




Republika ng Pilipinas
Kagawaran ng Edukasyon
 REHIYON V (BIKOL)

TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES

DepEd-Division of Catanduanes
 RECORDS SECTION
RELEASED
 BY:  No. 038
 DATE: JAN 09 2026 TIME: 3:10

January 8, 2026

DIVISION MEMORANDUM
 No. 038 s. 2025

REITERATION OF DEPED ORDER NO. 13 S. 2017 RE: POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES

To: Asst. Schools Division Superintendent
 Chief Education Supervisors
 Public Schools District Supervisors
 School Heads of Public Elementary and Secondary Schools
 All Others Concerned

1. In reference to Regional Memorandum No. 0025, s. 2026, titled "*Reiteration of DepEd Order No. 13, s. 2017 on the Policy and Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices,*" this Office reiterates the strict implementation of the said policy in all schools and DepEd offices in the division. This initiative seeks to promote a culture of health and wellness among learners, teaching, and non-teaching personnel by ensuring that only nutritious, safe, and balanced foods and beverages are prepared, sold, and made available within school premises and DepEd workplaces.
2. School officials are encouraged to coordinate with their local government units (LGUs) in enacting ordinances that limit the marketing of unhealthy foods and beverages within at least a 100-meter radius of school premises. Support from companies for food and beverages may be allowed only if it forms part of their corporate social responsibility, and must exclude any marketing activities, branding, or logos.
3. DepEd personnel and school authorities must strictly prohibit accepting donations, sponsorships, or any financial/material involvement with sponsorships or partnerships that may conflict with the objectives of this policy.
4. School and DepEd office menus shall comply with the following:
 - Prohibited: Foods and beverages high in fat, sugar, or sodium shall not be sold.
 - Green Category: Saturated fat < 3g, trans fat = 0g, added sugar < 10g, sodium < 120mg per serving — may be served daily.
 - Yellow Category: Saturated fat 3-5g, trans fat = 0g, added sugar 10-20g, sodium 120-200mg per serving — may be served 1-2 times per week.
 - Red Category: Saturated fat > 5g, trans fat > 0g, added sugar > 20g, sodium > 200mg per serving — must not be served.
 - For guidance on foods without nutrition facts, refer to Tables 4, 5, and 6 of DO No. 13, s. 2017.



San Roque, Virac, Catanduanes
 052-8114063
catanduanes@deped.gov.ph
www.depedrovcatanduanes.com / www.catanduanes.deped.gov.ph



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)
TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES

5. Teaching and non-teaching personnel are strictly prohibited from endorsing or selling any food items, whether homemade or commercially purchased, unless they have passed sanitation and quality inspections for food safety.
6. School Heads are expected to monitor the food being sold in their canteens and ensure compliance with this memorandum.
7. For information, guidance, and strict compliance of all concerned.

By authority of the OIC-Schools Division Superintendent

EVA S. TOLENTINO
Administrative Officer V
Officer-In-Charge



San Roque, Virac, Catanduanes
052-8114063
catanduanes@deped.gov.ph
www.depedrovcatanduanes.com / www.catanduanes.deped.gov.ph