6	LO1. Select raw and packaging materials and supplies for processing. 1.1. Confirm raw and packaging materials and supplies for food processing and their availability according to production requirements 1.2. Receive and handle raw and packaging materials and supplies for food processing according to workplace and OHS requirements 1.3. Place raw and packaging materials and supplies for food processing in the receiving bin according to required specifications				
TLE_AFFP9-12PR-IVg-j-2 Week 7-10	LO2. Prepare raw and packaging materials and supplies 2.1. Wash or clean materials according to required specifications. 2.2. Prepare raw and packaging materials and supplies according to specifications 2.3 Complete records according to workplace requirements				
Personal Entrepreneurial Competencies (PECS)					
TLE_PECS9-12-00-1 Week 0	LO 1. Develop and strengthen personal competencies and skills (PECs) needed Food Processing 1.1 Create a plan of action that ensures success of his/her business/career choice				
Environment and Marketing (EM)					
TLE_EM9-12-III0-1	LO 1. Develop a product/ service in Food Processing 1.1. Identify what is of “Value” to the customer				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	1.2. Identify the customer to sell to 1.3. Explain what makes a product unique and competitive 1.4. Apply creativity and Innovative techniques to develop marketable product 1.5. Employ a Unique Selling Proposition (USP) to the product/service				
TLE_EM9-12-III0-2 Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1. Enumerate various criteria and steps in selecting a business idea 2.2. Apply the criteria/steps in selecting a viable business idea Determine a business idea based on the criteria/techniques set				
TLE_EM9-12-IV0-3 Week 0	LO 3. Develop a brand for the product 3.1. Identify the benefits of having a good brand 3.2. Enumerate recognizable brands in the town/province 3.3. Enumerate the criteria for developing a brand 3.4. Generate a clear appealing product brand				
LESSON 5: OPERATE EQUIPMENT(OE)(Note: Research components should be included in all activities)					
TLE_AFFP9-12OE-Ia-e-1 Week 1-5	LO1. Select and prepare equipment for use 1.1. Identify and access basic machine/equipment required to complete tasks in accordance with assignment instructions and workplace requirements 1.2. Carry out routine pre-operational checks according to manufacturers' specifications and workplace procedures 1.3. Identify and report faulty and damaged machine/equipment according to workplace procedures Identify and notify appropriate person(s) on any training required to operate machine/ equipment according to supplier and workplace requirements				
TLE_AFFP9-12OE-If-j-IIa-e-2	LO2. Operate equipment 2.1. Select, use and maintain suitable personal protective equipment in accordance with occupational health and safety (OHS) requirements,				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6-10 Week 1-5	and manufacturers' specifications 2.2. Operate machine/equipment in a safe and controlled manner in accordance with OHS requirements and manufacturers' specifications 2.3 Identify and report out-of-specification product, process and equipment performance according to workplace procedures				
TLE_AFFP9-12OE-IIIf-j-3 Week 6-10	LO3. Maintain equipment and resources 3.1. Shut down machine/equipment according to workplace procedures and manufacturers' specifications 3.2. Clean and maintain work area in accordance with workplace requirements 3.3. Clean, maintain and store tools and machine/ equipment in accordance with workplace requirements and manufacturers' specifications 3.4. Report faulty or damaged machine/equipment for repair or replacement in accordance with workplace procedures 3.5. Manage wastes generated according to workplace procedures and 3R principle 3.6 Complete and maintain records and reports in accordance with industry, legislative and workplace requirements				
LESSON 6: CLEAN AND SANITIZE EQUIPMENT AND PROCESSING/PACKAGING AREA (CS) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12CS-IIIa-e-1	LO1. Prepare for cleaning 1.1. Identify cleaning/ sanitizing supplies and materials, and utilities 1.2. Confirm availability of cleaning/sanitizing supplies and materials, and				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-5	utilities according to cleaning and sanitizing requirements 1.3. Prepare mixture of sanitizing solutions, as necessary, according to workplace requirements and application 1.4. Clear equipment and processing/packaging area in preparation for cleaning according to workplace requirements and manufacturer's specifications. 1.5 Render safe to clean the processing/packaging area according to workplace procedures and manufacturer's specifications				
TLE_AFFP9-12CS-IIIIf-j-2 Week 6-10	LO2. Clean and sanitize equipment and processing / packaging area to meet workplace requirements. 2.1. Clean and sanitize equipment and processing/packaging area according to workplace procedures, OHS requirements, and manufacturer's specifications 2.2. Inspect equipment and processing/packaging area according to required operating conditions and cleanliness 2.3. Identify and report unacceptable equipment and processing/ packaging area conditions according to workplace procedures 2.4. Store cleaning equipment and chemicals according to workplace procedure 2.5. Dispose waste from cleaning process according to workplace and OHS requirements, and regulatory/legislative requirements 2.6. Restore equipment and processing/packaging area to operating order according to workplace procedures 2.7 Complete records in line with workplace requirements				
LESSON 7: LOAD AND UNLOAD RAW MATERIALS, PRODUCTS AND SUPPLIES (LD) (Note: Research components should be included in all activities)					
TLE_AFFP9-12LD-IVa-e-1 Week 1-5	LO1. Load and unload raw materials, products and supplies. 1.1. Select loading and unloading procedures according to workplace and OHS requirements 1.2. Identify and handle dangerous or hazardous raw materials, products				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	<p>and/or supplies in accordance with OHS, regulatory and legislative requirements</p> <p>1.3. Identify raw materials, products and/or supplies requiring special handling.</p> <p>1.4. Follow special handling procedures according to workplace requirements</p> <p>1.5. Pack and unpack raw materials, products and/or supplies according to workplace requirements</p> <p>1.6. Load raw materials, products and/or supplies in accordance with relevant material loading regulations and workplace procedures</p> <p>1.7. Select and use lifting aids and appliances according to loading procedures in compliance with workplace requirements and legislation</p> <p>1.8. Conduct unloading activities safely and efficiently according to workplace requirements</p> <p>1.9. Identify and control hazards and risks according to OHS and workplace requirements.</p> <p>1.10 Implement controls according to OHS and workplace requirements.</p>				
TLE_AFFP9-12LD-IVf-h-2 Week 6-8	LO2. Secure and protect load <p>2.1. Check load distribution to ensure that it is even, legal and within the working capacity according to workplace procedures</p> <p>2.2. Check load to ensure that dangerous goods and hazardous substances are appropriately segregated in accordance with regulatory and workplace requirements</p> <p>2.3. Secure load using the correct load restraint and protection equipment, carrying and garage conditions according to workplace and OHS requirements</p> <p>2.4 Protect the load in accordance with legal and workplace safety requirements</p>				
TLE_AFFP9-	LO3. Complete documentation				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12LD-IVi-j-3 Week 9-10	3.1. Select and check raw materials, products and/or supplies for ability to travel in accordance with relevant regulations/permit requirements 3.2 Complete all required records in accordance with legislative and workplace requirements				
LESSON 1: PROCESS FOOD BY SALTING, CURING AND SMOKING (SL) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12SL-Ia-c-1 Week 1-3	LO 1. Prepare equipment, tools, materials and utensils 1.1. Prepare Equipment and tools for salting, curing and smoking in accordance with manufacturer's specifications 1.2. Check, sanitize and calibrate Equipment for the above food processing methods in accordance with manufacturer's specifications 1.3. Prepare and sanitize kitchen utensils for the above food processing methods in accordance with manufacturer's specifications 1.4 Prepare office equipment and materials/ supplies needed in accordance with approved specifications				
TLE_AFFP9-12SL-Id-f-2 Week 4-6	LO 2. Prepare the raw materials 2.1. Sort and grade raw materials are in accordance with specifications 2.2. Prepare eggs for salting in accordance with approved standard procedures 2.3. Prepare poultry for curing in accordance with approved specifications and standard procedures 2.4. Prepare meat for curing in accordance with approved specifications and standard procedures 2.5. Prepare fish/other marine products in accordance with approved specifications and standard procedures 2.6 Weigh prepared raw materials in accordance with approved specifications				
TLE_AFFP9-12SL-Ih-i-3	LO 3. Prepare salting and curing solutions and mixtures 3.1. Measure and weigh required salt and other ingredients and adjuncts for salting and curing in line with approved specifications and OHS				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 8-9	requirements 3.2 Measure and weigh required ingredients for pumping pickle, cover pickle and dry cure mixture in line with approved specifications				
QUARTER 2					
TLE_AFFP9-12SL-IIa-b-4 Week 1-2	LO 4. Cure the materials 4.1. Mix curing mixture and prepared materials in accordance with approved specifications and enterprise requirements 4.2. Cure mixture at room temperature or refrigerated temperature at appropriate number of days 4.3 Submerged materials being cured in solution to obtain even distribution/ penetration of cure mixture in line with approved specifications				
TLE_AFFP9-12SL-IIc-e-5 Week 3-5	LO 5. Finish the cured materials 5.1. Wash and drain cured food materials from the solution, in accordance with standard operating procedures 5.2. Cook drained cured materials in appropriate cooking medium 5.3. Smoke the cooked and cured products according to specifications 5.4. Cook the cured and smoked products 5.5. Transfer the cooked products to containers and cool according to specifications. 5.6 Boil and dip in grana solution salted eggs according to approved specifications				
TLE_AFFP9-12FR-IIh-i-1 Week 8-9	LO 6. Prepare production report 6.1. Document daily production input according to standard operating procedures 6.2 Record and present all production data according to prescribed format				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
QUARTER 3					
TLE_AFFP9-12FR-IIj-IIIa-2 Week 10 Week 1	LO 2. Prepare raw materials 2.1. Sort and grade raw materials according to approved criteria and enterprise requirements 2.2. Prepare the sorted and graded fresh fruits and vegetables according to required sizes and shapes 2.3. Prepare fish and other marine products according to specifications				
TLE_AFFP9-12FR-IIIb-d-3 Week 2-4	LO 3. Perform alcoholic fermentation of fruits and vegetables 3.1. Mix prepared fruit with water according to specifications 3.2. Boil mixture in accordance with specifications and enterprise requirements 3.3. Extract juice in accordance with specifications and enterprise requirements 3.4. Cool and mix extracted juice with other ingredients like sugar and yeast in accordance with specifications 3.5. Ferment juice for 1-2 weeks as required 3.6. Filter and heat fermented juice according to specifications				
TLE_AFFP9-12FR-IIIe-g-4 Week 5-7	LO 4. Perform acetic acid/ lactic acid fermentation/ pickling of vegetables 4.1. Mix alcoholic liquid with mother vinegar according to specifications 4.2. Ferment mixture for 2-4 weeks according to standard procedures 4.3. Filter mixture and clarify filtrate according to specifications 4.4. Heat acetous liquid according to specifications				
TLE_AFFP9-12FR-IIIh-i-5 Week 8-9	LO 5. Ferment fish and other marine products 5.1. Mix fish and other marine with required salt according to mixing requirements 5.2. Ferment the mixture of fresh and other marine products for 1-2 weeks in fermentation vats/vessels according to standard procedures 5.3. Heat fish paste/fish sauce according to standard procedures				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_AFFP9-12FR-IIIj-6 Week 10	LO 6. Prepare production report 6.1. Document daily production input and output according to standard operating procedures. Presented all gathered production data presented in prescribed format				
QUARTER 4					
LESSON 3: PROCESS FOODS BY SUGAR CONCENTRATION (SC) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12SC-IVa-b-1 Week 1-2	LO 1. Prepare Equipment, Tools and Utensils 1.1. Prepare equipment, tools and utensils for preserving foods by sugar concentration in accordance with manufacturer's manual 1.2. Calibrate equipment, tools and utensils in accordance with manufacturer's specifications 1.3. Sanitize equipment, tools and utensils for preserving foods by sugar concentration				
TLE_AFFP9-12SC-IVc-d-2 Week 3-4	LO 2. Prepare the raw materials 2.1. Check availability of raw materials according to required food processing methods 2.2. Clean and wash raw materials 2.3. Peel, slice, chop and cut of raw materials according to required sizes and shapes 2.4. Extract juice of the prepared fruits and vegetables through boiling for jelly and marmalade making 2.5. Mix with sugar the prepared finely chopped fruits and vegetables for jam making are mixed with sugar				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.6 Cook in syrup the prepared fruits and vegetables to be preserved				
TLE_AFFP9-12SC-IVe-f-3 Week 5-6	LO 3. Prepare acid, pectin and sugar mixture 3.1. Measure required amounts of pectin, sugar and citric acid according to approved specifications 3.2 Mix measured pectin, acid and sugar with chopped fruit pulp/juice extract/pieces of fruits according to approved specifications				
TLE_AFFP9-12SC-IVg-i-4 Week 7-9	LO 4. Cook sugar concentrates 4.1 Cook mixture to required consistency 4.2 Check the desired endpoint as specified				
TLE_AFFP9-12SC-IVj-5 Week 10	LO 5. Prepare production report 5.1. Document daily production report input, output and variances are documented according to enterprise requirements 5.2 All production data gathered are recorded and presented in prescribed format				
Environment and Marketing (E M)					
TLE_EM9-12-00-1 Week 0	LO 1. Develop a product/ service in Food Processing 1.1. Identify what is of “Value” to the customer 1.2. Identify the customer to sell the product to 1.3. Explain what makes a product unique and competitive 1.4. Apply creativity and innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
TLE_EM9-12-00-2 Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1. Enumerate various criteria and steps in selecting a business idea 2.2. Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/techniques set				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_EM9-12-00-3 Week 0	LO 3. Develop a brand for the product 3.1. Identify the benefits of having a good brand 3.2. Enumerate recognizable brands in the town/province 3.3. Enumerate the criteria for developing a brand 3.4. Generate a clear appealing product brand				
LESSON 1: PACKAGE FINISHED/PROCESSED FOOD PRODUCTS (PK) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12PK-Ia-c-1 Week 1-3	LO 1. Prepare packaging equipment, tools and materials 1.1. Check and select packaging materials according to the finished/processed food products specifications 1.2. Wash and sterilize packaging materials of varying sizes in accordance with manufacturer's specifications 1.3. Prepare appropriate tools and equipment according to specified packaging requirements 1.4. Check packaging equipment according to manufacturer's specifications 1.5. Monitor the operation of packaging equipment to ensure conformity with specified product output 1.6. Cool to room temperature the finished/processed products as required				
TLE_AFFP9-12PK-Id-f-2 Week 4-6	LO 2. Undertake packaging of finished/processed food products 2.1. Place cooled cured products in appropriate packaging materials 2.2. Place salted eggs in trays/boxes in accordance with specifications 2.3. Package and seal fermented /pickled products hermetically according to enterprise requirements 2.4. Wrap cooled processed products clean according to specifications 2.5. Seal canned/bottled products hermetically according to approved specifications 2.6. Hot pack sugar concentrated finished products in dry sterile glass bottles 2.7. Package dried/dehydrated food materials in appropriate packaging materials				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_AFFP9-12PK-Ig-h-3 Week 7-8	LO 3. Perform post packaging procedures 3.1. Seal and label packaged finished/processed food products according to specifications 3.2. Check condition of packaged finished/ processed food products to ensure conformity with specified outputs 3.3 Store packaged finished/processed food products according to required temperature and humidity				
QUARTER 2					
LESSON 2: PROCESSED FISH BY VACUUM OR ORDINARY POLY-PACKING (VP) <i>(Note: Research components should be included in all</i>					
TLE_AFFP9-12VP-IIa-c-1 Week 1-3	LO 1. Inspect packaging materials, tools and equipment 1.1. Inspect packaging materials for visual defects 1.2. Report to supervisor for appropriate action 1.3. Check packaging equipment and tools for vacuum or ordinary poly packing for the required settings in accordance with established standards 1.4. Sanitize packaging materials and equipment according to standard operating procedures 1.5. Report breakdown in packaging equipment to supervisor for appropriate action 1.6. Check labels of packaging materials for required information to ensure conformity with company's regulations and Bureau of Food and Drugs (BFAD) requirements 1.7 Complete required documentation for packaging materials, tools and equipment according to workplace requirements				
TLE_AFFP9-12VP-IIId-g-2 Week 4-7	LO 2. Perform inner packaging of processed fish products 2.1. Inspect processed fish products after preparatory operations visually for normal characteristics in accordance with manufacturer's specifications 2.2. Dispose downgraded/rejected processed fish products according to company's policy				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.3. Weigh processed fish products in accordance with approved specifications 2.4. Bag processed fish products according to prescribed packaging materials 2.5. Seal packaging material with fish products as required 2.6. Place in inner carton the packaged fish products after passing through metal detector 2.7. Label packaged products in accordance to manufacturer's specification				
TLE_AFFP9-12VP-IIh-j-3 Week 8-10	LO 3. Perform outer packaging procedures 3.1. Fill packaged processed fish products in master carton according to established requirements 3.2. Strap and transfer packaged fish products in cartons to pallet for storing according to specifications 3.3. Check packaged fish products of certain conditions in accordance to established standards 3.4. Conduct random sampling prior to storage 3.5. Label and store packaged fish products according to required temperature				
QUARTER 3 LESSON 3: PACKAGE PROCESSED FISH BY BOTTLING (BO) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-12BO-IIIa-c-1 Week 1-3	LO 1. Inspect packaging materials, tools and equipment 1.1. Inspect packaging materials for visual defects 1.2. Report to supervisor the defects for appropriate action 1.3. Sanitize packaging materials, tools and equipment according to standard operating procedures 1.4. Check packaging equipment for bottling is checked for the required settings in accordance with standard operating procedures 1.5. Report breakdown in packaging equipment supervisor for appropriate action				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.6 Complete required documentation for packaging materials, tools and equipment according to workplace requirements				
TLE_AFFP9-12BO-IIIId-g-2 Week 4-7	LO2. Perform bottling of processed fish 2.1. Inspect processed fish products after preparatory operations visually for normal characteristics in accordance with manufacturer's specifications 2.2. Dispose downgraded/rejected processed fish products according to company's policy 2.3. Fill in bottles with processed fish and add with ingredients according to specifications 2.4. Check sealing compound of caps prior to sealing 2.5. Seal bottles immediately after exhausting to meet the required temperature as per established practice 2.6. Tamper bottled fish products with proof sealed (if applicable) after retorting and cooling according to approved specifications 2.7 Label bottled fish products appropriately with information in accordance to manufacturer's specifications				
TLE_AFFP9-12BO-IIIf-j-3 Week 8-10	LO 3. Perform Post-Bottling Procedures 3.1. Fill with bottled fish products in master carton and seal according to specifications 3.2. Strap and transfer packaged fish products in cartons to pallet for storing according to specifications 3.3. Check bottled fish products of certain conditions in accordance to established standards 3.4. Conduct random sampling is conducted prior to storage. 3.5 Label and store packaged fish products according to required temperature				
QUARTER 4 Lesson 4: PACKAGE PROCESSED FISH BY CANNING (CN) <i>(Note: Research components should be included in all activities)</i>					
TLE_AFFP9-	LO 1. Inspect packaging materials, tools and equipment				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12CN-IVa-c-1 Week 1-3	1.1. Inspect packaging materials for visual defects and reported to supervisor for appropriate action 1.2. Sanitize packaging materials, tools and equipment according to standard operating procedures 1.3. Check packaging equipment for canning for the required settings in accordance with standard operating procedures 1.4. Report breakdown in packaging equipment to supervisor for appropriate action 1.5. Complete required documentation for packaging materials, tools and equipment according to workplace requirements				
TLE_AFFP9-12CN-IVd-g-2 Week 4-7	LO 2 . Perform canning of processed fish 2.1. Inspect processed fish products after preparatory operations visually for normal characteristics in accordance with manufacturer's specifications 2.2. Dispose downgraded/rejected processed fish products according to company's policy 2.3. Fill cans with processed fish and add with ingredients according to specifications 2.4. Check lids with sealing compound prior to sealing 2.5. Seal cans immediately after exhausting to meet the required temperature as per established practice 2.6. Check cans for visual defects after sealing, retorting and cooling according to established requirements 2.7. Label canned fish products with information in accordance to manufacturer's specifications				
TLE_AFFP9-12CN-IVh-j-3 Week 9-10	LO3. Perform post -packaging procedures 3.1. Fill with canned fish products in master carton and seal according to specifications 3.2. Strap and transfer packaged fish products in cartons are to pallet for storing according to specifications				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.3. Check canned fish products for certain conditions in accordance to established standards. 3.4. Conduct random sampling prior to storage 3.5 Label and store packaged fish products according to required temperature				

Grade Level: Grade 9-12

Subject: TLE (Illustration NC II- 160 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 2: ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-IO-1 Week 0	LO 1. Recognize and understand the market in Illustration 1.1 Identify the players/competitors within the town 1.2 Identify the different products/ services available in the market				
TLE_EM9-12-IO-1 Week 0	LO 2. Recognize the potential customer/market in Illustration 2.1 Identify the profile of potential customers 2.2 Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
LESSON 3: USING LINES TO PRODUCE VOLUMES (PV)					
TLE_ICTIL9-12PV-1a-e-1 Week 1-5	LO 1. Draw basic shapes with illusion of volumes 1.1 Perform safety procedures in drawing basic shapes with illusion of volumes				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2 Identify drawing tools and materials used in illustration 1.3 Select appropriate materials in accordance with illustration requirements 1.4 Draw basic shapes using lines 1.5 Explain the functions of lines in drawing 1.6 Draw lines in producing illusion of volumes				
TLE_ ICTIL9-12PV-If-j2 Week 6-10	LO 2. Draw figures and objects from basic shapes 2.1 Perform safety procedures in drawing figures and objects from basic shapes 2.2 Identify appropriate drawing tools and materials in accordance with illustration requirements 2.3 Follow the elements of designs in drawing figures and objects 2.4 Apply the correct proportions when drawing figures and objects 2.5 Derive figures and objects from basic shapes				
LESSON 4: CREATING DRAWINGS ACCORDING TO PROPORTION (DP)					
TLE_ ICTIL9-12DP-IIa-j-1 Week 1-10	LO 1. Draw basic shapes in proportion with illustration requirement 1.1 Perform safety procedures in drawing basic shapes in proportion with illustration requirements 1.2 Identify appropriate tools and materials in accordance to illustration requirement 1.3 Observe the importance of proportion in drawing 1.4 Explain the proper proportion in drawing 1.5 Layout figures and objects according to illustration requirement				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_ICTIL9-12DP-IIIa-j-2 Week 1-10	LO 2. Draw figures and objects in proportion with illustration requirement 2.1 Perform safety procedures in drawing figures and objects in proportion with illustration requirements 2.2 Identify appropriate drawing tools and materials in accordance to illustration requirements 2.3 Draw isometric objects 2.4 Enhance drawing using toner range and linear marks 2.5 Clean up illustration				
LESSON 5: SOURCING-OUT CONCEPT FOR OWN DRAWINGS (SD)					
TLE_ICTIL9-12SD-IVa-e-1 Week 1-5	LO 1. Source out concepts for own drawings 1.1 Perform safety procedures in sourcing out concept for one's drawings 1.2 Identify sources of information and relevant ideas to enrich one's own concept in drawings 1.3 Collect sources of information and relevant ideas for one's own concept in drawings 1.4 Interpret concept generated from drawings 1.5 Abide with IPR Laws when developing concept for own drawing 1.6 Reference collected information that helped in the development of the drawing				
TLE_ICTIL9-12SD-IVf-j-2	LO 2. Review information for application to own work				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 6-10	2.1 Review information used to clarify ideas for the concept 2.2 Consider theoretical concepts in one's drawing 2.3 Choose the final concept based on the sourced-out information 2.4 Apply elements and principles of design in one's own work				
TLE_PCS9-12-IO-1 Week 0	LO 1. Develop and strengthen PECs needed in Illustration 1.1 Create a plan of action that ensures success of his/her business/career choice				
LESSON 2: ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-IO-1 Week 0	LO 1. Develop a product/ service in Illustration 1.1 Identify what is of "Value" to the customer 1.2 Identify the customer to sell to 1.3 Explain what makes a product unique and competitive 1.4 Apply creativity and innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
TLE_EM9-12-IO-2 Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1 Enumerate various criteria and steps in selecting a business idea 2.2 Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/ techniques set				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_EM9-12-IO-3 Week 0	LO 3. Develop a brand for the product 1.1 Identify the benefits of having a good brand 1.2 Enumerate recognizable brands in the town/ province 1.3 Enumerate the criteria for developing a brand 1.4 Generate a clear and appealing product brand				
LESSON 3: USING DRAWING TECHNIQUES TO REPRESENT OBJECT OR IDEA (DO)					
TLE_ICTIL9-12DO-Ia-e-1 Week 1-5	LO 1. Prepare for drawing 1.1 Perform safety procedures in drawing objects 1.2 Identify tools and materials required in drawing 1.3 Select appropriate tools and materials to represent object or idea in drawing				
TLE_ICTIL9-12DO-If-j-2 Week 6-10	LO 2. Use basic drawing techniques 2.1 Perform safety procedures when using basic drawing techniques 2.2 Explore different graphic software				
TLE_ICTIL9-12DO-IIa-j-2 Week 1-10	2.3 Apply a range of techniques to come up with interpretation of objects or ideas 2.4 Use tools and materials safely 2.5 Use digital methods in drawing				
LESSON 4: PREPARING FOR STORAGE AND MAINTENANCE OF FINISHED WORK (SM)					
TLE_ICTIL9-12SM-IIIa-e-1 Week 1-5	LO1. Assess finished work for storage 1.1 Perform safety procedures in assessing finished work for storage 1.2 Determine the criteria for the selection of finished work to be stored following the storage requirements 1.3 Assess finished and selected work based on the identified criteria for storage				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.4 Determine the storage requirements for selected finished work based on the identified criteria				
TLE_ICTIL9-12SM-III f-j-2 Week 6-10	LO 2. Store finished work 2.1 Perform safety procedures when storing finished work 2.2 Select protective materials and conditions for storage				
TLE_ICTIL9-12SM-IV a-e2 Week 1-5	2.3 Organize finished work for storage 2.4 Apply protective materials on finished work before storing 2.5 Store finished works in allocated or selected storage space following company standard operating procedure and criteria				
TLE_ICTIL9-12SM-IV f-j-3 Week 6-10	LO 3. Maintain stored work 1.1 Perform safety procedures in maintaining stored work 1.2 Maintain accurate and complete records of stored finished work 1.3 Monitor and evaluate the condition of stored finished work in accordance with the requirements for different types of work				

Grade Level: Grade 9-12

Subject: TLE (Masonry- 160 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_PECS9-12-IO-1	PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in masonry 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
TLE_EM9-12-IO-1 Week 0	ENVIRONMENT AND MARKET (EM)				
	LO 1. Recognize and understand the market in Masonry 1.1 Identify the players/ competitors within the town 1.2 Identify the different products/services available in the market				
TLE_IAMS9-12MM-Ia-h-1 Week 1-8	PREPARE MASONRY MATERIALS (MM)				
	LO 1. Select tools, equipment and materials needed in hauling and mixing 1.1 Identify tools, materials and equipment used in hauling according to work requirements 1.2 Identify tools, materials and equipment used in mixing according to work requirements 1.3 Determine quantity and quality of material to be hauled according to the job requirement 1.4 Inspect materials to be used in accordance with the job requirement				
TLE_EM9-12-II0-2 Week 0	ENVIRONMENT AND MARKET (EM)				
	LO 2. Recognize the potential customer/market in Masonry 2.1 Identify profile of potential customers 2.2 Identify customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
TLE_IAMS9-	PREPARE MASONRY MATERIALS (MM)				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
12MM-Ii-IIb-2 Week 9- 10 Week 1-2 (4 weeks)	LO 2. Haul materials 2.1 Check availability and serviceability of hauling equipment 2.2 Haul construction materials 2.3 Stockpile required construction materials based on standard operating procedure 2.4 Observe safe handling of construction materials 2.5 Use appropriate PPE				
TLE_IAMS9-12MM-IIc-j-3 Week 3-10	LO 3. Mix mortar/concrete 2.1 Check mixing tools and equipment 2.2 Determine quantity of construction aggregates 2.3 Mix mortar/concrete based on proportion and consistency 2.4 Observe the proper procedure in mixing mortar/concrete				
TLE_EM9-12III0-IV0-3 Week 0	ENVIRONMENT AND MARKET (EM)				
	LO 3. Create new business ideas in the masonry business by using various techniques 3.1 Explore ways of generating business idea from one's own characteristics/attributes 3.2 Generate business ideas using product innovation from irritants, trends and emerging needs 3.3 Generate business ideas using Serendipity Walk				
TLE_IAMS9-12MW-IIIa-d-1 Week 1-4	PERFORM BASIC MASONRY WORKS (MW)				
	LO 1. Perform re-bar fabrication and installation 1.1 Identify steel bars to be used in re-bar fabrication and installation 1.2 Measure steel bar according to given task 1.3 Cut and bend steel bars according to given task 1.4 Fabricate re-bar based on job requirement 1.5 Install fabricated re-bars based on job requirement				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.6 Observe safety precautions				
TLE_IAMS9-12MW-IIIe-h-2 Week 5-8	LO 2. Erect and dismantle scaffoldings (1.8 m and below) 2.1 Check components of scaffolding based on job requirement 2.2 Erect scaffolding based on job requirements 2.3 Dismantle scaffolding in accordance with safety practices 2.4 Stockpile components of scaffolding. 2.5 Observe safety precaution 2.6 Use appropriate PPE				
TLE_IAMS9-12MW-IIIi-j-3 Week 9-10	LO 3. Perform fabrication, installation and stripping of formworks 3.1 Identify fabrication and installation of formworks materials 3.2 Measure formworks materials 3.3 Cut materials according to specified requirement 3.4 Perform fabrication of materials into forms or stiffener columns and lintel beams 3.5 Install formworks 3.6 Observe safety precaution 3.7 Use appropriate PPE				
TLE_IAMS9-12MW-IVa-d-4 Week 1-4	LO 4. Perform excavation and basic filling/compaction 4.1 Prepare area for excavation according to the job requirement 4.2 Perform excavation according to the required width and depth 4.3 Perform backfilling and compaction after concreting of wall footing and blocks installed up to ground level 4.4 Observe safety precaution 4.5 Use appropriate PPE				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAMS9-12MW-IVe-h-5 Week 5-8	LO 5. Perform concreting work 5.1 Perform concreting of wall footing, stiffener, columns and lintel beams based on line and grade 5.2 Perform consolidation of concrete 5.3 Observe safety precaution 5.4 Use appropriate PPE				
TLE_IAMS9-12MW-IVi-j-6 Week 9-10	LO 6. Perform housekeeping 1.1 Recover materials such as excess re-bars, scaffoldings and formworks 1.2 Stockpile recovered materials 1.3 Perform housekeeping 1.4 Use appropriate PPE				
TLE_PEC9-12-IO-8	PERSONAL ENTREPRENEURIAL COMPETENCIES (PECS)				
	1.1 Create a plan of action that ensures success of his/her business/career choice				
TLE_EM9-12-IO-II0-1	ENVIRONMENT AND MARKET (EM)				
	LO 1. Develop a product/ service in Masonry 1.1 Identify what is of “Value” to the customer 1.2 Identify the customer 1.3 Explain what makes a product unique and competitive 1.4 Apply creative and innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
TLE_IAMS9-12LB-Ia-f-1	LAY BRICK/BLOCK FOR STRUCTURE (LB)				
	LO 1. Prepare for laying brick/block for structure				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-6	1.1 Interpret plan of a brick/block structure 1.2 Select tools, materials and equipment 1.3 Stockpile materials for laying brick/block structure				
TLE_IAMS9-12LB-Ig-j-2 Week 7-10	LO 2. Lay-out/establish brick/block structure location 2.1 Identify reference building lines 2.2 Establish location of brick/block structure based on reference building lines 2.3 Lay-out brick/block structure according to job specifications				
TLE_IAMS9-12LB-IIa-f-3 Week 1-6	LO 3. Perform laying brick/block for structure 3.1 Install horizontal/vertical guide for brick/block structure 3.2 Install reinforcing bar/dowel 3.3 Spread mortars on the base edge of brick/block 3.4 Position brick/block according to design/specification/location 3.5 Check plumbness during brick/block laying 3.6 Perform housekeeping 3.7 Use appropriate PPE				
TLE_IAMS9-12LB-IIg-j-4 Week 7-10	LO 4. Complete laying of brick/block for structure 4.1 Cast-in place concrete structures are constructed according to design and job specifications 4.2 Inspect the work to ensure conformity with requirements 4.3 Perform housekeeping 4.4 Use appropriate PPE				
TLE_EM9-12-III0-2	ENVIRONMENT AND MARKET (EM)				
Week 0	LO 2. Select a business idea based on the criteria and techniques set				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	2.1 Enumerate various criteria and steps in selecting a business idea 2.2 Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/techniques set				
TLE_IAMS9-12PC-IIIa-d-3 Week 1-4	PLASTERING CONCRETE/MASONRY SURFACE (PC)				
	LO 1. Prepare concrete/masonry surfaces for plastering 1.1 Select tool, materials and equipment Perform wall surface preparations				
TLE_IAMS9-12PC-IIIe-f-2 Week 5-6	LO 2. Prepare for plastering concrete 2.1 Interpret plans and details 2.2 Select tools, materials and equipment in line with job requirements 2.3 Store/stockpile materials for plastering				
TLE_IAMS9-12PC-IIIg-j-3 Week 7-10	LO 3. Perform plastering work 3.1 Determine the required thickness, plumbness, squareness, levelness and alignment of structure. 3.2 Distribute mortar/coating on the wall surface 3.3 Use appropriate PPE 3.4 Observe safety precaution				
TLE_IAMS9-12PC-IVa-d-4 Week 1-4	LO 4. Complete plastering work 4.1 Complete plastering work according to job specification 4.2 Perform housekeeping 4.3 Use appropriate PPE				
TLE_EM9-12-IV0-3 Week 0	ENVIRONMENT AND MARKET (EM)				
	LO 3. Develop a brand for the product 3.1 Identify the benefits of having a good brand				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	3.2 Enumerate recognizable brands in the town/province 3.3 Enumerate the criteria for developing a brand 3.4 Generate a clear appealing product brand				
TLE_IAMS9-12IB-IVe-f-5 Week 5-6	INSTALLING PRE-CAST BALUSTERS AND HANDRAILS (IB)				
	LO 1. Prepare for installing pre-cast balusters and handrails 1.1 Interpret plans and drawings 1.2 Select tools, materials and equipment 1.3 Stockpile materials 1.4 Establish location of pre-cast balusters based on a given task				
TLE_IAMS9-12IB-IVg-h-2 Week 7-8	LO 2. Perform pre-cast baluster and handrail installation 2.1 Lay-out and mark pre-cast baluster according to job requirements 2.2 Align precast baluster and handrail according to job requirements 2.3 Apply mortar to pre-cast baluster and handrails 2.4 Use appropriate PPE 2.5 Perform housekeeping				
TLE_IAMS9-12IB-IVi-j-3 Week 9-10	LO 3. Complete installation of pre-cast baluster and handrail 3.1 Conduct final checking to ensure conformity with job requirements 3.2 Conduct final installation of pre-cast baluster and handrail 3.3 Perform housekeeping				



Grade Level: Grade 9-12

Subject: TLE (Plumbing NC I- 160 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PeCS9-12-I0-1 Week 0	LO 1. Recognize Personal Entrepreneurial Competencies and Skills (PeCS) needed in plumbing 1.1 Compare one's PECSS with that of a practitioner /entrepreneur 1.2 Align one's PECSS with that of a practitioner/entrepreneur				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-I0-1 Week 0	LO 1. Recognize and understand the market in Masonry 1.1 Identify the players/ competitors within the town 1.2 Identify the different products/services available in the market				
TLE_EM9-12-II0-2 Week 0	LO 2. Recognize the potential customer/market in Plumbing 2.1 Identify the profile of potential customers 2.2 Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
TLE_EM9-12-III0-IV0-3 Week 0	LO 3. Create new business ideas in Plumbing Business by using various techniques 3.1 Explore ways of generating business idea from ones' own characteristics/attributes 3.2 Generate business ideas using product innovation from irritants, trends and emerging needs 3.3 Generate business ideas using Serendipity Walk				
PREPARING PIPES, TOOLS AND EQUIPMENT FOR INSTALLATION (PI)					



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
TLE_IAPB9-12PI-Ia-j-1 Week 1-10	LO 1. Lay out work area for pipes installation 1.1 Read plans and details in accordance with job requirement 1.2 Interpret plans and details in accordance with job requirement 1.3 Layout and mark dimensions 1.4 Use appropriate measuring tools for laying out 1.5 Determine face to face distance according to the allowed engagement length				
TLE_IAPB9-12PI-Ila-j-2 Week 1-10	LO 2. Cut pipe according to the required length of job requirements 2.1 Cut pipes accurately with tolerance based on the job requirements 2.2 Ream cut pipes as per standard procedure. 2.3 Observe correct use of cutting tools and equipment 2.4 Use Personal Protective Equipment (PPE) according to the job requirement 2.5 Perform proper housekeeping (5S)				
TLE_IAPB9-12PI-Ila-j-3 Week 1-10	LO 3. Thread pipes in accordance with the standard thread engagement 1.1 Use threading tools and equipment				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.2 Perform pipe threading in accordance with the standard procedure 1.3 Use Personal Protective Equipment 1.4 Perform proper housekeeping				
MAKE PIPING JOINTS AND CONNECTION (MP)					
TLE_IAPB9-12MP-IIIa-e-1 Week 1-5	LO 1. Fit up joint and fitting for Polyvinyl Chloride (PVC) pipe 1.1 Check measurements according to plan 1.2 Select joints and fittings based on the job requirement 1.3 Perform pipe fitting based on job specification 1.4 Use Personal Protective Equipment 1.5 Perform proper housekeeping				
TLE_IAPB9-12MP-III-f-j-2 Week 6-10	LO 2. Perform pipe threading of joints and connection 2.1 Prepare piping layout based on blueprint 2.2 Perform threaded connections in accordance with the piping table of specifications and the approved standard procedure 2.3 Seal all joints with Teflon tape as per job specification 2.4 Use PPE 2.5 Perform proper housekeeping				
TLE_IAPB9MP-IVa-j-3 Week 1-10	LO 3. Caulk joints 1.1 Pack joints firmly in accordance with the job requirement 1.2 Caulk lead or epoxy inside and outside the edge of the joint 1.3 Caulk pipe joints according to the specified procedure 1.4 Join hub and pipes according to the caulking procedure 1.5 Use PPE				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	1.6 Perform proper housekeeping				
PERSONAL ENTREPRENEURIAL COMPETENCIES (PeCS)					
TLE_PECS9-12-I0-1 Week 0	LO 1. Develop and strengthen personal competencies and skills (PeCS) needed plumbing 1.1 Create a plan of action that ensures success of his/her business/career choice				
ENVIRONMENT AND MARKET (EM)					
TLE_EM9-12-I0-II0-1 Week 0	LO 1. Develop a product/ service in Plumbing 1.1 Identify what is of “Value” to the customer 1.2 Identify the customer 1.3 Explain what makes a product unique and competitive 1.4 Apply creativity and Innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
TLE_EM9-12-III0-2 Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1 Enumerate various criteria and steps in selecting a business idea 2.2 Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/techniques set				
TLE_EM9-12-IV0-3	LO 3. Develop a brand for the product 3.1 Identify the benefits of having a good brand 3.2 Enumerate recognizable brands in the town/province 3.3 Enumerate the criteria for developing a brand				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 0	3.4 Generate a clear appealing product brand				
PERFORMING MINOR CONSTRUCTION WORKS (CW)					
TLE_IAPB9-12CW-Ia-IIj-1 Week 1-20	LO 1. Perform piping layouts 1.1 Interpret work instruction according to the job requirements 1.2 Select materials, tools, and equipment according to the job requirements 1.3 3.Perform laying out in accordance with roughing-in procedure 1.4 Check dimension and alignment of pipes based on the job specifications				
TLE_IAPB9-12CW-IIIa-IVj-2 Week 1-20	LO 2. Cut pipes thru walls and floors 2.1 Cut thru walls in accordance with the job requirement 2.2 Use correct tools according to the job requirement 2.3 Restore cut wall and floor surface to their original condition 2.4 Use Personal Protective Equipment 2.5 Perform proper housekeeping				



Grade Level: Grade 9-12

Subject: TLE (Shielded Metal Arch Welding NC II- 320 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PREPARE WELD MATERIALS (WM)					
TLE_IAAW9-12WM-Ia-b-1 Week 1-2	LO 1. Set-up cutting equipment 1.1 Set-up cutting equipment in conformity with the occupational health and safety standards 1.2 Check cutting equipment fittings, connection, and power source in accordance with workplace procedure				
TLE_IAAW9-12WM-Ic-d-2 Week 3-4	LO 2. Cut and prepare edge of materials 1.1 Cut materials according to specified 1.2 Prepare edge of materials according to specified dimensions/specifications				
TLE_IAAW9-12WM-Ie-3 Week 5	LO 3. Clean surfaces and edges 3.1 Clean surfaces and edges based on the job requirements 3.2 Use correct tools and equipment for cleaning surfaces and edges in accordance with the job requirements 3.3 Use appropriate Personal Protective Equipment (PPE) 3.4 Perform proper housekeeping (5S)				
TLE_IAAW9-12WM-If-4 Week 6	LO 4. Prepare welding consumables 4.1 Identify welding electrodes according to classification and specifications 4.2 Maintain and keep electrodes in electrode oven based on prescribed temperature 4.3 Prepare specified consumable gases based on job				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PREPARE WELD MATERIALS (WM)					
	requirements 4.4 Select correct materials in accordance with job requirements				
TLE_IAAW9-12WM-Ig-5 Week 7	LO 5. Prepare welding protective equipment 5.1 Prepare PPE in accordance with occupational health and safety standards 5.2 Check welding protective equipment in accordance with safety procedures				
SET-UP WELDING EQUIPMENT (SW)					
TLE_IAAW9-12SW-Ih-1 Week 8	LO 1. Set-up welding machine 1.1 Identify welding machine parts based on manufacturer's manual 1.2 Perform proper setting of welding machine according to manufacturer's manual				
TLE_IAAW912SW-li-2 Week 9	LO 2. Set-up welding accessories 2.1 Identify welding cables/wires and other accessories based on functions and uses 2.2 Perform setting/connecting of cables and other accessories in accordance with manufacturer's manual				
TLE_IAAW9-12SW-lj-3 Week 10	LO 3. Set-up welding positioners, jigs and fixtures 1.1 Identify welding positioner, jigs and fixtures according to job requirements 1.2 Determine the location for setting up the welding positioner, jigs and fixtures 1.3 Set-up welding positioner, jigs and fixtures in conformity with job requirement 1.4 Observe safety practices in setting up welding positioner, jigs and fixtures				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LAY OUT BEADS ON CARBON STEEL PLATES (LB)					
TLE_IAAW9-12LB-IIa-e-1 Week 1-5	LO 1. Strike an arc 1.1 Identify the methods of striking an arc 1.2 Apply the process of striking an arc according to welding procedures and standard				
TLE_IAAW9-12LB-IIf-j-2 Week 6-10	LO 2. Deposit straight beads 2.1 Perform stringer or straight beads in accordance with welding standards 2.2 Check uniformity of bead ripples in accordance with welding standards 2.3 Perform finished weldment based on acceptable standards for: 1.1.1 spatters 1.1.2 slag 1.1.3 uniformity of beads 2.4 Use appropriate Personal Protective Equipment (PPE) 2.5 Perform proper housekeeping (5S)				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
FIT UP WELD MATERIALS (FW)					
TLE_IAAW9-12FW-IIIa-1	LO 1. Perform tack welding 1.1 Prepare metals for tacking based on acceptable welding requirements				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
FIT UP WELD MATERIALS (FW)					
Week 1	1.2 Perform tack welding in accordance with the welding procedures 1.3 Use appropriate Personal Protective Equipment (PPE) 1.4 Perform proper housekeeping (5S)				
TLE_IAAW9-12FW-IIIb-f-2 Week 2-6	LO 2. Weld butt joint (close) in flat and horizontal position 2.1 Perform stringer beads in accordance with welding standard 2.2 Check uniformity of bead ripples in accordance with welding standards 2.3 Perform inspection on the finished weldment based on acceptable standard 2.4 Use appropriate Personal Protective Equipment (PPE) Perform proper housekeeping (5S)				
TLE_IAAW9-12FW-IIIg-j-3 Week 7-10	LO 3. Weld but joint (open) in flat and horizontal position 1.1 Perform weldment in accordance with welding standards for: 1.1.1 Spatters 1.1.2 Slag 1.1.3 Uniformity of beads 1.2 Deposit stringer or layered beads in accordance with welding standards 1.3 Check uniformity of bead ripples in accordance with welding standards 1.4 Perform inspection on the finished weldment based on acceptable standard				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
FIT UP WELD MATERIALS (FW)					
	1.5 Use appropriate Personal Protective Equipment (PPE) 1.6 Perform proper housekeeping (5S)				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
REPAIR WELDS (RW)					
TLE_IAAW9-12RW-IVa-1 Week 1	LO 1. Mark/locate weld defects 1.1 Identify the different welding defects, problems and remedies 1.2 Perform procedures in locating weld defects 1.3 Determine location of weld defects 1.4 Mark weld defects for repair in accordance with job requirements				
TLE_IAAW9-12RW-IVb-2 Week 2	LO 2. Prepare tools and equipment 2.1 Prepare welding tools, equipment and accessories 2.2 Check welding tools, equipment and accessories based on manufacturers manual				
TLE_IAAW9-12RW-IVc-f-3 Week 3-6	LO 3. Remove weld defects 3.1 Remove/excavate weld defects in accordance with welding procedure 3.2 Minimize removal of non-defective welds 3.3 Perform visual and dye-penetrant tests to verify				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
REPAIR WELDS (RW)					
	the extent of the removal of defects				
TLE_IAAW9-12RW- IVg-j-4 Week 7-10	LO 4. Perform re-welding. 4.1 Perform re-welding in accordance with repair 4.2 Visually check welding for re-welding acceptability 4.3 Avoid weld defects/damages during re-welding.				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERFORM FILLET WELD ON CARBON STEEL PLATES (FC)					
TLE_IAAW9-12FC-Ia- IIj-1 Week 1-20	LO 1. Weld carbon steel plates in flat position (1F) 1.1 Perform stringer or layered beads in accordance with welding standards 1.2 Observe uniformity of bead ripples in accordance with welding standards 1.3 Observe weld capping/ final pass not exceeding allowable tolerances specified by welding codes/ standards on: 1.3.1 concavity 1.3.2 convexity 1.3.3 height of reinforcement 1.3.4 underfill 1.3.5 porosities 1.3.6 undercut 1.3.7 cracks 1.3.8 cold laps 1.4 Conducts visual inspection on the finished weldment in				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERFORM FILLET WELD ON CARBON STEEL PLATES (FC)					
	<p>accordance with welding standards for</p> <p>1.4.1 spatters</p> <p>1.4.2 arc strikes</p> <p>1.4.3 slag inclusion</p> <p>1.4.4 uniformity of beads</p> <p>1.5 Use appropriate Personal Protective Equipment (PPE)</p> <p>1.6 Perform proper housekeeping (5S)</p>				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERFORM FILLET WELD ON CARBON STEEL PLATES (FC)					
<p>TLE_IAAW9-12FC-IIIa-IVj-2</p> <p>Week 1-20</p>	<p>LO 2. Weld carbon steel plates in horizontal position (2F)</p> <p>2.1 Perform stringer or layered beads in accordance with welding standards</p> <p>2.2 Observe uniformity of bead, ripples in accordance with welding standards</p> <p>2.3 Observe weld capping/ final pass not exceeding allowable tolerances specified by welding codes/ standards on:</p> <p>2.3.1 concavity</p> <p>2.3.2 convexity</p> <p>2.3.3 height of reinforcement</p> <p>2.3.4 underfill</p> <p>2.3.5 porosities</p> <p>2.3.6 undercut</p> <p>2.3.7 cracks</p> <p>2.3.8 cold laps</p> <p>2.1 Conducts visual inspection on the finished weldment in accordance with welding standards for</p> <p>2.1.1 spatters</p>				



Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
PERFORM FILLET WELD ON CARBON STEEL PLATES (FC)					
	2.1.2 arc strikes 2.1.3 slag inclusion 2.1.4 uniformity of beads 2.2 Use appropriate Personal Protective Equipment (PPE) 2.3 Perform proper housekeeping (5S)				

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
The specialist suggests that these competencies must be taught on the latter part	LO 1. Recognize and understand the market in SMAW 1.1 Identify the players/ competitors within the town 1.2 Identify the different products/services available in the market				
	LO 2. Recognize the potential customer/market in SMAW 2.1 Identify profile of potential customers 2.2 Identify the customer's needs and wants through consumer analysis 2.3 Conduct consumer/market analysis				
	LO 3. Create new business ideas in SMAW by using various techniques 3.1 Explore ways of generating business idea from ones' own characteristics/attributes 3.2 Generate business ideas using product innovation from irritants, trends and emerging needs 3.3 Generate business ideas using Serendipity Walk				



Grade Level: Grade 9-12

Subject: TLE (Technical Drafting NC II- 160 Hours)

Week of the Quarter/ Grading Period	Most Essential Learning competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
LESSON 3: DRAFTING ARCHITECTURAL LAYOUT AND DETAILS (AL)					
TLE_ICTTD9-12AL-IIa-c-5 Week 1-3	LO 5. Draft roof plans 5.1 Indicate the dimensions of the roof plan based on the floor plan 5.2 Draw roof plans according to drafting standards 5.3 Use standard architectural symbols in drafting roof plans 5.4 Layout drawings according to sheet contents 5.5 Draw framing details of roof plan according to architectural drafting standards				
TLE_ICTTD9-12AL-II d-f-6 Week 4-6	LO 6. Draft ceiling plans 6.1 Draw vertical heights from finish floor line to ceiling line according to architect-tural drafting standards 6.2 Indicate lighting fixtures and fire protection devices on the ceiling plan based on architectural drafting standards				
TLE_ICTTD9-12AL-IIg-i-7 Week 7-9	LO 7. Draft elevations and sections 7.1 Draw vertical heights from grade line according to architectural drafting standards 7.2 Project offsets from right, left, and rear sides of floor plan according to architectural drafting standards 7.3 Draw roof eaves and pitch on all elevations and sections according to architectural drafting standards 7.4 Project doors and windows in all elevations and sections 7.5 Project cross and longitu-dinal section views from the floor plans and elevations 7.6 Indicate various material symbols and specifications in all elevations and sections				



TLE_ICTTD9-12AL-IIj-8 Week 10	LO 8. Submit complete drawings 8.1 Follow the SOP when submitting the completed drawing to appropriate personnel (e.g., Engineer, Architect) 8.2 Note comments and corrections for final drawings following the SOP 8.3 Integrate comments and corrections into the final drawing based on job requirements 8.4 Perform housekeeping procedures following the SOP				
LESSON 4: DRAFTING STRUCTURAL LAYOUT AND DETAILS (SL)					
TLE_ICTTD9-12SL-IIIa-b-1 Week 1-2	LO 1. Draft foundation plans 1.1 Indicate the locations of wall footings, footings, and columns in drafting the floor plan Draw in a larger scale details of wall footings, footings, and columns				
TLE_ICTTD9-12SL-IIIc-e-2 Week 3-5	LO 2. Draft structural floors and roof framing plans 2.1 Draft structural floor and roof framing plans based on floor and foundation plans using timber, concrete, or steel construction 2.2 Draft structural floor and roof beams showing sizes, shapes, and detailed connections				
LESSON 5: DRAFTING ELECTRICAL AND ELECTRONIC LAYOUT AND DETAILS (EL)					
TLE_ICTTD9-12EL-III-f-g-1 Week 6-7	LO 1. Draft electrical plans and layouts 1.1 Draft lighting and power layouts according to electrical drafting standards 1.2 Place riser diagram and circuiting symbols in electrical plans and layouts according to Electrical Code 1.3 Indicate legend and general notes according to local power service provider				



TLE_ICTTD9-12EL-IIIh-j-2 Week 8-10	LO 2. Draft auxiliary system and layout 2.1 Layout fire alarm and protection system symbols in the auxiliary system and layout plan according to Fire Code 2.2 Layout electronic and communication devices according to electrical drafting requirements				
LESSON 6: DRAFTING SANITARY AND PLUMBING LAYOUT AND DETAILS (SP)					
TLE_ICTTD9-12SP-IVa-b-1 Week 1-2	LO 1. Draft water distribution system 1.1 Draft hot and cold water distribution systems according to Plumbing and Water Codes Indicate signs and symbols according to sanitary and plumbing requirements				
TLE_ICTTD9-12SP-IVc-d-2 Week 3-4	LO 2. Draft sanitary and storm drainage 2.1 Draw sewerage plan layout according to Plumbing Code 2.2 Draft storm drainage plan according to Plumbing Code Draw details and symbols according to sanitary and plumbing requirements				
LESSON 7: DRAFTING MECHANICAL LAYOUT AND DETAILS (ML)					
TLE_ICTTD9-12ML-IVe-f-1 Week 5-6	LO 1. Draft heating, ventilating, and air-conditioning systems layout 1.1 Draft HVAC systems according to Mechanical Code 1.2 Indicate signs and symbols according to mechanical layout and detail requirements				
TLE_ICTTD9-12ML-IVg-h-2 Week 7-8	LO 2. Draft mechanical details of conveyor system 2.1 Draw elevator, escalators, dumbwaiter, and moving ramp systems according to Mechanical Code 2.2 Draw details of mechanical conveyor system according to mechanical layout and detail requirements				



TLE_ICTTD9-12ML-IVI-j-3 Week 9-10	LO 3. Draft fire protection systems 1.1 Draw fire sprinkler system according to Fire Code 1.2 Draw signs and symbols of fire protection systems according to fire protection requirements				
LESSON 3: PREPARING COMPUTER-AIDED DRAWING (CA)					
TLE_ICTTD9-12CA-Ia-b-1 Week 1-2	LO 1. Operate CAD software and computer hardware 1.1 Identify CAD software features according to the software provider 1.2 Explore CAD working environment				
TLE_ICTTD9-12CA-Ic-j-2 Week 3-10	1.3 Manipulate CAD features as per job requirement				
LESSON 3: PREPARING COMPUTER-AIDED DRAWING (CA)					
TLE_ICTTD9-12CA-IIa-j-2 Week 1-10	LO 2. Prepare plan using CAD 2.1 Observe OHS policies and procedures in when preparing plan using CAD 2.2 Set up drawings according to standard drawing scale and paper size 2.3 Prepare working drawings using CAD software as per building standards				
LESSON 4: DRAFTING STRUCTURAL LAYOUT AND DETAILS USING CAD (LC)					
TLE_ICTTD9-12LC-IIIa-b-1 Week 1-2	LO 1. Draft foundation plans 1.1 Indicate the locations of wall footings, footings, and columns in drafting the floor plan 1.2 Draw on a larger scale details of wall footings, footings, and columns				



TLE_ICTTD9-12LC-IIIc-e-2 Week 3-5	LO 2. Draft structural floors and roof framing plans 2.1 Draft structural floor and roof framing plans based on floor and foundation plans using timber, concrete, or steel construction 2.2 Draft structural floor and roof beams showing sizes, shapes, and detailed connections				
LESSON 5: DRAFTING ELECTRICAL AND ELECTRONIC LAYOUT AND DETAILS USING CAD (EC)					
TLE_ICTTD9-12EC-IIIg-g-1 Week 6-7	LESSON 5: DRAFTING ELECTRICAL AND ELECTRONIC LAYOUT AND DETAILS USING CAD (EC)				
TLE_ICTTD9-12EC-IIIh-j-2 Week 8-10	LO 1. Draft electrical plans and layouts 1.1 Draft lighting and power layouts according to electrical drafting standards 1.2 Place riser diagram and circuiting symbols in electrical plans and layouts according to Electrical Code 1.3 Indicate legend and general notes according to local power service provider				
LESSON 6: DRAFTING SANITARY AND PLUMBING LAYOUT AND DETAILS USING CAD (SC)					
TLE_ICTTD9-12SC-IVa-1 Week 1	LO 1. Draft water distribution system 1.1 Draft hot and cold water distribution systems according to Plumbing and Water Codes 1.2 Indicate signs and symbols according to sanitary and plumbing requirements				
TLE_ICTTD9-12SC-IVb-c-2 Week 2-3	LO 2. Draft sanitary and storm drainage 2.1 Draw sewerage plan layout according to Plumbing Code 2.2 Draft storm drainage plan according to Plumbing Code 2.3 Draw details and symbols according to sanitary and plumbing requirements				
LESSON 7: DRAFTING MECHANICAL LAYOUT AND DETAILS USING CAD (DC)					



TLE_ICTTD9-12DC-IVd-e-1 Week 4-5	LO 1. Draft HVAC systems layout 1.1 Draft HVAC systems according to Mechanical Code 1.2 Indicate signs and symbols according to mechanical layout and detail requirements				
TLE_ICTTD9-12DC-IVf-g-2 Week 6-7	LO 2. Draft mechanical details of conveyor system 2.1 Draw elevator, escalators, dumbwaiter, and moving ramp systems according to Mechanical Code 2.2 Draw details of mechanical conveyor system according to mechanical layout and detail requirements				
TLE_ICTTD9-12DC-IVh-i-3 Week 8-9	LO 3. Draft fire protection systems 3.1 Draw fire sprinkler system according to Fire Code 3.2 Draw signs and symbols of fire protection systems according to fire protection requirements				
TLE_ICTTD9-12DC-IVd-e-1 Week 4-5	LO 4. Draft gas piping system 4.1 Draft gas piping layout according to Mechanical Code Draw signs and symbols according to mechanical layout and detail requirements				
ENVIRONMENT AND MARKET					
Week 0	LO 1. Develop a product/ service in Technical Drafting 1.1 Identify what is of "Value" to the customer 1.2 Identify the customer to sell to 1.3 Explain what makes a product unique and competitive 1.4 Apply creativity and Innovative techniques to develop marketable product 1.5 Employ a Unique Selling Proposition (USP) to the product/service				
Week 0	LO 2. Select a business idea based on the criteria and techniques set 2.1 Enumerate various criteria and steps in selecting a business idea 2.2 Apply the criteria/steps in selecting a viable business idea 2.3 Determine a business idea based on the criteria/techniques set				

Legend:

*These learning competencies were rephrased and deemed most essential in the achievement of content and performance standards.



SENIOR HIGH SCHOOL

(CORE SUBJECTS)



Grade Level: Senior High School (Core)

Subject: 21st Century Literature from the Philippines and the World

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S1 Q1	Writing a close analysis and critical interpretation of literary texts and doing an adaptation of these require from the learner the ability to identify: a. the geographic, linguistic, and ethnic dimensions of Philippine literary history from pre-colonial to the contemporary b. representative texts and authors from each region (e.g. engage in oral history research with focus on key personalities from the students' region/province/town)				
S1 Q1	Compare and contrast the various 21st century literary genres and the ones from the earlier genres/periods citing their elements, structures and traditions				
S1 Q1	Discuss how different contexts enhance the text's meaning and enrich the reader's understanding				
S1 Q1	Produce a creative representation of a literary text by applying multi-media and ICT skills				
S1 Q1	Do self- and/or peer-assessment of the creative adaptation of a literary text, based on rationalized criteria, prior to presentation				
S1 Q2	Writing a close analysis and critical interpretation of literary texts, applying a reading approach, and doing an adaptation of these, require from the learner the ability to identify: representative texts and authors from Asia, North America, Europe, Latin America, and Africa				
S1 Q2	Compare and contrast the various 21st century literary genres and their elements, structures, and traditions from across the globe				
S1 Q2	Produce a creative representation of a literary text by applying multimedia and ICT skills				
S1 Q2	Do self- and/or peer-assessment of the creative adaptation of a literary				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	text, based on rationalized criteria, prior to presentation				

Grade Level: Senior High School (Core)

Subject: Contemporary Philippine Arts from the Regions

Week / Semester	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1-2/Semester	Researches on various contemporary art forms, techniques and performance practices				
Week 3/Semester	Describes various contemporary art forms and their practices from the various regions				
Week 4/Semester	Explains Filipino artists' roles and identify their contribution to contemporary arts				
Week 5/Semester	Analyzes contemporary art forms based on the elements and principles				
Week 6/Semester	Relates the significance of arts forms from the regions				
Week 7/Semester	Critiques available local materials and appropriate techniques used in creating art				
Week 8/Semester	Explicates the use of available materials and the application of techniques				
Week 9-10/Semester	Conceptualizes contemporary art based on techniques and performance practices in their locality.				
Week 11-14/Semester	Applies artistic skills and techniques in the process of creation				
Week 11-14/Semester	Creates the intended final product using appropriate materials for the best possible output				



Week / Semester	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 15-16/Semester	Incorporates contemporary characteristics to one's creation with attention to detail				
Week 16/Semester	Promotes arts from the regions				

Grade Level: Senior High School (Core)

Subject: Disaster Readiness and Risk Reduction

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1 / Week 1	Explain the meaning of disaster				
Q1 / Week 1	Differentiate the risk factors underlying disasters				
Q1 / Week 1	Describe the effects of disasters on one's life				
Q1 / Week 2	Identify areas/locations exposed to hazards that may lead to disasters				
Q1 / Week 2	Analyze disaster from the different perspectives (physical, psychological, socio-cultural, economic, political, and biological).				
Q1 / Week 3	Explain the meaning of vulnerability				
Q1 / Week 3	Determine the elements that are exposed to a particular hazard				
Q1 / Week 3	Recognize vulnerabilities of different elements exposed to specific hazards				
Q1 / Week	Differentiate among hazards, exposure, and vulnerabilities and give				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
4	examples from actual situations.				
Q1 / Week 4	Define and cite examples of the types of hazards				
Q1 / Week 4	Explain the impact of various hazards on different exposed elements				
Q1 / Week 5	Identify various potential earthquake hazards				
Q1 / Week 5	Recognize the natural signs of an impending tsunami;				
Q1 / Week 5	Analyze the effects of the different earthquake hazards				
Q1 / Week 6	Interpret different earthquake hazard maps;				
Q1 / Week 6	Explain various volcano-related hazards				
Q1 / Week 7	Recognize signs of an impending volcanic eruption				
Q1 / Week 7	Interpret different volcano hazard maps;				
Q2 / Week 1	Discuss the different geological hazards				
Q2 / Week 1	Analyze the causes of geological hazards				
Q2 / Week 1	Recognize signs of impending geological hazards;				
Q2 / Week 2	Interpret geological maps				
Q2 / Week 2	Apply mitigation strategies to prevent loss of lives and properties				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q2 / Week 3	Recognize signs of impending hydrometeorological hazards				
Q2 / Week 3	Interpret different hydrometeorological hazard maps				
Q2 / Week 3	Use available tools for monitoring hydrometeorological hazards				
Q2 / Week 4	Recognize elements of the fire triangle in different situations				
Q2 / Week 4	Analyze the different causes of fires				
Q2 / Week 4	Observe precautionary measures and proper procedures in addressing a fire incident				
Q2 / Week 5	Apply basic response procedures during a fire incident				
Q2 / Week 5	Follow fire emergency and evacuation plans;				
Q2 / Week 6	Discuss the key concepts, principles, and elements of DRR				
Q2 / Week 6	Recognize the importance of DRR on one's life				
Q2 / Week 7	Discuss different community-based practices for managing disaster risk to specific hazards				
Q2 / Week 7	Develop a community preparedness plan;				
Q2 / Week 8	Prepare survival kits and materials for one's family and for public information and advocacy				
Q2 / Week 8	Explain DRR-related laws and policies				



Grade Level: Senior High School (Core)

Subject: Earth and Life Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1 / Week 1	Recognize the uniqueness of Earth, being the only planet in the solar system with properties necessary to support life.				
Q1 / Week 1	Explain that the Earth consists of four subsystems, across whose boundaries matter and energy flow.				
Q1 / Week 1	Identify common rock-forming minerals using their physical and chemical properties.				
Q1 / Week 1	Classify rocks into igneous, sedimentary, and metamorphic				
Q1 / Week 2	Describe where the Earth's internal heat comes from.				
Q1 / Week 2	Describe the changes in mineral components and texture of rocks due to changes in pressure and temperature (metamorphism)				
Q1 / Week 2	Describe how rocks behave under different types of stress such as compression, pulling apart, and shearing				
Q1 / Week 2	Explain how the movement of plates leads to the formation of folds and faults				
Q1 / Week 3	Describe how layers of rocks (stratified rocks) are formed				
Q1 / Week 3	Describe the different methods (relative and absolute dating) to determine the age of stratified rocks				
Q1 / Week 3	Explain how relative and absolute dating were used to determine the subdivisions of geologic time				
Q1 / Week 4	Describe how the Earth's history can be interpreted from the geologic time scale				
Q1 / Week 4	Describe the various hazards that may happen in the event of earthquakes, volcanic eruptions, and landslides				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1 / Week 5	Using hazard maps, identify areas prone to hazards brought about by earthquakes, volcanic eruptions, and landslides				
Q1 / Week 5	Identify human activities that speed up or trigger landslides				
Q1 / Week 6	Using hazard maps, identify areas prone to hazards brought about by tropical cyclones, monsoons, floods, or ipo-ipo				
Q1 / Week 6	Describe how coastal processes result in coastal erosion, submersion, and saltwater intrusion				
Q2/ Week 1-2	Explain the evolving concept of life based on emerging pieces of evidence				
Q2/ Week 2	Describe how unifying themes (e.g., structure and function, evolution, and ecosystems) in the study of life show the connections among living things and how they interact with each other and with their environment				
Q2/ Week 3	Describe the different ways of how representative animals reproduce				
Q2/ Week 4	Describe the process of genetic engineering				
Q2/ Week 4	Evaluate the benefits and risks of using GMOs				
Q2/ Week 5	Describe the general and unique characteristics of the different organ systems in representative animals				
Q2/ Week 5	Analyze and appreciate the functional relationships of the different organ systems in ensuring animal survival				
Q2/ Week 6	Explain how populations of organisms have changed and continue to change over time showing patterns of descent with modification from common ancestors to produce the organismal diversity observed today				
Q2/ Week 6	Describe how the present system of classification of organisms is based on evolutionary relationships				
Q2/ Week 7	Categorize the different biotic potential and environmental resistance (e.g., diseases, availability of food, and predators) that affect population explosion				



Grade Level: Senior High School (Core)

Subject: Earth Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1 / Week 1	Describe the characteristics of Earth that are necessary to support life				
Q1 / Week 1	Explain that the Earth consists of four subsystems, across whose boundaries matter and energy flow				
Q1 / Week 1	Identify common rock-forming minerals using their physical and chemical properties				
Q1 / Week 2	Classify rocks into igneous, sedimentary, and metamorphic				
Q1 / Week 2	Identify the minerals important to society				
Q1 / Week 2	Describe how ore minerals are found, mined, and processed for human use				
Q1 / Week 3	Describe how fossil fuels are formed				
Q1 / Week 3	Explain how heat from inside the Earth (geothermal) and from flowing water (hydroelectric) is tapped as a source of energy for human use				
Q1 / Week 3	Identify the various water resources on Earth				
Q1 / Week 4	Explain how different activities affect the quality and availability of water for human use				
Q1 / Week 4	Identify human activities, such as farming, construction of structures, and waste disposal, that affect the quality and quantity of soil				
Q1 / Week 5	Describe how people generate different types of waste (solid, liquid, and gaseous) as they make use of various materials and resources in everyday life				
Q1 / Week	Explain how different types of waste affect people's health and the				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
5	environment				
Q2 / Week 1	Describe how rocks undergo weathering				
Q2 / Week 1	Explain why the Earth's interior is hot				
Q2 / Week 1	Describe what happens after magma is formed				
Q2 / Week 2	Describe how rocks behave under different types of stress such as compression, pulling apart, and shearing				
Q2 / Week 2	Describe the structure and evolution of ocean basins				
Q2 / Week 3	Describe how layers of rocks (stratified rocks) are formed				
Q2 / Week 3	Describe the different methods (relative and absolute dating) of determining the age of stratified rocks				
Q2 / Week 4	Explain how relative and absolute dating were used to determine the subdivisions of geologic time				
Q2 / Week 4	Describe how index fossils (also known as guide fossils) are used to define and identify subdivisions of the geologic time scale				
Q2 / Week 5	Describe the history of the Earth through geologic time				



Grade Level: Senior High School (Core)

Subject: General Mathematics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1, Wk 1	represents real-life situations using functions, including piece-wise functions.				
	evaluates a function.				
	performs addition, subtraction, multiplication, division, and composition of functions				
	solves problems involving functions.				
Q1, Wk 2	represents real-life situations using rational functions.				
	distinguishes rational function, rational equation, and rational inequality.				
	solves rational equations and inequalities.				
	represents a rational function through its: (a) table of values, (b) graph, and (c) equation.				
Q1, Wk 3	finds the domain and range of a rational function.				
	determines the: (a) intercepts; (b) zeroes; and (c) asymptotes of rational functions				
Q1, Wk 4	solves problems involving rational functions, equations, and inequalities.				
	represents real-life situations using one-to one functions.				
	determines the inverse of a one-to-one function.				
	represents an inverse function through its: (a) table of values, and (b) graph.				
Q1, Wk 5	finds the domain and range of an inverse function.				
	solves problems involving inverse functions.				
	represents real-life situations using exponential functions.				
Q1, Wk 6	distinguishes between exponential function, exponential equation, and exponential inequality.				
	solves exponential equations and inequalities.				
Q1, Wk 6	represents an exponential function through its: (a) table of values, (b) graph, and (c) equation.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	finds the domain and range of an exponential function.				
	determines the intercepts, zeroes, and asymptotes of an exponential function.				
Q1, Wk 7	solves problems involving exponential functions, equations, and inequalities.				
Q1, Wk 8	represents real-life situations using logarithmic functions.				
	distinguishes logarithmic function, logarithmic equation, and logarithmic inequality.				
	solves logarithmic equations and inequalities.				
Q1, Wk 9	represents a logarithmic function through its: (a) table of values, (b) graph, and (c) equation.				
	finds the domain and range of a logarithmic function.				
	determines the intercepts, zeroes, and asymptotes of logarithmic functions.				
Q1, Wk 10	solves problems involving logarithmic functions, equations, and inequalities.				
Q2, Wk 1	illustrates simple and compound interests.				
	distinguishes between simple and compound interests.				
Q2, Wk 1 to 2	computes interest, maturity value, future value, and present value in simple interest and compound interest environment.				
	solves problems involving simple and compound interests.				
Q2, Wk 3 to 4	illustrates simple and general annuities.				
	distinguishes between simple and general annuities.				
	finds the future value and present value of both simple annuities and general annuities.				
	calculates the fair market value of a cash flow stream that includes an annuity.				
	calculates the present value and period of deferral of a deferred annuity.				
Q2, Wk 5	illustrate stocks and bonds.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	distinguishes between stocks and bonds.				
	describes the different markets for stocks and bonds.				
	analyzes the different market indices for stocks and bonds.				
Q2, Wk 6	illustrates business and consumer loans.				
	distinguishes between business and consumer loans.				
	solves problems involving business and consumer loans (amortization, mortgage).				
Q2, Wk 7	illustrates and symbolizes propositions.				
	distinguishes between simple and compound propositions.				
	performs the different types of operations on propositions.				
Q2, Wk 8	determines the truth values of propositions.				
	illustrates the different forms of conditional propositions.				
Q2, Wk 9	illustrates different types of tautologies and fallacies.				
	determines the validity of categorical syllogisms.				
	establishes the validity and falsity of real-life arguments using logical propositions, syllogisms, and fallacies.				

Grade Level: Senior High School (Core)

Subject: Introduction to Philosophy of the Human Person/Pambungad sa Pilosopiya ng Tao

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/1 st Quarter	1.1 Distinguish a holistic perspective from a partial point of view Nakikilala ang pagkakaiba ng pangkabuuang pananaw mula sa pananaw ng mga bahagi lamang				
	1.2 Realize the value of doing philosophy in obtaining				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	a broad perspective on life Nahihinuha na: Mahalaga ang pamimilosopiya upang magkaroon ng malawakang pananaw sa buhay.				
	1.3 Do a philosophical reflection on a concrete situation from a holistic perspective Nakapagmumuni-muni sa isang suliranin sa isang pilosopikong paraan at nakagagawa ng pamimilosopiya sa buhay				
Week 2/1 st	2.1 Distinguish opinion from truth Nakikilala ang pagkakaiba ng katotohanan sa opinyon				
	2.2 Realize that the methods of philosophy lead to wisdom and truth Nahihinuha na patungo sa katotohanan ang mga pamamaraan ng pamimilosopiya				
	2.3 Evaluate truth from opinions in different situations using the methods of philosophizing Natataya ang katotohanan at opinyon sa iba't ibang sitwasyon gamit ang pamamaraan ng pamimilosopiya				
Week 3/1 st Quarter	3.1 Recognize how the human body imposes limits and possibilities for transcendence Nakikilala na: Binibigyan ako ng hangganan at posibilidad ng aking katawan				
	3.2 Evaluate own limitations and the possibilities for their transcendence Natataya ang mga pagkakatakda (hangganang) at pagsasaibayo (posibilidad) ng sarili				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4/1 st Quarter	4.1 Notice things that are not in their proper place and organize them in an aesthetic way Napapansin ang mga bagay na wala sa wastong lugar at naisasaayos ito nang ayon sa kagandahan				
	4.2 Show that care for the environment contributes to health, well-being and sustainable development Napatutunayan na ang pagkalinga sa kapaligiran ay nakatutulong sa pagkamit ng kalusugan, kagalingan, at likas-kayang kaunlaran				
	4.3 Demonstrate the virtues of prudence and frugality towards environments Naipamamalas ang pagiging masinop sa pakikibagay sa kanyang mga kapwa nilalang at sa kapaligiran				
Week 1/2nd Quarter	5.1 Evaluate and exercise prudence in choices Natatasa kung siya ay maingat sa pagpapasya o hindi				
	5.2 Realize that: a. Choices have consequences. b. Some things are given up while others are obtained in making choices Nakikilala na: a. May kahihinatnan ang bawat pagpili. b. May binibitawan at may makukuha sa bawat pagpili.				
	5.3 Show situations that demonstrate freedom of choice and the consequences of their choices Nakapaglalahad ng mga sitwasyon kung saan naipakikita ang pagpili at kahihinatnan ng mga ito bawat pagpili.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 2/2 nd Quarter	6.1 Realize that intersubjectivity requires accepting differences and not imposing on others Nakikilala na ang pakikipagkapwa-tao ay ang pagtanggap sa pagkakaiba ng kapwa at hindi pagpataw ng sarili				
	6.2 Explain that authentic dialogue means accepting others even if they are different from themselves Nakapagpapaliwanag na ang tunay na diyalogo ay ang pagtanggap sa kapwa bilang kapwa kahit na siya ay iba sa akin				
	6.1 Performs activities that demonstrate an appreciation for the talents of persons with disabilities and those from the underprivileged sectors of society Nakapagsasagawa ng isang gawain na nagpapamalas ng mga talento ng mga may kapansanan at kapus-palad				
Week 3/2 nd Quarter	7.1 Recognize how individuals form societies and how individuals are transformed by societies Nakikilala kung paano nahuhubog ng tao ang lipunan at kung paano nahuhubog ng lipunan ang tao				
	7.2 Compare different forms of societies and individualities (eg. Agrarian, industrial and virtual) Nakapaghahambing ng iba't ibang uri ng lipunan (hal. agraryo, industriyal at birtwal)				
	7.3 Explain how human relations are transformed by social systems Nakapagpapaliwanang na nagbabago ang mga ugnayan ng tao dahil sa sistema ng lipunan na				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	kinabibilangan niya				
Week 4/ 2 nd Quarter	8.1 Enumerate the objectives he/she really wants to achieve and to define the projects he/she really wants to do in his/her life Nakapagtatala ng mga bagay na tunay na gusto niyang gawin (Ano ang gusto niyang maging?)				
	8.2 Reflect on the meaning of his/her own life Nakapagsusulat ng pagninilay tungkol sa kahulugan ng kanyang buhay sa konteksto ng tao bilang tumutungo sa kamatayan (Saan hahantong ang lahat ng ito?)				

Grade Level: Senior High School (Core)

Subject: Komunikasyon at Pananaliksik sa Wika at Kulturang Pilipino

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/1st Quarter	Naiuugnay ang mga konseptong pangwika sa mga napakinggang sitwasyong pangkomunikasyon sa radyo, talumpati, at mga panayam				
Week 1/1st Quarter	Natutukoy ang mga kahulugan at kabuluhan ng mga konseptong pangwika				
Week 2/1st Quarter	Naiuugnay ang mga konseptong pangwika sa mga napanood na sitwasyong pang komunikasyon sa telebisyon (Halimbawa: Tonight with Arnold Clavio, State of the Nation, Mareng Winnie, Word of the Lourd)				



	(http://lourddeveyra.blogspot.com)				
Week 2/1st Quarter	Naiuugnay ang mga konseptong pangwika sa sariling kaalaman, pananaw, at mga karanasan				
Week 3/1st Quarter	Nagagamit ang kaalaman sa modernong teknolohiya (facebook, google, at iba pa) sa pag-unawa sa mga konseptong pangwika				
Week 3/1st Quarter	Nabibigyang kahulugan ang mga komunikatibong gamit ng wika sa lipunan (Ayon kay M. A. K. Halliday)				
Week 4/1st Quarter	Natutukoy ang iba't ibang gamit ng wika sa lipunan sa pamamagitan ng napanood na palabas sa telebisyon at pelikula (Halimbawa: Be Careful with My Heart, Got to Believe, Ekstra, On The Job, Word of the Lourd(http://lourddeveyra.blogspot.com))				
Week 4/1st Quarter	Naipaliliwanag nang pasalita ang gamit ng wika sa lipunan sa pamamagitan ng mga pagbibigay halimbawa				
Week 5/1st Quarter	Nagagamit ang mga cohesive device sa pagpapaliwanag at pagbibigay halimbawa sa mga gamit ng wika sa lipunan				
Week 5/1st Quarter	Nakapagsasaliksik ng mga halimbawang sitwasyon na nagpapakita ng gamit ng wika sa lipunan				
Week 6/1st Quarter	Nakapagbibigay ng opinyon o pananaw kaugnay sa mga napakinggang pagtalakay sa wikang pambansa				
Week 6/1st Quarter	Nasusuri ang mga pananaw ng iba't ibang awtor sa isinulat na kasaysayan ng wika				
Week 7/1st Quarter	Natutukoy ang mga pinagdaanang pangyayari / kaganapan tungo sa pagkabuo at pag-unlad ng Wikang Pambansa				
Week 7/1st Quarter	Nakasusulat ng sanaysay na tumatalunton sa isang partikular na yugto ng kasaysayan ng Wikang Pambansa				
Week 8/1st Quarter	Natitiyak ang mga sanhi at bunga ng mga pangyayaring may kaugnayan sa pag-unlad ng Wikang Pambansa				
Week 9-10/1st Quarter	Nakagagawa ng isang sanaysay batay sa isang panayam tungkol sa aspektong kultural o lingguwistiko ng napiling komunidad				
Week 1/2 nd Quarter	Natutukoy ang iba't ibang paggamit ng wika sa mga napakinggang pahayag mula sa mga panayam at balita sa radyo at telebisyon				



Week 1/2 nd Quarter	Natutukoy ang iba't ibang paggamit ng wika sa nabasang pahayag mula sa mga blog, social media posts at iba pa				
Week 2 /2 nd Quarter	Nasusuri at naisasaalang-alang ang mga lingguwistiko at kultural na pagkakaiba-iba sa lipunang Pilipino sa mga pelikula at dulang napanood				
Week 2/2 nd Quarter	Naipapaliwanag nang pasalita ang iba't ibang dahilan, anyo, at pamaraan ng paggamit ng wika sa iba't ibang sitwasyon				
Week 3/2 nd Quarter	Nakasusulat ng mga tekstong nagpapakita ng mga kalagayang pangwika sa kulturang Pilipino				
Week 3/2 nd Quarter	Natutukoy ang iba't ibang register at barayti ng wika na ginagamit sa iba't ibang sitwasyon (Halimbawa: Medisina, Abogasya, Media, Social Media, Enhinyerya, Negosyo, at iba pa) sa pamamagitan ng pagtatala ng mga terminong ginamit sa mga larangang ito				
Week 4/2 nd Quarter	Nakagagawa ng pag-aaral gamit ang social media sa pagsusuri at pagsulat ng mga tekstong nagpapakita ng iba't ibang sitwasyon ng paggamit sa wika				
Week 4/2 nd Quarter	Natutukoy ang mga angkop na salita, pangungusap ayon sa konteksto ng paksang napakinggan sa mga balita sa radyo at telebisyon				
Week 5/2 nd Quarter	Nabibigyang kahulugan ang mga salitang ginamit sa talakayan				
Week 5/2 nd Quarter	Napipili ang angkop na mga salita at paraan ng paggamit nito sa mga usapan o talakayan batay sa kausap, pinag-uusapan, lugar, panahon, layunin, at grupong kinabibilangan				
Week 6/2 nd Quarter	Nahihinuha ang layunin ng isang kausap batay sa paggamit ng mga salita at paraan ng pagsasalita				
Week 6/2 nd Quarter	Nakabubuo ng mga kritikal na sanaysay ukol sa iba't ibang paraan ng paggamit ng wika ng iba't ibang grupong sosyal at kultural sa Pilipinas				
Week 7/2 nd Quarter	Nasusuri ang ilang pananaliksik na pumapaksa sa wika at kulturang Pilipino				
Week 7/2 nd	Naiisa-isa ang mga hakbang sa pagbuo ng isang				



Quarter	makabuluhang pananaliksik				
Week 8/2 nd Quarter	Nagagamit ang angkop na mga salita at pangungusap upang mapag-ugnay-ugnay ang mga ideya sa isang sulatin				
Week 9-10/2 nd Quarter	Nakasusulat ng isang panimulang pananaliksik sa mga penomenang kultural at panlipunan sa bansa				

Grade Level: Senior High School (Core)

Subject: Media and Information Literacy

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S2 Q3	Describe how communication is influenced by media and information				
S2 Q3	Identify the similarities and differences between and among media literacy, information literacy, and technology literacy				
S2 Q3	Discuss responsible use of media and information				
S2 Q3	Explain how the evolution of media from traditional to new media shaped the values and norms of people and society				
S2 Q3	Compare and contrast how one particular issue or news is presented through the different types of media (print, broadcast, online)				
S2 Q3	Contrast indigenous media to the more common sources of information such as library, internet, etc.				
S2 Q3	Present an issue in varied ways to disseminate information using the codes, convention, and language of media				
S2 Q3	Cite practical situation when to apply knowledge in intellectual property, copy right, and fair use guidelines				
S2 Q3	Create a campaign add to combat digital divide, addiction, and bullying				
S2 Q4	Cite an example of an issue showing the power of media and information to affect change				
S2 Q4	Describe the impact of massive open on-line				
S2 Q4	Discuss the implication of media and information to an individual and the society				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S2 Q4	Describe the different dimensions of: <ul style="list-style-type: none">• text information and media• visual information and media• audio information and media• motion information and media• manipulative information and media• multimedia information and media				
S2 Q4	Analyze how the different dimensions are formally and informally produced, organized, and disseminated				
S2 Q4	Evaluate a creative multimedia form (living museum, electronic portfolio, others)				
S2 Q4	Produce a creative text-based, visual-based, audio-based, motion-based, and manipulative-based presentation using design principle and elements				

Grade Level: Senior High School (Core)

Subject: Oral Communication in Context

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S1 Q1	Explains the functions, nature and process of communication				
S1 Q1	Differentiates the various models of communication				
S1 Q1	Uses various strategies in order to avoid communication breakdown				
S1 Q1	Examines sample oral communication activities				
S1 Q1	Identifies the various types of speech context.				
S1 Q1	Distinguishes types of speeches and speech style				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S1 Q1	Responds appropriately and effectively to a speech act				
S1 Q1	Employs various communicative strategies in different situations				
S1 Q2	Explains that a shift in speech context, speech style, speech act and communicative strategy affects the following: Language form Duration of interaction Relationship of speaker Role and responsibilities of the speaker Message Delivery				
S1 Q2	Uses principles of effective speech writing focusing on: Audience profile Logical organization Duration Word choice Grammatical correctness and Articulation Modulation Stage Presence Facial Expressions, Gestures and Movements Rapport with the audience				



Grade Level: Senior High School (Core)

Subject: Pagbasa at Pagsusuri ng Iba't ibang Teksto Tungo sa Pananaliksik

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1/3 rd Quarter	Natutukoy ang paksang tinalakay sa iba't ibang tekstong binasa				
Week 1/3 rd Quarter	Natutukoy ang kahulugan at katangian ng mahahalagang salitang ginamit ng iba't ibang uri ng tekstong binasa				
Week 2/3 rd Quarter	Naibabahagi ang katangian at kalikasan ng iba't ibang tekstong binasa				
Week 2/3 rd Quarter	Nakasusulat ng ilang halimbawa ng iba't ibang uri ng teksto				
Week 3/3 rd Quarter	Nagagamit ang cohesive device sa pagsulat ng sariling halimbawang teksto				
Week 4/3 rd Quarter	Nakakukuha ng angkop na datos upang mapaunlad ang sariling tekstong isinulat				
Week 4/3 rd Quarter	Naiuugnay ang mga kaisipang nakapaloob sa binasang teksto sa sarili, pamilya, komunidad, bansa, at daigdig				
Week 5/3 rd Quarter	Naipaliliwanag ang mga kaisipang nakapaloob sa tekstong binasa				
Week 6-7/3 rd Quarter	Nagagamit ang mabisang paraan ng pagpapahayag: a. Kalinawan b. Kaugnayan c. Bisa Sa reaksiyong papel na isinulat				
Week 8-10/3 rd Quarter	Nakasusulat ng mga reaksiyong papel batay sa binasang teksto ayon sa katangian at kabuluhan nito sa: a. pamilya, b. komunidad c. bansa d. daigdig				
Week 1-2/4 th Quarter	Nasusuri ang ilang halimbawang pananaliksik sa Filipino batay sa layunin, gamit, metodo, at etika sa pananaliksik				
Week 3-4/4 th	Nabibigyang kahulugan ang mga konseptong kaugnay ng				



Quarter	pananaliksik (Halimbawa: balangkas konseptwal, balangkas teoretikal, datos empirikal, atbp.)				
Week 5-6/4 th Quarter	Naiisa-isa ang mga paraan at tamang proseso ng pagsulat ng isang pananaliksik sa Filipino batay sa layunin, gamit, metodo, at etika ng pananaliksik				
Week 7-8/4 th Quarter	Nagagamit ang mga katwirang lohikal at ugnayan ng mga ideya sa pagsulat ng isang pananaliksik				
Week 9-10/4 th Quarter	Nakabubuo ng isang maikling pananaliksik na napapanahon ang paksa				

Grade Level: Senior High School (Core)

Subject: Personal Development

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1 / First Quarter	1.1 explain that knowing oneself can make a person accept his/her strengths and limitations and dealing with others better				
	1.2 share his/her unique characteristics, habits, and experiences				
Week 2 / First Quarter	2.1 discuss the relationship among physiological, cognitive, psychological, spiritual, and social development				
	2.2 evaluate his/her own thoughts, feelings, and behaviors				
	2.3 show the connections between thoughts, feelings, and behaviors in actual life situations				
Week 3 / First Quarter	Discuss developmental tasks and challenges being experienced during adolescence				
	Evaluate one's development through the help of significant people around him/her (peers, parents, siblings, friends, teachers, community leaders)				
	Identify ways that help one become capable and responsible adolescent prepared for adult life				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 4 / First Quarter	Discuss understanding of mental health and psychological well-being to identify ways to cope with stress during adolescence				
	Identify causes and effects of stress in one's life				
	Demonstrate personal ways to cope with stress and maintain mental health				
Week 5 / First Quarter	Discuss that understanding the different parts of the brain, processes and functions may help in improving thoughts, behaviour and feelings.				
	Explore ways on how to improve brain functions for personal development				
	Develop a personal plan to enhance brain functions				
Week 6 / First Quarter	8.1 discuss that understanding the intensity and differentiation of emotions may help in communicating emotional expressions				
	8.2 explore one's positive and negative emotions and how one expresses or hides them				
	8.3 demonstrate and create ways to manage various emotions				
Week 7 / First Quarter	9.1 discuss an understanding of teen-age relationships, including the acceptable and unacceptable expressions of attractions				
	9.2 express his/her ways of showing attraction, love, and commitment				
	9.3 identify ways to become responsible in a relationship				
Week 8/ First Quarter	10.1 distinguish the various roles of different individuals in society and how they can influence people through their leadership or followership				
	10.2 compare one's perception of himself/herself and how others see him/her				
	10.3 conduct a mini-survey on Filipino relationships (family, school,				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	and community)				
Week 9/ First Quarter	11.1 appraise one's family structure and the type of care he/she gives and receives, which may help in understanding himself/herself better				
	11.2 make a genogram and trace certain physical, personality, or behavioral attributes through generations				
	11.3 prepare a plan on how to make the family members firmer and gentler with each other				
Week 1 / Second Quarter	Explain that understanding different factors, career development concepts and personal life goals influence career planning and decision-making.				
	Identify career options based on different factors, career development concepts and personal life goals				
	Prepare a career plan based on the identified career options to attain personal life's goals				
Week 2 / Second Quarter	14.1 explain the factors in personal development that may guide him/her in making important career decisions as adolescents				
	14.2 share insights that make him/her realize the importance of personal development in making a career decision as adolescent				
	14.3 construct a creative visualization of his/her personal development through of the various stages he/she went through, stressors, influences, and decision-making points, and a personal profile analysis				



Grade Level: Senior High School (Core)

Subject: Physical Education and Health (Grade 11)

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 to 7/1 st Sem	1. Self-assesses health-related fitness (HRF). status, barriers to physical activity assessment participation and one's diet				
Weeks 8 to 10/1 st Sem	2. Sets Frequency Intensity Time Type (FITT) goals based on training principles to achieve and/or maintain health-related fitness (HRF).				
Weeks 1 to 10/1 st Sem	3. Engages in moderate to vigorous physical activities (MVPAs) for at least 60 minutes most days of the week in a variety of settings in- and out-of school				
Weeks 1 to 10/1 st Sem	4. Analyzes physiological indicators such as heart rate, rate of perceived exertion and pacing associated with MVPAs to monitor and/or adjust participation or effort.				
Weeks 1 to 10/1 st Sem	5. Observes personal safety protocol to avoid dehydration, overexertion, hypo- and hyperthermia during MVPA participation				
Weeks 1 to 10/1 st Sem	6. Demonstrates proper etiquette and safety in the use of facilities and equipment				
Weeks 1 to 10/1 st Sem	7. Participates in an organized event that addresses health/fitness issues and concerns				
Weeks 1 to 10/1 st Sem	8. Recognizes the value of optimizing one's health through participation in physical activity assessments				
Weeks 1 to 10/1 st Sem	9. Organizes fitness event for a target health issue or concern				
Second Semester					
Week 1/2 nd Sem	1. Describes the role of physical activity assessments in managing one's stress				
Weeks 2 to 10	2. Self-assesses health-related fitness (HRF) status, barriers to				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
/2 nd Sem	physical activity assessment participation and one's diet				
Weeks 4 to 5 /2 nd Sem	3. Sets FITT goals based on training principles to achieve and/or maintain HRF.				
Weeks 2 to 10 /2 nd Sem	4. Engages in moderate to vigorous physical activities (MVPAs) for at least 60 minutes most days of the week in a variety of settings in- and out-of school				
Weeks 2 to 10 /2 nd Sem	5. Observes personal safety protocol to avoid dehydration, overexertion, hypo- and hyperthermia during MVPA participation				
Weeks 2 to 10 /2 nd Sem	6. Participates in an organized event that addresses health/fitness issues and concerns				
Weeks 2 to 10 /2 nd Sem	7. Organizes sports event for a target health issue or concern				

Grade Level: Senior High School (Core)

Subject: Physical Education and Health (Grade 12)

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 to 10 /1 st Sem	1. Self-assesses health-related fitness (HRF). status, barriers to physical activity assessment participation and one's diet				
Weeks 4 to 5 /1 st Sem	2. Sets FITT goals based on training principles to achieve and/or maintain HRF				
Weeks 1 to 10 /1 st Sem	3. Engages in moderate to vigorous physical activities (MVPAs) for at least 60 minutes most days of the week in a variety of settings in- and out-of school				
Weeks 1 to 10 /1 st Sem	4. Analyzes physiological indicators such as heart rate, rate of perceived exertion and pacing associated with MVPAs to				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	monitor and/or adjust participation or effort				
Weeks 1 to 10 /1 st Sem	5. Observes personal safety protocol to avoid dehydration, overexertion, hypo- and hyperthermia during MVPA participation				
Weeks 1 to 10 /1 st Sem	6. Demonstrates proper etiquette and safety in the use of facilities and equipment				
Weeks 1 to 10 /1 st Sem	7. Participates in an organized event that addresses health/fitness issues and concerns				
Weeks 1 to 10 /1 st Sem	8. Organizes fitness event for a target health issue or concern				
Second Semester					
Weeks 1 to 10 / 2 nd Sem	1. Self-assesses health-related fitness (HRF) status, barriers to physical activity assessment participation and one's diet				
Weeks 4 to 5 / 2 nd Sem	2. Sets FITT goals based on training principles to achieve and/or maintain HRF				
Weeks 1 to 10 / 2 nd Sem	3. Engages in moderate to vigorous physical activities (MVPAs) for at least 60 minutes most days of the week in a variety of settings in- and out-of school				
Weeks 1 to 10 / 2 nd Sem	4. Analyzes physiological indicators such as heart rate, rate of perceived exertion and pacing associated with MVPAs to monitor and/or adjust participation or effort				
Weeks 1 to 10 / 2 nd Sem	5. Observes personal safety protocol to avoid dehydration, overexertion, hypo- and hyperthermia during MVPA participation				
Weeks 1 to 10 / 2 nd Sem	6. Demonstrates proper etiquette and safety in the use of facilities and equipment				
Weeks 1 to 10 / 2 nd Sem	7. Participates in an organized event that addresses health/fitness issues and concerns				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Weeks 1 to 10 / 2 nd Sem	8. Organizes fitness event for a target health issue or concern				

Grade Level: Senior High School (Core)

Subject: Physical Science

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q1/Week 1	Give evidence for and describe the formation of heavier elements during star formation and evolution				
Q1/Week 1	Explain how the concept of atomic number led to the synthesis of new elements in the laboratory				
Q1/Week 2	Determine if a molecule is polar or non-polar given its structure				
Q1/Week 2	Relate the polarity of a molecule to its properties				
Q1/Week 3	Describe the general types of intermolecular forces				
Q1/Week 3	Explain the effect of intermolecular forces on the properties of substances				
Q1/Week 4	Explain how the structures of biological macromolecules such as carbohydrates, lipids, nucleic acid, and proteins determine their properties and functions				
Q1/Week 5	Use simple collision theory to explain the effects of concentration, temperature, and particle size on the rate of reaction				
Q1/Week 5	Define catalyst and describe how it affects reaction rate				
Q1/Week 6	Determine the limiting reactant in a reaction and calculate the amount of product formed				
Q1/Week 7	Describe how energy is harnessed from different sources: A. Fossil fuels B. Biogas				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	C. Geothermal D. Hydrothermal E. Batteries F. Solar cells G. Biomass				
Q1/Week 8	From product labels, identify the active ingredient(s) of cleaning products used at home				
Q1/Week 8	Give the use of the other ingredients in cleaning agents				
Q2 / Week 1	Explain how the Greeks knew that the Earth is spherical				
Q2 / Week 1	Cite examples of astronomical phenomena known to astronomers before the advent of telescopes				
Q2 / Week 1	Explain how Brahe's innovations and extensive collection of data in observational astronomy paved the way for Kepler's discovery of his laws of planetary motion				
Q2 / Week 2	Explain the subtle distinction between Newton's 1st Law of Motion (or Law of Inertia) and Galileo's assertion that force is not necessary to sustain horizontal motion				
Q2 / Week 2	Describe how the propagation of light, reflection, and refraction are explained by the wave model and the particle model of light				
Q2 / Week 2	Explain how the photon concept and the fact that the energy of a photon is directly proportional to its frequency can be used to explain why red light is used in photographic dark rooms, why we get easily sunburned in ultraviolet light but not in visible light, and how we see colors				
Q2 / Week 3	Cite experimental evidence showing that electrons can behave like waves				
Q2 / Week 3	Differentiate dispersion, scattering, interference, and diffraction				
Q2 / Week 3-4	Explain various light phenomena such as: A. Your reflection on the concave and convex sides of a spoon looks different				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	B. Mirages C. Light from a red laser passes more easily through red cellophane than green cellophane D. Clothing of certain colors appear different in artificial light and in sunlight E. Haloes, sundogs, primary rainbows, secondary rainbows, and supernumerary bows F. Why clouds are usually white and rainclouds dark G. Why the sky is blue and sunsets are reddish				
Q2 / Week 4	Describe how Hertz produced radio pulses				
Q2 / Week 4	Explain how special relativity resolved the conflict between Newtonian mechanics and Maxwell's electromagnetic theory				
Q2 / Week 5	Explain the consequences of the postulates of Special Relativity (e.g., relativity of simultaneity, time dilation, length contraction, mass-energy equivalence, and cosmic speed limit)				
Q2 / Week 5	Explain the consequences of the postulates of General Relativity (e.g., correct predictions of shifts in the orbit of Mercury, gravitational bending of light, and black holes)				
Q2 / Week 6	Explain how the speeds and distances of far-off objects are estimated (e.g., doppler effect and cosmic distance ladder)				
Q2 / Week 6	Explain how we know that we live in an expanding universe, which used to be hot and is approximately 14 billion years old				



Grade Level: Senior High School (Core)
Subject: Reading and Writing Skills

Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
S2 Q3	Compare and contrast patterns of written texts across disciplines				
S2 Q3	Evaluate a written text based on its properties (organization, coherence and cohesion, language use and mechanics)				
S2 Q3	Identify claims explicitly or implicitly made in a written text <ul style="list-style-type: none">a. Claim of factb. Claim of policyc. Claim of value				
S2 Q4	Identify the context in which a text was developed <ul style="list-style-type: none">a. Hypertextb. Intertext				
S2 Q4	Explain critical reading as reasoning				
S2 Q4	Formulate evaluative statements about a text read: <ul style="list-style-type: none">a. assertions about the content and properties of a text read; andb. counterclaims in response to claims made in a text read				
S2 Q4	Determine textual evidence to validate assertions and counterclaims made about a text read				
S2 Q4	Identify the unique features of and requirements in composing texts that are useful across disciplines: <ul style="list-style-type: none">a. Book Review or Article Critiqueb. Literature Reviewc. Research Reportd. Project Proposale. Position Paper				
S2 Q4	Identify the unique features of and requirements in composing professional correspondence: <ul style="list-style-type: none">a. Resume				



Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	b. Application for College Admission c. Application for Employment d. Various forms of Office Correspondence				

Grade Level: Senior High School (Core)

Subject: Statistics and Probability

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Q3, Wk 1	illustrates a random variable (discrete and continuous).				
	distinguishes between a discrete and a continuous random variable.				
	finds the possible values of a random variable.				
	illustrates a probability distribution for a discrete random variable and its properties.				
Q3, Wk 2	computes probabilities corresponding to a given random variable.				
	illustrates the mean and variance of a discrete random variable.				
	calculates the mean and the variance of a discrete random variable.				
Q3, Wk 3	interprets the mean and the variance of a discrete random variable.				
	solves problems involving mean and variance of probability distributions.				
	illustrates a normal random variable and its characteristics.				
Q3, Wk 4	identifies regions under the normal curve corresponding to different standard normal values.				
	converts a normal random variable to a standard normal variable and vice versa.				
	computes probabilities and percentiles using the standard normal table.				
Q3, Wk 5	illustrates random sampling.				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	distinguishes between parameter and statistic.				
	identifies sampling distributions of statistics (sample mean).				
Q3, Wk 6	finds the mean and variance of the sampling distribution of the sample mean.				
	defines the sampling distribution of the sample mean for normal population when the variance is: (a) known; (b) unknown				
Q3, Wk 7 to 8	illustrates the Central Limit Theorem.				
	defines the sampling distribution of the sample mean using the Central Limit Theorem.				
	solves problems involving sampling distributions of the sample mean.				
Q3, Wk 9	illustrates the t-distribution.				
	identifies percentiles using the t-table.				
Q3, Wk 10	identifies the length of a confidence interval.				
	computes for the length of the confidence interval.				
	computes for an appropriate sample size using the length of the interval.				
	solves problems involving sample size determination.				
Q4, Wk 1	illustrates: (a) null hypothesis; (b) alternative hypothesis; (c) level of significance; (d) rejection region; and (e) types of errors in hypothesis testing.				
	identifies the parameter to be tested given a real-life problem.				
Q4, Wk 2	formulates the appropriate null and alternative hypotheses on a population mean.				
	identifies the appropriate form of the test-statistic when: (a) the population variance is assumed to be known; (b) the population variance is assumed to be unknown; and (c) the Central Limit Theorem is to be used.				
Q4, Wk 3	identifies the appropriate rejection region for a given level of significance when: (a) the population variance is assumed to be known; (b) the population variance is assumed to be unknown; and (c) the Central Limit				



Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
	Theorem is to be used.				
Q4, Wk 4	computes for the test-statistic value (population mean).				
	draws conclusion about the population mean based on the test-statistic value and the rejection region.				
Q4, Wk 5	solves problems involving test of hypothesis on the population mean.				
	formulates the appropriate null and alternative hypotheses on a population proportion.				
	identifies the appropriate form of the test-statistic when the Central Limit Theorem is to be used.				
Q4, Wk 6	identifies the appropriate rejection region for a given level of significance when the Central Limit Theorem is to be used.				
	computes for the test-statistic value (population proportion).				
	draws conclusion about the population proportion based on the test-statistic value and the rejection region.				
Q4, Wk 7	solves problems involving test of hypothesis on the population proportion.				
	illustrates the nature of bivariate data.				
	constructs a scatter plot.				
	describes shape (form), trend (direction), and variation (strength) based on a scatter plot.				
Q4, Wk 8	calculates the Pearson's sample correlation coefficient.				
	solves problems involving correlation analysis.				
Q4, Wk 9	identifies the independent and dependent variables.				
	calculates the slope and y-intercept of the regression line.				
	interprets the calculated slope and y-intercept of the regression line.				
Q4, Wk 10	predicts the value of the dependent variable given the value of the independent variable.				
	solves problems involving regression analysis.				



Grade Level: Senior High School (Core)

Subject: Understanding Culture, Society and Politics

Week of the Quarter/ Grading Period	Most Essential Learning Competencies	Lesson Exemplar/ Learning resources available	LR developer	Link (if available online)	Assessment (provide a link if online)
Week 1	*Discuss the nature, goals and perspectives in/of anthropology, sociology and political science				
Week 2	*Analyze the concept, aspects and changes in/of culture and society				
Week 3	*Explain the importance of cultural relativism in attaining cultural understanding				
Week 4	*Analyze the significance of cultural, social, political and economic symbols and practices				
Week 5	* Explain the context, content, processes, and consequences of socialization				
Week 6	*Analyze the forms and functions of social organizations				
Week 7	*Explain the forms and functions of state and non-state institutions				
Week 8	*Examine the functions and importance of education in the society				
Week 9	*Examine the concept, characteristics and forms of stratification systems using sociological perspectives				
Week 10	Explain government programs and initiatives in addressing social inequalities e.g. local, national, global				
Week 11	*Suggest ways to address social inequalities (local, national and global)				
Week 12	* Examine human responses to emerging challenges in contemporary societies				

Legend:

*These learning competencies were rephrased and deemed most essential in the achievement of content and performance standards.